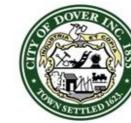
## **Dover Indoor Pool Schedule**

November 10th- February 15th 2024-2025-Revised



		November 10 <sup>-</sup>	th- February 15th 20	24-2025-Revised		THE SETTLED HIS		
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday		
					7:00 - 9:00 am			
					Current North Swim Team			
				<u>7:30 - 8:30am</u>	<u>9:00-11:00am</u>	<u>9:00 - 11:00am</u>		
				6 Lanes Lap	Lessons	6 Lanes Masters		
8:30 - 9:30am	8:30 - 9:00am	8:30 - 10:30am	8:30 - 9:00am	<u>8:30 - 9:30am</u>	<u>11:00 - 12:00 pm</u>	<u>11:00 - 12:00pm</u>		
6 Lanes Lap	Lessons	6 Lanes Lap	Lessons	Homeschool Lessons	6 Lanes Lap	Mighty Seals Swim Team		
<u>9:30 - 10:30 am</u>	<u>9:00 - 10:30 am</u>	<u>9:30 - 10:30 am</u>	<u>9:00 - 10:30 am</u>	<u>9:30 - 10:30 am</u>				
Hydrofitness	6 Lanes Lap	<b>Hydrofitness-Dive Well</b>	6 Lanes Lap	Hydrofitness				
40.00 44.00	40.00 44.00	40.00 44.00	40.00 44.00	40.00 44.00	<u>12:15 - 2:15 pm</u>	<u>12:15 - 2:15 pm</u>		
10:30 - 11:30 am Therapy Swim	10:30 - 11:30 am Therapy Swim	10:30 - 11:30 am Therapy Swim-Main pool	10:30 - 11:30 am Therapy Swim	10:30 - 11:30 am Therapy Swim	Recreation Swim NO LAP SWIMMING	Recreation Swim NO LAP SWIMMING		
(water walking only)	(water walking only)	(water walking only)	(water walking only)	(water walking only)				
<u>11:30 - 1:00 pm</u>	<u>11:30 - 1:00 pm</u>	<u>11:30 - 1:00 pm</u>	<u>11:30 - 1:00 pm</u>	<u>11:30 - 1:00 pm</u>		<u>2:30 - 3:30 pm</u>		
6 Lanes Lap	6 Lanes Lap	6 Lanes Lap	6 Lanes Lap	6 Lanes Lap		HS SWIM TEAMS		
	<u>1:00 - 2:00 pm</u>		1:00 - 2:00 pm					
	Recreation Swim		Recreation Swim					
	NO LAP SWIMMING		NO LAP SWIMMING					
<u>3:30 - 5:30 pm</u>	<u>3:30 - 5:00 pm</u>	3:30 - 4:30 pm	3:30 - 4:30 pm	3:30 - 4:30 pm		Rec Swim Rules		
HS SWIM TEAMS	HS SWIM TEAMS	HS SWIM TEAMS	HS SWIM TEAMS	HS SWIM TEAMS		1) Children under 45" require a		
						parent in the water		
	<u>5:00-6:30pm</u>	<u>4:30-5:30pm</u>	<u>4:30-5:30pm</u>	<u>4:30 - 5:30 pm</u>		2) No Swimming in the well		
	Lessons	3 Lanes HS SWIM TEAMS	<b>Current North Swim Team</b>	<b>Current North Swim Team</b>		3) Diving board use is allowed		
		3 Lanes Lap				4) No equipment except lifejackets		
<u>5:30 - 7:30 pm</u>	<u>6:30 - 7:45 pm</u>	<u>5:30-7:30pm</u>	<u>5:30-6:30pm</u>	<u>5:30 - 6:30 pm</u>		5) Kids with lifevests must have a		
<b>Current North Swim Team</b>	6 Lanes Masters	<b>Current North Swim Team</b>	2 Lanes Swim Team Prep 2 Lanes Adult Lessons	3 Lanes Current North Swim Team		parent in arms reach at all times		
			2 Lanes Adult Lessons 2 Lanes Lap	3 Lanes Swim Team Prep		<ul><li>6) No goggles that cover the nose</li><li>7) Parents cannot be in the well to</li></ul>		
Schedule Change	Schedule Change	CLOSED				catch children off the divingboard		
CLOSED	CLOSED	Christmas Day	<u>6:30 - 7:45 pm</u>			8) No child with a lifevest of any kind		
11/11-Veterans Day	Christmas Eve	New Years Day	6 Lanes Masters			may use the divingboard		
1/20 MLK Day	New Years Eve		CLOSED			9) Kids under 3 required to wear swim		
2/17-Presidents Day			<i>Nov. 28</i>			diaper. Can be purchased for \$2 each		
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Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday		
NOTE: Please note this schedule is subject to change without notice.								

## NOTE: Please note this schedule is subject to change without notice.

1) Excludes Hydrofitness
2) Excludes Masters
3) Memberships start from date
of purchase

**Membership Fees** 

NOTE: Please note this schedule is subject to change without notice.									
Resident	Daily	Punch Ticket (12)	* Yearly Indoor	6 Month Indoor					
Adult	\$5.00	\$50.00	\$170.00	\$100.00					
Senior	\$3.00	\$30.00	\$80.00	\$45.00					
Youth	\$3.00	\$30.00	\$80.00	\$45.00					
Non-Resident	Daily	Punch Ticket (12)	* Yearly Indoor	6 Month Indoor					
Adult	\$7.00	\$70.00	\$330.00	\$190.00					
Senior	\$4.00	\$40.00	\$160.00	\$90.00					
Youth	\$4.00	\$40.00	\$160.00	\$90.00					