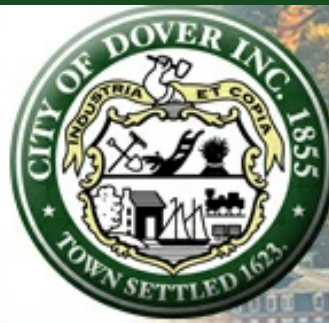


DOVER DOWNLOAD



News from the City of Dover, New Hampshire



March 5, 2021



CITY OF
DOVER, NH

288 Central
Avenue
Dover, NH 03820
603-516-6000

City Hall
hours:

Monday-Thursday:
8:30 a.m. to 5:30
p.m.

Friday:
8:30 a.m. to 4
p.m.

Recycling
Center hours:

Tuesday,
Thursday,

DOVER CITY COUNCIL

ON THE AGENDA

Coming up at the next City Council meeting

City Council to consider changes to Dover's Board of Health

The City Council meets this Wednesday, March 10, at 7 p.m. for a regular meeting.

On the agenda is a public hearing on proposed amendments to the Board of Health listed [Chapter 9, Section 2](#) of the City of Dover's code brought forward by Ward 3 Councilor Deborah Thibodeaux. According to the agenda material provided to the City Council, the proposed changes are to revitalize the Board of Health, which has not been active in recent years, and clarify its membership and role in the City, as well as streamline the duties of the Board."

The Board of Health would be involved in "reviewing, proposing, and revising public health regulations, recommending public health policies and priorities, collaborating with other health departments for strategic public health plans, assisting the Health Officer, restaurant licensure duties, and other duties in set forth in the provisions of Dover Code [Chapter 89](#)," the agenda materials state.

Also on the agenda is a resolution that would authorize \$120,000 for design engineering for Phase A of a larger project to upgrade and rehabilitate the sewer line in the downtown area. Phase A is

Saturday:
8:30 a.m. to 3:30
p.m.

related to replacing a sewer pipe that's underneath the Spaulding Turnpike. The new sewer line would connect from the Eliot Park area off Stark Avenue to Mill Street on the other side of the highway.

At its [Feb. 24 meeting](#), the City Council approved a limited access agreement with the state to allow the sewer line replacement underneath the highway, which the state owns. While City's existing sewer line predates the highway, the City needed to have the state's agreement as the state took the land decades ago to build the highway through eminent domain.

The full agenda for the March 10 meeting are [available here](#). The meeting will be held in the Council Conference Room at City Hall and is open to the public. It will be broadcast live on Channel 22 and available on-demand at <https://dovernh.viebit.com/index.php>.

Dover School Board continues budget deliberations at March 8 meeting

The Dover School Board will meet this Monday, March 8, to continue budget discussions for the 2022 fiscal year.

The School Board will begin with a budget workshop at 6 p.m., followed by a regular meeting. The focus of the workshop is to receive presentations from the elementary school principals about potential operating impacts from budget reductions.

This is a continuation of the budget workshop on [Monday, March 1](#), where School Board received presentations from Dover High School Principal Peter Driscoll and Dover Middle School Principal Kimberly Lyndes about how the two schools would operate with budget reductions.

The Dover School District seeks to realize around \$2 million in savings to submit a tax-cap complaint budget to the City Manager by March 15. To limit the number of potential layoffs, the School District is seeking to reopen negotiations with the Dover Teachers Union, Superintendent William Harbron noted in his FY 22 Budget Introduction.

As it currently stands, the proposed general fund operating budget is \$69,925,177, which is \$3,114,121, or a 4.66 percent increase, over the current adopted budget of \$66,811,056. As proposed, the budget is \$2,017,255 above the City of Dover's tax cap.

The fiscal year 2022 budget includes \$8,655,297 increases of contractual obligations. The drivers of the increase stem from required increases the district is to pay to the New Hampshire Retirement System for all eligible employees, health insurance premiums, and wage and benefit increases. The school district is to contribute 21.02 percent of retirement into the New Hampshire Retirement System for eligible teachers, an increase of 3.22 percent from the current year's 18.80 percent withholding. For all other eligible district employees, the employer contribution is 14.06 percent, a 2.89 percent increase from the current year's 11.17 percent withholding. Additionally, health and dental insurance premiums have an anticipated increase 5.5 percent increase. There are also \$4,503,840 in contractual increases specified by the contracts with the DTU, DPA and DEOP unions and the non-union Dover Administrative Association and a reduction of state educational adequacy aid of about \$512,000.

The workshop and meeting will be held in Room 305 of the McConnell Center and is open to the public. It will be televised on Channel 22 and available for on-demand viewing at <https://dovernh.viebit.com/index.php>.



Representatives from Dover Mental Health Alliance, Recovery Friendly Work Place Initiative, and SOS Recovery Community Organization celebrate the Dover Public Library designations a welcoming, safe and judgement-free space last Friday, Feb. 26. First row, from left, Dover Mayor Robert Carrier, Suzanne Weete, Karen Morton-Clarke and Melissa Lesniak. Second row, from left, Library Director Denise LaFrance and Librarian Aimee Lockhardt. Third row from left: Mary Boisse, Sam Lewandowski, Heather Berube and Peggy Thrasher. Top is Drew Maranhas.

Dover Mental Health Alliance and Recovery Friendly Workplace recognize Public Library as safe 'Place'

The Dover Public Library was designated a safe, judgement-free “Place” by the Dover Mental Health Alliance and a Recovery Friendly Workplace by Gov. Chris Sununu, becoming the first organization in the City of Dover and the state to have both. Representatives from both organizations recognized the Library at a small ceremony on Friday, Feb. 26.

The “Place” designation is available to any business, organization, or institution that strives to support their employees, colleagues, and customers’ mental health. It is a safe and judgement-free space for all. A Recovery Friendly Workplace is the New Hampshire governor’s initiative to encourage a healthy and safe environment where employers, employees, and communities can collaborate to create positive change, eliminate barriers, and remove stigma for those impacted by substance use disorder and behavioral health challenges.

