

## News from the City of Dover, New Hampshire



#### In This Issue:

Upcoming holiday hours for City offices and facilities

Recycling Center now accepting Christmas trees

Inauguration of City Council and School Board is Jan. 6

Chamber to hold awards gala Jan. 17

Road work this week

Salted sand available to residents

Census recruiter meet and greet slated for Public Library

Dover Transportation Center to close during construction

Arts Commission still accepting applications for winter grants

City reminds residents how to stay safe in cold weather

Stay informed with parking ban alerts

News from Dover's public

Friday, December 27, 2019

# Upcoming holiday hours for City offices and facilities

City administrative offices, including **City Hall**, will be closed on Wednesday, Jan. 1, 2020, for New Year's Day.

The **Public Library** will close at 4 p.m. on Tuesday, Dec. 31, and will be closed on New Year's Day.

The **Dover Arena** will close at 2 p.m. on Tuesday, Dec. 31. The Arena will open at 10 a.m. on New Year's Day.

The **Indoor Pool** will close at 1 p.m. on Tuesday, Dec. 31 and will be closed on New Year's Day.

The **McConnell Center** Recreation facilities will close at 4 p.m. on Tuesday, Dec. 31 and will be closed on New Year's Day.

The Dover **Community Senior Center** will be closed on New Year's Day.

Curbside trash and recycling pickup will be delayed one day the week of Dec. 30, 2019, beginning on Wednesday, Jan. 1. There

schools

The Week Ahead in Dover Schools

This Week in Dover History

Check it Out! at the Dover Library

How to fight flu this season

Coming up at the Dover Community Senior Center

Stay informed with City of Dover special announcements

City of Dover employment opportunities

Know what's "In the Bin"

Missed the meeting?

#### Upcoming meetings:

To view televised meetings online, on demand, visit www.dover.nh.gov/dntv.

For a complete list of upcoming meetings visit the meeting calendar page.



CITY OF DOVER, NH 288 Central Avenue Dover, NH 03820 603-516-6000

City Hall hours: Monday-Thursday 8:30 a.m. to 5:30 p.m. Friday 8:30 a.m. to 4 p.m.

Recycling Center hours: is no pickup on Wednesday, Jan. 1, 2020.

## Recycling Center now accepting Christmas trees

The City of Dover Recycling Center on Mast Road is now accepting Christmas trees, during regular hours.

Trees must be free of all ornaments, lights, tinsel, tree bags and tree stands or they will not be accepted.

Trees can be disposed of in the brush pile.

The Recycling Center is open Tuesday, Thursday and Saturday from 8:30 a.m. to 3:30 p.m.

For more information, contact Community Services at 516-6450.



## Inauguration of City Council, School Board is Jan. 6

The Inauguration ceremony for the newly elected City Council and School Board will be held in the auditorium at City Hall on Monday, Jan. 6, 2020. The ceremony begins at 7 p.m.

During the ceremony, elected officials will take the oath of office.

The City Council will first meet at 6 p.m. in the City Manager's office to vote on a deputy mayor, make committee appointments and adopt City Council procedural rules for the upcoming term. The official oath of office will occur during this session.

The School Board will meet at 6 p.m. in the Second Floor Conference Room at City Hall to elect a chair, vice-chair and



# social with your City

Want the latest news and important information about your city? Check out the City of Dover's official <u>Facebook page</u> and <u>twitter feed</u> for the latest updates. secretary, and to vote on School Board bylaws.

All sessions are open to the public.

## Chamber to hold awards gala Jan. 17

The Greater Dover Chamber of Commerce will hold its annual Awards Gala gala on Friday, Jan. 17, 2020, from 5:30 to 9:30 p.m. This year's gala will be held at the Rivermill at Dover Landing.

During the event, the Chamber's annual awards will be handed out. This year's recipients are:

- Michael Steinberg, Citizen of the Year
- Calling All Cargo, Business of the Year
- Community Action Partnership of Strafford County, Large Non-Profit of the Year
- Southeast New Hampshire Habitat for Humanity, Small Non-Profit of the Year
- Paula Daley DePlanche, Volunteer of the Year

For more information, or to purchase tickets, visit <u>www.dovernh.org/awards</u>.



