

News from the City of Dover, New Hampshire



September 16, 2022



CITY OF DOVER, NH

288 Central Avenue Dover, NH 03820 603-516-6000

> City Hall hours:

Monday-Thursday: 8:30 a.m. to 5:30 p.m. Friday: 8:30 a.m. to 4 p.m.

Recycling



Proposed six-year Capital Improvements Program to be presented Sept. 21

The proposed FY2024-2029 Capital Improvements Program (CIP) will be presented to the City Council and Planning Board at a joint workshop on Wednesday, Sept. 21. The workshop begins at 7 p.m. in the Council Conference Room at City Hall.

Center hours:

Tuesday, Thursday, Saturday: 8:30 a.m. to 3:30 p.m. The CIP presentation is earlier than in past years following the City Council's ordinance change last month that moves the citywide budget adoption date to April 15 from June 15. That moves other parts of the budget process earlier, starting with the CIP.

The CIP prioritizes all capital spending of \$25,000 or more for items with a useful life of three years or longer. Based on City Council's financing policy, funding sources include bonding, the annual operating budget, enterprise funds or other types of financing. Once adopted, the first year of the adopted CIP is built into the proposed citywide operating budget. The City Manager will present his proposed FY2024 budget by Feb. 15, 2023, per the new ordinance ratified by the City Council.

After its presented, the Planning Board and City Council will review the proposed CIP, and each body will hold a public hearing. The Planning Board reviews the CIP to ensure the proposed projects are based upon priorities established in the Master Plan and recommends whether the Council should adopt it.

The CIP page, <u>found here</u>, will be updated with the proposed FY2024-2029 CIP and informational videos after it is presented.

The meeting agenda can be viewed here: <u>https://publicrecords.dover.nh.gov/Tabs/Index/20255/public/1/de</u> <u>ptnum/0/cab/Public_Meetings</u>

Teacher contract on agenda at Monday's School Board special session

The Dover School Board and the Dover Teachers Union have reached a tentative contract agreement.

The DTU ratified the agreement on Monday, Sept. 12. The School Board will hold a special session on Monday, Sept. 19, to vote on the contract. The special session will begin at 6 p.m. in Room 306, School Board Chambers, at the McConnell Center.

The two sides have negotiated since last year to reach an agreement. This spring, an impasse was declared, and the School Board and DTU agreed to go into mediation to reach an agreement.

If both entities ratify the contract, it moves to the City Council for final approval. The DTU's previous contract expired on Aug. 31.

The meeting agenda can be viewed here: <u>http://www.dover.nh.gov/government/open-government/public-meetings/</u>.



Dover Mayor Robert Carrier, left, and Eileen Lawton, a recovery friendly workplace coordinator with SOS Recovery Community Organization, raise the Recovery Month flag at City Hall on Wednesday.

Raising the flag in honor of National Recovery Month

Dover Mayor Robert Carrier celebrated National Recovery Month by raising the National Recovery Month flag in front of City Hall on Wednesday, Sept. 14. He was joined by Eileen Lawton, a recovery friendly workplace coordinator with SOS Recovery Community Organization. The City Council recognized Recovery Month after the flag-raising with a proclamation.

National Recovery Month has been held every September since 1989 to celebrate sobriety and recovery and promote and support evidence-based treatment and recovery practices. SOS Recovery Community Organization held its fourth annual Recovery Rally at Henry Law Park on Saturday, Sept. 10, which included speakers, exhibitors and family-friendly activities.

Resources for those seeking and continuing recovery

SOS Recovery Community Organization: A collaboration of peers in recovery from substance misuse and their allies working together to create safe spaces and peer-based recovery supports throughout Strafford County. SOS and its Recovery Community Centers exist to bolster and grow the local recovery community through recovery coaching, crisis response, telephone recovery supports, meetings and workshops, support for all pathways to recovery, organized advocacy, partnerships with diverse community organizations, and volunteerism and social events and active activities. SOS has numerous locations; Dover's is located at 4 Broadway. Website: <u>straffordrecovery.org</u>. Phone: 603-841-2350.

