

Dover Indoor Pool Schedule August 3-August 14 2026						
						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8:00 - 9:20 am Lap Swim 9:30-10:30am HydroFitness 10:40 - 12:00 pm Lap Swim 12:05 - 1:30 pm Therapy Walking (water walking only)	6:30 - 7:50 am Lap Swim 8:00 - 9:40 am Swim Lessons 9:45 - 10:45 am Therapy Walking (water walking only) 10:50 - 12:30 pm Lap Swim	6:30 - 7:50 am Lap Swim 8:00 - 9:40 am Swim Lessons 9:30 - 10:30am HydroFitness (Dive Well) 9:45 - 10:45 am Therapy Walking (water walking only)	6:30 - 7:50 am Lap Swim 8:00 - 9:40 am Swim Lessons 9:45 - 10:45 am Therapy Walking (water walking only) 10:50 - 12:30 pm Lap Swim	8:00 - 9:20 am Lap Swim 9:30-10:30am HydroFitness 10:40 - 12:00 pm Lap Swim 12:05 - 1:30 pm Therapy Walking (water walking only)	INDOOR POOL CLOSED SEE JENNY THOMPSON SCHEDULE	INDOOR POOL CLOSED SEE JENNY THOMPSON SCHEDULE
					Schedule Changes	Schedule Changes
					Jenny Thompson Outdoor Pool will be closed the following dates for swim meets;	Jenny Thompson Outdoor Pool will be closed the following dates for swim meets;
					FRIDAY JULY 31 & August 1st-Current North	August 2-Current North
Monday	Tuesday	Wednesday	Thursday	Friday	AUGUST 15-31 INDOOR POOL MAINTENANCE CLOSURE ALL PASSES VALID OUTSIDE	AUGUST 15-31 INDOOR POOL MAINTENANCE CLOSURE ALL PASSES VALID OUTSIDE
					Rec Swim Rules	
					1) Children under 45" require a parent in the water	
					2) No Swimming in the well 3) Diving board use is allowed 4) No equipment except lifejackets 5) Kids with lifevests must have a parent in arms reach at all times 6) No goggles that cover the nose 7) Parents cannot be in the well to catch children off the divingboard 8) No child with a lifevest of any kind may use the divingboard 9) Kids under 3 required to wear swim diaper. Can be purchased for \$2 each	
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NOTE: This schedule is subject to change without notice.

Membership Fees	Resident	Daily	Punch Ticket (12)	* Yearly Indoor	6 Month Indoor
1) Excludes Hydrofitness 2) Excludes Masters 3) Good for 1 year from date of purchase	Adult	\$5.00	\$50.00	\$170.00	\$100.00
	Senior	\$3.00	\$30.00	\$80.00	\$45.00
	Youth	\$3.00	\$30.00	\$80.00	\$45.00
	Non-Resident	Daily	Punch Ticket (12)	* Yearly Indoor	6 Month Indoor
EXCLUDES OUTDOOR POOL	Adult	\$10.00	\$100.00	\$330.00	\$190.00
	Senior	\$5.00	\$50.00	\$160.00	\$90.00
	Youth	\$5.00	\$50.00	\$160.00	\$90.00