

News from the City of Dover, New Hampshire

HILTON'S POINT- 1623

The first settlement at Dover was made here at the southernmost point of Dover Neck and was called Hilton's Point after Edward and William Hilton. They were fishmongers from London who, in 1623, established their fishing industry at this scenic site.



April 23, 2021



CITY OF DOVER, NH

288 Central Avenue Dover, NH 03820 603-516-6000

City Hall hours:

Monday-Thursday: 8:30 a.m. to 5:30 p.m. Friday: 8:30 a.m. to 4 p.m.

Recycling Center hours:



Budget deliberations begin with departmental presentations

The City Council had its first in-depth budget workshop this past Wednesday, April 21.

At the workshop, the Council received budget presentations from the Dover School District, the Finance Department, Planning Department and Information Technology. There was also overview of proposed general government spending for the offices of the City Manager, Human Resources, City Attorney and Media Services, and an overview of miscellaneous government expenses, such as costs related to debt service and maintaining contingency funding.

The workshop can be viewed in full at <u>dovernh.viebit.com/player.php?hash=um82wc7HNkTU</u>. Copies of individual department PowerPoint budget presentations are located along with the agenda and workshop minutes, <u>available here</u>.

Tuesday, Thursday, Saturday: 8:30 a.m. to 3:30	Last week, City Manager J. Michael Joyal, Jr. presented the proposed fiscal year 2022 budget and provided a brief overview. The budget in its entirety can be viewed at the <u>City of Dover's Budget Revealed webpage</u> . Budget presentation videos are also posted to the page.
p.m.	The FY 2022 budget, encompassing all city departments and the Dover School District, provides proposed appropriations of \$166,173,251 across all funds. This includes proposed appropriations of \$133,834,473 from the general fund, \$13,807,584 from special revenue funds, such as grants, and \$18,531,194 spending from proprietary funds, such as the sewer and water accounts funded by user fees.
	Over the coming weeks, directors of other departments will provide detailed budget presentations at future budget workshops.
	The next workshop is scheduled for Wednesday, April 28, at 6 p.m. ahead of the 7 p.m. regular City Council meeting. At that workshop, the Council is expected to receive presentations from the directors of the Library, Recreation and Welfare departments.
	Future budget workshops, public hearings, and budget adoptions — all scheduled on Wednesday — include:
	 April 28 at 6 p.m. — Budget review workshop — Presentations by Recreation, Library and Welfare departments May 5 at 7 p.m. — Budget review workshop — Presentations by Police and Fire departments May 12 at 7 p.m. — Regular meeting — Public hearing on School District proposed budget May 19 at 7 p.m. — Budget review workshop — Presentation by Community Services Department May 26 at 7 p.m. — Regular meeting — Public hearing on City budget June 2 at 7 p.m. — Budget review workshop — budget deliberation June 2 immediately following the workshop — Special meeting — FY2022 budget adoption June 9 at 7 p.m. — Regular meeting — Fallback FY2022 budget adoption.

City urges voluntary water conservation

Aquifers at 'concerningly low levels'

Community Services Director John Storer requests City of Dover water users to be mindful and conserve water whenever possible as a year-long precipitation deficit nears 20 inches, leaving aquifers at "concerningly low levels."

The aquifers the City of Dover relies on for drinking water have been about two feet below average in early spring, when levels typically peak from snowmelt and spring precipitation.

Storer estimates the two-foot aquifer deficit "represents multiple millions of gallons of water," with levels similar to the extended 2015 drought.

"Where we would normally expect to see some recovery in our aquifers as winter transitions to spring, the expected recovery just hasn't occurred," Storer said. "We will likely need months of

normal to above-normal precipitation to pull out of the current conditions."

According to the National Weather Service precipitation measurements taken at Skyhaven Hill Airport in Rochester, the 2021 precipitation deficit is already more than six inches, adding to the deficit that began in May 2020. Since May 1, 2020, the precipitation deficit has grown to 19 inches compared to the average year. The U.S. Drought Monitor classifies the area as being "abnormally dry," one step above a "moderate drought" designation. The City of Dover and much of the region have oscillated between "abnormally dry" and "extreme drought" since June 23, 2020.

There are no mandatory water restrictions in place as there was last year, and Storer is hopeful that water users recognize the critical need to conserve water voluntarily.

City water users are now drawing on average about 1.8 million gallons of water per day, slightly up from 1.7 million gallons per day in January, but well below last summer's peak. "What will be critical for us is to avoid high monthly averages like we saw last June, where the average daily water draw went over 2.6 million gallons per day," Storer said. "The next three to four weeks will be very critical as if there is no significant rain, we would likely need to institute mandatory water use restrictions."

The City of Dover elected to take one of its four aquifers offline in 2019 to not further draw contaminants into the aquifer from the former Madbury Metals site nearby, which is also challenging the water supply. The City is working with the property owner to remediate the site and build a state-of-the-art water treatment plant, which is expected to be under construction later this year.



