

News from the City of Dover, New Hampshire



September 17, 2021



CITY OF DOVER, NH

288 Central Avenue Dover, NH 03820 603-516-6000

City Hall hours:

Monday-Thursday: 8:30 a.m. to 5:30 p.m. Friday: 8:30 a.m. to 4 p.m.

Recycling
Center hours:



On hand recently to raise a flag at City Hall for National Recovery Month are, from left, Jodi Langellotti with Dover Mental Health Alliance, Suzanne Weete with Dover Mental Health Alliance, Deputy Mayor Dennis Ciotti, Karen Morton-Clark with NH Governor's Recovery Friendly Workplace, Mary Boisse-Barnes with SOS Recovery Community Organization, Mayor Robert Carrier, and Jasmine Harnden with SOS Recovery Community Organization.

Raising the flag in honor of National Recovery Month

Tuesday, Thursday, Saturday: 8:30 a.m. to 3:30 p.m. Dover Mayor Robert Carrier, Deputy Mayor Dennis Ciotti and other community leaders celebrated National Recovery Month by raising the National Recovery Month flag in front of City Hall on Tuesday, Sept. 14.

National Recovery Month has been held every September since 1989 to celebrate sobriety and recovery and promote and support evidence-based treatment and recovery practices. SOS Recovery Community Organization held its third annual Recovery Rally at Henry Law Park on Saturday, Sept. 11, which included speakers, exhibitors and family-friendly activities. Ward 1 City Councilor Michelle Muffett-Lipinksi was one of the event's speakers.

Resources for those seeking and continuing recovery

Community Access to Recovery: Community Access to Recovery is a partnership of the Dover Police Department and SOS Recovery Community Organization. Those seeking help can visit the Dover Police Department headquarters or any Dover Fire Department stations 24 hours a day, seven days a week. After a brief intake, a police officer will provide transportation to the Doorway at Wentworth-Douglass Hospital or SOS Recovery Center to meet with a trained recovery coach to help them navigate treatment options and recovery support systems.

The Doorway at Wentworth-Douglass Hospital: The Doorway provides a single point of entry for people seeking help for substance use, whether they need treatment, support, or resources for prevention and awareness. In addition, 24/7 access to services is also available by dialing 211 in New Hampshire. Dover location: 789 Central Avenue.

SOS Recovery Community Organization: A collaboration of peers in recovery from substance misuse and their allies working together to create safe spaces and peer-based recovery supports throughout Strafford County. SOS and its Recovery Community Centers exist to bolster and grow the local recovery community through recovery coaching, crisis response, telephone recovery supports, meetings and workshops, support for all pathways to recovery, organized advocacy, partnerships with diverse community organizations, and volunteerism and social events and active activities. SOS has numerous locations; Dover's is located at 4 Broadway. Website: straffordrecovery.org. Phone: 603-841-2350.

Triangle Club of Dover: A meetinghouse and community for peer-driven recovery support groups, providing hope and support every day of the year since 1984. The Triangle Club offers individuals, families, and friends struggling with a substance use disorder or its impact a place to meet, share, and recover. Dover location: 120 Broadway. Website: www.triangleclubdovernh.org. Phone: 603-742-9803.

Dover Mental Health Alliance: An organization that envisions a culture that embraces and addresses the complexities of mental health in Dover. Its mission is to build a resilient community that is educated, responsive and conscious of the impact of mental illness. Crisis lines: (800) 273-TALK (8255); Non-crisis line: (800) 242-6264. Website: www.facebook.com/DoverMHA/.



Mary Boisse-Barnes of SOS Recovery Community Organization raises a flag in front of City Hall in honor of National Recovery Month on Tuesday, Sept. 14.

City Council meets next on Sept. 22, will consider budget amendment for additional education aid

The City Council meets for its second regular meeting of the month on Wednesday, Sept. 22.

On the agenda is a public hearing on a resolution that would adopt a fiscal year



2022 general fund budget amendment to appropriate \$1,561,230 in additional state education aid to be received by the school district. These unanticipated funds result from the State of New Hampshire biennial budget adopted on June 24, 2021. The City Council adopted the City of Dover's FY 2022 budget on June 2, 2021. This resolution requires a two-thirds vote by the Council to pass. The City Council is expected to vote on the resolution following the public hearing.

The Council will also refer a FY 2022 Capital Improvements Program (CIP) appropriation and bonding request for the Pudding Hill water treatment plant for a public hearing on Wednesday, Oct. 13, with an anticipated City Council vote on Wednesday, Oct. 27.

The complete agenda can be viewed here: City Council Agenda, Wednesday, Sept. 22.

The meeting will be held at 7 p.m. in City Hall's Council Chambers. It will be broadcast live on Channel 22 and available for on-demand viewing at https://dovernh.viebit.com.



Candidate filing period for municipal election closes today at 4 p.m.

The filing period for the City of Dover municipal election closes today, Friday, Sept. 17, 2021, at 4 p.m.

Candidates seeking the office of Mayor, City Council, School Board, Supervisor of the Checklist, Moderator, Selectpersons and Ward Clerk must file a written declaration of candidacy with the City Clerk during the filing period.

The municipal election is Tuesday, Nov. 2.

Want to know who has filed for Mayor, City Council and School Board? Visit the dedicated <u>2021 municipal election page</u>, which also includes other information related to the municipal election.

On Nov. 2, voters from all wards will elect the Mayor, two at-large City Councilors, and one atlarge School Board member. In addition, voters in each of the six Dover wards will elect a City Councilor and School Board member and election officers, including a Supervisor of the Checklist, Moderator, three Selectpersons, and a Ward Clerk. All elected positions are two-year terms

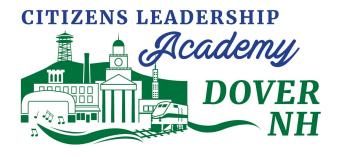
Candidates seeking an elected position must be duly qualified voters in the city. For Mayor and City Council positions, candidates must have lived in Dover for at least one year preceding the election. Candidates seeking a specific ward position must live in that ward. Visit https://www.dover.nh.gov/government/open-government/election-information/ for a map that shows Dover's ward boundaries.

For more information, contact City Clerk Susan Mistretta at 516-6018 or s.mistretta@dover.nh.gov.

