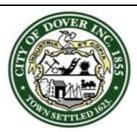
Dover Indoor Pool Schedule

April 27th- May 18th 2025



		A	prii 27 tii- iviay Totii 2	2023		SETTLED
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					7:00 - 9:00 am Current North Swim Team	
					9:00-11:00am	<u>9:00 - 11:00am</u>
					6 Lanes Lap	6 Lanes Masters
8:30 - 9:15am 6 Lanes Lap	8:30 - 10:30am 6 Lanes Lap	8:30 - 10:30am 6 Lanes Lap	8:30 - 10:30am 6 Lanes Lap	7:30 - 9:15am 6 Lanes Lap	11:00 - 12:00 pm Therapy Swim (water walking only)	11:00 - 12:00pm Therapy Swim (water walking only)
9:30 - 10:30 am		9:30 - 10:30 am		9:30 - 10:30 am		(Trader training only)
Hydrofitness Hydrofitness		Hydrofitness-Dive Well		Hydrofitness		
riyarontness		liyaronthess-bive wen		riyurontness	<u>12:15 - 2:15 pm</u>	<u> 12:15 - 2:15 pm</u>
10:30 - 11:30 am Therapy Swim (water walking only)	10:30 - 11:30 am Therapy Swim (water walking only)	10:30 - 11:30 am Therapy Swim-Main pool (water walking only)	10:30 - 11:30 am Therapy Swim (water walking only)	10:30 - 11:30 am Therapy Swim (water walking only)	Recreation Swim NO LAP SWIMMING	Recreation Swim NO LAP SWIMMING
						2:30-3:30 pm
<u>11:30 - 1:00 pm</u> 6 Lanes Lap	<u>11:30 - 1:00 pm</u> 6 Lanes Lap	<u>11:30 - 1:00 pm</u> 6 Lanes Lap	<u>11:30 - 1:00 pm</u> 6 Lanes Lap	<u>11:30 - 1:00 pm</u> 6 Lanes Lap		Mighty Seals Swim Team (May 18th Last Day)
•						
	<u>1:00 - 2:00 pm</u>		<u>1:00 - 2:00 pm</u>	<u>1:00 - 2:00 pm</u>		
	Recreation Swim		Recreation Swim	Recreation Swim		
	NO LAP SWIMMING		NO LAP SWIMMING	NO LAP SWIMMING		
						Rec Swim Rules
						1) Children under 45" require a
						parent in the water
<u>4:00 - 6:00 pm</u>	<u>4:00 - 5:30 pm</u>	<u>4:00 - 6:00 pm</u>	<u>4:00-5:30pm</u>	<u>4:00 - 6:00 pm</u>		2) No Swimming in the well
Current North Swim Team	Current North Swim Team	Current North Swim Team	Current North Swim Team	Current North Swim Team		3) Diving board use is allowed
						4) No equipment except lifejackets
<u>6:00 - 7:00 pm</u>	<u>5:30-6:30pm</u>	<u>6:00 - 7:00 pm</u>	<u>5:30-6:30pm</u>			5) Kids with lifevests must have a
6 Lanes Lap	5 Lanes Lap 1 Lane Lessons	6 Lanes Lap	6 Lanes Lap			parent in arms reach at all times 6) No goggles that cover the nose
		1				7) Parents cannot be in the well to
						7) Turches cumot be in the tren to
	C-20 7.45		C-20 7.45			catch children off the divingboard
	<u>6:30 - 7:45 pm</u>		6:30 - 7:45 pm			catch children off the divingboard 8) No child with a lifevest of any kind
	6 Lanes Masters		<u>6:30 - 7:45 pm</u> 6 Lanes Masters			catch children off the divingboard 8) No child with a lifevest of any kind may use the divingboard
	6 Lanes Masters (April 29, May 6, 13)		·			catch children off the divingboard 8) No child with a lifevest of any kind may use the divingboard 9) Kids under 3 required to wear swim
Monday	6 Lanes Masters	Wednesday	·	Friday		catch children off the divingboard 8) No child with a lifevest of any kind may use the divingboard

NOTE: Please note this schedule is subject to change without notice.

Membership Fees

1) Excludes Hydrofitness

2) Excludes Masters

3) Memberships start from date

of purchase

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Resident	Daily	Punch Ticket (12)	* Yearly Indoor	6 Month Indoor					
Adult	\$5.00	\$50.00	\$170.00	\$100.00					
Senior	\$3.00	\$30.00	\$80.00	\$45.00					
Youth	\$3.00	\$30.00	\$80.00	\$45.00					
Non-Resident	Daily	Punch Ticket (12)	* Yearly Indoor	6 Month Indoor					
Adult	\$7.00	\$70.00	\$330.00	\$190.00					
Senior	\$4.00	\$40.00	\$160.00	\$90.00					
Youth	\$4.00	\$40.00	\$160.00	\$90.00					

JUNE-AUGUST

LAP TIME REDUCED

PASSES CANNOT BE

USED AT OUTDOOR POOL