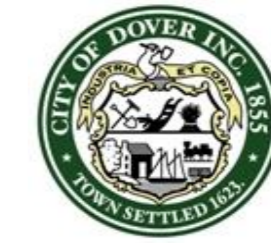


Dover Indoor Pool Schedule

May 4-May 31-2026



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p>9:30 - 10:30 am Hydrofitness</p> <p>10:30 - 12:00 pm 6 Lanes Lap</p> <p>12:00 - 1:30 pm Therapy Walking (water walking only)</p> <p>4:00 - 6:00 pm Current North Swim Team</p> <p>6:00 - 8:00 pm Otters Swim Team 5/4, 5/11, 5/18</p>	<p>7:30 - 9:30 am 6 Lanes Lap</p> <p>9:30 - 11:00 am Therapy Walking (water walking only)</p> <p>11:00 - 12:30 pm 6 Lanes Lap</p> <p>12:30 - 3:30 pm 3 lanes Rec. swim 3 Lanes Lap</p> <p>4:00-5:30pm Current North Swim Team</p> <p>5:30-6:30pm 6 Lanes Lap</p> <p>6:45 - 8:00 pm 6 Lanes Masters</p>	<p>9:30 - 10:30 am Hydrofitness-Dive Well</p> <p>9:30 - 11:00 am Therapy Walking (water walking only)</p> <p>11:00 - 12:30 pm 6 Lanes Lap</p> <p>12:30 - 3:30 pm 3 lanes Rec. swim 3 Lanes Lap</p> <p>4:00 - 6:00 pm Current North Swim Team</p> <p>6:00 - 8:00 pm Otters Swim Team 5/6, 5/13, 5/20, 5/27</p>	<p>7:30 - 9:30 am 6 Lanes Lap</p> <p>9:30 - 11:00 am Therapy Walking (water walking only)</p> <p>11:00 - 12:30 pm 6 Lanes Lap</p> <p>12:30 - 3:30 pm 3 lanes Rec. swim 3 Lanes Lap</p> <p>4:00-5:30pm Current North Swim Team</p> <p>5:30-6:30pm 6 Lanes Lap</p> <p>6:45 - 8:00 pm 6 Lanes Masters</p>	<p>9:30 - 10:30 am Hydrofitness</p> <p>10:30 - 12:00 pm 6 Lanes Lap</p> <p>12:00 - 1:30 pm Therapy Walking (water walking only)</p> <p>1:30 - 3:30 pm 3 lanes Rec. swim 3 Lanes Lap</p> <p>4:00-6:00pm Current North Swim Team</p> <p>6:00 - 8:00 pm Otters Swim Team 5/15, 5/29</p>	<p>7:00 - 9:00 am Current North Swim Team</p> <p>9:00-10:30am 6 Lanes Lap</p> <p>10:35 - 12:15 pm Therapy Walking (water walking only)</p> <p>12:30 - 2:30 pm Recreation Swim NO LAP SWIMMING</p> <p>9:00-11:00am Lessons-May 9 11:30 - 2:30pm Recreation Swim NO LAP SWIMMING MAY 9th ONLY</p>	<p>9:00 - 11:00am 6 Lanes Masters</p> <p>11:30 - 2:30pm Recreation Swim NO LAP SWIMMING</p> <p>2:30-3:30 pm Mighty Seals</p> <p>Schedule Change 5/24 No Mighty Seals</p> <p>Schedule Change May 10 & May 24</p> <p>Water Country Rental May 10 4:00-8:00pm May 24 3:00-8:00 pm</p> <p>Rec Swim Rules</p> <ol style="list-style-type: none"> 1) Children under 45" require a parent in the water 2) No Swimming in the well 3) Diving board use is allowed 4) No equipment except lifejackets 5) Kids with lifevests must have a parent in arms reach at all times 6) No goggles that cover the nose 7) Parents cannot be in the well to catch children off the divingboard 8) No child with a lifevest of any kind may use the divingboard 9) Kids under 3 required to wear swim diaper. Can be purchased for \$2 each
<p>Schedule Change Monday May 25th 9am-1pm</p>				<p>Schedule Change May 8 & May 22</p> <p>Water Country Rental 6:00-8:00pm</p>	<p>Schedule Change May 9 & May 23</p> <p>Water Country Rental 3:00-8:00pm</p>	
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday

NOTE: Please note this schedule is subject to change without notice.

Membership Fees	Resident	Daily	Punch Ticket (12)	* Yearly Indoor	6 Month Indoor
1) Excludes Hydrofitness	Adult	\$5.00	\$50.00	\$170.00	\$100.00
2) Excludes Masters	Senior	\$3.00	\$30.00	\$80.00	\$45.00
3) Memberships start from date of purchase	Youth	\$3.00	\$30.00	\$80.00	\$45.00
	Non-Resident	Daily	Punch Ticket (12)	* Yearly Indoor	6 Month Indoor
	Adult	\$10.00	\$100.00	\$330.00	\$190.00
	Senior	\$5.00	\$50.00	\$160.00	\$90.00
	Youth	\$5.00	\$50.00	\$160.00	\$90.00