Citizens Leadership Academy provides firsthand look at local government

The Greater Dover of Chamber of Commerce will once again produce the Eastern Bank Citizens Leadership Academy in partnership with the City of Dover this October. The free program offers Garrison City residents a firsthand look at local government and municipal operations and provides attendees an opportunity to help shape the future of the city.

"Eastern Bank is proud to sponsor Citizens Leadership Academy again this year," says Eastern Bank Branch Manager Brian Main. "We feel it is important for people to be a part of their community, and this program is a great way to experience the different parts of our local government."



The 2021 Citizens Leadership Academy will meet on Oct. 7, 14, 21, 23, 28, and Nov. 4. Each year this program brings together people from diverse segments of the community interested in meeting and working with others to address key issues critical to maintaining and improving Dover's quality of life. It will increase citizens' knowledge of the community and introduce them to opportunities to become more involved as active community members.

"Citizens Leadership Academy participants are encouraged to initiate discussions with other residents as well as business and government leaders, and contribute their knowledge, imagination and energy towards the betterment of the community," said Greater Dover Chamber of Commerce President Margaret Joyce.

This year's Citizens Leadership Academy will include presentations by City Manager J. Michael Joyal, Jr., Assistant City Manager/Director of Planning and Strategic Initiatives Christopher G. Parker, Economic Development Director Daniel Barufaldi, Library Director Denise LaFrance, Superintendent of Schools Dr. William Harbron, Fire Chief Paul Haas, Police Chief William Breault, Community Services Director John Storer and Recreation Director Gary Bannon.

"Citizens Leadership Academy is a great opportunity to learn more about local governance in Dover and discover how to become a better informed and involved citizen," said City Manager J. Michael Joyal, Jr. "The program provides participants with an overview of the roles and responsibilities of the various city departments and a behind-the-scenes look at how these departments each support and contribute to the quality of life we enjoy in our community."

Participants are not required to make every meeting, but regular attendance is strongly encouraged. This program is free of charge and open to Dover residents. For more information or to register, call Greater Dover Chamber of Commerce Community Events Manager Morgan Faustino at (603) 742-2218 or email him at events@dovernh.org. You can also register online at dovernh.org/citizens-leadership-academy.

The Greater Dover Chamber of Commerce is a not-for-profit association of businesses, professionals, individuals, and organizations working together to advance the economic well-being of its members and the community. For information on Dover Chamber membership and programs or for a schedule of activities, call (603) 742-2218 or visit www.dovernh.org.



Daytime work resumes for Central Avenue water main project

The Central Avenue North Water Main project will return to daytime work beginning Monday, Sept. 20. A southbound detour through the project area also starts on Monday, Sept. 20, and is anticipated to continue for three weeks.

The project is replacing critical water infrastructure along Central Avenue from Abbey Sawyer Memorial Drive to Glenwood Avenue. For the next few weeks, the work is focused on replacing water mains on Central Avenue from Lowell Avenue to Abbey Sawyer Memorial Drive.

Southbound Central Avenue detour

To help reduce traffic queues and wait times through the project area, southbound Central Avenue traffic will be diverted via Lowell Avenue or Abbott Street to Mount Vernon Street to rejoin Central Avenue via Reservoir, Ash, Hough or Sixth streets. This traffic diversion will require temporary parking restrictions posted along portions of Mount Vernon Street to accommodate larger vehicles and transit buses.

Northbound traffic will continue to flow through the work zone. Motorists who can avoid the area entirely are encouraged to do so.

Sign-up for project updates

The City of Dover provides frequent email updates about the project to help residents and businesses plan for disruption along Central Avenue. To sign-up for these updates, visit https://bit.ly/dovernewsletters, add "Project update: Central Avenue North Water Improvements Project" to your current email subscription list.https://bit.ly/dovernewsletters

There is also a dedicated project page at https://www.dover.nh.gov/government/city-operations/community-services/current-projects/central-avenue-north-water-improvements/.

For information about the project, contact Community Services at 516-6450.



Paving continues on Washington and Main streets

Work is part of water improvements project

This past week, the water main trenches were repaved on Henry Law Avenue, Washington Street, and Main Street. However, the trenches for individual water connections into the new main still need to be repaved. That work will continue next week, from Monday, Sept. 20 through Wednesday, Sept. 22.

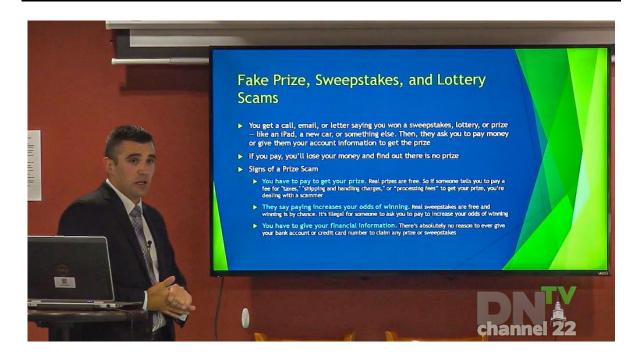
For contractors to complete paving, residents and businesses should expect the following disruptions:

- A section of Henry Law Avenue near the Central Avenue/Washington Street intersection will be closed for a few hours Monday morning, Sept. 22. Parking will also be restricted in that area. Traffic will be detoured via Williams Street.
- Parking will be restricted on Washington Street from Henry Law Avenue to Main Street

- Monday and Tuesday, Sept. 20 and 21. Expect a lane reduction through the paving area.
- Inbound and outbound Portland Avenue will be closed for short durations to allow paving on Tuesday or Wednesday, Sept. 21 or 22.
- Parking will be restricted on Main Street from Washington Street to Broadway on Tuesday and Wednesday, Sept. 21 and 22. Expect a lane reduction through the paving area.

Parking restrictions will be lifted as work moves through each area.

For more information, contact Community Services at 516-6450.



Senior Center presentation teaches all how to prevent scams

During a recent presentation at the Dover Community Senior Center, Dover Police Detective Adam Gaudreault discussed how everyone, including seniors, can protect themselves from scams. Gaudreault's presentation reviews many of the current types of scams, including online phishing attacks, and how to identify the tell-tale signs scammers often use.

The presentation was organized by the Dover Community Senior Center, located at the McConnell Center, and was intended for seniors, but the information pertains to anyone interested in learning how to protect themselves from scams.

