

News from the City of Dover, New Hampshire



April 2, 2021



CITY OF DOVER, NH

288 Central Avenue Dover, NH 03820 603-516-6000

> City Hall hours:

Monday-Thursday: 8:30 a.m. to 5:30 p.m. Friday: 8:30 a.m. to 4 p.m.

Recycling



Body and police cruiser cameras topic of April 7 City Council workshop

The City Council will hold a workshop session this Wednesday, April 7, at 7 p.m., where it will receive a presentation from Police Chief William Breault on his proposal to purchase body and vehicle cameras for officers and patrol vehicles.

As it's a workshop, no action will be taken by the City Council. Instead, Breault will discuss why he believes cameras would benefit the public, the officers and judicial proceedings. He will also discuss the costs associated with cameras, privacy concerns and Right-to-Know requests for video captured by the cameras.

The New Hampshire Commission on Law Enforcement Accountability, Community and Transparency (LEACT) recommended law enforcement agencies use cameras in its

Center hours:

Tuesday, Thursday, Saturday: 8:30 a.m. to 3:30 p.m. final report released on Aug. 31, 2020. The use of cameras, which Breault agrees with, was one of only a few of LEACT's recommendations the Dover Police Department does not yet meet or exceed. (See "<u>Commitment to community policing puts</u> <u>Dover Police Department ahead of state reform</u>" for the list of LEACT recommendations and departments response to each recommendation.)

Dover Police began studying the use of cameras in July 2020 when Breault formed a committee to examine a host of issues, including costs, vendors, Right-to-Know implications and privacy concerns.

"Implementing a body-worn and vehicle camera program will make our community safer and enhance the relationship between the police and community members," Breault said this week.

He noted that cameras build public trust by providing accurate accounts of public interaction and produces better judicial evidence. Breault believes camera deployment will make the department more efficient, improve performance and identity training areas, and enhance officer safety.

"Additionally, several studies have shown that cameras have a civilizing effect, resulting in improved behavior among both police officers and citizens, with substantial decreases in citizen complaints, and decreases in the use of force by police and assaults on officers," Breault said.

The workshop is open to the public, and the agenda is <u>available</u> <u>here</u>. It will be televised on Channel 22 and available for ondemand viewing at <u>https://dovernh.viebit.com/index.php</u>.



The Nook Breakfast and Lunch owner Tammy Johnson sits at one of her outdoor seating areas on the Locust Street sidewalk. She said outdoor seating "saved us" during last year as customers were reluctant to eat indoors because of the COVID-19 pandemic.

Expanded outdoor dining to continue

City's revised permit process, launched during pandemic, offers more flexibility for outdoor dining

Outdoor dining was a lifeline for many Dover restaurants in 2020 during the COVID-19 pandemic.

For a period of time last year, it was the only way to serve dining customers other than takeout and delivery due to state restrictions. But even after restrictions were eased to allow for 50 percent capacity for indoor dining, many customers preferred to eat outdoors instead.

"Outdoor dining saved us," said Tammy Johnson, owner of The Nook Breakfast and Lunch. "If we didn't have outdoor dining, we would have just stayed with to-go [food ordering]. Nobody was going to come in."

Director of Economic Development Daniel Barufaldi said outdoor seating made it possible for restaurants to survive. "Those restaurants using outdoor seating also used a great deal of creativity and innovation in addition to outdoor seating including menu changes to accommodate take out, sidewalk pick up, home delivery, open hours expansion and on-line ordering," said Barufaldi. "But outdoor seating was the lynchpin for survival in most cases. Because of it, Dover has not lost a single restaurant permanently so far."

The City of Dover had previously allowed outdoor dining options in public spaces. But last year, the City had temporarily expanded outdoor dining opportunities to aid restaurants during the uncertain economic times and provided permits at no cost after Inspection Services approved the dining spaces. By July, more than 35 Dover restaurants were approved for outdoor dining.

Outdoor dining is ramping up again this season, and businesses are again seeking to utilize sidewalk and on-street parking areas to serve customers. Those interested in using sidewalk and on-street parking areas first need to complete Inspection Services' Outdoor Dining Application <u>available here</u>. Inspection Services' goal is to have a three-day turnaround for every application.

The application is reviewed by Inspection Services, Fire and Police chiefs and the director of Community Services. Fire Chief Paul Haas said the inspection ensures appropriate outdoor dining guidelines are met, such as the use of any outdoor heat sources. The City of Dover is also providing jersey barriers on a first-come, first-serve basis to restaurants as a way to protect patrons. Those who use barriers must also sign an <u>agreement indemnifying</u> the City for any injury and/or damages resulting from the use of the barriers.

During a recent <u>Parking Commission meeting</u>, Assistant City Manager Christopher Parker said the decision to grant an application to use on-street parking would be slightly different from last year as parking demand continues to rise towards pre-COVID-19 levels.

"Last year, there was no indoor dining, but now there is some indoor dining," he said at the meeting. "If you can replicate on the sidewalk and inside [your restaurant] what your full capacity would have been, then that's a factor we are going to take into play when reviewing your application."

The survival of all Dover restaurants includes those that opened during or just before the inperson dining was restricted. Stalk Restaurant opened less than two months before the March 16 order to close in-person dining. At that point, the restaurant closed completely until May 8, when it first opened for takeout orders before reopening outdoor seating in early June.

"Outdoor seating was very critical all for us," said owner John Daniels. "We have a very intimate restaurant, and with the restrictions, it would not have been possible for us to survive if we had to rely on just our indoor dining room."

Outdoor dining not only provided a source of revenue, but it also became popular with customers. "It really makes the city feel more alive and thriving during the summer," Daniels said. "We would love to be able to have an outdoor space as we have going forward. It's a

great way to get people to visit us when they know they don't have to drive to Portsmouth to have a nice meal outside."