“Staff of the Dover Public Library received training from both organizations and are excited to work with them to promote wellness in our community,” said Library Director Denise LaFrance. “We find that we get people from all walks of life into our building, and a lot of our work has veered into the social services sector. As Librarians, this is not something we have had training for, but want to be able to help.”

Inspired by the Recovery Friendly Workplace model, which includes providing support, resources, and trainings related to substance use disorder and behavioral health tailored to the specific needs of the business, part of the requirements to become a “Place” include:

- Learn, accept and display the Dover Mental Health Alliance’s (DMHA) vision and mission statement.

- Maintain a list of primary resources available that could help someone if they are experiencing an emotional crisis.
- Provide a safe space without judgment or discrimination for anyone seeking refuge at the "Place."
- Schedule an employee team to attend adverse childhood experience (ACE) training.
- Send an employee team to a Mental Health First Aid training.
- Ensure that a trained employee is onsite at all times during operating hours.

On Wednesday, March 3, the Dover Teen Center, located at the McConnell Center, became the second organization in the City of Dover to receive the "Place" designation.

Mayor Robert Carrier issued a proclamation recognizing the work of the Dover Mental Health Alliance at the City Council's Oct. 14, 2020 meeting. "We, as the governing body of the City of Dover, recognize the importance of personal mental health of all of our citizens and will continue to support the Dover Mental Health Alliance in its efforts for the betterment of our community," Carrier stated at the meeting.

For more information about the Recovery Friendly Workplace initiative, visit www.recoveryfriendlyworkplace.com.

For more information about the Dover Mental Health Alliance and upcoming training, visit www.facebook.com/DoverMHA/, or email Suzanne Weete at suzanneeweete@communitypartnersnh.org.



Tri-City warming center open nights through Monday, March 8

The Strafford County Extreme Cold Weather Warming Center will open tonight, Friday, March 5 and remain open nightly from 5 p.m. to 8 a.m. through the morning of Monday, March 8.

The Emergency Management Directors of Dover, Rochester and Somersworth made the decision to activate the warming center during these nights due to a forecast of life-threatening cold temperatures that will likely diminish the availability of existing shelter space.

The warming center is located at 30 Willand Drive in Somersworth. Partners and municipalities are asked to help transport at-risk or unsheltered clients to the warming center when possible. During this activation, the warming center will be unable to transport clients to or from the center.

Those seeking to warm up may arrive anytime between 5 p.m. and 8 a.m. during the activation period. Referrals or reservations are not required. COVID-19 coronavirus precautions are in place, including hand hygiene, social distancing, and required masking. Cots are available at

the warming center.

More information about the Strafford County Extreme Cold Weather Warming Center can be found at a new online resource, <https://www.facebook.com/warmingcenterofsc>.

COAST Bus has agreed to transport anyone on their way to the warming center to specific bus stops at no cost. Please note: COAST Bus does not operate on Sundays. Bus schedules and real-time transit information are available at www.coastbus.org or call (603) 743-5777 and select option 1.

On Bus Route 1N, the stop is the Holy Trinity Church at 404 High St. in Somersworth. On Route 1S, the stop is High Street at Bernier Street. From there, it's about a half-mile to the warming center. Take Penny Lane to Commercial Drive, which connects to Willand Drive. The warming center is near the Willand Drive and Commercial Street intersection.

On Bus Route 12N and 12S, the stop is Key Buick GMC of Somersworth (formerly Midway Buick), located at 155 Route 108 in Somersworth. From there, the warming center is 0.7 miles to the warming center. Go north on Route 108 to the intersection of Willand Drive and then follow Willand Drive to the end.

Volunteers and donations needed

Volunteers are needed to assist with a variety of tasks, including set-up and take-down, client check-in, laundry, cleaning and client engagement. Volunteer shifts are from 4 to 8 p.m., 8 p.m. to 12 a.m., 12 to 6 a.m. and 6 to 9 a.m.

Volunteers may sign up for more than one shift per night (for example, 4 p.m. to 12 a.m. or multiple shifts during the activation). Warming Center staff ask volunteers to only sign up for the shifts they can commit to. Please note, the Warming Center cannot accept volunteers under 18 years old, even if accompanied by a parent.

Sign-up for volunteer shifts [by clicking here](#).

Volunteers are also needed to provide a to-go breakfast for warming center clients. If you cannot volunteer for a shift but are able to provide breakfast (items in a bag that a client can take with them), please sign-up [by clicking here](#).

The warming center is also seeking donations, such as hand warmers, socks and coffee. [Use this sign-up](#) to see what donations are needed.

If you need help

Those in need of assistance with basic emergency needs should contact the welfare departments of their respective communities.

Dover: The Public Welfare department is located at the McConnell Center, 61 Locust St. in Dover. It is open Monday through Friday from 8 a.m. to 4 p.m. (603) 516-6500. For those who need assistance after hours, call Police Dispatch at 742-4646.

Somersworth: The Welfare / Human Services department is located at City Hall, 1 Government Way in Somersworth. It is open Monday through Friday from 8 a.m. to 4:30 p.m. (603) 692-9509.

Rochester: The Municipal Welfare Department is located at City Hall, 31 Wakefield St., in Rochester. It is open Monday through Friday from 9 a.m. to 4 p.m. (603) 332-3505.

New Hampshire residents may also dial 211 in the state anytime, day or night, to help locate critical resources.

About the Strafford County Extreme Cold Weather Warming Center

The Strafford County Extreme Cold Weather Warming Center is a partnership of the cities of Dover, Somersworth and Rochester to establish an alternative location for a regional warming center to accommodate social distancing and other challenges created by the COVID-19 pandemic. The City of Dover purchased the property and equipment for the Warming Center in December through a New Hampshire Housing Finance Authority grant made possible by the federal Coronavirus Aid, Relief, and Economic Security (CARES) Act.

