



DOVER INDOOR POOL SCHEDULE

Effective May 20, 2016



516-6441

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|--------------------------------|--|--------------------------------|--|--------------------------------|---|----------------------------------|
| Early Bird Lap 5:30-8:30am | Early Bird Lap* 6:30-8:30am | Early Bird Lap 5:30-8:30am | Early Bird Lap* 6:30-8:30am | Early Bird Lap 5:30-8:30am | Program/Rental 7:00-11:00am | Masters Swim 9:00-11:00am |
| Hydrofitness 8:30-9:30am | Swim lessons 8:45-10:15am | Hydrofitness 8:30-9:30am | Swim lessons 8:45-10:15am | Hydrofitness 8:30-9:30am | | |
| Therapy Swim 9:30-11:00am | Therapy Swim** 9:30-11:00am | Therapy Swim 9:30-11:00am | Therapy Swim** 9:30-11:00am | Therapy Swim 9:30-11:00am | | |
| Adult Lap Swim 11:00-1:00pm | Adult Lap Swim 11:00am-1:00pm | Adult Lap Swim 11:00-1:00pm | Adult Lap Swim 11:00am-1:00 | Adult Lap Swim 11:00-1:00pm | Adult Lap Swim 11:00am-1:00pm | Adult Lap Swim 11:00am-1:00pm |
| Rec Swim 2:30-4:00pm | Rec Swim 2:30-4:00pm | Rec Swim 2:30-4:00pm | Rec Swim 2:30-4:00pm | Rec Swim 2:30-4:00pm | Rec Swim 3:30-5:00pm | Rec Swim 3:30-5:00pm |
| Program/Rental 4:00-7:00pm | Program/Rental 4:00-6:30pm | Program/Rental 4:00-7:00pm | Program/Rental 4:00-6:30pm | Program/Rental 4:00-7:00pm | Program/Rental 5:00-9:00pm | Mighty Seals 5:00-6:30pm |
| Adult/Rec^ 7:00-9:00pm | Masters 6:30-7:45pm Adult /Rec^ 7:45-9:00pm | Adult/Rec^ 7:00-9:00pm | Masters 6:30-7:45pm Adult /Rec^ 7:45-9:00pm | Adult/Rec^ 7:00-9:00pm | The shaded blocks are the best times to bring children in to swim and use our diving board! | |

^ The Dive well may be closed during certain class times

* Only 1/2 the pool is available until 6:45am

** Only 1/2 the pool is available until 10:15am



REC SWIM: During this time children **under 45 inches must have an adult in the water with them.** No lane lines will be in, except for full lane rentals. No equipment is allowed in the pool, except for life jackets. Children wearing a life jacket must have a parent in the water with them within arms reach. Children are not allowed off of the diving board wearing life jackets.



LOCKER ROOM POLICY: Children age 4 and over are required to use same sex locker rooms. We have two family changing areas near the lobby for those that need them. Please see the desk attendant for more information.

FEES (yearly membership excludes Hydrofitness and Masters)



| DOVER RESIDENT | Daily | Punch Ticket(12) | Yearly Indoor | 6 Month Indoor |
|----------------|--------|------------------|---------------|----------------|
| Adult | \$5.00 | \$50.00 | \$160.00 | \$95.00 |
| Senior | \$3.00 | \$30.00 | \$75.00 | \$40.00 |
| Youth | \$3.00 | \$30.00 | \$75.00 | \$40.00 |
| NON-RESIDENT | | | | |
| Adult | \$7.00 | \$70.00 | \$320.00 | \$186.00 |
| Senior | \$4.00 | \$40.00 | \$150.00 | \$84.00 |
| Youth | \$4.00 | \$40.00 | \$150.00 | \$84.00 |

Children age 3 and under are required to wear a swim diaper while swimming. These are available at the front desk for \$2 each.
Thank you for understanding.

Yearly memberships are good for one year from the date of purchase.

Indoor Pool Rental \$140/Hr. (for 30 or less) Add add'l \$15/hr. for each group of 30 people or portion of 30 people over the original group. Lane rentals \$40/Hr. Diving well \$40/Hr.

DOVER RECREATION RESERVES THE RIGHT TO CHANGE THIS SCHEDULE WITHOUT PRIOR NOTICE.