Accumulated Precipitation - ROCHESTER SKYHAVEN AP, NH =

The green line on the National Weather Service graph illustrates total accumulation of precipitation recorded at Skyhaven Airport in Rochester since Jan. 1, 2020. The brown line shows the average amount of precipitation during the same period. The current precipitation deficit is 19 inches leading to "concerningly low levels" to the City of Dover's drinking water aquifers.



Council to hold public hearings on stormwater and drainage projects

The City Council will hold two public hearings at its meeting this Wednesday, April 28, related to stormwater and drainage.

The first is a public hearing on appropriation for a fiscal year 2022 Capital Improvements Program project and authorization for a loan from the New Hampshire Clean Water State Revolving Fund (CWSRF) for \$150,000 to create a master plan for the Cochecho River Stormwater Project.

According to the resolution, there is anticipated loan forgiveness of \$75,000. The loan would be paid back over 10 years with principal payments of \$7,500 per year after the \$75,000 principal forgiveness. The loan would accrue an estimated \$11,817 interest over 10 years, with an approximate \$1,182 annual impact.

This project includes developing a stormwater master plan for the tributary area that will guide the City's decision-making for future stormwater infrastructure improvements and maintenance activities within the drainage basin, according to the resolution's background material.

There are two CWSRF-funded projects located within the drainage basin: the Broadway Railroad Culvert Reconstruction Project and the Chapel Street Ravine Stormwater Treatment Study. These projects focus on isolated areas of the drainage basin, including replacing a critical stone box culvert under the railroad tracks and a study focusing on potential stormwater treatment in a ravine adjacent to the culvert. Other significant drainage issues throughout the entire drainage basin warrant careful evaluation and correction, including century-old drainage infrastructure deteriorating and severely under capacity. This includes numerous stone box culvert trunk lines located on private property not easily accessible for maintenance. The inadequate drainage infrastructure often leads to street flooding during moderate storm events.

Due to the magnitude of needs, it is not feasible that all of these issues are corrected with a single project. It is anticipated that remedying many of these issues will need to occur over time in a cost-effective manner. Community Services seeks these CWSRF funds to create a master plan to guide the City in implementing a phased approach to correcting stormwater-related issues in the drainage basin.

The second public hearing is on a request for the City Council to reprogram unexpended \$853,530.80 bond proceeds from the Leighton Way and Cochecho pump station upgrades to the downtown inflow and infiltration elimination project.

According to the resolution background materials, the resolution does not authorize additional appropriation or increase indebtedness of the City. Instead, it reprograms unexpended bond proceeds from two sewer station upgrades projects. In 2014, the City Council authorized \$350,000 in bonding for upgrades to the Leighton Way Pump Station project. The project is completed, and there is \$61,758.19 of unexpended bond proceeds to another sewer fund project.

In December 2017, the City Council authorized \$1,650,000 for upgrades to the Cochecho Pump Station project, which is now complete. There is \$791,772.61 of unexpended bond proceeds from that project that can be reprogrammed to another sewer fund project. There were significant project savings, as the large existing concrete sewage wet well was able to be

rehabilitated and repaired, as opposed to complete replacement, which would have required deep excavation work and extensive bypassing pumping to maintain sewage flows during construction.

The ongoing downtown inflow and infiltration project is to correct areas where stormwater runoff infiltrates the sanitary sewer system, which can overwhelm the Wastewater Treatment Plant during heavy rain events. The City Council recently approved a \$742,000 contract with Northeast Earth Mechanics to install a new sewer line beneath Turnpike just south of Exit 7, with work to begin this summer. After installation, Community Services plans to complete about \$1 million in various pipe repairs, grouting and patching at various downtown locations.

Both resolutions would require a two-thirds affirmative vote to pass; however, the City Council is not expected to vote on the resolutions until its next meeting in May.

The full City Council agenda and background materials are <u>available here</u>. The meeting begins at 7 p.m. in the Council Conference Room. A budget workshop proceeds the meeting at 6 p.m. Both will be televised on Channel 22 and available on-demand <u>dovernh.viebit.com/index.php</u>.



A local group is working with the City of Dover to establish a community garden at the top of Garrison Hill. The exact spot has not been finalized but is expected to be adjacent to the water tower in the area of the picnic shelter.

New community gardens sprout in Dover

A grassroots, all volunteer group is working to develop two community gardens in the City of Dover. One would be at the City's Garrison Hill Park and the other on farmland adjacent to Strafford County's William A. Grimes Justice and Administration Building on county land.

The City Council approved the use of the space at Garrison Hill Park at its meeting on April 14. Two days before, on April 12, the Conservation Commission approved expending a maximum of \$14,000 from the Conservation Fund to seed the project startup. The Conservation Fund is a special revenue fund overseen by the Conservation Commission.

Part of the money would include funding any needed utility work, building a fence around the garden, erecting a shed and purchasing tools and garden supplies. The goal is to have the Garrison Hill Park location operational for this growing season, but there are still a few logistical issues to be resolved. Once operational, the volunteer group, known as the Dover Community Garden Group, will maintain the area and pay for utilities out of user fees set by the group.