Strafford County is providing grant monies to help cover the cost of staffing the Warming Center during life-threatening weather conditions.

Upcoming Meetings:

Conservation Commission, March 8, 5:30 p.m.

The Conservation Commission will hold a regular meeting on Monday, March 8, 2021, beginning at 5:30 p.m. in the Council Conference Room at City Hall. To view the meeting agenda, [click here](#).

School Board, March 8, 6 p.m.

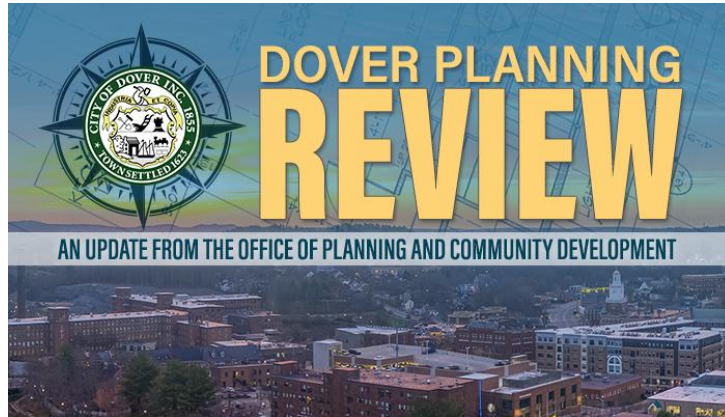
The School Board will hold a workshop session, followed by a regular meeting on Monday, March 8, 2021, beginning at 6 p.m. in Room 305 at the McConnell Center. To view the workshop and meeting agendas, [click here](#).

Planning Board, March 9, 7 p.m.

The Planning Board will hold a regular meeting on Tuesday, March 9, 2021, beginning at 7 p.m. in the Council Conference Room at City Hall. To view the meeting agenda, [click here](#).

City Council, March 10, 7 p.m.

The City Council will hold a regular meeting on Wednesday, March 10, 2021, beginning at 7 p.m. in the Council Conference Room at City Hall. To view the meeting agenda, [click here](#).



The Dover Planning Review is a publication of the City's Office of Planning and Community Development that offers regular updates on current projects and initiatives throughout the city, as well as updates about the work of the Planning Board, Zoning Board of Adjustment and other land-use boards and commissions. To sign up to receive the newsletter in your inbox, add Dover Planning Review to your current email subscription list here: <http://bit.ly/dovernewsletters>.

City boards provide many ways to let your voice be heard, from home

The City of Dover reminds residents that it is easy to participate in public meetings without attending in person. Public participation is vital for City of Dover operations and future planning.

Dover residents, business owners and property owners may contact any public board or commission, such as the City Council or School Board, by utilizing specific email addresses or contact information that reaches all members at once. People can also call 516-MEET (6338) and leave a message that will be forwarded to the appropriate public body. To be heard ahead of a particular meeting, call or email at least two hours before the meeting begins.

As with speaking at a public hearing or Citizens' Forum, phone messages and emails sent to all board members will be retained as part of the meeting minutes and are subject to New Hampshire's Right to Know law, RSA 91:A.

City Council, School Board, Planning Board and Zoning Board of Adjustment meetings and workshops are televised live on Channel 22 and available for on-demand viewing at <https://dovernh.viebit.com/>.

For a complete list of upcoming meetings, visit <https://www.dover.nh.gov/government/open-government/public-meetings/>.

To see all of the City's boards, commissions and committees, [click here](#).

For more information, contact the City Clerk's Office at 516-6018.



Strafford Regional Planning Commission wants residents' input on communities for Healthy Aging Transitions Project

[Strafford Regional Planning Commission \(SRPC\)](#) is partnering with [Strafford County Public Health Network](#) on a new project called [Communities for Healthy Aging Transitions \(CHAT\)](#). This project seeks to identify strengths towards and opportunities for each community in the region providing an inclusive, welcoming, supportive, and healthy environment for people of all ages.

To accomplish this, many different outreach approaches have been prepared including [a survey that was launched on Feb. 12](#). The survey will allow the CHAT team to hear from the people that know their communities best, those who live and work there.

In addition to the survey, the CHAT team is also preparing to launch a postcard art activity. This is a more creative method to gather input via printed postcards which will be delivered and handed out across the region. If you have a group interested in completing the activity SRPC staff can coordinate delivery of copies, and can even provide pre-postaged versions to be mailed back. The postcard template is also available [online](#) for digital submissions, or to print. Digital submissions can be emailed to srpc@strafford.org.

The CHAT team is also scheduling community Zoom forums in the region, so stay tuned to the [event section on their homepage](#) or the [CHAT project page](#).

Learn more about the project in [SRPC's introductory video \[5 min\]](#). SRPC looks forward to CHATting with you.

Virtual community forum seeks feedback from residents about community values, opportunities

Join Strafford Regional Planning Commission (SRPC) as they partner with the City of Dover on a community Zoom forum to gather feedback on their [Communities for Healthy Aging Transitions \(CHAT\) project](#). This project seeks to identify strengths towards and opportunities for each regional community providing an inclusive, welcoming, supportive, and healthy environment for people of all ages.

To accomplish this SRPC wants to hear from the people that know Dover best, those who live and work in town. Using virtual public engagement tools like Zoom's breakout rooms and live interactive polling, SRPC will lead a discussion to best understand what Dover residents value about their community, and opportunities for making it even better. The feedback gathered will complement extensive input already gathered by the City as part of its designation as an AARP age-friendly community.

Please join this interactive opportunity for providing input on Thursday, March 25, from 6:30 to 8 p.m. The best part – you don't even have to leave your house-and you can still participate and share your thoughts.

SRPC looks forward to CHATting with you. Register [online](#), and contact communications and outreach planner Shayna Sylvia at ssylvia@strafford.org with any questions.