## Parking, traffic restrictions in place Monday and Tuesday for utility work

On Monday, Dec. 30 and Tuesday, Dec. 31, an Eversource contractor will continue work to pull underground cable through recently installed conduit between the Cochecho Mill Courtyard and First Street. While this work continues, parking will be restricted in four on-street spaces on Central Avenue in front of the courtyard.

In addition, traffic on Central Avenue will be restricted to one lane in the area of the work.

This work will be performed between 8 a.m. and 3 p.m. each day. The affected parking spaces will be available at the conclusion of each day's work.

Eversource's downtown utility work includes improving the reliability of the electric utility downtown. The work is in response to power disruptions earlier this year and follow-up meetings between Eversource and downtown merchants.

For more information, contact Community Services at 516-

6450.



## Salted sand available to residents

The city provides residents of Dover free salted sand, located at the intersection of Piscataqua and Drew roads.

Residents must bring their own supplies, such as buckets, bags and shovels.

Please note that when temperatures are below freezing, the pile can harden and be more difficult to work with.

For more information, contact Community Services at 516-6450.



# Census recruiter meet and greet slated for Public Library

Interested in working for the Census? A representative from the U.S. Census will hold a meet and greet session at the Dover Public Library on Wednesday, Jan. 8, from 4 to 6 p.m. and Saturday, Jan. 18, from 10 a.m. to 12 p.m.

These sessions are a convenient opportunity to meet a Census recruiter, learn more about Census jobs, and submit an application. Census jobs offer flexible hours for both part-time and full-time positions, with pay starting at \$17.50 an hour. Income from a Census job may be excluded from countable income for state assistance programs.



## Dover Transportation Center closed during construction

The Dover Transportation Center will remain closed for about two months during the construction of a new delicatessen inside the facility.

The City is looking forward to a regular tenant at the Transportation Center, which will allow the facility to remain open for additional hours and better serve the community.

Previously, volunteers from Train Riders Northeast have greeted train and bus riders and maintained the building. The City looks forward to a continued partnership with Train Riders Northeast.

Train and bus schedules will not be affected by the Transportation Center's temporary closure. The City thanks the public for their patience.

For more information, contact the Dover Planning and Community Development Department at 516-6008.

# Arts Commission winter grants deadline is Jan. 1

The Dover Arts Commission is pleased to announce that applications for its winter 2020 City Arts Grants are now open. City Arts Grants are available to individual artists and arts organizations to create visual art, music, dance, theater, film, and literary projects that benefit the residents of Dover and enrich the cultural life of the city. Winning proposals will be awarded up to \$1,500. The application deadline is Wednesday, January 1, 2020. To



download an application, visit the Arts Commission City Arts Grants page at <u>bit.ly/doverartsgrant</u>.

For more information about City Arts Grants or the Dover Arts Commission, email Jane Hamor at <u>j.hamor@dover.nh.gov</u>.

The Dover Arts Commission is an advisory board to the Dover City Council tasked with developing and promoting programs, forums, and exhibits that highlight the artistic talent within the city. The Arts Commission works to enhance awareness of and appreciation for the arts through increased dialogue and citizen participation.

To learn more, visit <u>www.dover.nh.gov/government/boards-and-commissions/arts-commission</u> or follow the Dover Arts Commission on Facebook (www.facebook.com/DoverNHArtsCommission).



## City warming centers

For those seeking to warm up during cold weather, several City of Dover public facilities are available as warming centers. Dover's warming centers include the McConnell Center, the Public Library and City Hall. These specific public buildings are accessible and welcome those seeking relief from the cold during regular business hours.

Other warming centers in Dover are also available and accessible anytime, 24/7, at the City's Police Station, located downtown on Chestnut Street, and the City's three fire stations.

The Liberty North End Fire Station is located at 262 Sixth St. The Central Fire Station is located at 9-11 Broadway. The South End Fire Station is located at 25 Durham Road.