Andy Gray, co-owner of Garrison City Beer Works, stands in front of the nanobrewery's outdoor seating section that proved popular even during the cold winter months.

Andy Gray, co-owner of Garrison City Beer Works, had one of the more visible outdoor dining sections that continued even during the winter at the bar's Upper Square location. While most of his outdoor dining section was on private property, the City allowed the business to install two picnic tables on the sidewalk outside of the Central Avenue entrance.

"We're actually producing more beer now and serving more beer than we did pre-pandemic. I never would have imagined that," Gray said. "I think a lot had to do with our outdoor seating because it's so visible. I think we found a lot of people in town who didn't know we were even here."

A large part of the success of Dover restaurants was the collaboration between restaurants. When Stalk shut down its outdoor dining in the winter, they loaned Garrison City Beer Works its heat lamps.

"You work with each other to find a way for everyone to survive," Gray said.

Deputy Economic Development Director Reid Amy said the other key factor to restaurants' survival was Dover residents. "Dover came out and supported their businesses," she said.

Johnson agreed. "Dover came out."



City Council initiative urges community to stand up to hate, support unity

Police chief reiterates department's zero-tolerance policy

In the wake of two mass shootings in the past two weeks that killed 18 people, including six Asian women, members of the City Council, led by Michelle Muffett-Lipinski, created a campaign highlighting Dover as a welcoming city where hate has no home.

Muffett-Lipinski, who represents Ward 1 on the City Council, suggested the campaign at a recent City Council meeting with the idea to create signs that state "hate has no home in Dover" as one way residents and businesses can show their support. The sign design can be <u>downloaded from the city's website here</u>.

"Hate has no home here – I've heard that so many times tonight," Muffett-Lipinksi said. "I think we should really champion that and take it under our wings."

On March 16, there were shootings at three locations in Atlanta, Georgia, where eight people were killed, six of whom were Asian women. A 21-year-old suspect is in custody and being charged with eight counts of murder. Six days later, 10 people were killed at a business in Boulder, Colorado, on March 22. Another 21-year-old suspect is being held and charged with 10 counts of murder.

Mayor Robert Carrier took a moment at the beginning of his Mayor's Report at the Council meeting to mourn the victims of those two incidents. "This violence that has occurred in this country is the most heart-wrenching thing," he said. "We in Dover have to look around, and we have to make sure that we don't support anything like this."

At-Large Councilor Lindsey Williams voiced similar sentiments. "I am hearing from a lot of members of our community who are feeling a really, really heavy weight over what's happened over the past couple weeks, particularly the members of [...] the Asian American and Pacific Islanders community," she said, also noting the rise in anti-Asian rhetoric and the need to everyone to speak up when confronted by hateful, incorrect rhetoric. "It has caused me to continue to reflect on where are my blind spots, where do I need to continue to grow as well, and this role in continuing to hold up ourselves individually accountable and as groups as well."

In recent years, the City Council has passed resolutions in support of immigrants and against racism. On Oct. 11, 2017, the City Council <u>passed a resolution</u> "reaffirming the City of Dover's commitment to immigration and cultural diversity" after federal threats of deportation of long-standing members of Dover's immigrant community. Nearly a year later, on July 11, 2018, the City Council <u>passed a resolution</u> for the City Manager to send a letter to Gov. Sununu demanding "the cessation of Customers and Border Protection coercive checkpoints in New Hampshire, and [...] the immediate halt to policies that separate or imprison families."

In the wake of George Floyd's death during an arrest in Minneapolis, Minnesota by police, the City Council <u>passed a resolution</u> "condemning racism and affirming City of Dover's commitment to eliminating racial inequities." This resolution led to the creation of the <u>Committee for Racial Equity and Inclusion</u>, which is charged with creating "action plan outlining existing and new steps to be taken to work to eliminate systemic racism in municipal operations, including boards and commissions, and foster a welcoming and inclusive environment for all."

On Thursday, March 30, Dover Police Chief William Breault posted a statement on the department's Facebook page where he voiced his concern about recent anti-Asian violence.

"I am incredibly saddened by the violence targeting Asian Americans and the anti-Asian bias occurring throughout the country. I am concerned for those in our community who live in fear because of it and may not report issues to the police due to apprehension," Breault said. "Please be assured the Dover Police Department has zero-tolerance for such criminal behavior and thoroughly investigates hate crimes and any unlawful violence. You may contact us any time at 742-4646. We are open 24 hours a day, every day of the year."

Crews to begin citywide hydrant flushing Sunday

The Community Services Utilities Division will begin flushing fire hydrants throughout the city on Sunday, April 4, 2021. This phase of hydrant flushing will occur on dead-end streets and is expected to take one week.

Crews will work at night from 9 p.m. to 5 a.m.



Hydrant flushing is essential to maintain water quality and allow adequate fire flows throughout the distribution system. No disruption of water service is expected. Residents may notice some discoloration of the water, which is temporary and does not pose any threat to public health.

For more information, contact the Utilities Division of Community Services at 516-6450.



Contractors excavate at the intersection of Broadway and Central Avenue Friday morning as part of the ongoing Washington and Main Water Improvements project.

Downtown water main work continues this week

The downtown infrastructure project to replace 125-year-old water pipes along Washington Street and Main Street continues this week. The six-month project is expected to have traffic impacts and limited durations of water shutoff as infrastructure is replaced.

This project will replace 3,000 feet of some of the oldest water distribution pipes in the downtown area with a new ductile iron pipe that will provide reliable water service for the next 100-plus years. This work will include street excavation, lane closures, and evening water shutoffs in the downtown area. See the map above for the project area, or <u>click here</u> for the project page for project maps.

The City encourages pedestrians and motorists to be vigilant while moving throughout the downtown area and look for signs providing information about the project and sections of streets and sidewalks closed for construction. Uneven road conditions and sidewalks are likely to occur, so please use caution driving, riding bikes and walking in the area.