Can't wait to share your thoughts or won't be able to make the session? Take the online [CHAT survey](#).

Dover Chamber kicks off virtual fundraising auction

Tickets have sold out for the Sweepstakes & Auction \$10,000 drawing but you don't need a ticket to the event to participate in the virtual auction. The auction aspect of the Sweepstakes and Auction will go live on Monday, March 8 at 9 a.m. and will be open for bidding through Saint Patrick's Day. The auction will close on Wednesday, March 17 at 2 p.m.

www.32auctions.com/sweeps will be the website where the auction will be held. You can visit the site to see a preview of the items that will be auctioned off and decide which items you'd like to keep an eye on.

Some of the featured items for the auction include a round of golf for four at Cochecho Country Club, sunset sail passes on the Gundalow, a total grilling package, a Tissot wristwatch, and much more.

You can enjoy the virtual auction from the comfort of your home and help support your community while doing so.

The Annual Sweepstakes & Auction is the Greater Dover Chamber of Commerce's largest fundraiser of the year. Proceeds from this fundraiser help support the Chamber's large-scale community events such as Cochecho Arts Festival, Citizens Leadership Academy, and Apple Harvest Day. Many of the events and programs produced by the Greater Dover Chamber of Commerce remain free and open to the public in part due to the proceeds from this fundraiser.

The event is underwritten by First Seacoast Bank. Other featured sponsors for the event are: Ourea Solutions; Leone, McDonnell & Roberts P.A.; Shaheen & Gordon P.A.; Mr. Electric; Profile Bank; Holy Rosary Credit Union.



Pease study seeks participants who may have been exposed to contaminated well water

The U.S. Centers for Disease Control's Agency for Toxic Substances and Disease Registry seeks participants who spent time at the Pease International Tradeport between 2004-2014 to study the potential effects of exposure to a group of chemicals known as PFAS. PFAS is an abbreviation for perfluoroalkyl and polyfluoroalkyl substances found in a contaminated drinking water well at the Pease Tradeport used until May 2014.

Those who participate in the study may receive up to \$75 in gift cards for completing it. To be eligible for the health study, a person must meet the following criteria:

An adult aged 18 or older who

- worked or attended school at Pease International Tradeport any time from January 2004 to May 2014, or
- lived in Newington any time from January 2004 to the present and used a private well with documented PFAS contamination.

A child aged four through 17 who has parent or guardian permission and

- attended daycare at Pease International Tradeport any time from January 2004 to May 2014, or
- was born to and/or breastfed by a mother who meets the adult eligibility criteria.

A small group of adults who never drank water from Pease International Tradeport and whose occupation or education did not expose them to PFAS, and children who never drank water from Pease International Tradeport may also be eligible to participate.

Participants will

- help scientists understand how PFAS affect health.
- receive their test results, which they can share with their doctors to monitor their health.

For more information, visit www.atsdr.cdc.gov/pfas/activities/pease.html.

A short video about the study is available at <https://youtu.be/nUT2ih9buUw>.



Did you know you can charge your car at the Orchard Street Parking Garage? The charging units are located on the second floor in the northeast corner of the garage. Two units are dedicated Tesla units and two are universal stations available to any non-Tesla plug-in electric vehicle.



What older adults need to know about COVID-19 vaccines

The risk of severe illness from COVID-19 increases with age. This is why CDC recommends that adults 65 years and older are one of the first groups to receive COVID-19 vaccines. You can help protect yourself and the people around you by getting the vaccine when it is available. Studies show that COVID-19 vaccines are safe and effective in preventing severe illness from COVID-19. To get a COVID-19 vaccine


- Contact your state or local health department for more information.
- Ask a family member or friend to help with scheduling an appointment.
- Ask your doctor, pharmacist, or community health center if they plan to provide vaccines and ask them to let you know when vaccines are available.

Even after getting the COVID-19 vaccine, you should still wear a well-fitting mask that

covers your nose and mouth when around others, stay at least 6 feet away from others, avoid crowds and poorly ventilated spaces, and wash your hands often.

When can I get a **COVID-19 VACCINE** in NH?

Updated: 1/14/2021



PHASE 1


PHASE 1A

- High-risk health workers
- First responders
- Older adults living in residential care settings

PHASE 1B

- People ≥ 65 years old
- Medically vulnerable at *significantly* higher risk with 2 or more conditions
- Family caregivers of those medically vulnerable persons, ≤ 16 years old not eligible for vaccine
- Residents and staff of residential facilities for persons with intellectual and developmental disabilities
- Corrections officers and staff working in correctional facilities
- First responders and health workers not already vaccinated

DECEMBER - MARCH*



PHASE 2


PHASE 2A

- K-12 school and childcare staff

PHASE 2B

- People 50 - 64 years old

MARCH - MAY*



PHASE 3

PHASE 3A




- Medically vulnerable < 50 years old at *moderately* higher risk with 1 or more conditions

PHASE 3B

- Everyone else not already vaccinated

MAY and BEYOND*

Additional details are coming soon.
Contact 2-1-1 for more information and visit nh.gov/covid19 for updates.

*Estimated time frame depends on vaccine doses allocated to NH from the federal government and vaccine uptake.

COVID-19 vaccination registration remains open for New Hampshire residents in Phase 1B

COVID vaccinations continue for Phase 1B which includes:

- Persons who are 65 years of age or older
- Persons who are under 65 years old with defined medical conditions that put them at significantly higher risk
- A caregiver for a medically vulnerable family member under 16 years of age
- Staff member or resident of an institution for developmental disabilities
- A corrections officer or staff member working in a correctional facility
- First responders and health workers not already vaccinated

The registration and scheduling process for vaccination will vary depending on the person's prioritization criteria and location of vaccination clinic:

- Persons 65 years of age and older should register to be vaccinated at a fixed site by visiting <https://vaccines.nh.gov>. Persons without internet access should call 2-1-1 to get assistance with registration.
- Persons under 65 years of age who are prioritized due to medical conditions need to register through their healthcare provider to confirm eligibility and facilitate vaccination.
- Other Phase 1B individuals should register to be vaccinated at a fixed site by visiting <https://vaccines.nh.gov> (or call 2-1-1 if no internet access), through their organization (e.g. hospital

Statewide mask mandate

A statewide mask mandate remains in effect through March 26, 2021.

