

Dover Indoor Pool Schedule

March 16 - 23, 2020



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p><u>6:30 - 8:30 am</u> 6 Lanes Lap</p> <p><u>8:30 - 9:30 am</u> 2 Lanes Lap 4 Lanes Hydrofitness</p> <p><u>9:30 - 11:00 am</u> 6 Lanes Therapy Swim</p> <p><u>11:00 - 1:00 pm</u> 6 Lanes Lap</p> <p style="color: red;">closed 1:00-7:00pm</p> <p><u>7:00 - 9:00 pm</u> 3 Lanes Adult Lap 3 Lanes Recreation</p>	<p><u>5:30 - 6:30 am</u> 6 Lanes Lap</p> <p><u>6:30 - 9:30 am</u> 6 Lanes Lap</p> <p><u>9:30 - 11:00 am</u> 6 Lanes Therapy Swim</p> <p><u>11:00 - 1:00 pm</u> 6 Lanes Lap</p> <p style="color: red;">closed 1:00-6:00pm</p> <p><u>6:30 - 7:45 pm</u> 6 Lanes Masters</p> <p><u>7:45 - 9:00 pm</u> 3 Lanes Adult Lap 3 Lanes Recreation</p>	<p><u>6:30 - 8:30 am</u> 6 Lanes Lap</p> <p><u>8:30 - 9:30 am</u> 2 Lanes Lap 4 Lanes Hydrofitness</p> <p><u>9:30 - 11:00 am</u> 6 Lanes Therapy Swim</p> <p><u>11:00 - 1:00 pm</u> 6 Lanes Lap</p> <p style="color: red;">closed 1:00-7:00pm</p> <p><u>7:00 - 9:00 pm</u> 3 Lanes Adult Lap 3 Lanes Recreation</p>	<p><u>5:30 - 6:30 am</u> 6 Lanes Lap</p> <p><u>6:30 - 9:30 am</u> 6 Lanes Lap</p> <p><u>9:30 - 11:00 am</u> 6 Lanes Therapy Swim</p> <p><u>11:00 - 1:00 pm</u> 6 Lanes Lap</p> <p style="color: red;">closed 1:00-6:00pm</p> <p><u>6:30 - 7:45 pm</u> 6 Lanes Masters</p> <p><u>7:45 - 9:00 pm</u> 3 Lanes Adult Lap 3 Lanes Recreation</p>	<p><u>6:30 - 8:30 am</u> 6 Lanes Lap</p> <p><u>8:30 - 9:30 am</u> 2 Lanes Lap 4 Lanes Hydrofitness</p> <p><u>9:30 - 11:00 am</u> 6 Lanes Therapy Swim</p> <p><u>11:00 - 1:00 pm</u> 6 Lanes Lap</p> <p style="color: red;">closed at 1:00pm for remainder of the day</p>	<p style="color: red; text-align: center;">open at 11am</p> <p><u>11:00 - 1:00 pm</u> 6 Lanes Lap</p> <p><u>1:00 - 2:30 pm</u> Lessons/Rental</p> <p><u>2:30 - 4:00 pm</u> 3 Lanes Adult Lap 3 Lanes Recreation</p>	<p><u>9:00 - 11:00 am</u> 6 Lanes Masters</p> <p><u>11:00 - 1:00 pm</u> 6 Lanes Lap</p> <p><u>1:00 - 2:30 pm</u> Lessons/Rental</p> <p><u>2:30 - 6:00 pm</u> 3 Lanes Adult Lap 3 Lanes Recreation</p>
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday

- Rec Swim Rules**
- 1) Children under 45" require a parent in the water
 - 2) No Swimming in the well
 - 3) Diving board use is allowed, after passing the swim test
 - 4) No equipment except lifejackets
 - 5) Kids with lifevests must have a parent in arms reach at all times
 - 6) No goggles that cover the nose
 - 7) Parents cannot be in the well to catch children off the divingboard
 - 8) No child with a lifevest of any kind may use the divingboard
 - 9) Kids under 3 required to wear swim diaper. Can be purchased for \$2 each

NOTE: Private Lessons are taught during Recreation/Lap times. Dive Well may be closed during certain times for Lifeguard Training

	Resident	Daily	Punch Ticket (12)	* Yearly Indoor	6 Month Indoor		
Membership Fees 1) Excludes Hydrofitness 2) Excludes Masters 3) Good for 1 year from date of purchase	Adult	\$5.00	50.00	\$170.00	\$100.00	Rental Fees Indoor Pool: \$140.00/hour 30 people or less Add \$15/hr for more than 30 ppl	
	Senior	\$3.00	\$30.00	\$80.00	\$45.00		
	Youth	\$3.00	\$30.00	\$80.00	\$45.00		
		Non-Resident	Daily	Punch Ticket (12)	* Yearly Indoor	6 Month Indoor	Lane rentals: \$40/hour; Dive well: \$40/hour
	Adult	\$7.00	\$70.00	\$330.00	\$190.00		
	Senior	\$4.00	\$40.00	\$160.00	\$90.00		
Youth	\$4.00	\$40.00	\$160.00	\$90.00	\$90.00		