Latest updates

Week of April 5: Overnight street closures, detours and **water shutoffs** will occur throughout the week. This work is necessary to install isolation valves needed for construction crews to complete the water main upgrades. Parking will be limited in the downtown area, and drivers should follow all posted signs and parking rules. Residents are encouraged to **have bottled water available** when water shutoffs occur.

Monday and Tuesday, April 5 and 6: Overnight work will be focused at the intersections of Broadway, Chapel Street, School Street, Portland Avenue and Young Street.

Water shutoffs are expected to occur from 8:30 p.m. to 6:30 a.m. in the following areas:

- Broadway from Pierce Street to Central Avenue/Main Street
- Winter Street
- Durrell Street
- Saint John Street
- Chapel Street

- Mechanic Street
- School Street
- Young Street
- Water Street
- Portland Avenue from Main Street to Rogers Street
- Main Street from Washington Street to Broadway

Wednesday, April 7: Overnight work will be focused at the intersection of Broadway and Central Avenue.

Water shutoffs are expected to occur from 8:30 p.m. to 6:30 a.m. in the following areas:

- Central Avenue from Fourth Street to First Street
- Chestnut Street from Third Street to First Street
- Third Street from Chestnut Street to Central Avenue
- Second Street
- First Street

Thursday, April 8: Overnight work will be focused at the intersection of Washington Street and Central Avenue and along Henry Law Avenue.

Water shutoffs are expected to occur from 8:30 p.m. to 6:30 a.m. in the following areas:

- Central Avenue from First Street to Kirkland Street
- Washington Street from Chestnut Street to Main Street
- Henry Law Avenue from Washington Street to George Street

Any questions associated with the water shutoffs should be directed to the City's Community Services Department at 516-6450. Questions related to parking should be directed to the Parking Bureau at 516-6132.

To receive email updates about the project, visit <u>bit.ly/doverdownload</u> and select "Project updates: Washington and Main Water Improvements."

Contact City about specific water shutoff concerns

The City aims to keep water shutoffs to a minimum and is cognizant of its inconveniences. While shutoffs are scheduled for weekday overnights from 8:30 p.m. to 6:30 a.m., there may be options to postpone a shutoff until later in the night or to specific nights of the week to lessen impacts. Contact City of Dover Assistant City Engineer Max Kenney at <u>m.kenney@dover.nh.gov</u> or 516-1915 to discuss options.

Spaulding Turnpike repair work to require lane closures

The New Hampshire Department of Transportation (NHDOT) will begin road and guardrail repair work on Monday, April 5, 2021 on the Spaulding Turnpike (Route 16).

This work will require lane closures on both the north and south bound sections of the Spaulding Turnpike, just north of Exit 9 in Dover and south of the Rochester Toll Plaza for several weeks.

Beginning April 12, 2021 at 6:30 a.m. northbound travel will be reduced to one 12-foot lane for approximately two weeks. Once this work is completed, on or about April 24, 2021, northbound will reopen to two full lanes and road repair operations will shift to the southbound section where travel will be reduced to one 12-foot lane. The southbound work is anticipated to be completed and reopened to two full lanes before May 21, 2021. Variable message boards and construction signing will alert motorist of these changes.

Weather permitting, crews will work Monday through Saturday during daytime hours to complete this project. Motorists are encouraged to remain alert and drive safely in construction zones, following all posted signs. Road Repair Work is being completed by Severino Trucking, Inc. of Candia.

For up to date traffic and road construction information in New Hampshire visit: <u>http://www.newengland511.org/</u>.



Help keep it clean this spring by following these water quality tips

Another spring is fast-approaching and we still find ourselves spending significant time at home during a pandemic. Fortunately, warmer weather will bring renewed opportunities to enjoy our outdoor spaces. Are you thinking about your lawn care or garden plans? Whether you are looking to get outside or engage your children in a project, this season is a great time to develop some new habits that will improve your green thumb, help protect the environment, and save money.

Whatever we do in our yards affects lakes, rivers, streams and bays downhill. By adopting a few simple practices, we can protect the health of water bodies we love while taking care of ourselves and the people around us by sheltering at home. These tips will help grow healthy lawns and protect water quality while we are spending more time at home.

Take caution with spring clean up

One of the first activities drawing us outside in the spring is tidying up the accumulation of twigs, pine needles, and decaying leaves left behind during the winter. As this plant material decomposes, it releases nutrients, so there's no need to aim for immaculate, but important to let the sunlight through. The bulk of the raked-up yard waste should be put in an area where it can compost away from any drainage area or water body. NEVER, rake yard waste into a stormdrain, down a river bank, or adjacent to any water body. Excess nutrients in a water body lead to algae blooms that rob aquatic and marine animals of oxygen, obscure water clarity, and even decrease adjacent property values. Learn more about composting here: https://extension.unh.edu/resource/composting-home-gardener-fact-sheet

The City of Dover recycling center, located on Mast Road, also accepts yard waste, grass, and other plant debris at no cost to Dover residents. This material is brought to a larger composting facility. Information about the recycling center <u>can be found here</u>.

Timing is important

Other temptations in the spring include fertilizing too early and mowing too short. Different formulations of fertilizer require different minimum temperatures. Hold off on applying until you are sure your soil needs it and the soil temperature is adequate. Likewise, resist the temptation to mow too low. Encourage the early season grass roots to grow deeper into the soil by keeping more of the grass blade growing above ground.

Water wisely

Our lawns and gardens typically need about one inch of water per week, which is about the annual average amount of rainfall in northern New England . Place a rain gauge or empty bean or tuna can out in the yard and check it weekly to see if the rain has reached a one inch mark. Only water or irrigate when the rainfall drops below that one inch weekly average. Learn more about watering wisely here.