Per the order, everyone over the age of 5 in New Hampshire must wear mask or cloth face coverings over their noses and mouths when in public spaces, indoors or outdoors, when unable to maintain a physical distance of at least six feet from persons outside their own households.

The entire order, including exceptions and exclusions, [can be viewed here](#).

COVID-19 updates

Want to receive the latest information about the COVID-19 coronavirus pandemic and how it affects your community? Sign up for the City of Dover's email updates and you'll receive helpful information from local

employee), or through a vaccination clinic organized by a Regional Public Health Network (RPHN).

If you are unsure what Phase you fall under, use the COVID-19 Vaccine Phases Assessment Tool to help you determine your status: <https://www.vaccines.nh.gov/>.

After submitting your online registration form, you will receive an automated email from the CDC Vaccine Administration Management System (VAMS) to schedule your vaccine appointment. [Guide to the VAMS registration and scheduling process](#).

For general questions on vaccination or to schedule vaccination if the online system cannot be used, call 211 or 1-866-444-4211.

If you are a Dover resident or a Dover Public Library card holder and you need help navigating registration, the Dover Public Library may be able to help. Call 516-6050, email libraryquestions@dover.nh.gov, or send the Library a message to find a time that works for you.

and state health officials about the pandemic, including how you can protect yourself and others, how to safely enjoy the holidays, what to consider before traveling, and much more.

To start receiving the email updates, visit bit.ly/doverdownload and select COVID-19 updates from the list of city newsletters.

For more information, visit the City's COVID-19 [online resource here](#).



What you should know about COVID-19

COVID-19 can present with a wide range of symptoms including fever, chills, cough, shortness of breath, runny nose, nasal congestion, sore throat, fatigue, headache, muscle aches, nausea, vomiting, diarrhea, or loss of taste or smell. Any person who develops new symptoms should stay home, limit their contact with others, immediately contact their healthcare provider and get tested for COVID-19. [Guidance for self-quarantine is available here](#).

Whether or not you are experiencing symptoms, multiple testing options throughout the State are available to potentially exposed individuals. For persons without health insurance or a primary care provider, testing is available and can be scheduled by calling (603) 271-5980 or through completing the online form at business.nh.gov/DOS_COVID19Testing. Other options can be found here: www.nh.gov/covid19/resources-guidance/testing-guidance.htm.

COVID-19 continues to circulate in our communities, so all people need to protect themselves and help prevent further community spread, by:

- [Stay at least 6 feet away from others](#), whenever possible. This is very important in preventing the spread of COVID-19.
- [Cover your mouth and nose with a mask](#) when around others. This helps reduce the risk of spread both by close contact and by airborne transmission.
- [Wash your hands](#) often with soap and water. If soap and water are not available, use a hand sanitizer that contains at least 60% alcohol.
- [Avoid crowded indoor spaces](#) and [ensure indoor spaces are properly ventilated](#) by bringing in outdoor air as much as possible. In general, being outdoors and in spaces with good ventilation reduces the risk of exposure to infectious respiratory droplets.
- [Stay home and isolate](#) from others when sick.
- [Routinely clean and disinfect](#) frequently touched surfaces.

For more information on COVID-19 in NH, please visit www.nh.gov/covid19/.

PISCATAQUA REGION ARTIST ADVANCEMENT GRANT

Recognizing the important contributions of working artists to the cultural life of the region by providing a \$25,000 award to promote the artistic growth of visual artists and craftspeople.

Additional grants may also be awarded to finalists.

Apply before Friday, April 30.

Learn more at nhcf.org.



Annual Piscataqua Region Artist Advancement Grant open for applications through April 30

The Dover Arts Commission wants to let city artists know about the New Hampshire Charitable Foundation (NHCF) annual Piscataqua Region Artist Advancement Grant.

The NHCF grant award ranges from \$15,000 to \$25,000. Additional grants may also be awarded to finalists. The deadline to apply is April 30, 2021.

According to [eligibility and terms](#), the grant is open to all “visual artists and craftspeople whose resume of work demonstrates a strong commitment to an artistic discipline. Collaborating visual artists are also eligible to apply.” Applicants must also be permanent residents in the NHCF Piscataqua Region, which includes Dover. NCHF defines a permanent resident as a person who has maintained their principal dwelling in the NHCF Piscataqua Region for more than six months of the proceeding two years before the grant application’s date.

According to the website, the award has been given out since 2002 and awarded to a Dover artist twice.

For more information, [click here](#), or contact Rosalind Erwin at (603) 430-9182 ext. 22200, or Rosalind.Erwin@nhcf.org.



The following events are recorded in "Notable Events in the History of Dover, New Hampshire: From the First Settlement in 1623 to 1865," by George Wadleigh, and several other historical sources.

For more on the history of Dover, settled in 1623 and the oldest European permanent settlement in New Hampshire and seventh oldest in the country, visit the Dover Public Library, Locust Street; and the Woodman Museum, Central Avenue. The Public Library also maintains an online collection of historical information, [located here](#).

March 7, 1803 — The town voted to adopt by-laws against swine running at large under a penalty of \$3.30 for each offence, and also adopted an act of the General Court in relation to the extinguishing of fires.

March 11, 1806 — The town votes to give a premium of ten cents to any person killing a crow within the limits of the town the present year.

March 8, 1808 — The selectmen were "empowered to point out a lot of land suitable for a gun and engine house where they may think the most proper." They selected a lot near the Court House which after much opposition from adjoining property holders was finally occupied for the engine.