The video can be viewed here: https://dovernh.viebit.com/player.php?hash=a0gdFahjYjBe.

The presentation is one of many programs offered at the Dover Community Senior Center. For more information about the Senior Center, including how to join, visit https://www.dover.nh.gov/government/city-operations/recreation/community-senior-center/ or call 603-516-6436.



"Makers" of all kinds poised to take over the Children's Museum of NH during 9th annual NH Maker Fest

The Children's Museum of New Hampshire is gearing up for its 9th NH Maker Fest on Saturday, Sept. 18, from 10 a.m. to 3 p.m., inside and around the museum in downtown Dover. This day-long festival is perfect for anyone looking to spend a few hours discovering something new, whether that's about printmaking, zines, sewing, baking, robots and so much more.

Freelance Illustrator Alex Edgerly from Newmarket will be showing off her linocut print designs. Her prints "celebrate the small joys in life like plants or puns." All of the prints and designs will be for sale. This will be Alex's first year joining the Fest as a Maker. You can learn more about her here: www.FikaPrintStudioNH.com.

Master Carpenter and Seasoning Expert, Dan Gagnon will be sharing samples of his three "NH Dan's Seasonings." Choose between a "Live Free or Dry" Rub, a "Granite State" seasoning, or the "Mild and Wild" seasoning. This small family business based in Hillsborough County has been in business since 2014. Learn more about NH Dan's Seasonings here: https://nhdans.com/.

Seacoast ArtSpot, a new studio in Portsmouth, will be on hand at the Fest to share their love of learning through a wide variety of art and craft based experiences. Try out Mini canvas painting, wooden mask painting, or hand sewing creatures. The ArtSpot offers classes for kids and adults year round and you can learn more about them here: https://seacoastartspot.com/.

Sages Entertainment, who specialize in entertaining with bubbles, magic, STEAM enrichment, and more, will bring their special bubble tricks and hands-on play to NH Maker Fest this year. They'll also bring a few robot friends and show off their special skills as well. Wayne and Kali Moulton make up this Dover family business and you can learn more about them here: https://www.sagesentertainment.com/.

Thanks to generous lead sponsors including Sprague, the UNIQUE College Investing Plan, and Kennebunk Savings Bank this year's Fest entrance is by donation.

"We're so happy to be able to open up this fun day of discovery to anyone who wishes to attend," shared CMNH President Jane Bard.

The day will be filled with Museum-led Workshops as well as all the Maker booths. Under the Education Tent, the Museum's popular Egg Drop Challenge will once again take place, culminating in the engineered egg packages being launched from the roof of the museum towards the end of the Fest. Join a team or take on the challenge single handed! Also happening in the tent will be "Making an Upcycle Vehicle" and "Tile Art". Relax on the Rotary Arts Pavilion stage with some Animal Yoga Poses with CMNH Education Director, Xanthi Gray, and check out an Elephant Toothpaste science experiment with Museum Experience Manager Jon Nichols. For all workshops and activities, check the Museum's website: www.childrens-museum.org.

The Fest has partnered with the Cochecho Arts Festival, organized by the Dover Chamber of Commerce. Magic Fred, a children's magician will perform from 10-10:30 a.m., and then The Kenney Brothers Band, a folk rock band, will perform from 3-4 p.m. as the culmination of both the NH Maker Fest and the Cochecho Arts Festival summer concert series. Both performances will take place on the Rotary Arts Pavilion at Henry Law Park and the stage sponsor is Burns, Bryant, Cox, Rockefeller & Durkin, P.A.

"We are excited to partner with the Children's Museum of New Hampshire to provide entertainment for the NH Maker Fest," says Greater Dover Chamber of Commerce President Margaret Joyce. "This is a natural extension of our summer-long Cochecho Arts Festival and allows us to celebrate the arts with Maker Fest attendees."

The museum would like to thank all its NH Maker Fest sponsors including Sprague, the UNIQUE College Investing Plan, Kennebunk Savings Bank, Albany International, Alexander Technology Group, Beswick Engineering Company, Inc., QA Cafe, The Rowley Agency, Loftware, Martel Plumbing & Heating, and NHPBS.



NH Maker Fest schedule, participating makers and workshop details

The Children's Museum of New Hampshire 9th annual NH Maker Fest has a full day full of performances, Maker demonstrations and projects, Children's Museum workshops, and lots of hands-on fun planned, culminating with a live performance by the Kenny Brothers Band at 3 pm in partnership with the Cochecho Arts Festival. Generous lead sponsors including Kennebunk Savings Bank, the Unique College Investing Plan and Sprague have made it possible to have this year's festival entrance be by donation, and no reservations are required.

"We'll accept donations of any amount, but are suggesting \$5 per person," shared CMNH President Jane Bard. "We're so thankful that we can offer entrance into the Fest to anyone, regardless of their ability to pay. Maker Fest is just one way we work toward our vision of inspiring all to be the next generation of innovators and creative thinkers, by actively engaging families in hands-on discovery."

PARTICIPATING MAKERS

- Help Record a Podcast with Creative Guts
- Make a Mini Book with Dover Public Library
- Make a Flower Pen Craft with Great Bay Services
- Make a Homemade Kaleidoscope with NHPBS
- Linocut Printmaking Demo and Art for Sale with Fika Print Studio
- STEM On the Go Van with Girl Scouts of the Green & White Mountains
- Bubble Fun with <u>Sages Entertainment</u>
- Make Your Own Fabric Scrap Garland with Angry Gato Designs
- Buy Handmade Jewelry from <u>Seacoast Pop Up Shop</u>
- Learn Earth Clay Magic with Vicky Anderson
- Watch <u>McDonough-Grimes Irish</u> Dancers
- Say Hello to Mary Poppins, performed by <u>Jessica Mathews</u>
- Take a Selfie with a Stormtrooper with members of the <u>New England Garrison 501st</u> <u>Legion</u>
- Science of Paint with <u>Saint Mary Academy</u>
- Buy Sweet Treats from <u>Zuri & Ollie's Sweet Shop</u>
- Make a Book or Ipad Stand with <u>Assistive Technology in NH</u>
- Robot Demo with Sages Entertainment
- Make Crafts with Seacoast ArtSpot
- Help Create a Community Zine with SelkiePub Zines
- Code a Robot with Ride the Robot FIRST LEGO League Dover Team