The exact location of the community garden at Garrison Hill Park is still being finalized but is expected to be adjacent to the water tower in the area of the picnic shelter.

For more information about the community garden and how to get involved, email the group at <u>dover.growfood@gmail.com</u> or visit their Facebook page at <u>https://www.facebook.com/Dover-Community-Garden-102193935341976</u>.



The Strafford County Commissioners have approved the use of county land next to the superior courthouse for a community garden.

Tax bills mailing soon

The City Clerk and Tax Collector's Office will soon mail tax bills to all property owners. Tax bills are expected to arrive to all property owners by Saturday, May 1.

This property tax bill, which is the second half of the annual tax bill, is due by Tuesday, June 1, 2021.

The City of Dover's property tax rate for fiscal year 2021, as certified by the New Hampshire Department of Revenue Administration, is \$24.85 per \$1,000 assessed valuation.

For more information, contact the City Clerk and Tax Collector's Office at 516-6018. The City Clerk and Tax Collector's Office, located at City Hall, is open Monday through Thursday from 8:30 a.m. to 5:30 p.m., and on Friday, from 8:30 a.m. to 4 p.m.

Property taxes can now be paid online through links located on the <u>Billing and Payment page</u>, accessed through the "Pay My Bill" button located on the home page of the City's website, <u>www.dover.nh.gov</u>. Payment of property tax bills is only available for current year tax bills and is not available for properties with a prior year's tax lien. If paying by credit card, there is a fee of 2.5 percent of the total tax bill. Paying by electric check, known as ACH (automatic clearing house), the fee is \$1.



Ordinance Committee holds public hearing, still seeks input on proposed Charter amendments

The City's Ordinance Committee held a public informational session on April 20 to review and seek input on proposed amendments to the City Charter. The meeting can be viewed here: <u>https://dovernh.viebit.com/player.php?hash=hDmt74IrNMqU</u>.

The City's Charter and Code -- the set of ordinances specific to the City of Dover -- are periodically reviewed for accuracy and completeness. In 2017, the City contracted with a firm specializing in developing and publishing municipal code to perform an in-depth review of the Charter, along with the rest of the City's Code, as part of an overall recodification process. The recodification process is designed to make the City's Charter and Code more accessible to the public with improved online availability, searchability, and formatting. The detailed review of the Charter and Code revealed typographical and formatting issues, improvements in readability, and needed updates to reflect current statutes and practices.

In 2020, the City Council accepted revisions to the Code to implement the improvements; however, changes to the Charter must be approved using ballot questions during a municipal election. The Ordinance Committee was mandated by the City Council to propose ballot questions to address the Charter amendments recommended during the recodification process. These questions will appear on the November 2, 2021 municipal election ballot.

Additional City Council public hearings will be scheduled as part of the process to develop the ballot questions. These public hearings will take place during the summer, followed by a final City Council vote to approve the ballot questions.

A list of the proposed Charter changes can be viewed here: bit.ly/dovercharterchanges.

For more information, contact City Councilor Dennis Shanhan at d.shanahan@dover.nh.gov.

Crews to begin installation of new wayfinding signage this weekend

Installation work of new wayfinding signs will begin in the downtown area this weekend. Contractors from firm Geograph Industries, Inc. will be cutting holes where poles will be installed. The contractor seeks to complete the hole cuts when the area is the least congested. Contractors will be respectful of residents and businesses that are open. There are 90 news signs to be installed as part of the project, including signs for parks and playgrounds, wayfinding signs for pedestrians and drivers, and informational signs at various locations.

For more information, contact the Planning Department at 603-516-6008.

Downtown water main work continues this week

The downtown infrastructure project to replace 125-year-old water pipes along Washington Street and Main Street continues this week. The six-month project is expected to have traffic impacts and limited durations of water shutoff as infrastructure is replaced.

This project will replace 3,000 feet of some of the oldest water distribution pipes in the downtown area with a new ductile iron pipe that will provide reliable water service for the next 100-plus years. This work will include street excavation, lane closures, and evening water shutoffs in the downtown area.

The City encourages pedestrians and motorists to be vigilant while moving throughout the downtown area and look for signs providing information about the project and sections of streets and sidewalks closed for construction. Uneven road conditions and sidewalks are likely to occur, so please use caution driving, riding bikes and walking in the area.

For more information, contact Community Services at 516-6450.

To receive email updates about the project, visit <u>bit.ly/doverdownload</u> and select "Project updates: Washington and Main Water Improvements."

Volunteers needed for Main Street's Dover Pride Clean Up Day on May 11

Dover Main Street will hold its annual Dover Pride Clean Up Day on this year on Saturday, May 15, 2021, from 8 a.m. to noon. Last year's clean-up day was cancelled due to the pandemic.

Dover Pride Clean Up Day is a great opportunity to get of the house and do something for your community.

Individuals, organizations or groups wishing to volunteer for this year's event may register on the Dover Main Street website at https://dovermainstreet.org/doverPride.php or



visit to the registration table at the Cocheco Mill courtyard on morning of the event.