March 9, 1842 — Died, John B. H. Odiorne, aged 50 — for many years a well known Dover business man. He was in Dartmoor prison, in England, at the time of the massacre of American prisoners, in the war of 1812.

March 10, 1865 — The invitation extended to General Benjamin Butler some weeks since, to address the citizens of Dover, was fulfilled this evening, the engagements of the General having prevented his speaking at an earlier day. The City Hall was crowded and hundreds were unable to obtain admission. Hon. D. M. Christie presided and introduced General Butler in a few fitting remarks, who then proceeded to address the audience, speaking for an hour with great eloquence and effect. The meeting was closed with several patriotic songs by Mr. Pope of Washington, and music by the Dover Cornet Band.

Dover400 lecture series continues March 9 with “Tales From the Dirt: Archaeology and Dover Point’s Diverse Early Colonial Landscape”

Dover400, a committee of residents organizing Dover’s 400th Anniversary, continues its virtual historical lecture series on March 9, 2021 at 7 p.m. with an online presentation detailing an important recent archeological dig at the site of the First Parish Church’s 1654 Meetinghouse on Dover Point Road.

The March lecture features Dr. Meghan Howey, UNH anthropology professor, and Diane Fiske, First Parish Church historian, who will present their research on the early colonial landscape of Dover Point. The Church Meetinghouse was erected ca. 1654, fortified 1667—1675, removed prior to the Revolutionary War, and the property was deeded back to First Parish Church in 1889. In 1983, the site was added to the National Register of Historic Places.



Howey and Fiske, along with a cadre of volunteers, explored the site during the summers of 2018 and 2019. They gained valuable insight, through recovered artifacts and buried structures, into the diversity of lives and colonial experiences that were not fully captured in written documents, including information on indigenous peoples, enslaved Africans, and indentured Scots. Although historical records are important for understanding early colonialism in New Hampshire, they were written from a dominant, Euro-centric, often biased perspective. Howey and Fiske believe that the physical materials people discard and leave behind offer important evidence as to what went on that didn't make it into the history books.

Diane Fiske has served as Historian of Dover's First Parish Church since 2010, preserving early church and town records in the church archives, sharing the stories they tell with all who are interested, and providing genealogical information to those whose ancestors were early church members. She also serves as a volunteer transcriptionist of colonial church records for the Hidden Histories Project of the Congregational Library in Boston. She is presently Historical Researcher for the Great Bay Archaeological Survey (GBAS) Project with UNH, conducting extensive early colonial records research (deeds, probates, etc.) to help GBAS identify 17th century sites for survey and excavation.

Dr. Meghan Howey is an anthropological archaeologist specializing in landscape archaeology and interdisciplinary approaches to deep-time coupled human natural systems. She is a Professor in the Anthropology Department and the Earth Systems Research Center at UNH. Howey has conducted research in North America, Europe, and East Africa. Currently, Howey directs the Great Bay Archaeological Survey (GBAS), a community-engaged and interdisciplinary archaeology program exploring 17th and early 18th century landscapes within NH's Great Bay Estuary. She is interested in how this early colonial period can help us better understand our place in the Anthropocene today. Her work is supported by the James H. Hayes and Claire Short Hayes Professor of the Humanities and an Andrew Carnegie Fellowship.

Each presentation is free and open to the public, but pre-registration is required. To sign up for the March 9, 2021 lecture, [click here](#) or visit www.Dover400.org.



Three-week online organic gardening course at Dover Public Library

A new layer of snow has fallen and it might be hard to believe, but spring is just around the corner! Get a jump on your garden preparations by learning the best techniques to grow healthy, beautiful plants.

The Dover Public Library will offer a free online three-part organic gardening course on consecutive Wednesday nights: March 17, March 24 and March 31 from 6 to 8 p.m.

The course will include practical tips on how to create a new garden, soil preparation, seed starting, planting techniques, cultural techniques during the growing season (such as watering, fertilizing, and pest and weed control), how plants and soil interact, succession planting, planting multiple crops in the same space at the same time, how to compost, crop rotation, cover cropping, and mycorrhizobials.

The sessions will also include discussions about our existing industrial food production system, including globalization and famine, organic alternatives of urban gardens, small scale farming, and backyard gardening.

Instructor Vincent Cirasole is an experienced teacher and commercial vegetable grower from Rochester. He taught physical education and organic gardening in New York before relocating to NH in 2013. He is a Master Gardener and organic growing enthusiast who owned a landscape gardening business for 18 years and a 12,000 square foot commercial organic garden for 11 years. For seven years, he was on the Board of Directors for the Northeast Organic Farming Association of New York.

The organic gardening course will be held live online through Ring Central and registration is required to access the login information. You do not need to attend all three classes. This program is free and open to the public. For more information or to register, visit library.dover.nh.gov or call the Library at 603-516-6050.

The Week at the Library

March VIRTUAL Cookbook Club

Join us for a virtual exploration of *Plenty* by Yotam Ottolenghi. Throughout the month of

March, send in pictures of your dishes created with recipes from the books and a small description of your cooking process, how you felt about the recipe, and/or your thoughts on the books. We will share your creations on our social media pages throughout the month. Photos can be sent to Emily at e.fortin@dover.nh.gov, or tag us on Instagram @doverpubliclibrary.

Tuesday, March 9, 6 to 8 p.m.

Dungeons & Dragons: 18 and older in the Lecture Hall

Drop in and play Dungeons & Dragons with Game Master Dave. This 18 & older group is for new and veteran role-playing gamers to join us in the library for two hours of adventure, imagination, and strategy. The group will meet every Tuesday night, though you do not need to have attended previous sessions to enjoy your first game. No experience or materials are required and all skill levels are welcome to play. Sessions will be socially distant indoors in the Lecture Hall. Please ensure at least six feet of space between yourself and other attendees and that you wear a mask while in the library.

Tuesday, March 9, 7 to 8:30 p.m.