In conjunction with the City of Dover's walk-in warming centers located throughout the community, the City's Public Welfare Department is available to coordinate services for those who need and want emergency assistance, including shelter, food and medical care. The Public Welfare Department offices at the McConnell Center are open Monday through Friday, 8 a.m. to 4 p.m., and can be reached by phone at 603-516-6500. For after-hours emergency needs, the public welfare program also remains accessible simply by calling 603-742-4646 or visiting the police or fire stations to request assistance. Police and fire personnel are trained emergency responders and will notify and coordinate with the City's public welfare providers, day or night, getting assistance to those who truly want help. This assistance can include finding available shelter space, day or night, along with transportation, if needed.

To further assist with emergency sheltering needs throughout the Tri-City area, the Strafford County's Extreme Cold Weather Shelter, located at 276 County Farm Road in Dover, may also open when deemed necessary by area emergency management officials and the Strafford County Commissioners. Should this temporary emergency facility be activated, the City of Dover will share this information via the City's website at <u>www.dover.nh.gov</u>, via email notifications, social media, and Channel 22. For more information about the Strafford County's Extreme Cold Weather Shelter, including the shelter's operational status, contact 1-857-323-0388.

In addition to the warming centers and sheltering options provided by the City of Dover, organizations with an accessible facility and interested in opening and operating a temporary emergency shelter in Dover are asked to contact and coordinate with the City of Dover's Emergency Management Director, Fire Chief Paul Haas. In accordance with the City of Dover's already established Emergency Operations Plan, Chief Haas will ensure that fire and life safety guidelines of the New Hampshire Fire Marshal are met wherever and whenever a temporary emergency shelter is established and activated in Dover.

## **BE INFORMED**

## Sign up for parking ban alerts today

Text DoverNH to 99411 to receive parking ban alerts Sign up for text alerts at bit.ly/dovercodered Sign up for e-mail alerts at bit.ly/doverdownload Current ban status: bit.ly/doverban or 516-PARK

▲CodeRED<sup>™</sup>

## GREEN WAVE DISPATCH News from Dover's public schools

## School District announces FY2021 budget schedule

The Dover School District recently announced its anticipated 2020-2021 school budget timeline with a presentation to the School Board of the proposed outline of spending by Superintendent of Schools, Dr. William Harbron.

The School Board will conduct weekly presentations starting in January to work through and adopt a final budget which will be presented to the Dover City Council in April. Citizens are encouraged to get involved, stay informed, and be engaged in the process. The fiscal year 2021 budget schedule is as follows:

- January 7: Budget presentations to the School Board
- January 13: Budget presentations to the School Board
- January 21: Budget Workshop
- January 27: Budget Workshop
- February 3: School Board to adopt Budget
- February 10: School Board back up date to adopt budget
- February 14: School Budget due to City Manager
- April 1: Superintendent to present Budget to City Council

- April 15: School Budget Public Hearing
- May TBD: City Budget (including School Budget) adoption

For more information, head to https://www.dover.k12.nh.us/.

## Substitutes needed for Dover schools

The Dover School Department, SAU 11, is seeking substitute teachers at all schools.

Substitutes enjoy convenient hours and training, if needed.

For more information, call (603) 516-6800, or fill out an application at the SAU 11 website. Visit the <u>Human Resources</u> <u>employment page</u> and select "Substitute Teachers."



Coming up in Dover schools

Tuesday, Jan. 7, 2020, 6 p.m., McConnell Center, Room 306 School Board Budget Workshop

Monday, Jan. 13, 2020, 7 p.m., McConnell Center, Room 306 School Board Meeting

> Monday, Jan. 20, 2020, No School Martin Luther King Day

Tuesday, Jan. 21, 2020, 6 p.m., McConnell Center, Room 306 School Board Budget Workshop

Tuesday, Jan. 28, 2020, 6 p.m., McConnell Center, Room 306 School Board Budget Workshop

Tuesday, Jan. 28, 2020, 4:30 p.m., McConnell Center, Superintendent's Conference Room Dover High School Joint Building Committee





The following events are recorded in "Notable Events in the History of Dover, New Hampshire: From the First Settlement in 1623 to 1865," by George Wadleigh, and several other historical sources.

For more on the history of Dover, settled in 1623 and the oldest permanent settlement in New Hampshire and seventh oldest in the country, visit the Dover Public Library, Locust Street; and the Woodman Museum, Central Avenue. The Public Library also maintains an online collection of historical information, located here.