Bring your home gardening tools if you can -- gloves, brooms, rakes, shovels, and wheelbarrows. Make sure to put your name on your tools. This is a rain-or-shine event, so please come prepared.

Due to the continued uncertainty of the pandemic, Dover Main Street will not hold the traditional breakfast or lunch this year. Dover Main Street also recommends wearing a mask and maintaining a six-foot physical distance from others.

Upcoming Meetings:

Planning Board, April 27, 7 p.m.

City boards provide many ways to let your voice be heard

The City of Dover reminds residents that it is easy to

The Planning Board will hold a regular meeting on Tuesday, April 27, 2021, beginning at 7 p.m.in the Council Conference Room at City Hall. To view the meeting agenda, click here.

City Council, April 28, 6 p.m.

The City Council will hold a budget workshop session on Wednesday, April 28, 2021, beginning at 6 p.m.in the Council Conference Room at City Hall. The workshop will be followed by a regular meeting at 7 p.m.

To view the workshop agenda, <u>click here</u>.

To view the meeting agenda, <u>click here</u>.

For a complete list of upcoming meetings, visit <u>https://www.dover.nh.gov/go</u> <u>vernment/open-</u> <u>government/public-</u> <u>meetings/</u>. participate in public meetings without attending in person. Public participation is vital for City of Dover operations and future planning.

Dover residents, business owners and property owners may contact any public board or commission, such as the City Council or School Board, by utilizing specific email addresses or contact information that reaches all members at once. People can also call 516-MEET (6338) and leave a message that will be forwarded to the appropriate public body. To be heard ahead of a particular meeting, call or email at least two hours before the meeting begins.

As with speaking at a public hearing or Citizens' Forum, phone messages and emails sent to all board members will be retained as part of the meeting minutes and are subject to New Hampshire's Right to Know law, RSA 91:A.

City Council, School Board, Planning Board and Zoning Board of Adjustment meetings and workshops are televised live on Channel 22 and available for on-demand viewing at <u>https://dovernh.viebit.com/</u>.

To see all of the City's boards, commissions and committees, <u>click here</u>.

For more information, contact the City Clerk's Office at 516-6018.

Missed the meeting? Catch it again online

Don't forget: If you missed the live City Council, School Board or Planning Board meetings on Channels 22 and 95, you can catch them again, online and on demand. Simply visit <u>www.dovernh.viebit.com</u> to begin watching meetings on demand. Online meetings are organized by agenda item for convenience.



Dover400 continues historical lecture series with 'The Cotton Mills of Dover'

Dover400, a committee of residents organizing Dover's 400th Anniversary, continues its virtual lecture series on May 11, 2021 at 7 p.m. with an online presentation about the history of the Cocheco Mills in downtown Dover.

These huge brick structures at the center of our community, perched over the Cochecho River and its Falls, began as the nascent Dover Cotton Factory, matured into the flourishing Dover Manufacturing Company, grew to prosperity as the highly renowned Cocheco Manufacturing Company and Print Works, and finally sputtered to an inglorious end as the Pacific Mills.

Along the way, from their beginnings in 1812 to their demise in 1937, the mills shaped not only the generations of people who worked there, but also the civic direction and economic development of the City of Dover. The webinar's audience will learn about both astounding feats and abysmal events which occurred in these mills including: the first strike by women in the United States, a calico manufactory that annually printed and shipped 65 million yards of fabric worldwide during the 1880s, plus tales of industrial spying, dung baths, waves of immigrants, and some disastrous fires and floods.

These former factories still physically dominate our downtown, influence our business community, our traffic patterns, and our commercial and residential development. They still affect our urban vibrancy and livability, and still proudly stand as a symbol of Dover's industrial heritage, even more than eight decades after they closed.

Our lecturer for this event is Cathy Beaudoin. Cathy was Library Director at the Dover Public Library from 1999—2020 and has been a Dover history researcher since 1975. She is the coauthor, with Robert Whitehouse, of "Port of Dover: Two Centuries of Shipping on the Cochecho" and has developed and written many historical reenactment events and neighborhood walking tour brochures. Now retired, she is a member of the Dover 400th Committee, the Cemetery Board, and also serves on the Board of Directors for the Woodman Museum.

Each Dover400 presentation is free and open to the public, but pre-registration is required. To sign up for the May 11, 2021 lecture, please RSVP on <u>www.Dover400.org</u> or register directly at <u>https://ringcentr.al/3sl0496/</u>.

The earlier four lectures in the series (presented January through April) can be viewed online if you missed them. They cover Dover history in the 17th and 18th centuries and can be found here: https://dovernh.viebit.com/index.php?folder=Dover400

Upcoming lectures in the monthly series include:

- Dover railroad history
- Dover regiments in the Civil War
- Dover Booms as a 19th Century Shipping Port
- Treasures of the Woodman Museum
- Downtown Dover During the early 20th Century
- Dover's service in the two World Wars

Dover400 is currently underway with its first fundraising campaign, \$400 for 400, an effort to solicit 400 donors at \$400 to celebrate Dover's 400th Anniversary. All proceeds will support the activities planned throughout 2023. Donations may be sent to Dover400, 24 Chestnut St., Dover, NH 03820. For more information, please visit www.Dover400.org.

