

Dover Indoor Pool- Reopening Phase 2

Dover Residents & Non-Residents

Dover Indoor Pool will begin Phase 2 of our reopening process **Monday June 22, 2020**. In order to reopen following state and local guidelines, many changes needed to be made to assure the health and safety of our patrons. Please read through this entire packet for all of our new practices. We appreciate your cooperation during this time and are so excited to welcome you back!

During phase 2, we will be opening for lap swim only to **Dover Residents and Non-Residents**. Lap swim will be broken down into 1 hour swim blocks, followed by a 30 minute block for our staff to clean the facility. We ask that patrons exit the facility no more than 15 minutes after their swim block has ended. All swimming will have to be done by reservation only.

Patrons will be asked every visit, before entering the facility the following questions:

- Is your current temperature in excess of 100.00 degrees Fahrenheit?
- Have you had a fever in the last 72 hours?
- Have you had close contact with anyone suspected or confirmed to have COVID-19?
- Do you have respiratory symptoms such as a runny nose, sore throat, cough or shortness of breath?
- Do you have flu-like symptoms such as muscle aches, chills, severe fatigue?
- Have you experienced changes in your sense of taste or smell (loss of either)?

****If you answer yes to any of the following questions, please do not put our employees and other patrons at risk! Please come back when you can answer no to all of the above questions.***

NEW POOL RULES:

1. Swimming must be continuous from the time you enter the pool, until the time you leave.
2. No congregating at any time.
3. Patrons must maintain 6 feet distance from others at all times.
4. The pool is to be used for lap swimming and vertical exercise only.
5. Masks or cloth face coverings must be worn when entering and exiting the facility, in the lobby, locker rooms, and the pool deck until you are ready enter the pool.
6. Only swimmers will be allowed into the facility. The diving boards will remain closed and there will be no observers.
7. Patrons will only be allowed to enter the facility at the exact time of their reservation and must leave no later than 15 minutes after their swim block has ended.
8. All lap swim times must be made by reservation.
9. Patrons that cannot follow these guidelines will not be allowed to use the facility.

ADDITIONAL INFORMATION:

In order for the pool to limit group gatherings and maintain social distancing, the pool will not be offering the following programs until further notice:

- Walk-ins
- Group or Private lessons
 - Hydrofitness
 - Rentals
 - Swim Teams
- The use of any fitness equipment (kickboards, fins, noodles, toys, barbells, etc.)

Health Warning (COVID-19)

The City of Dover's top priority is the health and safety of our patrons, so please keep in mind the following:

- Risk of exposure to COVID-19 is still present
- For the safety of our staff and other patrons, please stay home if you are feeling ill, or experiencing any symptoms of COVID-19 (cough, fever, severe fatigue) and use our facility when you are feeling better.
 - Patrons must take responsibility for their own protection (masks, hand washing, etc.)
- Please maintain social distancing practices and remain 6 feet away from patrons that are not in your household

What should I expect at the pool?

- Upon arrival to the pool please wait outside, practicing social distancing, until your reservation time. A staff member will open the door, the front door will remain locked. Staff will always be at the front desk to let you in if you are running late. We encourage patrons to come in their bathing suits to maximize pool time.
- Patrons are asked to wear a mask or cloth face covering in the lobby, locker rooms, and the pool deck until you are ready enter the pool.
- Hand sanitizer will be placed outside of the locker rooms, patrons are encouraged to use it.
- All locker doors and shower curtains will be closed upon arrival, please leave your locker door and shower curtain open when you leave to allow for thorough cleaning.
- Only 1 person per lane, even if you are in the same household. If you have to use the stairs or ladder, please keep 6 feet distance from other patrons when crossing lanes.
- Lifeguard stands will have a 6 foot area blocked off around them, this allows the lifeguards to remove their masks. Please do not approach the lifeguard, or step inside 6 foot area unless there is an emergency.
- For thorough cleaning of the facility to take place, **please exit the building no more than 15 minutes after your swim block has ended.**

How do I make a reservation?

All reservations will be made using the website SignUpGenius. A link will be posted on our website and our Dover Pools NH Facebook page. Please only sign up for 1 time slot per day, due to limited spacing we want everyone to have an opportunity to sign-up.

To make a reservation;

- Go to the City of Dover web site www.dover.nh.gov -> highlight City Services -> click Recreation-> click Indoor Pool. Or copy and paste this link into your web browser
<https://www.dover.nh.gov/government/city-operations/recreation/aquatics/index.html>
- Click the link to the SignUpGenius website.
- Scroll through the list of available time slots, you may need to go to the next page to see more time slots.
- Click the green "Sign Up" button when you have found a time and lane. A check mark will appear when the time has been selected.
- At the bottom of the screen click on the orange box "Submit and Sign Up".
- Please fill out first and last name, and email address, this will send a confirmation of your reservation.