**Jan. 2, 1643** - At a town meeting it was ordered that if any turbulent person shall molest any of the Townsmen appointed, or quarrel with them, or contest against any of their lawful actions, done according to town order, he shall be first admonished, and the second time fined 5 shillings, and the third time 1 pound, for every such offense.



**Jan. 3, 1682** - Colonel Waldron's mills burn down on a very rainy night.



**Dec. 30, 1823** - The Dover Bank, incorporated at the June session of the Legislature, this year, commenced business in its new building near Dover Landing.

**Dec. 31, 1829** - The new Brick Meeting House, erected by the First Parish, was dedicated. The Rev. Mr. Winslow, the pastor, delivers a sermon.



**Dec. 29, 1859** - Belknap Church is dedicated. The cost of the new house of worship is \$15,000.



Death Café to be held at the Dover Public Library Death: It's no Conversation Killer.

Hospice Help Foundation offers another of its popular Death Cafes at the Dover Public Library on Saturday, Jan. 11, 2020 from 9:30-11:30 a.m. Death cafes where community members can meet in a supportive environment to discuss thoughts, feelings, and experiences with death. Pre-registration is required. Register at the library's event page at <u>library.dover.nh.gov/events</u>. We want to be sure to have enough coffee and cake for everyone.

The program is free and open to the public.

For more information call the Library at 603-516-6050.

## This Week at the Library

#### <u>Saturday, December 28, 9 a.m. to 5 p.m.</u> Lego Saturday in the Children's Room

Imagine, create and build with Legos and/or Duplos. Drop-in anytime between 9 a.m. and 5 p.m. to meet old friends and make new ones as you work on building challenges.

#### Saturday, December 28, 2 to 4:30 p.m. Saturday Matinee in the Lecture Hall

Art of Racing in the Rain: A heartwarming tale narrated by a witty and philosophical dog named Enzo. Through his unique insight into the human condition, Enzo helps his ownersracecar driver Denny Swift, his wife Eve and daughter Zoenavigate life with a refreshing perspective on friendship, family and unconditional love. Rated: PG

#### <u>Sunday, December 29, 2 to 4:15 p.m.</u> Classic Cinema Sunday in the Lecture Hall

Ocean's 11 (1960): Danny Ocean gathers a group of his World War II compatriots to pull off the ultimate Las Vegas heist. Together the eleven friends plan to rob five Las Vegas casinos in one night starring Frank Sinatra, Dean Martin, Sammy Davis Jr, Peter Lawford and Angie Dickinson.

#### Sunday, December 29, 2 to 4 p.m. Dungeons & Dragons: 18 and Under in the Trustees Room

Drop in and play Dungeons & Dragons at the library with Dungeon Master Aidan Bolduc. The group will meet every other Thursday and there is no commitment to attend all meetings. No experience or materials are required and all skill levels are welcome to play.

> Tuesday, December 31 Library closes at 4 p.m.

Wednesday, January 1 Library closed.

#### <u>Thursday, January 2, 10 to 11 a.m.</u> Morning Book Group in the Trustees Room Join the book group to discuss "Never Caught" by Erica Armstrong Dunbar. Copies of the book are available at

the Library.

#### Thursday, January 2, 3:30 to 5:30 p.m. Dungeons & Dragons: 18 and Under in the Learning Center

Drop in and play Dungeons & Dragons at the library with Dungeon Master Aidan Bolduc. The group will meet every other Thursday and there is no commitment to attend all meetings. No experience or materials are required and all skill levels are welcome to play.

### Thursday, January 2, 6 to 8 p.m.

Dungeons & Dragons: 18 and Older in the Trustees Room Drop in and play Dungeons & Dragons at the library with Dungeon Master Josh Manley. The group will meet every other Thursday and there is no commitment to attend all meetings. No experience or materials are required and all skill levels are welcome to play.

#### <u>Friday, January 3, 1:30 to 2:30 p.m.</u>

Great Books Discussion Group in the Trustees Room Interested in reading classic works of literature and improving your listening, reading, and communication skills at the same time? If so, then consider participating in a discussion group project based on great works themed around the topic of Poetics. Discussion excerpts are available on the library website or ask for the list at the desk. New members are always welcome.