Community Access to Recovery: Community Access to Recovery is a partnership of the Dover Police Department and SOS Recovery Community Organization. Those seeking help can visit the Dover Police Department headquarters or any Dover Fire Department stations 24 hours a day, seven days a week. After a brief intake, a police officer will provide transportation to the Doorway at Wentworth-Douglass Hospital or SOS Recovery Center to meet with a

trained recovery coach to help them navigate treatment options and recovery support systems.

The Doorway at Wentworth-Douglass Hospital: The Doorway provides a single point of entry for people seeking help for substance use, whether they need treatment, support, or resources for prevention and awareness. In addition, 24/7 access to services is also available by dialing 211 in New Hampshire. Dover location: 789 Central Avenue.

Triangle Club of Dover: A meetinghouse and community for peer-driven recovery support groups, providing hope and support every day of the year since 1984. The Triangle Club offers individuals, families, and friends struggling with a substance use disorder or its impact a place to meet, share, and recover. Dover location: 120 Broadway. Website: www.triangleclubdovernh.org. Phone: 603-742-9803.

Dover Mental Health Alliance: An organization that envisions a culture that embraces and addresses the complexities of mental health in Dover. Its mission is to build a resilient community that is educated, responsive and conscious of the impact of mental illness. Crisis lines: (800) 273-TALK (8255); Non-crisis line: (800) 242-6264. Website: www.facebook.com/DoverMHA/.

State Primary Election results

The 2022 Primary Election was held on Tuesday, Sept. 13, 2022.

To view election results, visit the City of Dover's 2022 Primary Election page here: <u>https://www.dover.nh.gov/government/open-government/election-information/2022-primary-election/</u>.

The state General Election will be held on Tuesday, Nov. 8, 2022, from 7 a.m. to 7 p.m. For more information about the general election, visit <u>https://www.dover.nh.gov/government/open-government/election-information/2022-general-election/</u>.





John Storer, Dover's Director of Community Services, third from left, explains his department's role during a Citizens Leadership Academy tour of the Dover Public Works facility last year.

Citizens Leadership Academy: A firsthand look at local government

The Greater Dover Chamber of Commerce, in partnership with the City of Dover, will once again produce the Eastern Bank Citizens Leadership Academy this October. The free program offers Garrison City residents a firsthand look at local government and municipal operations and provides attendees an opportunity to help shape the future of the city.

"Eastern Bank is proud to sponsor Citizens Leadership Academy again this year," says Eastern Bank Branch Manager Brian Main. "We feel it is important for people to be a part of their community, and this program is a great way to experience the different parts of our local government."

The 2022 Citizens Leadership Academy will meet on October 6, 13, 20, 22, 27, and November 3. Each year this program brings together people from diverse segments of the community interested in meeting and working with others to address key issues critical to maintaining and improving Dover's quality of life. It will increase citizens' knowledge of the community and introduce them to opportunities to become more involved as active community members.

"Citizens Leadership Academy graduates are encouraged to initiate discussions with other residents as well as business and government leaders, and contribute their knowledge, imagination and energy towards the betterment of the community," says Greater Dover Chamber of Commerce President Margaret Joyce.

This year's Citizens Leadership Academy will include presentations from: City Manager J. Michael Joyal, Jr., Deputy City Manager/Director of Planning and Strategic Initiatives Christopher G. Parker, Director of Planning and Community Development Donna Benton, Library Director Denise LaFrance, Superintendent of Schools Dr. William Harbron, Fire Chief Michael McShane, Police Chief Bill Breault, Community Services Director John Storer and Recreation Director Gary Bannon.

"Citizens Leadership Academy is a great opportunity to learn more about local governance in Dover and discover how to become a better informed and involved citizen," says Dover City Manager J. Michael Joyal, Jr. "The program provides participants with an overview of the roles and responsibilities of the various city departments and a behind-the-scenes look at how these departments each support and contribute to the quality of life we enjoy in our community."