Kindergarten, first-grade registration now open at Dover's public elementary schools

Dover elementary schools are now accepting appointments for kindergarten and first-grade registrations for the 2021-2021 school year. To be eligible, children entering kindergarten must be five years old by Sept. 30, 2021; and children entering first grade (if not currently in Dover public kindergarten), must be six years old by Sept. 30, 2021. In addition, to complete the registration process, parents and guardians must provide a copy of a birth certificate, proof of residency, proof of immunization and physical exam, and, if necessary, court documents stating custodial rights.

This year, Dover's elementary schools conduct all new kindergarten and first-grade registration online. Online registration can be completed in approximately 30 minutes. Please note, the

online registration system is not supported to work with smartphones at this time. Please use a computer-based browser. The link to begin registering is <u>https://bit.ly/3ngiaOj</u>.

Contact information for each school is listed below, as well as a link to sign up for kindergarten screening in June. If you need assistance registering your child, please contact the school. Please note in-person registration is by appointment and only if you cannot complete the registration online.

Horne Street School

Please email Ms. Morton at <u>p.morton@dover.k12.nh.us</u> with any questions and <u>click HERE</u> to sign up for screening.

Woodman Park Elementary School

Please email Ms. Rouillard at <u>m.rouillard@dover.k12.nh.us</u> with any questions and <u>click HERE</u> to sign up for screening.

Garrison Elementary School

Please email Ms. Lilakos at <u>k.lilakos@dover.k12.nh.us</u> with any questions and <u>click HERE</u> to sign up for screening.

As part of the registration process, parents registering children for kindergarten (not first grade) will be asked to make an additional appointment for their child to partake in an early-screening skills check. This appointment will take one hour and will assist teachers in meeting the individual needs of each student. Screening and registration must both be completed.



Stay informed with the City of Dover's special announcements and newsletters

Want up-to-date information about road work, emergencies, special projects, and other important information? Sign up now to receive special announcements via email.

In addition to Dover Download, the City of Dover offers a variety of e-mail updates, including emergency and road closure information, Police Facility and Parking Garage updates, Silver Street reconstruction news, news from the Public Library, waterfront development, and more.

To sign up for one or all of the City's updates, click here. An e-mail address is required to access the special announcement mailing lists.

Dover Police to hold 'Drug

Take-Back Day' Saturday

On Saturday, April 24, 2021, from 10 a.m. to 2 p.m., the Dover Police Department and the Drug Enforcement Administration (DEA) will give the public another opportunity to prevent prescription drug and opioid abuse and theft by ridding their homes of potentially dangerous expired, unused, and unwanted prescription drugs, as well as vape pens and e-cigarette



devices (with batteries removed). These items can be brought to the Dover Police Department at 46 Chestnut Street for disposal. The service is free, anonymous, and no questions will be asked. Staff will be wearing masks and distancing protocols will be practiced.

Dover, like communities across the state, continues to see the impacts of the opioid crisis and youth vaping rates. In 2020, there were twice as many fatal overdoses than the previous calendar year in Dover making events like this as important as ever. Youth vaping is on the rise and a concern as well. The Youth Risk Behavior Survey shows that one third of all Dover High School students have used an electronic vapor product at least once in the past month.

"The Drug Take Back events play a critical role in the Dover Police Department's prevention strategy because members of the public have a valuable opportunity to safely dispose of the medications and vape devices currently in their homes," said Police Chief William Breault. "This reduces the chances that the medications will fall into the wrong hands. It is equally important for members of the public to safely dispose of these medications throughout the year."

According to the Drug Enforcement Agency (DEA), unused medications that are flushed down the toilet contaminate the water supply. Unused prescription drugs simply thrown in the trash can be retrieved and abused or illegally sold. To avoid that, when throwing medications away, be sure to mix the medication with undesirable items such as coffee grounds or cat litter. There are also several anonymous drop boxes around the region including one in the lobby of Wentworth-Douglass Hospital.

The Dover Police Department has also partnered with RALI NH to provide free drug disposal bags to the public. The bags can be picked up at the event and are also available 24/7 at the police station. The bags are designed to provide individuals with a safe way to dispose of medications at home.

For more information about the take back event and disposal tips visit the DEA website at <u>www.DEA.gov</u>. To learn more about how to get involved, contact the Dover Coalition for Youth at 603-516-3279 or online at <u>www.DoverCoalition.org</u>.



Dover mayor joins others in urging everyone to continue

Vaccine registration

mask use to help curb the spread of COVID-19

Gov. Chris Sununu's statewide mask mandate expired on Friday, April 16 following a reduction in the state's sevenday average of daily deaths to 0.6, the lowest since October 2020, as hospitalizations remain at a manageable level, and as over 70 percent of those 65-plus have been vaccinated.