SCHEDULE

10 a.m. - <u>Magic Fred</u> - Brought to you by the **Dover Chamber of Commerce's <u>Cochecho</u> Arts Festival**

On the Rotary Pavilion Stage outside in the park

10:45 a.m. -Make an Up-cycle Vehicle Workshop

In the CMNH Workshop Tent outside in the park

11 a.m. - McDonough-Grimes Irish Dance students

On the Rotary Pavilion Stage outside in the park

11:30 a.m. - Robots! With Sages Entertainment

Inside the Museum in the Interactive Classroom

Masks required for everyone over the age of 24 months while inside the museum

Noon - Tile Art Workshop

In the CMNH Workshop Tent outside in the park

12:30 - 12:45 p.m. - Animal Yoga Poses with Xanthi

Near the Rotary Arts Pavilion Stage outside in the park

12:30 p.m. - Make a Book or Ipad Stand with Assistive Technology in New Hampshire

Inside the Museum in the One World Market exhibit

Masks required for everyone over the age of 24 months while inside the museum

1 p.m. - Egg Drop Building Workshop

In the CMNH Workshop Tent outside in the park

2 p.m. - Elephant Toothpaste Demonstration

On the Rotary Arts Pavilion Stage outside in the park

2:15 p.m. -The Egg Drop Challenge!

We will launch the eggs from the roof of the museum

3 - 4 p.m. - The Kenny Brothers Band - Brought to you by the Dover Chamber of Commerce's Cochecho Arts Festival!

Rotary Arts Pavilion Stage outside in the park

The museum would like to thank all its NH Maker Fest sponsors including Kennebunk Savings Bank, the UNIQUE College Savings Plan, Sprague, Albany International, Alexander Technology Group, Beswick Engineering Company, Inc., Chinburg Properties' Cocheco Mill, Chinburg Properties' Washington Street Mill, QA Cafe, The Rowley Agency, Loftware, Martel Plumbing & Heating, and NHPBS. To learn more about the Festplease visit www.childrens-museum.org.

City trick-or-treating is Oct. 30

The City of Dover will hold trick-or-treating from 5 to 8 p.m. on Saturday, Oct. 30, the day before Halloween, as is the tradition in Dover.

Fire Chief and Emergency Management Director Paul Haas encouraged those participating to follow state and federal COVID-19 guidelines to lessen the chance of coronavirus transmission. This includes traveling in family groups only, maintaining a six-foot distance between groups and practicing frequent hand cleaning. Haas also encouraged those providing treats to use an alternate distribution method, similar to what many did last year, instead of a direct exchange of treats.



Dover400 to host free Family Fun Day

Dover400, a committee of residents organizing Dover's 400th Anniversary, recently announced it will host a family fun day on Saturday, October 9, 2021 at Tendercrop Farm at the Red Barn on Dover Point Road in Dover, New Hampshire.

The free event will run outdoors from 11 a.m. to 4 p.m. and will include a pumpkin carving contest, corn hole competition, corn mazes, food trucks, beer and wine garden, and games.

"We are so excited to host our first in-person public event," said Dover400 Executive Director Jeanette Poulin. "We are looking forward to seeing our friends and neighbors come out to learn

more about our birthday plans for 2023 and enjoy a day of wholesome family fun."

Since early 2021, Dover400 has been delivering monthly historical lecture series, in a virtual setting, with top-notch speakers at no cost to the public. The series offers a chronological capture of Dover's history which dates back 1623.

Dover400 has a list of events and activities, like the lecture series, planned leading up to 2023, to underwrite these events, the non-profit has launched several fundraising initiatives: \$400 for 400, a campaign seeking \$400 from 400 people; The 1623 Society, a special opportunity to recognize direct ties to Dover with a donation of \$1,623; and selling branded merchandise and promotional items.

Dover400 will have a limited inventory of souvenirs and clothing available during the Family Fun Day. The sixteen-member group is also seeking volunteers to assist in making the event memorable. Roles include hosting games and managing traffic flow around food trucks to coordination of other volunteers and serving as the liaison to Dover Fire. "It takes dozens of people to pull off an event of this size," continued Poulin. "We could use help from the community, even if for only a couple of hours."

To join other community-minded businesses and citizens, send your tax-deductible donation to: Dover400, 24 Chestnut Street, Dover, NH 03820. For more information on the 1623 Society, please visit www.Dover400.org. To volunteer for the Family Fun Day event, please email 400dover@gmail.com.

"Treasures of the Woodman Museum" available to view online

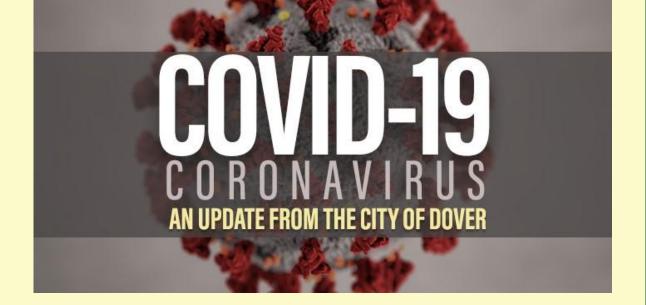
Dover400's virtual lecture series continued this week with an online presentation about the origins and collections of Dover's Woodman Museum.

The presenter, Mike Day, is Operations Director for the Woodman Museum. Mike, a lifelong resident of the area, has a background in teaching and carpentry and began volunteering at the Museum as a docent in 2011. He was hired as a Tour Guide in 2013 and was promoted to Operations Director in 2017, after an apprenticeship with former curator Thom Hindle. Mike's decade-long service at the Museum has resulted in updated displays, refreshed exhibits, and creative programs which have attracted many new visitors.

To view the September lecture, visit https://dovernh.viebit.com/player.php? hash=tsh5Q8aikREQ.

Each Dover400 presentation is free and open to the public, but pre-registration is required. To sign up for future lectures, please RSVP at www.Dover400.org.

The earlier eight lectures in the series (presented January through August) can be viewed online if you missed them. They cover early Dover history from the 17th to 19th centuries and can be found here: https://dovernh.viebit.com/index.php?folder=Dover400 or on the Dover400.org website.