During dry spells and times of drought such as what Dover experienced last summer, it may be necessary to implement outdoor water use restrictions during water supply



emergencies. The purpose of implementing a restriction is to ensure that the community's essential and critical needs continue to be met. To stay informed on the latest drought conditions and current drought-related information, visit the <u>New Hampshire drought monitor</u>.

Do a soil test

The University of New Hampshire's Soil Lab Testing is open! Soil test results provide important information about nutrient and mineral levels in our soil, characteristics of the soil, and recommendations for fertilizer. Without this information, we may end up applying products or using practices that waste time and money, inhibit plant growth and contribute to pollution. Watch a short video about how to take a soil sample and learn more about soil testing here: https://extension.unh.edu/tags/test-your-soil

Measure the dimensions of your yard

Whether you are interested in overseeding a lawn, adjusting the soil pH with lime, top dressing with compost, or applying fertilizer, you will need to know the dimensions of the lawn area in order to purchase and/or apply the correct amount of seed, lime, compost, or fertilizer. Overapplying compost or fertilizer, in particular, can create water quality problems in our streams, rivers, and the Great Bay, so it's very important to apply only what's needed, if it's needed. Here's a handy guide to measuring lawn dimensions and calibrating a spreader to make sure you are <u>applying only what's needed and no more</u>.

These are just a few tips for growing healthy lawns and protecting water quality while we are spending more time at home. This is a perfect opportunity to adopt habits that we have put off because we didn't have as much time at home. Enjoy the season of growth while keeping yourself and others safe. Learn more tips for <u>water quality friendly lawn care here</u>.

Source: New Hampshire Sea Grant and UNH Cooperative Extension, City of Dover

Upcoming Meetings:

Ordinance Committee, April 5, 8:30 a.m.

The Ordinance Committee will hold a regular meeting on Monday, April 5, 2021, beginning at 7 p.m.in the Council Conference Room at City Hall. To view the meeting agenda, <u>click here</u>.

School Board, April 5, 6 p.m.

The School Board will hold a special session on Monday, April 5, 2021, beginning at 6



City boards provide many ways to let your voice be heard

The City of Dover reminds residents that it is easy to participate in public meetings without attending in person.

p.m. in Room 305 at the McConnell Center. To view the meeting agenda, <u>click</u> <u>here</u>.

City Council, April 7, 7 p.m.

The City Council will hold a workshop session on Wednesday, April 7, 2021, beginning at 7 p.m.in the Council Conference Room at City Hall. To view the meeting agenda, <u>click here</u>.

For a complete list of upcoming meetings, visit <u>https://www.dover.nh.gov/go</u> <u>vernment/open-</u> <u>government/public-</u> <u>meetings/</u>. Public participation is vital for City of Dover operations and future planning.

Dover residents, business owners and property owners may contact any public board or commission, such as the City Council or School Board, by utilizing specific email addresses or contact information that reaches all members at once. People can also call 516-MEET (6338) and leave a message that will be forwarded to the appropriate public body. To be heard ahead of a particular meeting, call or email at least two hours before the meeting begins.

As with speaking at a public hearing or Citizens' Forum, phone messages and emails sent to all board members will be retained as part of the meeting minutes and are subject to New Hampshire's Right to Know law, RSA 91:A.

City Council, School Board, Planning Board and Zoning Board of Adjustment meetings and workshops are televised live on Channel 22 and available for on-demand viewing at <u>https://dovernh.viebit.com/</u>.

To see all of the City's boards, commissions and committees, <u>click here</u>.

For more information, contact the City Clerk's Office at 516-6018.



Did you know you can access City maps and property record cards, online, including an interactive ward map and trash days? Learn more at: http://maps.dover.nh.gov



Recreation facilities at McConnell Center, Senior Center closed this weekend

The Recreation Department's main office, all recreation facilities, and the Dover Community Senior Center, located at the McConnel Center on Locust Street will be closed on Saturday and

Sunday this weekend.

The McConnell Center will be closed on Saturday, April 3, 2021, during facility repairs that require water service to be turned off.

Recreation services at the McConnell Center and the Dover Community Senior Center will be closed on Sunday, April 4, for Easter.



Vaccine registration now open for all New Hampshire residents

Beginning today, Friday, April 2, 2021, registration will be open to New Hampshire residents in all phases. Parental consent is required for anyone 16 and 17 years of age. To register and schedule your vaccine appointment, go to vaccines.nh.gov and create an account in NH's Vaccine & Immunization Network Interface (VINI). Once registered you will receive an email to activate your account and schedule your appointment. You can also call 2-1-1 for help with registering and scheduling. When registering, please be prepared to answer questions about allergies and medications. Information about health insurance is requested, but this information is not required. You will not be charged if you are vaccinated at a state-run site. For tip sheets and videos that help guide you through the process, visit the <u>NH Resident Resources</u> page.

Vaccine fact sheets for recipients and caregivers

When you arrive at the vaccination clinic, you should receive information about the type of COVID-19 Vaccine offered to prevent Coronavirus Disease 2019 (COVID-19) caused by SARS-CoV-2. The fact sheets below contain information to help you understand the risks and benefits of each vaccine, as well as ingredients, safety, and effectiveness. It is important to tell the vaccination provider about all of your medical conditions and allergies.

Pfizer: <u>https://www.fda.gov/media/144414/download</u> Moderna: <u>https://www.fda.gov/media/144638/download</u> Janssen: <u>https://www.fda.gov/media/146305/download</u>

You will not have a choice in which vaccine is administered. If you have a medical necessity for a certain type of vaccine, it is recommended that speak with your primary

Statewide mask mandate

A statewide mask mandate remains in effect through Friday, April 16, 2021. The order, which was set to expire March 26, was extended by Gov. Sununu.

