Dover Indoor Pool Schedule August 11th- August 31st



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
ALL PASSES	ALL PASSES	ALL PASSES	ALL PASSES	ALL PASSES		
VALID INSIDE	VALID INSIDE	VALID INSIDE	VALID INSIDE	VALID INSIDE		
	7:00 - 8:00 am Lap Swim (until 9:45 begin 8/19)	7:00 - 8:00 am Lap Swim (until 9:45 begin 8/20)	7:00 - 8:00 am Lap Swim (until 9:45 begin 8/21)	7:30 - 8:30 am Lap Swim	9:00-11:00am Lap Swim	9:00-11:00am Masters
8:00 - 9:15 am Lap Swim	8:00 - 9:40 am Swim Lessons	8:00 - 9:40 am Swim Lessons	8:00 - 9:40 am Swim Lessons (last day 8/14)	8:30 - 9:30 am Therapy Swim (water walking only)	11:00am - 12:00 pm Therapy Swim (water walking ONLY) (NO LAPS)	11:00am - 12:00 pm Therapy Swim (water walking ONLY) (NO LAPS)
9:30-10:30am HydroFitness	9:45 - 10:45 am Therapy Swim (water walking only)	9:30 - 10:30am HydroFitness (Dive Well)	9:45 - 10:45 am Therapy Swim (water walking only)	9:30-10:30am HydroFitness	1:15 - 3:15 pm Rec Swim	1:15 - 3:15 pm Rec Swim
		9:45 - 10:45 am Therapy Swim (water walking only) MAIN POOL			JENNY THOMPSON POOL Closing for the season August 10 FOR RENOVATIONS	
<u>10:30 - 12:00 pm</u> Therapy Swim	<u>10:45 - 12:00 pm</u> Lap Swim	<u>10:45 - 12:00 pm</u> Lap Swim	<u>10:45 - 12:00 pm</u> Lap Swim	<u>10:45 - 12:00 pm</u> Lap Swim	INDOOR POOL WILL NOT BE CLOSING FOR MAINTENANCE THIS SEASON	
<u>12:15 - 3:30pm</u> Rec Swim	<u>12:15 - 3:30pm</u> Rec Swim	12:15 - 3:30pm Rec Swim	<u>12:15 - 3:30pm</u> Rec Swim	<u>12:15 - 3:30pm</u> Rec Swim	ALL PASSES VALID INSIDE	
					Rec Swim Rules	
<u>4:00 - 6:00 pm</u>	<u>4:00 - 6:00 pm</u>		<u>4:00 - 6:00 pm</u>		1) Children under 45" require a parent in the water	
Lap Swim	Lap Swim		Lap Swim		2) No Swimming in the well 3) Diving board use is allowed	
6:00 pm - 7:30 pm Masters	6:00 pm - 7:30 pm Masters		6:00 pm - 7:30 pm Masters	HAPPY 4th july *	 4) No equipment except lifejackets 5) Kids with lifevests must have a parent in arms reach at all times 6) No goggles that cover the nose 7) Parents cannot be in the well to catch children off the divingboard 	
				Schedule Change: Indoor CLOSED OUTDOOR 8am-1pm JULY 4TH	8) No child with a lifevest of any kind may use the divingboard 9) Kids under 3 required to wear swim diaper. Can be purchased for \$2 each	
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday

NOTE: This schedule is subject to change without notice.

Membership Fees	Resident	Daily	Punch Ticket (12)	* Yearly Indoor	6 Month Indoor
1) Excludes Hydrofitness	Adult	\$5.00	\$50.00	\$170.00	\$100.00
2) Excludes Masters	Senior	\$3.00	\$30.00	\$80.00	\$45.00
3) Good for 1 year from date	Youth	\$3.00	\$30.00	\$80.00	\$45.00
of purchase	Non-Resident	Daily	Punch Ticket (12)	* Yearly Indoor	6 Month Indoor
	Adult	\$10.00	\$100.00	\$330.00	\$190.00
EXCLUDES OUTDOOR POOL	Senior	\$5.00	\$50.00	\$160.00	\$90.00
	Youth	\$5.00	\$50.00	\$160.00	\$90.00