COVID-19 vaccines for moderately to severely immunocompromised people

People with moderately to severely compromised immune systems are especially vulnerable to COVID-19 and may not build the same level of immunity to 2-dose vaccine series compared to people who are not immunocompromised. CDC recommends that people with moderately to severely compromised immune systems receive an additional dose of mRNA COVID-19 vaccine at least 28 days after a second dose of Pfizer-BioNTech COVID-19 or Moderna COVID-19 vaccine. This additional dose is intended to improve the response of people who are immunocompromised to their initial vaccine series.

Although CDC does **not** recommend additional doses or booster shots for any other population at this time, HHS has announced a plan to begin offering COVID-19 vaccine booster shots this fall.

For more information, visit the CDC's website.

Vaccines available on demand

Vaccines are available at most local pharmacies, including walk-in service at some. To schedule an appointment, visit <u>vaccines.nh.gov</u> and click on "Find COVID-19 Vaccines". The link will bring you to the national site where you can search for vaccines by zip code and vaccine type.

Currently, in Dover, vaccines are offered at the following locations:

ConvenientMD (walk-in)

14 Webb Place, Dover 603-742-7900 8 a.m. to 8 p.m. Vaccines offered: Pfizer

Walgreens (schedule online)

1 Glenwood Ave, Dover 603-749-4136 8 a.m. to 1:30 p.m., 2 to 8 p.m. Vaccines offered: Pfizer, Moderna, J&J

Hannaford (walk-in or schedule online)

833 Central Ave, Dover

603-749-9363

Weekends: 8 a.m. to 5 p.m.; Weekdays, 8 a.m. to 8 p.m. Vaccines offered: Pfizer, Moderna, J&J

CVS (schedule online)

50 Sterling Way, Dover 9 a.m. to 8 p.m. 603-742-3995

Vaccines offered: Pfizer, Moderna, J&J

For additional locations and options, visit <u>vaccines.gov</u>.

COVID symptoms or need to confirm you aren't infected? Get tested

Many health insurance plans cover COVID-19 tests without a copay, coinsurance, or deductible for persons with symptoms of COVID-19. Locations throughout the state offer COVID-19 tests, including hospitals, pharmacies, primary care offices, urgent care centers.

Tests for active COVID-19 disease are available in locations across New Hampshire and include both the polymerase chain reaction (PCR) test and the rapid antigen test. The PCR test is for persons with or without symptoms of COVID-19. The rapid antigen test is for persons with symptoms and within a specific timeframe after onset of symptoms.

The federal government has contracted with Walgreens and Rite Aid pharmacies to offer COVID-19 tests at no additional costs for persons without insurance with symptoms of COVID-19. Visit the website of these pharmacies or contact your local Walgreens or Rite Aid pharmacy to learn more about their free testing program.

Persons who do not have insurance or have a health insurance plan that does not fully cover the cost of tests may also have testing paid for by a New Hampshire Limited COVID-19 Testing Benefit. To apply online for the Testing Benefit, please visit NH EASY at https://nheasy.nh.gov and click on "COVID-19 Testing". Additional information about other DHHS programs and benefits, including different Medicaid plans that cover more than COVID-19 testing services, are on the NH EASY website.

Dover area COVID-19 testing locations:

CVS (Ages 3 and up)

50 Sterling Way, Dover Type of test: PCR

https://cvs.com/minuteclinic/covid-19-testing

Rite Aid (Ages 4 and up)

679 Central Avenue only, Dover
Type of test: PCR
https://riteaid.com/pharmacy/services/covid-19-testing

ConvienentMD

14 Webb Place, Dover
Type of test: PCR
https://convenientmd.com/covid-19-testing/

Walgreens (ages 3 and up)

1 Glenwood Ave., Dover Type of test: PCR and Rapid

https://walgreens.com/findcare/covid19/testing?ban=covid vanity testing

Quest Diagnostics (Ages 2 and up)

311 Route 108, Somersworth (inside Goodwin Health Center) 5 Clark Way, Somersworth

Type of test: Rapid

https://patient.questdiagnostics.com/no-cost-covid-test?utm_campaign=2021-5-CIIP-CIIP-Consumers&utm_medium=Vanity&utm_source=QuestCOVID19-com&utm_term=Paid-Owned

Wentworth-Douglass Hospital

789 Central Ave., Dover
Type of test: PCR
Scheduled through affiliated PCP only

COVID-19 expenses relief program

The New Hampshire Governor's Office for Emergency Relief and Recovery (GOFERR) launched the COVID-19 Expenses Relief Program to assist New Hampshire for-profit main street businesses with COVID-19 related business expenses in 2020 and 2021.

Eligible businesses can apply for reimbursement of a portion of their eligible expenses until 4 p.m. on Friday, Oct. 1, 2021, via the <u>GOFERR portal</u>. Awards will be issued following the application deadline, on a capped, pro-rata basis dependent upon total eligible expenses.

Eligible expenses for reimbursement include but are not limited to the following categories:

- Costs incurred while closed due to COVID-19 (such as prorated rent, mortgage payments, and utilities);
- Costs incurred as a result of reopening after COVID-19 related closure (such as PPE, workforce safety training, and installation of physical safety measures); and
- Increased costs of doing business as a result of COVID-19 (such as HVAC improvements, creation or addition of indoor or outdoor space for social distancing purposes, and increased costs due to supply chain disruptions or increased demand).

More information on the program, including eligibility information, can be found at https://www.goferr.nh.gov/covid-expenditures/covid-19-expenses-relief-program.

City of Dover offers local business assistance program for coronavirus impacts

"Dover CARES" grant funding targeted to microenterprise and small businesses is still available. The grants are made possible by the Coronavirus Aid, Relief, and Economic Security (CARES) Act



and the Community Development Block Grant (CDBG) Program administered by the Department of Housing and Urban Development (HUD).

The grants are intended to provide working capital to assist small local businesses in avoiding job loss caused by the coronavirus. The program offers up to \$3,000 in assistance to qualifying businesses operating within Dover.

Funds from Dover CARES may either be used in two ways:

- To reimburse incurred business expenses to plan, prepare and respond to the coronavirus; or
- Offset a business disruption that occurred because of the coronavirus.

There are two types of Dover CARES available: **Microenterprise Business Assistance Grant** and **Small Business Assistance Grant**.