Participants are not required to make every meeting, but regular attendance is strongly encouraged. This program is free-of-charge, and open to Dover residents. You can register online at <u>www.dovernh.org/citizens-leadership-academy</u>. For more information, call the Greater Dover Chamber of Commerce at (603) 742-2218 or email <u>events@dovernh.org</u>.

The Greater Dover Chamber of Commerce is a not-for-profit association of businesses, professionals, individuals, and organizations working together to advance the economic wellbeing of its members and the community. For information on Dover Chamber membership and programs or for a schedule of activities, call (603) 742-2218 or visit <u>www.dovernh.org</u>.

Energy Commission, Chamber to host electric vehicle show at Apple Harvest Day

The Dover Energy Commission is partnering with the Greater Dover Chamber of Commerce to host an electric vehicle (EV) show on Saint Thomas Street, by the McConnell Center, during Apple Harvest Day, Saturday, Oct. 1, from 12 to 3 p.m. The show is free.

Auto dealers, private owners, and the City of Dover will display EV and plug-in hybrid-electric vehicles (HEV) at the car show. Saint Thomas Street from Locust Street to Atkinson Street (between the McConnell Center and the district court) will be turned into a walking mall for the event. The goal is to help inform the community of the available EV and HEV options and whether they should consider owning one.

EV charging installers will be on hand to provide information about installing residential and/or commercial charging stations, including options powered by solar energy. Local and state officials from the state Department of Environmental Services, Clean Energy New Hampshire, and the City of Dover, will be available to discuss EV infrastructure.

EV owners who would like to display a vehicle and share their experience, can connect with the event organizers at <u>bit.ly/3Rci6gz</u> or by clicking the image below.

Saturday, October 1st 12 p.m. – 3 p.m. St. Thomas Street Dover, NH

Resilient

Electric Vehicle Show





Hosted By: City of Dover's Energy Commission &

the Greater Dover Chamber of Commerce

The City of Dover's Energy Commission is partnering with the Greater Dover Chamber of Commerce to bring the EV Show to Apple Harvest Day! Come explore a range of EVs from e-bikes to trucks. Dealers and owners will be onsite to share their vehicles and answer questions. We will also have experts from the Department of Environmental Services, Clean Energy New Hampshire, and the City of Dover in attendance.

Admission is free! Hope to see you there!

If you are an EV owner who would like to display your vehicle and share your experience, connect with us at: <u>bit.ly/3Rci6gz</u>

> Apple Harvest Day Festival is underwritten by:



Dover Mayor Robert Carrier, left, reads a proclamation at the Sept. 14 City Council meeting, recognizing the 50-year anniversary of Dover Adult Learning Center (DALC). Attending the meeting to receive the proclamation was DALC Executive Director Deanna Strand, right.

Dover Adult Learning Center celebrates 50 years; City Council issues proclamation

Students, staff, board and volunteers, past and present are invited to join the celebration on Tuesday, Oct. 4, from 4:30 to 6:30 p.m. on the front lawn of the McConnell Center. There will be tours of the center, exhibits on the history of DALC and the opportunity to share and reminisce with friends old and new. Learn more about the celebration at https://www.doveradultlearning.org/history/.

To share your memories of the Dover Adult Learning Center, visit <u>https://form.jotform.com/222192893189063</u>.

At its meeting on Wednesday, Sept. 14, the City Council issued a proclamation recognizing the contributions of DALC to the community, and its 50th anniversary.

The Dover Adult Learning Center of Strafford County helps all adults who seek to learn enhance their skills and improve their lives through education, job preparation, high school completion, and enrichment classes. It has been recognized as an Outstanding Adult Education Program by the US Secretary of Education several times in its 40 plus year history, is one of the three largest Adult Education Programs in New Hampshire.

Upcoming Meetings:

Utilities Commission, September 19, 6 p.m.