Per the order, everyone over the age of 5 in New Hampshire must wear mask or cloth face coverings over their noses and mouths when in public spaces, indoors or outdoors, when unable to maintain a physical distance of at least six feet from persons outside their own households.

The entire order, including exceptions and exclusions, can be viewed here.

COVID-19 updates

Want to receive the latest information about the COVID-19 coronavirus pandemic and how it affects your community? Sign up for the City of Dover's email updates and you'll receive helpful information from local care provider (PCP) about where to be vaccinated.

Preparing for your vaccination appointment

- 1. When you book your appointment, you will receive an email or text reminder. Please mark your calendar with your appointment date and time.
- The day before your appointment, take the prevaccination questionnaire that you will receive in an email from <u>noreply_NHVMS@notices.nh.gov</u> 12 hours prior to your appointment to help speed up your appointment and reduce delays for others at the clinic. You can also find this questionnaire in your VINI account by clicking into the details of your appointment.
- 3. Gather any documents you need to bring to your COVID-19 vaccine appointment. You will need to show one of the following:
 - 4. Valid, unexpired NH driver license or nondriver ID card.
 - 5. A payroll check, payroll document, or employment contract showing individual's legal New Hampshire address, dated within the last 60 days.
 - 6. A government issued payment (i.e., Social security), showing individual's legal New Hampshire address, dated within the last 60 days.
- 7. If this is your second COVID-19 vaccination, bring a copy of your first vaccination record or CDC COVID-19 vaccination card.
- 8. On the day of your appointment:
 - 9. Bring your documents (mentioned above)
 - 10. Wear comfortable clothing and a short-sleeve shirt that allows clinic quick access to your upper arm
 - 11. **DO NOT** take any pain relievers, such as Motrin, Advil or Tylenol, or antihistamines before being vaccinated.
 - 12. Check in at the clinic 15 minutes before your appointment
 - If you feel sick on the day of your appointment or are diagnosed with COVID-19 within 14 days of your appointment, please reschedule for when you feel healthy and well
 - 14. Learn about common side effects after getting a COVID-19 vaccine and get helpful tips on how to reduce your pain and discomfort
 - 15. Be prepared to wait 15 to 30 minutes after receiving the vaccine for observation
 - 16. Register for v-safe, the CDC's tool to provide personalized health check-ins after you receive your COVID-19 vaccination at <u>https://www.cdc.gov/coronavirus/2019-</u> <u>ncov/vaccines/safety/vsafe.html</u>

and state health officials about the pandemic, including how you can protect yourself and others, how to safely enjoy the holidays, what to consider before traveling, and much more.

To start receiving the email updates, visit

bit.ly/doverdownload and select COVID-19 updates from the list of city newsletters.

For more information, visit the City's COVID-19 <u>online</u> resource here.



What you should know about COVID-19

COVID-19 can present with a wide range of symptoms including fever, chills, cough, shortness of breath, runny nose, nasal congestion, sore throat, fatigue, headache, muscle aches, nausea,

vomiting, diarrhea, or loss of taste or smell. Any person who develops new symptoms should stay home, limit their contact with others, immediately contact their healthcare provider and get tested for COVID-19. <u>Guidance for self-quarantine is available here</u>.

Whether or not you are experiencing symptoms, multiple testing options throughout the State are available to potentially exposed individuals. For persons without health insurance or a primary care provider, testing is available and can be scheduled by calling (603) 271-5980 or through completing the online form at <u>business.nh.gov/DOS_COVID19Testing</u>. Other options can be found here: <u>www.nh.gov/covid19/resources-guidance/testing-guidance.htm</u>.

COVID-19 continues to circulate in our communities, so all people need to protect themselves and help prevent further community spread, by:

- <u>Stay at least 6 feet away from others</u>, whenever possible. This is very important in preventing the spread of COVID-19.
- <u>Cover your mouth and nose with a mask</u> when around others. This helps reduce the risk of spread both by close contact and by airborne transmission.
- <u>Wash your hands</u> often with soap and water. If soap and water are not available, use a hand sanitizer that contains at least 60% alcohol.
- <u>Avoid crowded indoor spaces</u> and <u>ensure indoor spaces are properly ventilated</u> by bringing in outdoor air as much as possible. In general, being outdoors and in spaces with good ventilation reduces the risk of exposure to infectious respiratory droplets.
- Stay home and isolate from others when sick.
- Routinely clean and disinfect frequently touched surfaces.

For more information on COVID-19 in NH, please visit www.nh.gov/covid19/.

Source: New Hampshire Department of Health and Human Services

Registration for Dover Recreation's Playgrounds Program opening soon

Dover Recreation will offer a smaller version of the Playgrounds Program at Horne Street School for 2021. The program will accept 30 Dover residents, ages 6-12 (as of June 1, 2021) which will be split into two groups in compliance with state guidance.

This seven-week program tentatively runs from June 28 to August 13, Monday through Friday, from 8:30 a.m. to 3:30 p.m. Playground counselors provide scheduled activities at the park (Horne Street), and participants are able to go swimming, play games, sports, and arts and crafts. Weekly trips will be determined based on COVID-19 conditions and restrictions.

Dover Recreation will begin taking online registrations on Monday, April 12 at 8 a.m. Please make sure you have your account and password before the sign-up window opens. This program is for Dover residents only, proof of residency required. More information can be found online: <u>https://www.dover.nh.gov/government/city-operations/recreation/fitness-</u>center/playgrounds-program/

Playgrounds is a weather-dependent program. Morning and/or afternoon playground programs will not be held in inclement weather.



The following events are recorded in "Notable Events in the History of Dover, New Hampshire: From the First Settlement in 1623 to 1865," by George Wadleigh, and several other historical sources.