The **Microenterprise Business Assistance Grant** is available to sole proprietorships and small for-profit-businesses with five or fewer employees, including the owner(s) of the company. To be eligible, businesses must:

- Comply with certain HUD requirements, including household income thresholds for the owner(s) of the business and retaining the same number of positions for 90 days, beginning with the formal notice of approval.
- Have been in existence and continually operated in Dover since Nov. 1, 2020.
- Generate a minimum of \$60,000 in annual gross sales and is the primary source of income for the principal owner(s).
- Be current on federal, state and local taxes, and applicable health, safety and occupancy permits.
- Comply with all other grant eligibility requirements.

The **Small Business Assistance Grant** is open to small for-profit businesses with 2-15 employees, including any owner(s) of the company. To be eligible for this grant, businesses must:

- Comply with certain HUD requirements, including retaining the same number of positions for 90 days, beginning with the formal notice of approval.
- Have been in existence and continually operated in Dover since Nov. 1, 2020.
- Generate a minimum of \$60,000 in annual gross sales and is the primary source of income for the principal owner(s).
- Be current on federal, state and local taxes, and applicable health, safety and occupancy permits.
- Demonstrate that wages/benefits meet specific HUD income guidelines for either one full-time position of at least 40 hours a week or two part-time positions of at least 20 hours a week each.
- Comply with all other grant eligibility requirements.

Grants are open on a first-come, first-serve basis for completed applications. Incomplete applications will not be considered nor be used as a placeholder for a completed application. Once an application is determined to be complete, the Dover CARES Loan Committee will review the application. The Loan Committee is comprised of City of Dover officials, including City Manager J. Michael Joyal, Jr., Assistant City Manager Christopher G. Parker, and Finance Director Daniel Lynch.

The review consists of:

- Analysis of application and supporting material.
- Verification that the proposal meets all eligibility requirements.

Applications for the Microenterprise Business Assistance Grant are available online here.

Applications for the Small Business Assistance Grant are available online here.

Both applications are also available at the Office of Economic Development located within Dover City Hall. Mail completed applications to the Office of Economic Development, 288 Central Ave., Dover, NH 03820 or email them to Deputy Director of Economic Development Reid Amy at r.amy@dover.nh.gov. The Office of Economic Development is open from 8 a.m. to 4 p.m. Monday through Friday, except for holidays.

For more information, contact Deputy Director of Economic Development Reid Amy at 516-1560 or r.amy@dover.nh.gov.

Upcoming Meetings:

Utilities Commission, September 20, 6 p.m.

The Dover Utilities Commission will meet Monday, Sept. 20, 2021, beginning at 6 p.m. at Community Services on Mast Road.

To view the meeting agenda, click here.

Parking Commission, September 21, 8:30 a.m.

The Parking Commission will meet Tuesday, Sept. 21 beginning at 8:30 a.m. in Room 305 of the McConnell Center.

To view the meeting agenda, <u>click here</u>.

City Council, September 22, 7 p.m.

The City Council will hold a regular meeting on Wednesday, Sept. 22, 2021, beginning at 7 p.m., in Council Chambers at City Hall.

To view the meeting agenda, <u>click here</u>.

For a complete list of upcoming meetings, visit https://www.dover.nh.gov/government/open-government/public-meetings/.



Missed the meeting? Catch it again online

Don't forget: If you missed the live City Council, School Board or Planning Board meetings on Channels 22 and 95, you can catch them again, online and on demand.

Simply visit <u>www.dovernh.viebit.com</u> to begin watching meetings on demand. Online meetings are organized by agenda item for convenience.



The School Board met this week on Monday, Sept. 13, for a regular meeting. Among the agenda items this week were the School District's 2021-222 initiatives and plans, snow days during the winter months, and a review of the district's COVID-19 data and current restrictions.

Miss the meeting? Catch it online, on demand here: https://dovernh.viebit.com/player.php?
hash=oKKFP87tpHcC.



The following events are recorded in "Notable Events in the History of Dover, New Hampshire: From the First Settlement in 1623 to 1865," by George Wadleigh, and several other historical sources.

For more on the history of Dover, settled in 1623 and the oldest European permanent settlement in New Hampshire and seventh oldest in the country, visit the Dover Public Library, Locust Street; and the Woodman Museum, Central Avenue. The Public Library also maintains an online collection of historical information, located here.

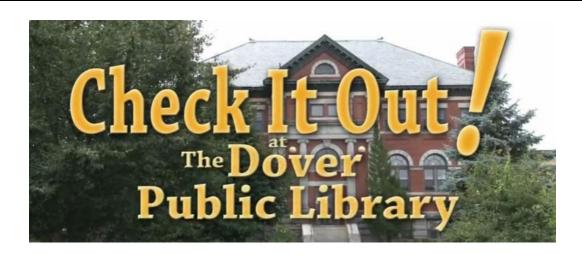
Sept. 19, 1781 — At a town meeting held for raising soldiers, it was voted "that nine men now to be raised for three months be given ten silver dollars each as bounty and paid fourteen bushels of merchantable Indian corn per month by the town in Jan. 1782."

Sept. 21, **1842** — Died, Hon. Jeremiah Smith, aged 83, formerly of Exeter, but for the last years of his life a resident of Dover. He was a representative in Congress during Washington's administration, for many years a Judge of the United States and State Courts, and Governor of the State. Few citizens were more widely known as a Statesman and Jurist, and none ever left behind them a more enduring reputation.

Sept. 20, 1853 — Gas lights were first used in Dover this evening, the mills and many stores having been supplied with it by the Gas Co., which was established this year.

Sept. 20, **1853** — Also on this day, a gold medal was presented to Dover's Hon. John P. Hale by the sailors of the U. S. Sloop of War Germantown, as a testimonial for his success in procuring the abolishment of flogging in the Navy.

Sept. 23, 1921 — The H.E. Meader greenhouses on Back River Road boast over 1,100 rows of gladiolas, comprising over a half-million bulbs in 250 varieties. The greenhouses sold over 100,000 bulbs the previous year.



The Week at the Library

September VIRTUAL Cookbook Club

Join us for a virtual exploration of *Now and Again* by Julia Turshen. Throughout the month of September, send in pictures of your dishes created with recipes from the books and a small description of your cooking process, how you felt about the recipe, and/or your thoughts on the books. Copies of the book will be available to check out at the main circulation desk. We will share your creations on our social media pages. Photos can be sent to Emily at e.fortin@dover.nh.gov, or tag us on Instagram @doverpubliclibrary.