Dover 400th Series: Archeological Discoveries at Dover Point

Dr. Meghan Howey, UNH anthropology professor and Diane Fiske, First Parish Church historian will present their research on the early colonial landscape of Dover Point and detail an important recent archeological dig at the site of the First Parish Church's 1654 Meetinghouse on Dover Point Road. Registration required.

Wednesday, March 10, 9 a.m. to 12 p.m.

group dedicated to non-fiction, exploring history, science, essays, and biography. This month's book will be *All That Remains* by Sue Black. Available at the front desk through Inter-Library loan. Registration required.

Wednesday, March 10, 4 to 4:45 p.m. Online Storytime

Check out a new session of Miss Tina's storytime. This storytime and all previous recordings may be viewed at: <https://bit.ly/2z4EDcp>

Wednesday, March 10, 6 to 7 p.m. Teen Advisory Board in the Lecture Hall

The Teen Advisory Board is a group of 7 - 12 graders who are interested in shaping the library's programs and services aimed at middle and high-school students. Members attend monthly meetings in order to share their ideas, help to plan future events/ services for teens and work toward making the library a teen-friendly space in our community.

Thursday, March 11, 10 to 10:30 a.m. Family Storytime in the Lecture Hall

Families are invited to join us for storytime in the Lecture Hall. Kids of all ages with an adult will enjoy stories, songs, and rhymes. A craft will be available to take home.

Please register for this event since attendance is limited to 5 groups. Groups will be appropriately distanced and please wear a mask.

**Friday, March 12, 10 to 10:30 a.m.
VIRTUAL Mother Goose on the Loose**
Mother Goose On the Loose is back! Please join Miss JoJo for lots of songs, rhymes, stories and silliness! This program is for babies through Pre-K, siblings are always welcome. You will be required to submit your library card information upon

Read WITH a Librarian

Sign up to have a librarian read with your child! Depending on your child's age and reading ability your child might want to only be read to OR they may read to us! Either way this a great opportunity to gain reading confidence and encourage a love for reading! Once you register we will be in touch with you by Tuesday evening to schedule a time that works best for your schedule between 9 a.m. and 12 p.m. This program is best for Toddlers/Preschooler through age 9.

Wednesday, March 10, 10 to 11 a.m. Matter of Fact: Non-Fiction Book Club in the Lecture Hall

Dover Public Library is starting a new book

registering as this program is for patrons of DPL only. Once you are approved, you will be provided with a secure link to our virtual session via Ring Central

**Friday, March 12, 9 to 10 a.m.
Global Poetry Society in the Lecture Hall**
The Global Poetry Society is dedicated to exploring poetry from around the world. Run by Shane Morin, his goal is to help our community learn about great poets from Asia, Africa, South America, Native Peoples, and more. Between sessions, registrants will be emailed a reading list of freely accessible poems that will introduce the works to be discussed at the next meeting. Meetings will be held every other Friday morning. Registration is required.



Community group seeks interest in Dover Community Garden

Would you like to grow your own food? Are you interested in being a part of a community garden? A local community group is working to establish a community garden in Dover by 2021 and would like your input. Please take a few moments to complete a short survey designed to gauge interest and preferences for the garden's location, goals, and style. The survey is for anyone living in Dover and takes less than 5 minutes to complete. Take the survey here: <http://bit.ly/37lnKCG>.



The results of the survey will be used to inform discussions with the Dover City Council and city officials, aid in funding applications, and help shape the community garden project.

For more information, contact Annie Macadam at dover.growfood@gmail.com.

American Red Cross lifeguard training and recertification course offered at Dover Indoor Pool

An American Red Cross lifeguard training and recertification course will be held at the Dover Indoor Pool April 26-29, 2021. Participants will learn the skills needed to prevent and respond to aquatic emergencies. The course includes the latest science in first aid, CPR/AED for the professional rescuer, emergency cardiac care, as well as the latest lifeguarding rescue skills and safety protocols. Students must be at least 15 years old by the last day of the class.

The following prerequisites must be fulfilled:

- Swim 300 yards continuously
- Tread water for 2 minutes
- Starting in the water, the participant must be able to swim 20 yards using front crawl or

breaststroke, surface dive 7-10 feet, retrieve a 10-pound object, return to surface, swim 20 yards back to the starting point with the object and exit water without using a ladder or steps within 1 minute, 40 seconds

No refunds will be given for failure to pass prerequisite requirements. All course dates must be attended in order to pass the course.

The course will be offered:

- Monday, April 26: 10 a.m. to 4 p.m.
- Tuesday, April 27: 11:30 a.m. to 4 p.m.
- Wednesday, April 28: 10 a.m. to 4 p.m.
- Thursday, April 29: 11:30 a.m. to 4 p.m.

*Re-certification held on Thursday, April 29 from 11:30 a.m. to 4 p.m.

Cost for the full course is \$200. Cost for re-certification is \$40.

Any COVID related cancelations will be carried over to the next scheduled course. No refunds will be given.

For more information or to sign up, contact Erika Friedman at (603) 516-6427 or e.friedman@dovern.nh.gov.

Dover Chamber now accepting nominations for 2021 Annual Awards Gala

The Greater Dover Chamber of Commerce is now accepting nominations for its Annual Awards Gala, in which awards will be given out to the citizen, volunteer, educator, business and non-profit of the year. The Chamber also awards a \$1,000 scholarship to a local area student pursuing higher education.

These awards provide an opportunity for member businesses to celebrate excellence in their companies and to recognize individuals and non-profits who have made a lasting impact in the Greater Dover community. All awards will be presented at the Annual Awards Gala, held on Friday, June 4, 2021. The format of the event is to be determined.

The GDCC encourages businesses and residents to think about individuals and organizations who have made significant contributions to the community and consider nominating them for one of the Chamber awards. To submit award nominations, visit www.dovernh.org/awards. Nominations for business, volunteer, non-profit, and citizen of the year are due April 9 by 4 p.m. Nominations for educator of the year and student scholarship applications are due May 3 by 4 p.m.