Despite the drop in COVID-19 cases, New Hampshire mayors are coming together to urge citizens to continue wearing masks and social distance until a larger percentage of the population is vaccinated.

Thirteen mayors, including Dover Mayor Robert Carrier, are urging everyone to continue to abide by Centers for Disease Control and Prevention guidelines, strongly recommending face coverings. Mayors joining the call for continued mask use are from Berlin, Claremont, Concord, Dover, Franklin, Keene, Laconia, Lebanon, Manchester, Nashua, Portsmouth, Rochester, and Somersworth.

"We want the word out there for people to exercise caution in all our communities, because COVID is still out there, and the mask mandate expiring doesn't mean the threat is gone," said Dover Mayor Robert Carrier.

The group cites State Epidemiologist, Dr. Benjamin Chan, who recently said "The threat to health from COVID-19 is real. Even as restrictions are reduced, we are still in a pandemic and levels of COVID-19 remain high across the State. Therefore, we ask that people continue to take steps to protect their own health, the health of their family and friends, and the health of their community."

"NH public health continues to work towards protecting the health of all NH residents and communities," said Chan. "Throughout the pandemic, we have advised people to wear face masks to protect themselves and prevent COVID-19 from spreading, even when there was no mask mandate."

For frequently updated information regarding COVID-19 and vaccines, visit <u>www.CDC.gov</u>.

COVID-19 updates

Want to receive the latest information about the COVID-19 coronavirus pandemic and how it affects your community? Sign up for the City of Dover's email updates and you'll receive helpful information from local and state health officials about the pandemic, including how you can protect yourself and others, how to safely enjoy the holidays, what to consider before traveling, and much more.

To start receiving the email updates, visit <u>bit.ly/doverdownload</u> and select COVID-19 updates from the list of city newsletters.

For more information, visit the City's COVID-19 online

now open to all

COVID-19 vaccine registration is open to everyone in New Hampshire ages 16 and older. Parental consent is required for anyone 16 and 17 years of age. To register and schedule your vaccine appointment, go to vaccines.nh.gov and create an account in NH's Vaccine and Immunization Network Interface (VINI). Once registered you will receive an email to activate your account and schedule your appointment. You can also call 2-1-1 for help with registering and scheduling. When registering, please be prepared to answer questions about allergies and medications. Information about health insurance is requested, but this information is not required. You will not be charged if you are vaccinated at a state-run site.

For tip sheets and videos that help guide you through the process, visit the <u>NH</u> <u>Resident Resources</u> page.

V-safe can offer some peace of mind after vaccinations

V-safe is a smartphonebased tool that uses text messaging and web surveys to provide personalized health check-ins after you receive a COVID-19 vaccine. Through v-safe, you can guickly tell CDC if you have any side effects after getting a COVID-19 vaccine. Depending on your answers to the web surveys, someone from CDC may call to check on you and get more information. V-safe will also remind you to get your second COVID-19 vaccine

resource here.

How you can help slow the spread of COVID-19

- Wear a mask that covers your nose and mouth to help protect yourself and others.
- Stay 6 feet apart from others who don't live with you.
- Get a COVID-19 vaccine when it is available to you.
- Avoid crowds and poorly ventilated indoor spaces.
- Wash your hands often with soap and water. Use hand sanitizer if soap and water aren't available.

dose if you need one.

Go to <u>vsafe.cdc.gov</u> to get started. You will need your smartphone and information about the COVID-19 vaccine you received.

What you should know about COVID-19

COVID-19 can present with a wide range of symptoms including fever, chills, cough, shortness of breath, runny nose, nasal congestion, sore throat, fatigue, headache, muscle aches, nausea, vomiting, diarrhea, or loss of taste or smell. Any person who develops new symptoms should stay home, limit their contact with others, immediately contact their healthcare provider and get tested for COVID-19. <u>Guidance for self-quarantine is available here</u>.

Whether or not you are experiencing symptoms, multiple testing options throughout the State are available to potentially exposed individuals. For persons without health insurance or a primary care provider, testing is available and can be scheduled by calling (603) 271-5980 or through completing the online form at <u>business.nh.gov/DOS_COVID19Testing</u>. Other options can be found here: <u>www.nh.gov/covid19/resources-guidance/testing-guidance.htm</u>.

COVID-19 continues to circulate in our communities, so all people need to protect themselves and help prevent further community spread, by:

- <u>Stay at least 6 feet away from others</u>, whenever possible. This is very important in preventing the spread of COVID-19.
- <u>Cover your mouth and nose with a mask</u> when around others. This helps reduce the risk of spread both by close contact and by airborne transmission.
- <u>Wash your hands</u> often with soap and water. If soap and water are not available, use a hand sanitizer that contains at least 60% alcohol.
- <u>Avoid crowded indoor spaces</u> and <u>ensure indoor spaces are properly ventilated</u> by bringing in outdoor air as much as possible. In general, being outdoors and in spaces with good ventilation reduces the risk of exposure to infectious respiratory droplets.
- Stay home and isolate from others when sick.
- Routinely clean and disinfect frequently touched surfaces.