Sunday, September 19, 2 to 4 p.m. Virtual Dungeons & Dragons: Teen A and music, play and health. Register once for the entire five week series.

Registration required.

Tuesday, September 21, 6 to 8 p.m. Dungeons & Dragons: 18+

Drop in and play Dungeons & Dragons with Game Master Dave. This 18 & older group is for new and veteran role-playing gamers to join us in the library for two hours of adventure, imagination, and strategy. The group will meet every Tuesday night, though you do not need to have attended previous sessions to enjoy your first game. No experience or materials are required and all skill levels are welcome to play.

Drop in and play Dungeons & Dragons LIVE online through Roll20 with Dungeon Master Aidan! This group will meet every other Sunday and there is no commitment to attend all sessions. Registration required.

Monday, September 20, 10 to 10:45 a.m. Beyond Books: A Preschool Discovery Program Science

"Beyond Books: A Preschool Discovery Program" for children ages 3-5. Each session will focus on a different subject. Register for this Monday series to learn about science. It will start with books, then go beyond with hands-on activities to explore the topic further. Registration required.

Monday, September 20, 3 to 4 p.m. VIRTUAL and In-Person Monday Afternoon Book Group

Join virtually via Ring Central or in-person at the Library to discuss *Hillbilly Elegy* by JD Vance. Copies of the book are available for borrowing at the library. Please register for this event if you plan to attend virtually.

Monday, September 20, 6:30 to 7:30 p.m. VIRTUAL and In-Person Monday Evening Book Group

Join virtually via Ring Central or in-person at the Library to discuss *Hillbilly Elegy* by JD Vance. Copies of the book are available for borrowing at the library. Please register for this event if you plan to attend virtually.

Tuesday, September 21, 10 to 11 a.m. Family Place Workshop

Spend time together, play, make friends and talk one-on-one with specialists on child development during this enjoyable five-week workshop series. For caregivers and children one to four years old. Topics include early literacy, child development, speech, hearing and language, nutrition,

Wednesday, Sept. 22, 10 to 10:45 a.m. Beyond Books: A Preschool Discovery Program Autumn

"Beyond Books: A Preschool Discovery Program" is for children ages 3-5. Each session will focus on a different subject. Register for this Wednesday series to learn about Autumn. We will start with books, then go beyond with hands-on activities to explore the topic further. Registration required.

Thursday, September 23, 10 to 10:45 a.m. Beyond Books: A Preschool Discovery Program Art

"Beyond Books: A Preschool Discovery Program" is for children ages 3-5. Each session will focus on a different subject. Register for this Wednesday series to learn about art in picture books. We will start with books, then go beyond with hands-on activities to explore the topic further. Registration required.

Thursday, September 23, 4 to 4:30 p.m. Kids in the Kitchen with Misa

Looking for nutrient-dense food options for your family? Want your children to have fun in the kitchen, while developing life-long kitchen skills? Please join Misa, from Misa's Clean Kitchen in baking simple and delicious food, free of gluten and processed sugar. Class will take place via zoom.

Recommended for preschool and elementary aged children.

Registration required.

Friday, September 24, 10 to 10:30 a.m. Shake Your Rattle and Roll, Baby!

New Program for Babies and Toddlers - age 2 (older siblings always welcome). Join us for a Rockin' and Rollin' good time! We will dance to silly songs, sing rhymes, count to 5 with puppets and rock out with drums and instruments. Bring a blanket and join us for music and movement on the front lawn.



Lebanese Fair debuts this Sunday at Henry Law Park

Parish families of Saint George Maronite Church in Dover will host a Lebanese Fair this Sunday, Sept. 19, at Henry Law Park, from 1 to 7 p.m. The fair is the first in what is intended to be an annual event.

The fair will include music, arts and crafts, and food, including hamburgers, hot dogs, and

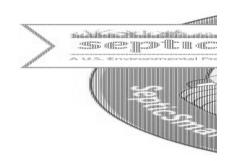
Lebanese staples such as kafta, saj, and chicken and rice.

There will also be a raffle featuring a number of prizes. Raffle tickets can be purchased at the fair or by calling 603-749-9624.

Septic Smart Week is September 20 to 24

Every home generates wastewater – via toilets and showers, sink drains, and dish and clothes washers – which must be treated and disposed of properly to protect human health and the environment.

Wastewater exiting septic systems seeps into the ground, where it joins the groundwater and then travels to our streams, rivers and lakes. It also travels to the aquifers that supply our drinking water. A properly designed and functioning septic system treats this effluent so it does not carry harmful bacteria as it seeps into the ground.



Pumping, inspecting and maintaining septic systems will help keep it functioning properly and head off catastrophic. Regular maintenance will help prevent wastewater from backing up or overwhelming the leach field, which would turn a yard into a soggy, expensive mess. The cost to pump a septic tank is \$250-\$500 every three to five years. It would cost \$6,000-\$20,000 to replace a typical residential leach field.

SepticSmart Week is from Monday, Sept. 20 through Friday, Sept. 24. It's an annual event to remind septic users of the need for regular maintenance, such as tank pumping, to help reduce groundwater pollutants that can threaten and impact water quality. A significant source of groundwater pollutions is from failed septic systems.

Learn more about how to be a SepticSmart homeowner at: https://www.epa.gov/septic/septicsmart-homeowners and at https://getpumpednh.com/.

Woodman Museum's fall speaker series begins October 6

The Woodman Museum's fall speaker series kicks off Wednesday, Oct. 6, 2021, and continues each Wednesday at 7 p.m. through November 3. The event is held at the Woodman Museum, 182 Central Ave. in Dover.