The Utilities Commission will hold a regular meeting on Monday, Sept. 19, 2022, beginning at 6 p.m., at 271

City to auction bicycles on Saturday, Sept. 24

The City of Dover will hold a public auction of bicycles on Saturday, Sept. 24, 2022.

The auction will begin at 9 a.m. and will take place at the Community Services facility, 271 Mast Road.

Mast Road, Dover.

To view the meeting agenda, <u>click here</u>.

School Board, September 19, 6 p.m.

The School Board will hold a special meeting on Monday, Sept. 19, 2022, beginning at 6 p.m., in Room 306 at the McConnell Center.

To view the meeting agenda, <u>click here</u>.

Pool Advisory Committee, September 19, 7 p.m.

The Pool Advisory Committee will hold a regular meeting on Monday, Sept. 19, 2022, beginning at 7 p.m., at the Dover Indoor Pool Meeting Room, 6 Henry Law Ave., Dover.

To view the meeting agenda, <u>click here</u>.

Waterfront Development Committee, Sept. 20, 5:30 p.m.

The Cochecho Waterfront Development Advisory Committee will hold a regular meeting on Tuesday, Sept. 20, 2022, beginning at 5:30 p.m., in Room 305 at the McConnell Center.

To view the meeting agenda, <u>click here</u>.

Arena Commission, September 20, 7 p.m.

The Arena Commission will hold a regular meeting on Tuesday, Sept. 20, 2022, beginning at 7 p.m., in the Conference Room at the Dover Arena.

To view the meeting agenda, <u>click here</u>.

Energy Commission,

Approximately 60 bicycles will be auctioned off.

Bicycles may be previewed after 8:30 a.m. on the day of the auction.

Children 18 and under will be allowed to bid against other children 18 and under on a bike until all children have won one bike for themselves, after which all other bikes will be open to bidders of any age.

The auction will occur rain or shine. Only cash or checks will be accepted.

A list of items can be <u>viewed here</u>.

The list is subject to errors and omissions, and items may be added or withdrawn at any time prior to the auction.



Missed the meeting? Catch it again online

Don't forget: If you missed the live City Council, School Board or Planning Board meetings on Channels 22 and 95, you can catch them again, online and on demand.

Simply visit <u>www.dovernh.viebit.com</u> to begin watching meetings on demand. Online meetings are organized by agenda item for convenience.

Dover Download podcast: Your guide to what's happening this week

In addition to each week's email edition of Dover Download, the City of Dover offers a weekly podcast. The podcast is hosted by Deputy City Manager Christopher Parker, who chats each week about the city's programs, services, public bodies and projects. Each episode also takes a brief detour to the past



with a look back at the week in Dover's history.

The podcast is now available wherever you get your

Sept. 21, 5:30 p.m.

The Energy Commission will hold a regular meeting on Wednesday, Sept. 21, 2022, beginning at 5:30 p.m., in Room 323 at the McConnell Center.

To view the meeting agenda, <u>click here</u>.

City Council, September 21, 7 p.m.

The City Council will hold a joint meeting with the Planning Board on Wednesday, Sept. 21, 2022, beginning at 7 p.m., in Council Conference Room at City Hall.

To view the meeting agenda, <u>click here</u>.

For a complete list of upcoming meetings, visit <u>https://www.dover.nh.gov/go</u> <u>vernment/open-</u> <u>government/public-</u> <u>meetings/</u>. podcasts, including Spotify and Apple Podcasts, and at <u>https://anchor.fm/cityofdovernh</u>.



Photo/Christopher Parker

The Rev. Sue Poulin of St. Thomas Episcopal Church, left, and Julien Icher, founder and president of

The Lafayette Trail, Inc., unveil a plaque marking the site of Gen. Lafayette's visit to Dover in 1825.