For more information on COVID-19 in NH, please visit www.nh.gov/covid19/.

Source: New Hampshire Department of Health and Human Services



The following events are recorded in "Notable Events in the History of Dover, New Hampshire: From the First Settlement in 1623 to 1865," by George Wadleigh, and several other historical sources.

For more on the history of Dover, settled in 1623 and the oldest European permanent settlement in New Hampshire and seventh oldest in the country, visit the Dover Public Library, Locust Street; and the Woodman Museum, Central Avenue. The Public Library also maintains an online collection of historical information, <u>located here</u>.

April 22, 1777 — Mr. John B. Hanson was ordered to deliver to Theophilus Dame, Esq. "as much beef as he shall desire for the use of the New York prisoners confined in Dover Gaol."

April 23, 1794 — The spring of this year was very early. Apple trees were in blossom April 23. But the "great frost" occurred the night of May 17. Apples which were as "large as pistol balls" and the rye and flax, which were headed, were all killed. The canker worms were also killed. (Chase's Diary.)

April 24, 1813 — Daniel L. Currier and Richard Gove inform the public that they will carry on the Cloth Dressing and Colouring business at Currier's mills near the Landing, and "for the accommodation of their customers, at this critical moment, when MONEY appears to have "taken wings," they will "gladly receive in payment for their labor such good things as the Earth brings forth."

April 22, 1852 — The paper-hanging factory of Crawford & Busby on Fifth Street catches fire and is destroyed. The loss is estimated at \$4,500.

April 29, 1918 — Eighteen laborers on the payroll of the City's Street Department went on strike this day, demanding \$3 a day straight time, or \$18 a week.



The Many Faces of Our Mental Health: A virtual conversation at the Dover Public Library

What do you see when you think of mental health and mental illness? In your mind you may picture someone having a rough day, someone struggling. Chances are you're not thinking of the person who smiled at you on your walk this morning or the nice barista who gave you a little extra foam on your latte.

In honor of May being Mental Health Awareness month, Dover Public Library is opening up a conversation about mental health stigma and how communities can help. The Many Faces of Our Mental Health, a virtual presentation, will be held on Tuesday, May 4 at 6:30 p.m. The program features Lynda Cutrell from the 99 Faces Project and Suzanne Weete from the Dover Mental Health Alliance.

Cutrell is a mental health awareness advocate and the creator of the 99 Faces Project, an exhibit that features 99 unlabeled portraits: 33 people with schizophrenia, 33 with bipolar disorder and 33 people who love them. The project aims to challenge the stigma of those living with symptoms of mental illness. The traveling exhibit has been shown at the Boston Museum of Science and is currently on display at the Pease International Tradeport in the Two International Group building. To learn more about Cutrell's project or to exhibit it at your space, visit <u>99facesproject.com</u>.

Weete is the Community Education and Engagement Manager at Community Partners as well

as a founding member of the Dover Mental Health Alliance (DMHA). DMHA is made up of community stakeholders who hope to create an educated, responsive and conscious society that embraces and addresses the complexities of mental health in the greater Dover area. They do this through mental health training and providing "Place" designations to companies and individuals who provide a safe and judgement-free space for all. The Dover Public Library became the first organization designated a "Place" by the DMHA in February. The "Place" designation is free and available to any business, organization or institution that strives to support their employees, colleagues, and customers' mental health. DMHA's "Place" requirements include resources to help someone experiencing an emotional crisis, providing a safe space for anyone seeking refuge, as well as Adverse Childhood Experiences (ACEs) and Mental Health First Aid training. For more information about DMHA or to learn how to become a "Place", visit facebook.com/DoverMHA.

The Many Faces of Our Mental Health will be held live online through Ring Central and registration is required to access the login information. This program is free and open to the public. For more information or to register, visit library.dover.nh.gov/events or call the Library at 603-516-6050.

The Week at the Library

April VIRTUAL Cookbook Club

Join us for a virtual exploration of *Modern* Flexitarian by DK Publishing. Throughout the month of April, send in pictures of your dishes created with recipes from the books and a small description of your cooking process, how you felt about the recipe, and/or your thoughts on the books. We will share your creations on our social media pages throughout the month. Photos can be sent to Emily at e.fortin@dover.nh.gov, or tag us on Instagram @doverpubliclibrary.

Monday, April 26, 2 to 3 p.m. Fairy and Gnome House Building on Front Lawn

Families are invited to join us to create Fairy and Gnome houses. We will be using natural materials and building on the front lawn of the library. Miss Tina will begin the event with a short storytime.