#### Saturday, January 4, 11 a.m. to 12 p.m. Family Place Workshop in the Lecture Hall

Spend time together, play, make friends and talk one-on-one with specialists on child development during this enjoyable fiveweek workshop series. For caregivers and children one to four years old. Topics include early literacy, child development, speech, hearing and language, nutrition, and music, play and health. Register once for the entire series. REGISTRATION REQUIRED.

#### Saturday, January 4, 2 to 4:30 p.m. Saturday Matinee in the Lecture Hall

Abominable: After discovering a Yeti on theroof of her apartment building, teenage Yi and her two friends embark on an epic quest to reunite the magical creature with his family. Rated: PG



### How to fight flu this season

Flu season is here. It's that time of year when if you get sick, at best, you have aches, pains, and a few days of misery. At worst, the flu can lead to serious complications and even death. Even healthy people can get very sick from the flu and spread it to friends and loved ones.

#### **Get Yourself and Your Family Vaccinated**

The CDC recommends everyone six months and older get an annual flu vaccination as the first and most important step in protecting against flu viruses. You need a flu vaccination every year for two reasons. First, the body's immune response from vaccination decreases over time, so you need a new vaccination each year for optimal protection. Second, because flu viruses are constantly changing, vaccines are updated annually to keep up with the changing viruses. With each new flu season, you need a new flu shot.

It's best to get vaccinated before flu viruses start to spread in your community. When you get your flu shot, your body starts to make antibodies that help protect you from the flu. It takes about two weeks after vaccination for the immune system to become protected.

#### Flu Can Be Serious

Flu can be a serious illness, particularly for young children, older adults, and people with certain long-term health conditions like asthma, heart disease, or diabetes. It's better to get a flu shot than to get the flu. Any flu infection can carry a risk of serious complications, hospitalization, or death, even among otherwise healthy children and adults.

It's important to remember that if you get sick, you can spread the flu to others who may be more vulnerable to serious complications that can result in hospitalization.

#### Flu Shots Cannot Give You the Flu

Flu vaccines that are recommended for this season are either made with inactivated (killed) flu viruses or without flu viruses at all. Flu shots cannot give you flu illness. You can have some side effects after vaccination, but this is not flu illness.

The most common side effects from flu shots are mild, such as soreness, redness, tenderness, or swelling where the shot was given. These side effects usually last less than two days.

#### Where to Get Vaccinated

You can get a flu vaccination at many convenient locations. See your doctor to get a shot, or visit other locations offering vaccinations such as pharmacies, health departments, and grocery stores. Use HealthMap Vaccine Finder to find flu vaccinations in your area.

Protect yourself and your loved ones. Get a flu vaccination this fall. For more information, visit <u>www.cdc.gov/flu</u>.



# **Protects You And Your Family**

# Flu Can Be Serious

The flu is a contagious respiratory illness caused by influenza viruses that infect the nose, throat, and lungs. It can cause 0 mild to severe illness and, at times, can lead to death.

Every flu season is different, and the flu can affect people differently. Every flu season millions of people get the flu, hundreds of thousands of people are Flu Vaccine Is The Best Protection

#### Everyone 6 months and older should get a flu vaccine each year. Flu vaccines...

- · Can keep you from getting sick with flu
- Can reduce the risk of flu-associated hospitalizations including among children and older adults
- Are very important for people with chronic health conditions like diabetes and heart and lung disease
- Help protect both pregnant women and their babies for several months after birth from the flu
- May make your illness milder if you do get sick



Each year, CDC reports the number of flu illnesses, medical visits, and hospitalizations prevented by flu vaccination. During the 2015-2016 flu season:



The estimated number of flu medical visits that were prevented by fly vaccination =

The estimated number of flu illnesses that were prevented by flu vaccination =

5.1 million.

As many people use the Denver International Airport in one month.

Portland



CDC recommends that people get a flu vaccine by the end of October, if possible. However, getting vaccinated later can still be beneficial. Ongoing flu vaccination is recommended as long as flu viruses are circulating, even into January or later.