The speakers for this year's series are:

Olga Morrill, October 6, 2021

Author Olga Morrill kicks off the Fall speaker series at the Woodman Museum with an open discussion about colonial Dover in the early 17th century. Questions are encouraged throughout the program. Olga is currently working on an historical fiction series called The Vagabond Trilogy which is firmly based in fact and involves real people and events that occurred in the Piscataqua Region at that time. Two of the three books are now published. Book 1 Vagabond Quakers: Northern Colonies (Morrill Fiction 2017) begins on Dover Point in the Massachusetts Bay Colony (now New Hampshire). The early history of the settlement is revealed through the eyes of Puritan magistrate Richard Walderne who immigrated in 1635. Chapters alternate between Richard and two female missionaries for the Society of Friends, Mary Tomkins and Alice Ambrose, who clash with Walderne in December of 1662. The little-known history of Puritan persecution against the Society of Friends is revealed by the shocking

violence these women endured. Book 2 Vagabond Quakers: Southern Colonies (Morrill Fiction, May 2021) follows the travels of Mary and Alice as they journey south from New England to Virginia, encountering new adventures and more persecution. Copies are available to purchase in paperback and Kindle formats through Amazon or borrow the books from your local library.

After 24 years of service Olga Morrill retired from the Conway Public Library in November 2014 to devote all her time and energy to writing Vagabond Quakers: Northern Colonies then two years in the making. The first book was published in 2017, and book 2 Vagabond Quakers: Southern Colonies was recently published in May 2021. She is currently working on book 3 Vagabond Apothecary about David Thomson, first European settler to bring his family to live on seacoast New Hampshire.

Olga lives in the White Mountains of New Hampshire with her husband Steve.

Terry Nelson, October 13, 2021

The New Hampshire Seacoast has a wealth of overlooked history. Some remnants are hidden in plain sight, and others are just plain hidden. In his book, "Hidden History of New Hampshire Seacoast," author Terry Nelson reveals many of these fascinating stories. Meet the minister and early religious founder who was involved in an armed confrontation in Dover with another preacher in 1640. Find out about the one-time Rochester assistant principal who became a world-famous business leader and ended up meeting President Grover Cleveland. Learn about the Atkinson Academy, the second co-educational school in America and likely it's oldest continuously operating schoolhouse, as well as the "pile of Rocks" that halted a multi-million-dollar high school building project in Windham. Join Terry to hear of these, and many other, hidden stories.

Terry Nelson is a retired educator. His final position was Assistant Principal at Southside Middle School in Manchester. He lives in Dover with his wife, Barbara, also a retired educator, and their rescue dog, Ellie.

Michael Bruno, October 20, 2021

Join Michael Bruno, author of "Crusing New Hampshire History: A guide to New Hampshire's Historical Markers," for a fascinating lecture about some of the 255 New Hampshire state roadside highway markers, featured in his book. Michael will take a deeper dive into stories and history behind select markers, and the background of the famous people, places, and events in New Hampshire History that they represent.

Michael Bruno was born in the Lakes Region of New Hampshire. He traveled throughout the state with his father when he was young and took an interest in New Hampshire History. As a young adult Michael stopped at the historical markers that dotted the highways while riding his motorcycle. He found each of the markers intriguing with their unique story. Now more than thirty years later Michael has embarked on a project to visit and provide expanded information regarding each of the 255 New Hampshire historical markers that are currently exhibited along the highways in the Granite State.

Noreen Biehl, October 27, 2021

"A Place of Healing: A History of Wentworth-Douglass Hospital" weaves through eleven decades of Dover's annual reports, newspaper stories, hospital publications, remembrances, and interviews. It begins with the opening ceremony on August 30, 1906, when hundreds had gathered on the hospital's front lawn to hear Col. Daniel Hall praise Arioch Wentworth for his gift of \$100,000 to the City of Dover to build a hospital named Wentworth. His 5,000-word tribute extolled the multiple virtues of this fine institution noting, "the sciences of medicine and surgery, and public charity, are all in the making and still in the gristle, and he who lives 50 years, as some of you will, will see this institution a much larger one than we launch or contemplate today." While the history ends 110 years later, the amazing story of the Seacoast's Leading Medical Center continues today.

Noreen A. Biehl received a Bachelor of Arts degree in English/non-fiction writing from the

University of New Hampshire and a Master of Science degree in communications management from Simmons College, Boston, Mass. She worked as a reporter for Foster's Daily Democrat before beginning a 30-year career at Wentworth-Douglass Hospital, retiring as Vice President of Community Relations in 2014. Noreen lives in Dover, where she continues to write, travel, garden and enjoy her family.

Paul Timmerman, November 3, 2021

Learn the story of Gen. Simon Griffin as he rises in rank from captain to colonel to brigadier general as a member of the 9th Corps, Union Army. See him participate in the major battle campaigns of both the Eastern and Western theaters of conflict. His fights begin at 1st Bull Run in July of 1861, including the Vicksburg campaign in 1863, and finishes at the Appomattox campaign in 1865. Learn about his leadership and aggressive command tactics. Marvel at how he survives his many fights of this dangerous conflict and returns to Keene after the war.

Paul Timmerman is retired, an avid Civil War historian, Dover resident, and member of the 1st NH Light Artillery re-enactment group. He is currently a docent at the Woodman Museum and president of its Board of Directors.

For more information, visit www.woodmanmuseum.org.

Rotary Club hosts mobile shredding fundraiser

The Rotary Club of Dover will hold a mobile shredding event on Saturday, Sept. 25, as a fundraiser to help people securely dispose of confidential documents.

The event will be held from 8:30 a.m. to 12 p.m. at St. John's United Methodist Church at 28 Cataract Ave. in Dover. Volunteers will be available to help unload documents from your vehicles. People are welcome to stay and watch their documents be shredded. Organizers ask that all documents be free of plastic, cardboard, batteries and metal. Staples and paper clips are OK. All shredded material will be recycled.

The Rotary Club has a \$5 suggested donation for each bag shredded and a \$10 suggested donation for each box.

For more information, contact Laurie Widmark at 603-438-7012 or visit the Rotary's Facebook page at https://www.facebook.com/RotaryClubOfDover/.

City of Dover employment opportunities

Want to work for the City of Dover? The City's website offers an updated list of open positions, including job descriptions and a downloadable application for employment. The City of Dover is now seeking applications the following positions:

- Facilities Project Manager
- Police Officer
- Public Safety Dispatcher
- Gym Attendant
- Arena maintenance / Ice resurfacer
- Arena Attendant
- Custodian
- Utilities Project Engineer
- Parking Enforcement Officer

For more information about these positions or employment opportunities with the City of Dover, click here.

$\textbf{CITY OF DOVER, NEW HAMPSHIRE} \mid \underline{www.dover.nh.gov}$