Monday, April 26, 6 to 8 p.m. VIRTUAL Dungeons & Dragons: Teen B Drop in and play Dungeons & Dragons LIVE online through Roll20 with Dungeon Master Aidan! This brand new Monday night group will be starting on the arctic survival quest Rime of the Frostmaiden! A perfect starting point for players new and old, adventurers will have to brave the elements and face the dangerous polar monsters of Icewind Dale to protect what few settlements cling to the ice. Registration required

Tuesday, April 27, 6 to 8 p.m. Dungeons & Dragons: 18 and older in the Lecture Hall

Drop in and play Dungeons & Dragons with Game Master Dave. This 18 & older group is for new and veteran role-playing gamers to join us in the library for two hours of

sessions to enjoy your first game. No experience or materials are required and all skill levels are welcome to play. Sessions will be socially distant indoors in the Lecture Hall. Please ensure at least six feet of space between yourself and other attendees and that you wear a mask while in the library.

Wednesday, April 28, 9 a.m. to 12 p.m. **Read WITH a Librarian**

Sign up to have a librarian read with your child! Depending on your child's age and reading ability your child might want to only be read to OR they may read to us! Either way this a great opportunity to gain reading confidence and encourage a love for reading! Once you register we will be in touch with you by Tuesday evening to schedule a time that works best for your schedule between 9 a.m. and 12 p.m. This program is best for Toddlers/Preschooler through age 9.

Wednesday, April 28, 3 to 4 p.m. Make a Seed Bomb on the Front Lawn

Teens in grades 6-12 are invited to make seed bombs! Seed bombs are made of soil, clay, and native seeds, and once dried can be planted to create an "explosion" of wildflowers. The rain location for this event will be in the library's Lecture Hall. For questions or more information, please email Emily at e.fortin@dover.nh.gov.

Wednesday, April 28, 6:30 to 7:30 p.m. Get Lit! Adult Book Club on Front Lawn Join this adult book club and discuss The 71/2 Deaths of Evelyn Hardcastle by Stuart Turton. Copies of the book will be available to borrow on Hoopla Digital. Social distancing protocols will be followed and

adventure, imagination, and strategy. The group will meet every Tuesday night, though you do not need to have attended previous

attendees are asked to wear a mask. All are welcome!

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A guide to solid waste and curbside recycling

Don't let your recycling be rejected

Is your trash or recycling not getting picked up? It may be because it does not conform to the City of Dover's recycling and solid waste rules.

Dover's Community Services Director John Storer requests that curbside customers ensure the items placed in recycling containers are recyclable consistent with local guidelines and that bulky items are correctly tagged.



What's acceptable for curbside recycling in Dover?

• **Plastic**: #1, #2 and #5, provided the items are bottles, tubs and jugs. Rinse and dry. Bottle caps can be recycled if removed, washed, and placed back on the bottle. Loose caps, which fall through processing screens, cannot be recycled.

- Glass: only bottles and jars. Rinse and dry.
- **Cardboard, cartons and paper**: Newspaper, magazines, office paper and junk mail only. Flatten all boxes, then place them into recycling bins, paper bags, or bundle and tie. When flattened, cardboard dimensions must not exceed two feet by two feet. Pizza boxes with grease must be thrown away as the oil contaminates the other recyclables.
- No styrofoam is accepted, even with a recycling symbol on the packing.
- No plastic bags are accepted.

Plastics that are not accepted include plastic bags, plastic utensils, straws, plastic wrap, tarps and colored cups. Recycling bins that contain non-recyclable items may not be picked up or flagged with a warning sticker. See full details of <u>Waste Management's curbside pickup here</u>.

Nationwide, Waste Management estimates that 25 percent of items placed in recycling bins are actually trash. This 25 percent of trash can contaminate the good recycling commingled with it.

"Recycling contamination happens when trash ruins otherwise good recyclables," says Waste Management in their <u>Recycling 101 webpage</u>.

For example, food or liquid placed recycling that saturates paper and cardboard can contaminate it. "Once contaminated, these recyclables can no longer be recycled. They become trash."

Bulky trash items

For large, non-metal trash items, such as beds, couches, toilets, sinks, carpets, and furniture, residents must purchase a "Bulky Item Tag" for each bulky trash item to be picked up. A bulky item tag costs \$10 and is available at most places where Dover trash bags can be purchased. See the Community Services' <u>Bag and Tag webpage</u> for a list of locations.

Please note, televisions, computer monitors, microwaves and other metal objects are not accepted for bulky item pickup.

Items left on the curb without a tag may be turned over to the City's health officer to see whether the items can be traced to a property.

All recycling and trash, including bulky tag items, should still be placed curbside by 7 a.m. on the designated collection day or as early as 4 p.m. the day before.

For more information, contact Community Services at 516-6450.

City of Dover employment opportunities

Want to work for the City of Dover? The City's website offers an updated list of open positions, including job descriptions and a downloadable application for employment. The City of Dover is now seeking applications the following positions:

- Police Officer
- Working foreman, Utilities
- Superintendent of Public Works
- Heavy equipment mechanic / automotive technician
- Summer day camp counselor
- Lifeguard
- Seasonal maintenance worker
- Truck drivers
- Parking Enforcement Officer

For more information about these positions or employment opportunities with the City of Dover, <u>click here</u>.