For more on the history of Dover, settled in 1623 and the oldest European permanent settlement in New Hampshire and seventh oldest in the country, visit the Dover Public Library, Locust Street; and the Woodman Museum, Central Avenue. The Public Library also maintains an online collection of historical information, <u>located here</u>.

April 2, 1666 — The selectmen were requested to "take any opportunity to treat with the selectmen of Portsmouth about the affairs of the country, and what they shall see useful for us, to present at the next town meeting." The selectmen with a committee of citizens were also requested to "draw up something in writing to present at the next town meeting concerning the right of commonage and other things concerning the town affairs." William Pomfrett was requested to give Rev. Mr. Rayner an order for the rents due from the mills towards his salary, and also to Elder Wentworth an order for 15 Pounds" for his pains at Cochecho the last winter."

April 3, 1695 — The inhabitants of Dover and Oyster River having been at the charge of subsisting the soldiers sent from Massachusetts for the protection of the frontiers, the Provincial Council directed the Treasurer to give orders to the respective constables of those places to forbear collecting taxes from such persons as had been thus charged.

April 7, 1802 — "Died, much lamented, Mr. Joseph Gage, merchant. The offspring of virtue, the child of humanity, have lost a friend. The grief of his numerous friends and relations may be great, but the world will mourn the loss of an 'honest man.'"

April 6, 1805 — The following notice appeared in the Dover Sun: IMPORTANT DISCOVERY — A number of men digging up the earth, in this town, for the purpose of making an aqueduct through Mr. Daniel Waldron's land, discovered a vein of dark brown sand running from east to west, much impregnated with Quick-silver (mercury) of the best quality. Upon close inspection globules of this metal were found dispersed through this vein from the size of the smallest grain of sand to that of a duck shot — which leaves no room for doubt, but upon further attention, larger quantities may be discovered, and prove beneficial to the owner of the land.

April 5, 1852 — Nearly a foot of snow, much drifted, detaining the cars on the railroad four hours. It was nearly six months between the first and last snow of this winter — one of the longest and severest ever remembered.



Dover400 historical lecture series continues April 13 with presentation on Jeremy Belknap

Dover400, a committee of residents organizing Dover's 400th Anniversary, continues its virtual historical lecture series on April 13, 2021 at 7 p.m. with an online presentation about life in Dover during the 18th century through the eyes and words of one of its most prominent citizens, Rev. Jeremy Belknap.

Rev. Belknap (1744-1798) traveled widely across the New Hampshire and began accumulating notes on the state's history. In 1784, he published the first volume of the "History of New Hampshire" but would take until 1792 to complete volume two. The "History" added two radical innovations for historians: 1.) besides just narrating events, he tried to clearly separate true facts from analysis and opinion; and 2.) he provided many annotations (footnotes) to show the source and location of records that he had inspected. Thus, Belknap was the first journalist to

shun what we today would call fake news. His reputation grew over the years until, after his death, Alexis de Tocqueville named him as America's best native historian. The "History of New Hampshire" is still in print today.

The presenter, Dr. Jordan AP Fansler, will examine the life and works of Jeremy Belknap who served two decades as pastor of Dover's First Parish Church from 1767-1787. As a renowned minister, noted historian, Army Chaplain, and dedicated archivist, Jeremy Belknap's life allows us to consider many aspects of this tumultuous Revolutionary period including local attitudes toward religion, government, scholarship, and society.

Dr. Jordan AP Fansler, MSc has lived in Dover for more than 10 years while researching and exploring New England's history. Through his scholarly career at Temple University, the University of Edinburgh, and the University of New Hampshire, he has examined the interplay between the local and the national or transnational, particularly in the 17th, 18th, and 19th centuries. He's currently an instructor and Coordinator for History and Political Science at Great Bay Community College in Portsmouth, and a member of the Great Bay Archaeological Survey team.

Each Dover400 presentation is free and open to the public, but pre-registration is required. To sign up for the April 13, 2021 lecture, please RSVP on <u>www.Dover400.org</u> or register directly at <u>https://ringcentr.al/3u4nnuX</u>.



Learn how to start downsizing and decluttering

Look around. Has the past year made you realize that maybe you have too much stuff? Are you looking to tidy up, but don't know where to start?

Join Dover Public Library and AARP NH on Tuesday, April 6 at 6:30 p.m. for a free live virtual program on Downsizing and Decluttering.

With so many of us spending lots of time at home, this is a great time to start sorting through old items. The presentation will help participants understand why stuff is important to people and provide some practical, easy-to-follow downsizing and decluttering tips that will get your home, office, or vehicle organized in no time.

While hosted by AARP, this program provides information for all ages and is not strictly geared towards seniors. Anyone who has interest in learning to declutter their life is welcome to attend.

Downsizing and Decluttering will be held live online through Ring Central and registration is required to access the login information. This program is free and open to the public.

For more information or to register, visit <u>library.dover.nh.gov</u> or call the Library at 603-516-6050.

The Week at the Library

April VIRTUAL Cookbook Club

Join us for a virtual exploration of *Modern Flexitarian* by DK Publishing. Throughout the month of April, send in pictures of your dishes created with recipes from the books and a small description of your cooking process, how you felt about the recipe, and/or your thoughts on the books. We will share your creations on our social media pages throughout the month. Photos can be sent to Emily at <u>e.fortin@dover.nh.gov</u>, or tag us on Instagram @doverpubliclibrary.

Monday, March 15 - Wednesday, April 21 19th Annual Poetry Contest

The Dover Public Library is pleased to announce the 19th Annual Dover Public Library Poetry contest for residents ages 5 and up. Prizes will be awarded in seven different categories: Grades K-2, 3 & 4, 5 & 6, 7 & 8, 9 & 10, 11 & 12 and adults ages 18 and older. Poems will be judged on originality, style and creativity. Deadline for entry is Wednesday, April 21. Students may pick up information about the contest at the Dover Public Library, any Dover school library, or at our website at library.dover.nh.gov. For more information about the contest please contact Emily Fortin at 516-6082.