Site of Lafayette visit gets Dover marker

A plaque commemorating the visit by Gen. Lafayette on his farewell tour of the United States in 1824 and 1825 was dedicated in Dover this week. The plaque joins others along the Lafayette Trail. Lafayette visited Dover in 1825, staying the evening at the home of William Hale. Hale's home, originally located where City Hall now stands, is adjacent to St. Thomas Episcopal Church. The building is owned by the church and was named to the National Register of Historic Places in 1980.

Julien Icher, founder and president of The Lafayette Trail, Inc., unveiled the new plaque this week, joined by the Rev. Sue Poulin of St. Thomas Episcopal Church, and members of the Daughters of the American Revolution.

The plaque was installed in front of the Hale House, also called the Lafayette House, on Hale Street.

The Lafayette Trail donates plaques to cities and towns around the country to celebrate the general's stops in preparation for the bicentennial of his tour. More than 60 markers have been installed so far.

Lafayette returned to America to celebrate the 50th anniversary of the start of the American Revolution in which he had fought as a young volunteer. He arrived in Dover on June 23, 1825. More on Lafayette's visit to Dover can be seen here: <u>https://youtu.be/_5dADaBRi8Y</u>.



The following events are from a variety of historical records, sources and texts about the history of Dover.

For more on the history of Dover, visit the Dover Public Library, Locust Street, and the Woodman Museum on Central Avenue. The Public Library also maintains an online collection of historical information, <u>located here</u>.

Sept. 21, 1843 — The new Freewill Baptist Meeting House on Washington street was dedicated this day. (This was the building afterwards converted into the Freewill Baptist Printing Establishment, which had an office in the basement when originally built.)

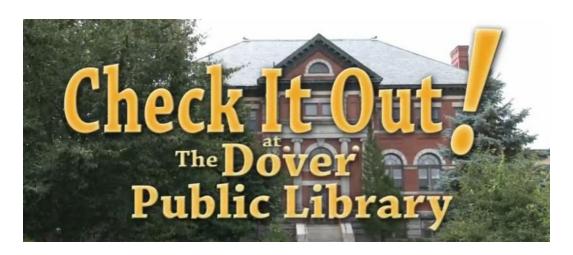
Sept. 20, 1853 — Gas lights were first used in Dover this evening, the mills and many stores having been supplied with it by the gas company, which was established this year.

Sept. 18, 1857 — In digging the cellar for a house on Nelson Street, the foundations of a chimney and part of a cellar wall were disinterred, which are supposed to be the remains of the garrison house of the son of Peter Coffin, or of that of the first tavern opened in Dover, which it is known stood in that vicinity. Within the abutment were also found human bones judged to be those of a female, and a spoon differing entirely from anything that had been in use for more than 150 years. (Dover Enquirer)

Sept. 18, 1933 — Fire destroyed the interior of a two-family home at 72 and 74 Silver St. The fire was caused by an overheated chimney. The fire, which started on the 74 Silver St. side of the house, drove its occupant, Mrs. M.S. Demos, a math professor at the University of New Hampshire, into the pouring rain outside. She was followed shortly thereafter by Mrs. W. Owen, from 72 Silver St., as the flames reached that side of the house.

Sept. 16, 1997 — The City of Dover announced it had hired a new city planner: Steve Bird.

Bird left his position as the assistant director of Rockingham Planning Commission to join the city, replacing Dean Peschel on the planning staff. Peschel became the city's environmental projects manager in May that year. Dover's Planning Director at the time, Steve Stancel, praised Bird for his experience, adding Bird was was hired after about 20 applicants were reviewed. Bird, who lives in Dover, remained with the Planning Department for 24 years, retiring in December of 2021. Although retired, Bird still remains involved with the waterfront project, for which he serves as the city's project manager.



'Before Brooklyn: The Unsung Heroes Who Helped Break Baseball's Color Barrier'

When Jackie Robinson took the field for the Brooklyn Dodgers on April 15, 1947, he made history by breaking Major League Baseball's longtime ban on Black players. His uniform number (42) is the only one permanently retired by all of Major League Baseball's 30 teams.