“Our volunteers, advocates, dedicated residents, and businesses are true assets of our community,” says GDCC President Margaret Joyce. “If you know or have observed an outstanding individual, business, or nonprofit organization that deserves to be honored by the Greater Dover Chamber of Commerce this year, please let us know by submitting a nomination.”

The Annual Awards Gala serves as a sponsorship opportunity for local businesses. For information about potential sponsorships in connection with the Annual Awards Gala, email Community Events Manager Morgan Faustino at events@dovern.nh.org.

The Greater Dover Chamber of Commerce is a not-for-profit association of businesses, professionals, individuals, and organizations working together to advance the economic well-being of its members and the community. For information on programs, please call the Greater Dover Chamber of Commerce at 603-742-2218, email info@dovern.nh.org, or visit www.dovernh.org.

Host families needed to help students attend Dover High School

Dover High School has two openings for exchange students this coming school year. The following exchange students are seeking host families:

Carmen is from Germany and plays ice hockey, skates, plays basketball, and plays an instrument for band. She will be a junior and speaks excellent English.

Marilia is from Ukraine and participates in student government, likes to volunteer, and is interested in the United Nations club and student newspaper. She loves history, volleyball, swimming, and photography. She will be a senior and speaks excellent English.

Students stay with their host families for the school year, have their own spending money and insurance, follow family rules, do chores, and participate in school and family activities.

For more information, contact Ginger Smith at 603-397-2494 (text or call) or email grandmaginger15@gmail.com.

A guide to solid waste and curbside recycling

Don't let your recycling be rejected

Is your trash or recycling not getting picked up? It may be because it does not conform to the City of Dover's recycling and solid waste rules.

Dover's Community Services Director John Storer requests that curbside customers ensure the items placed in recycling containers are recyclable consistent with local guidelines and that bulky items are correctly tagged.



What's acceptable for curbside recycling in Dover?

- **Plastic:** #1, #2 and #5, provided the items are bottles, tubs and jugs. Rinse and dry. Bottle caps can be recycled if removed, washed, and placed back on the bottle. Loose caps, which fall through processing screens, cannot be recycled.
- **Glass:** only bottles and jars. Rinse and dry.
- **Cardboard, cartons and paper:** Newspaper, magazines, office paper and junk mail only. Flatten all boxes, then place them into recycling bins, paper bags, or bundle and tie. When flattened, cardboard dimensions must not exceed two feet by two feet. Pizza boxes with grease must be thrown away as the oil contaminates the other recyclables.
- **No styrofoam is accepted**, even with a recycling symbol on the packing.
- **No plastic bags** are accepted.

Plastics that are not accepted include plastic bags, plastic utensils, straws, plastic wrap, tarps and colored cups. Recycling bins that contain non-recyclable items may not be picked up or flagged with a warning sticker. See full details of [Waste Management's curbside pickup here](#).

"The state of single-stream recycling has changed on a global basis," Storer said. "There is a dwindling market for single-stream recycling, so in order to keep to keep recycling fiscally viable, we need cooperation from residents in what gets placed for collection."

On July 1, 2020, Waste Management took over as the City of Dover's recycling and solid waste vendor. The City Council approved the new five-year contract in February, following a five-year contract with Pinard Waste Services. Recycling accounts for \$600,000 of the \$1 million increase in waste collection costs due to changes in the recycling market and challenges dealing with contaminated recycling.

Nationwide, Waste Management estimates that 25 percent of items placed in recycling bins are actually trash. This 25 percent of trash can contaminate the good recycling commingled with it.

“Recycling contamination happens when trash ruins otherwise good recyclables,” says Waste Management in their [Recycling 101 webpage](#).

For example, food or liquid placed recycling that saturates paper and cardboard can contaminate it. “Once contaminated, these recyclables can no longer be recycled. They become trash.”

Bulky trash items

For large, non-metal trash items, such as beds, couches, toilets, sinks, carpets, and furniture, residents must purchase a “Bulky Item Tag” for each bulky trash item to be picked up. A bulky item tag costs \$10 and is available at most places where Dover trash bags can be purchased. See the Community Services’ [Bag and Tag webpage](#) for a list of locations.

Please note, televisions, computer monitors, microwaves and other metal objects are not accepted for bulky item pickup.

Items left on the curb without a tag may be turned over to the City’s health officer to see whether the items can be traced to a property.

All recycling and trash, including bulky tag items, should still be placed curbside by 7 a.m. on the designated collection day or as early as 4 p.m. the day before.

For more information, contact Community Services at 516-6450.

City's boards and commissions seek to fill several vacancies

The City of Dover is a vibrant community due in large part to the energy and talent of citizen participation on boards and commissions.

The City's boards and commissions encourage public participation and are seeking new members to fill several vacant positions.

Joining one of the City's numerous boards commissions not only offers a chance to give back to the community, it can be a rewarding and valuable experience, and helps shape the City's future.

For a complete list of the City's boards and commissions, as well as more information about vacancies and how to apply, [click here](#).

To download an application for board and commissions, [click here](#).

Completed forms should be returned to

City of Dover employment opportunities

Want to work for the City of Dover? The City's website offers an updated list of open positions, including job descriptions and a downloadable application for employment.

The City of Dover is now seeking applications the following positions:

- **Police Officer**
- **Maintenance Mechanic, Streets**
- **Lifeguard**
- **Laborer I**

For more information about these positions or employment opportunities with the City of Dover, [click here](#).

Missed the meeting? Catch it again online

Don't forget: If you missed the live City Council, School Board or Planning Board meetings on Channels 22 and 95, you can catch them again, online and on demand.

Simply visit www.dovernh.viebit.com to begin

the City Clerk's Office in person, by mail, or by email. Committee application forms are kept on file for one year from date of submission.

For more information, contact the City Clerk's office at 516-6018.

watching meetings on demand. Online meetings are organized by agenda item for convenience.