Tuesday, April 6, 10 to 10:30 a.m. Family Storytime on the Lawn

Families are invited to join us for storytime on the front lawn. Kids of all ages with an adult will enjoy stories, songs, and rhymes. A craft will be available to take home. Please register for this event since attendance is limited to 5 groups. Groups will be appropriately distanced and please wear a mask.

Tuesday, April 6, 6 to 8 p.m. **Dungeons & Dragons 18+ in Lecture Hall** Drop in and play Dungeons & Dragons with Game Master Dave. This 18 & older group is for new and veteran role-playing gamers to join us in the library for two hours of adventure, imagination, and strategy. The group will meet every Tuesday night, though you do not need to have attended previous sessions to enjoy your first game. No experience or materials are required and all skill levels are welcome to play. Sessions will be socially distant indoors in the Lecture Hall. Please ensure at least six feet of space between yourself and other attendees and that you wear a mask while in the library.

Tuesday, April 6, 6:30 to 7:30 p.m. Virtual Downsize and Declutter

Look around you. Has the past year made you realize that maybe you have too much

Wednesday, April 7, 9 a.m. to 12 p.m. Read WITH a Librarian

Sign up to have a librarian read with your child! Depending on your child's age and reading ability your child might want to only be read to OR they may read to us! Either way this a great opportunity to gain reading confidence and encourage a love for reading! Once you register we will be in touch with you by Tuesday evening to schedule a time that works best for your schedule between 9 a.m. and 12 p.m. This program is best for Toddlers/Preschooler through age 9.

Wednesday, April 7, 9:30 to 11:30 a.m. In-Person Adult Knitting Group in the Lecture Hall

Knitters and Crocheters are welcome to gather in the Lecture Hall with their projects for an in-person crafting circle. Please remember to wear a mask and observe social distancing rules.

Thursday, April 8, 10 to 10:30 a.m. Family Storytime in the Lecture Hall Families are invited to join us for storytime in the Lecture Hall. Kids of all ages with an adult will enjoy stories, songs, and rhymes. A craft will be available to take home. Please register for this event since attendance is limited to 5 groups. Groups will be appropriately distanced and please wear a mask.

Thursday, April 8, 6 to 7 p.m. Virtual Literary-Themed Trivia How well is your knowledge of all things literary? Grab a team and compete virtually with others! Kahoot will be used so please make sure you have it downloaded ahead of time if you are using it on a mobile device or tablet. Registration is required to receive a link to the program.

Friday, April 9, 10 to 10:30 a.m. VIRTUAL Mother Goose on the Loose Mother Goose On the Loose is back! Please join Miss JoJo for lots of songs, rhymes, stories and silliness! This program is for babies through Pre-K, siblings are always welcome. You will be required to submit your library card information upon registering as this program is for patrons of DPL only. Once you are approved, you will be provided with a secure link to our virtual session via Ring Central

Friday, April 9, 4 to 5 p.m. Global Poetry Society in the Lecture Hall The Global Poetry Society is dedicated to exploring poetry from around the world. Run by Shane Morin, his goal is to help our community learn about great poets from stuff? Are you looking to tidy up, but don't know where to start? With so many of us spending lots of time at home, this is a great time to start sorting through old items. The presentation will help participants understand why stuff is important to people and provide some practical, easy-to-follow downsizing and decluttering tips that will get Asia, Africa, South America, Native Peoples, and more. Between sessions, registrants will be emailed a reading list of freely accessible poems that will introduce the works to be discussed at the next meeting. Meetings will be held every other Friday morning. Registration is required.



Upcoming American Red Cross blood drives

Every day thousands of patients rely on lifesaving blood donations. The need for blood is constant. More donors, especially those with type O blood, are needed to ensure that patients have lifesaving blood products available for emergencies and regular medical treatments. Schedule a blood donation appointment through the <u>Red Cross Blood</u> <u>Donor App</u>, visiting <u>RedCrossBlood.org</u>, calling 1-



800-RED CROSS (1-800-733-2767) or enabling the Blood Donor Skill on any Alexa Echo device. Red Cross requests donors to schedule an appointment instead of dropping in.

All Red Cross blood drives follow the highest safety and infection control standards with additional COVID-19 implemented precautions – including temperature checks, social distancing, and face coverings for donors and staff. The Red Cross tests blood, platelet and plasma donations for COVID-19 antibodies, provided to the donor when results are available. The test may indicate if the donor's immune system has produced antibodies to this coronavirus, regardless of whether an individual developed COVID-19 symptoms. Testing may also identify the presence of antibodies developed after receiving a COVID-19 vaccine.

Blood donation opportunities in Dover, April 2-15

- Friday, April 2, from 1 to 6 p.m., at St. John's United Methodist Church, 28 Cataract Ave.
- Tuesday, April 6, from 12 to 5 p.m., at the Dover Moose Hall, 45 Chestnut St.
- Monday, April 12, from 12 to 5 p.m., at Dover Baptist Church, 151 Washington St.
- Tuesday, April 13, from 10 a.m. to 3 p.m., at St. Mary Church, 25 Chestnut St.

Dover Chamber accepting nominations for 2021 Annual Awards Gala

The Greater Dover Chamber of Commerce is now accepting nominations for its Annual Awards Gala, in which awards will be given out to the citizen, volunteer, educator, business and non-profit of the year. The Chamber also awards a \$1,000 scholarship to a local area student pursuing higher education.

These awards provide an opportunity for member businesses to celebrate excellence in their companies and to recognize individuals and non-profits who have made a lasting impact in the Greater Dover community. All awards will be presented at the Annual Awards Gala, held on Friday, June 4, 2021. The format of the event is to be determined.