What's less well-known— and largely lost to history—is that a small army of men, women, and institutions of various types fought for many long and bitter years prior to Robinson's triumphant debut in Brooklyn, including three black players who tried out for the Red Sox.

On Tuesday, Sept. 27 at 6:30 p.m. Chronicle reporter and author Ted Reinstein tells the story of the little-known heroes who fought segregation in baseball in "Before Brooklyn: The Unsung Heroes Who Helped Break Baseball's Color Barrier". The program is virtual and sign up is needed to receive a link to the talk.

Reinstein has been a reporter for "Chronicle," WCVB-TV/Boston's award-winning—and America's longest-running, locally-produced—nightly news magazine since 1997. In addition, he has been a contributor for the station's political roundtable show and sits on WCVB's editorial board. He is also the author of "New England Notebook" and "Wicked Pissed".

The program is free and open to the public.

For more information or to sign up, visit the library's website at <u>library.dover.nh.gov</u> or call (603) 516-6050.

The Week at the Library

September VIRTUAL Cookbook Club

Join us for a virtual exploration of *The New England Orchard Cookbook* by Linda Beaulieu. Throughout the month of September, send in pictures of your dishes experience or materials are required, and all skill levels are welcome to play.

Tuesday, September 20, 6 to 6:45 p.m. Guitar Lesson created with recipes from the book and a small description of your cooking process, how you felt about the recipe, and/or your thoughts on the book. Copies of the book will be available to check out at the main circulation desk. We will share your creations on our social media pages. Photos can be sent to Emily at <u>e.ainaire@dover.nh.gov</u> or tag us on Instagram @doverpubliclibrary.

Sunday, September 18, 2 to 4 p.m. Virtual Dungeons & Dragons: Teens

Drop in and play Dungeons & Dragons. IVE online through Discord with Dungeon Master Andrew. This group will meet every other Sunday and there is no commitment to attend all sessions. Registration required.

Monday, September 19, 3 to 4 p.m. Monday Afternoon Book Group

Join us in-person or virtually to discuss *The Elegance of the Hedgehog* by Muriel Barbery. Copies of the book are available for borrowing at the library. Please register if you would like to attend remotely

Monday, September 19, 4:30 to 5:30 p.m. Multilingual Book Group

Educators from the UNH Community Literacy Center will lead this group which will feature a different language each week. There will also be an art activity based on the theme. The program is geared towards students in grades kindergarten through 3. Caregivers are not required to attend, but are always welcome. Registration required.

Monday, September 19, 6 to 8 p.m. Dungeons & Dragons: Adult Group

Drop in and play Dungeons & Dragons with Game Master Brandon. This 18 & older group is for new and veteran role-playing gamers to join us in the library for two hours of adventure, imagination, and strategy. The group will meet every other Monday night, though you do not need to have attended previous sessions to enjoy your first game. No experience or materials are required and all skill levels are welcome to play.

Monday, September 19, 6:30 to 7:30 p.m. Monday Evening Book Group

Join us in-person or virtually to discuss *The Elegance of the Hedgehog* by Muriel Barbery. Copies of the book are available for borrowing at the library. Please register if you would like to attend remotely

Tuesday, September 20, 10 to 10:30 a.m. Mother Goose on the Loose For babies through 2 years and parent/caregiver, Mother Goose on the Loose is a 30 minute program with nursery Drop in for a free guitar class taught by Mike Rieder from Musical Arts of Dover! Please bring your own guitar, as they will not be provided. This program is open to participants ages 10 and up.

Wednesday, Sept. 21, 9:30 to 11:30 a.m. Adult Knitting Group

Knitters and crocheters are welcome to join us with their projects for an in-person crafting circle. All levels welcome

Wednesday, Sept. 21, 10 to 10:30 a.m. Family Storytime Children of all ages with caregivers are invited to attend this program which includes stories, fingerplays, songs, and puppets.

Wednesday, Sept. 21, 10:30 to 11:45 a.m. Caregiver Café Join Cornerstone VNA as they introduce their newest monthly Caregiver Café to support Dover area family caregivers. Come for a morning of support, education and conversation.