#### Find a flu vaccine with HealthMap Vaccine Finder.

Flu vaccines are offered by many doctor's offices, clinics, health departments, pharmacies and college health centers, as well as by many employers, and even by some schools.

https://vaccinefinder.org/

## **#FIGHT** FLU

For more information visit: https://www.cdc.gov/flu/protect/keyfacts.htm



Centers for Disease Control and Prevention National Center for Immunization and Respiratory Diseases



## Coming up at the Dover Community Senior Center

#### Wednesday, April 15, 2020 Sex Please, We're Sixty

Shake those winter blues with a raucous romp that proves that fun and games don't stop at any age. When the local lothario's Viagra gets mixed up with a new ladies' little blue pill, he suddenly has all the symptoms of menopause, complete with hot flashes and mood swings. Hilarity ensues! \$110 members/\$120 not yet members. Includes transportation, buffet lunch, the play, a cabaret show following the play, and all gratuities.

#### Monday through Thursday, May 11-14, 2020 Visit Ottawa, Canada's Capital City

Join the Dover Senior Center on a trip to Ottawa. Tour highlights include spectacular blooming tulip displays, Parliament and Embassy Row, Canadian Museum of History, Royal Mounted Police Stables and a cruise on the Rideau River. \$739 per person/double occupancy. For more information, contact Linda at 516-6420.

#### Monday through Monday, Sept. 14-21, 2020 Pacific Northwest and California Trip

Join the Dover Senior Center on a trip to the Pacific Northwest featuring Washington, Oregon and California. RSVP to Linda at 516-6420. To learn more, visit: <u>https://gateway.gocollette.com/link/964441</u>

### CITY OF DOVER 🛞 SPECIAL ANNOUNCEMENTS

Stay informed with City of Dover special announcements, project newsletters and updates

Want up-to-date information about road work, emergencies, special projects, and other important information? <u>Sign up now</u> to receive special announcements via email.

In addition to Dover Download, the City of Dover offers a variety of e-mail updates, including emergency and road closure information, development and construction project updates, news from the Public Library, waterfront development, and more.

To sign up for one or all of the City's updates, <u>click here</u>. An email address is required to access the special announcement mailing lists.

# City of Dover employment opportunities

Want to work for the City of Dover? The City's website offers an updated list of open positions, including job descriptions and a downloadable application for employment.

The City of Dover is now seeking applications the following positions:

- Custodian, City Hall
- Library page
- Camera operator
- Lifeguard
- Swim instructor
- Gym attendant

For more information about these positions or employment opportunities with the City of Dover, <u>click here</u>.



Know what's "In the Bin": How to keep your your recycling clear of contamination The City of Dover and Pinard Waste would like to remind residents that only the items listed below should go in your household recycling bin:

- Metal: Food and beverage cans.
- Glass: Bottles and jars.
- Plastic: Bottles, jars, jugs and tubs.
- Paper and Cardboard: Mixed paper, newspaper, magazines and boxes.

When we recycle properly, materials can get to their next best use, which helps protect the environment by conserving natural resources, saving energy and reducing greenhouse gas emissions. Placing



items in recycling bins that are not recyclable such as Styrofoam, light bulbs, plastic flower pots and bags, contaminates the entire load and sends it to a landfill. It's important to know when an item is not recyclable and to place it in the trash. Follow these simple recycling guidelines:

- 1. Recycle all bottles, cans and paper.
- 2. Keep items clean and dry.
- 3. No plastic bags of any kind.

Not sure if an item is recyclable? When in doubt, visit <u>https://www.recyclesmartma.org/</u>. Enter the item name and click search.

Knowing what's "In the Bin" can help avoid contaminated loads of recycling, which are being rejected at processing centers and disposed as trash. These contaminated loads of recycling result in additional charges to the city.

For more information, please contact the Recycling Center at 603-516-6450 or refer to the <u>Talking Trash brochure</u>.

## Missed the meeting? Catch it again online

Don't forget: If you missed the live City Council, School Board or Planning Board on Channels 22 and 95, you can catch it again, online and on demand.

Simply visit <u>www.dovernh.viebit.com</u> to begin watching meetings on demand. Online meetings are organized by agenda item for convenience.