The GDCC encourages businesses and residents to think about individuals and organizations who have made significant contributions to the community and consider nominating them for one of the Chamber awards. To submit award nominations, visit <u>www.dovernh.org/awards</u>.

Nominations for business, volunteer, non-profit, and citizen of the year are due April 9 by 4 p.m. Nominations for educator of the year and student scholarship applications are due May 3 by 4 p.m.

"Our volunteers, advocates, dedicated residents, and businesses are true assets of our community," says GDCC President Margaret Joyce. "If you know or have observed an outstanding individual, business, or nonprofit organization that deserves to be honored by the Greater Dover Chamber of Commerce this year, please let us know by submitting a nomination."

The Annual Awards Gala serves as a sponsorship opportunity for local businesses. For information about potential sponsorships in connection with the Annual Awards Gala, email Community Events Manager Morgan Faustino at <u>events@dovernh.org</u>.

The Greater Dover Chamber of Commerce is a not-for-profit association of businesses, professionals, individuals, and organizations working together to advance the economic wellbeing of its members and the community. For information on programs, please call the Greater Dover Chamber of Commerce at 603-742-2218, email <u>info@dovernh.org</u>, or visit <u>www.dovernh.org</u>.

A guide to solid waste and curbside recycling

Don't let your recycling be rejected

Is your trash or recycling not getting picked up? It may be because it does not conform to the City of Dover's recycling and solid waste rules.

Dover's Community Services Director John Storer requests that curbside customers ensure the items placed in recycling containers are recyclable consistent with local guidelines and that bulky items are correctly tagged.



What's acceptable for curbside recycling in Dover?

- **Plastic**: #1, #2 and #5, provided the items are bottles, tubs and jugs. Rinse and dry. Bottle caps can be recycled if removed, washed, and placed back on the bottle. Loose caps, which fall through processing screens, cannot be recycled.
- Glass: only bottles and jars. Rinse and dry.
- **Cardboard, cartons and paper**: Newspaper, magazines, office paper and junk mail only. Flatten all boxes, then place them into recycling bins, paper bags, or bundle and tie. When flattened, cardboard dimensions must not exceed two feet by two feet. Pizza boxes with grease must be thrown away as the oil contaminates the other recyclables.
- No styrofoam is accepted, even with a recycling symbol on the packing.
- No plastic bags are accepted.

Plastics that are not accepted include plastic bags, plastic utensils, straws, plastic wrap, tarps and colored cups. Recycling bins that contain non-recyclable items may not be picked up or flagged with a warning sticker. See full details of <u>Waste Management's curbside pickup here</u>.

"The state of single-stream recycling has changed on a global basis," Storer said. "There is a dwindling market for single-stream recycling, so in order to keep to keep recycling fiscally viable, we need cooperation from residents in what gets placed for collection."

On July 1, 2020, Waste Management took over as the City of Dover's recycling and solid waste vendor. The City Council approved the new five-year contract in February, following a five-year contract with Pinard Waste Services. Recycling accounts for \$600,000 of the \$1 million increase in waste collection costs due to changes in the recycling market and challenges dealing with contaminated recycling.

Nationwide, Waste Management estimates that 25 percent of items placed in recycling bins are actually trash. This 25 percent of trash can contaminate the good recycling commingled with it.

"Recycling contamination happens when trash ruins otherwise good recyclables," says Waste Management in their <u>Recycling 101 webpage</u>.

For example, food or liquid placed recycling that saturates paper and cardboard can contaminate it. "Once contaminated, these recyclables can no longer be recycled. They become trash."

Bulky trash items

For large, non-metal trash items, such as beds, couches, toilets, sinks, carpets, and furniture, residents must purchase a "Bulky Item Tag" for each bulky trash item to be picked up. A bulky item tag costs \$10 and is available at most places where Dover trash bags can be purchased. See the Community Services' <u>Bag and Tag webpage</u> for a list of locations.

Please note, televisions, computer monitors, microwaves and other metal objects are not accepted for bulky item pickup.

Items left on the curb without a tag may be turned over to the City's health officer to see whether the items can be traced to a property.

All recycling and trash, including bulky tag items, should still be placed curbside by 7 a.m. on the designated collection day or as early as 4 p.m. the day before.

For more information, contact Community Services at 516-6450.

City's boards and commissions seek to fill several vacancies

The City of Dover is a vibrant community due in large part to the energy and talent of citizen participation on boards and commissions.

The City's boards and commissions encourage public participation and are seeking new members to fill several vacant positions.

Joining one of the City's numerous boards commissions not only offers a chance to give back to the community, it can be a rewarding and valuable experience, and helps shape the City's future.

For a complete list of the City's boards and commissions, as well as more information about vacancies and how to apply, <u>click here</u>.

To download an application for board and commissions, <u>click here</u>.

Completed forms should be returned to

City of Dover employment opportunities

Want to work for the City of Dover? The City's website offers an updated list of open positions, including job descriptions and a downloadable application for employment.

The City of Dover is now seeking applications the following positions:

- Police Officer
- Summer day camp counselor
- Lifeguard
- Seasonal maintenance worker
- Truck drivers
- Parking Enforcement Officer
- Custodian, McConnell Center

For more information about these positions or employment opportunities with the City of Dover, <u>click here</u>.

Missed the meeting? Catch it again online

Don't forget: If you missed the live City Council, School Board or Planning Board meetings on the City Clerk's Office in person, by mail, or by email. Committee application forms are kept on file for one year from date of submission.

For more information, contact the City Clerk's office at 516-6018.

Channels 22 and 95, you can catch them again, online and on demand.

Simply visit <u>www.dovernh.viebit.com</u> to begin watching meetings on demand. Online meetings are organized by agenda item for convenience.

CITY OF DOVER, NEW HAMPSHIRE | <u>www.dover.nh.gov</u>