Wednesday, Sept. 21, 6 to 8 p.m. Game Night Join the library on the third Wednesday of every month to play a fun selection of card and board games, and meet other board game enthusiasts in the community! All ages welcome!

Thursday, September 22, 10 to 10:45 a.m. Arts and Crafts Storytime For children ages 3-6, each session focuses on a different theme. Books, songs, rhymes, and an art activity will all be part of the fun. Registration required.

Thursday, Sept. 22, 6:30 to 8:30 p.m. Cocheco River Writers Join a community of local writers on the fourth Thursday of every month. Discuss ideas, get tips, and share your work with others in a low-key, inviting atmosphere. Whether you want to write creatively for fun or for publication, this group is a great way to hone your craft!

Friday, September 23, 10 to 10:30 a.m. Shake Your Rattle and Roll, Baby! This program is for babies and toddlers-2

years (older siblings always welcome). We will dance to silly songs, sing rhymes, count to 5 with puppets and rock out with drums and instruments. Featuring a different genre or musical artist each week.

Friday, September 23, 10 to 10:45 a.m. Sensory Storytime

Sensory Storytime is for children, ages 3-6,

rhymes, songs, puppets, other props and short stories. A joyful and fun gathering that promotes early literacy skills.

Tuesday, September 20, 6 to 8 p.m. Dungeons & Dragons: Adult Group Drop in and play Dungeons & Dragons with Game Master Dave. This 18 & older group is for new and veteran role-playing gamers to join us in the library for two hours of adventure, imagination, and strategy. The group will meet every Tuesday night, though you do not need to have attended previous sessions to enjoy your first game. No with autism, sensory challenges, developmental delays, and their caregivers. This fun, interactive program will engage the senses through books, flannel boards, puppets, songs, rhymes and movements as well as tactile and sensory activities. Registration required.

Saturday, September 24, 10 to 11 a.m. Lego Club

Come build at Lego Club. There will be a specific "Challenge-of-the-day" to work on or children can build their own creations. Open to grades K-4.All LEGO creations stay at the library.



Indonesian song and dance at City Hall



Courtesy photo

The lyakoko Tapea Choir recently performed at the Dover City Hall and was joined by Mayor Robert Carrier. The performance was arranged by Indonesian Community Connect.

Upcoming virtual forum focuses on suicide prevention

"Talk Saves Lives: A Brief Introduction to Suicide Prevention in your Community" is an introduction to suicide prevention. The community-based, virtual presentation covers the general scope of suicide, the most up-to-date research on prevention, and what everyone can do to prevent suicide. Participants will learn the common risk factors for suicide, how to spot the warning signs in others, and how to keep everyone in the community safe.

The presentation will be held on Tuesday, Sept. 20, 2022, from 6:30 to 7:30 p.m. To register for the event, visit <u>https://tsl9202022.attendease.com/</u>. A Zoom link will be sent one or two days prior to the presentation.



For more information, contact Programs Manager Debbie Baird at dbaird@afsp.org.

The event is sponsored by the New Hampshire and Maine chapters of the American Foundation for Suicide Prevention and Out of the Darkness Community Walks.

REGISTRATION

PUMPKIN DASH 5K

\$20 for adults \$10 for ages 14 and under \$5 registration for all Dover Middle School Students

The first 200 registered participants will receive a complimentary event t-shirt. DCTOBER 23 A FUNDRAISER FOR DMS PTA



www.dmspumpkindash.org

Dover Middle School 5K race serves as annual fundraiser

The Dover Middle School Parent Teacher Association is pleased to announce the return of its annual fundraiser, the DMS Pumpkin Dash 5K will be held on Sunday, Oct. 23, 2022 at Dover Middle School, 16 Daley Drive, in Dover.

The race begins at 8:30 a.m. and winds through an official USA Track and Field certified course. Part of the Dover Race Series, the DMS Pumpkin Dash 5K will award prizes to the overall top male and female, as well as the first and second place male and female finishers in the nine age categories.

Registration is \$20 for adults; \$10 for ages 14 and under; and a special \$5 registration fee is

available for all Dover Middle School Students. The first 200 registered participants will receive a complimentary event T-shirt. Visit <u>https://raceroster.com/events/2022/63990/dover-middle-school-pumpkin-dash-5k</u> to register.

Sponsor and volunteer opportunities are available.

For more information, please contact the race director, Kimberly Alexander, at <u>kimberlyp.alexander13@gmail.com</u> or 603-320-0332.

City seeks input on Court and Union streets project through brief online survey

The City of Dover seeks feedback through a brief online survey about the upcoming Court Street and Union Street Reconstruction Project. The survey is available at https://polco.us/courtunion.

The reconstruction project, which is in the design phase, will upgrade underground utilities and address drainage concerns and roadway/sidewalk conditions. The project will follow the City of Dover's Complete Streets and Traffic Calming Guidelines, including extending Court Street's sidewalk from South Pine Street to Hubbard Road.

The city held a neighborhood meeting earlier this summer to discuss the objectives and solicit feedback. Engineers seek further input about the project through the online survey.

This survey aims to identify unknown infrastructure deficiencies and understand resident preferences for proposed roadway improvements within the project area, including preference questions about on-street parking and bicycle lanes. Answers from the survey will help guide the engineers as they create final design documents.

<u>Click here</u> to take the survey, which requires an email and zip code to complete. To view the project page, which includes concept plans, documents and links to sign-up for project email updates, <u>click here</u>.

The deadline to complete the survey is 11:59 p.m. on Sunday, Sept. 25, 2022.

For more information, contact Community Services at 603-516-6450.

Dover Holiday Parade seeks volunteers, sponsors and participants

Cochecho Friends, a local volunteer organization, is organizing the 2022 Dover Holiday Parade, the theme of which will be, "Holiday Countdown to Celebrating our Past, Present, and Future."

The parade will be held on Nov. 27, the Sunday after Thanksgiving. The parade organizing committee, which has been meeting since spring, is seeking volunteers to help prepare for this year's event, including in the days leading up to the parade. Volunteers are needed to assist with safety, fundraising/sponsorship, and logistics, and to fill other committee positions. Parade organizers are also seeking marching bands, along with commercial and non-profit groups, youth organizations, and other parade participants.

To volunteer or for more information, contact Lori Nollet at <u>CochechoFriends@gmail.com</u> or Dennis Shanahan at <u>d.shanahan@dover.nh.gov</u>.

Additional information about the parade, including participant, sponsor and volunteer information, can be found at <u>https://cochechofriends.com/</u>.

COVID-19 vaccines and testing

Vaccines are available at most local pharmacies, including walk-in service at some. For more information, visit <u>vaccines.nh.gov</u> and click on "Find COVID-19 Vaccines".

Tests for active COVID-19 disease are available in locations across New Hampshire and include both the polymerase chain reaction (PCR) test and the rapid antigen test. The PCR test is for persons with or without symptoms of COVID-19. The rapid antigen test is for persons with symptoms and within a specific timeframe after onset of symptoms.



For more information about COVID-19 testing, including where to get tested, visit the State of New Hampshire's online resource at <u>https://www.covid19.nh.gov/resources/testing-guidance</u>.

City of Dover employment opportunities

Want to work for the City of Dover? The City's website offers an updated list of open positions, including job descriptions and a downloadable application for employment. The City of Dover is now seeking applications for the following positions:

- Police Officer
- Public Safety Dispatcher
- Account Clerk II
- Camera Operator
- Lifeguard
- Swim Instructor I
- Parking Enforcement Officer
- Deputy Director Operations and Construction
- Arena Attendant
- Arena Maintenance Ice Resurfacer

For more information about these positions or employment opportunities with the City of Dover, <u>click here</u>.

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