

August 2026 *DOVER ARENA STICK PRACTICE TIMES*

PARENT/TOT- For children ages 10 and under (as of 9/2026) and their parents. This is a fun recreational hockey skate for parents and their children, it is not for a team practice or a game session. **FULL EQUIPMENT** for children and parents must wear helmets.

YOUTH STICK— For ages grade 8 and below as of 9/2026 **FULL EQUIPMENT REQUIRED**. No parents allowed on ice. Limit 20 skaters/2 goalies.

ADULT—18 and older **HELMETS REQUIRED** Limit 20 skaters/2 goalies

TIMES SUBJECT TO CHANGE. PLEASE CALL IN ADVANCE.

Sun	Mon	Tue	Wed	Thu	Fri
YOUTH -ORANGE \$8.00 PARENT/TOT -RED \$8.00 per skater ADULT-BLUE \$12.00 ADULT STICK PUNCH PASS \$65.00					
2 PARENT/TOT 12:30-1:50P	3 ADULT STICK 11:30a-12:50pm	4 ADULT STICK 11:30a-12:50pm	5 ADULT STICK 11:30a-12:50pm	6 ADULT STICK 11:30a-12:50pm	7 ADULT STICK 11:30a-12:50pm
9 YOUTH STICK 12:30-1:50pm	10 ADULT STICK 11:30a-12:50pm	11 ADULT STICK 11:30a-12:50pm	12 ADULT STICK 11:30a-12:50pm	13 ADULT STICK 11:30a-12:50pm	14 ADULT STICK 11:30a-12:50pm
16 PARENT/TOT 12:30-1:50P	17 ADULT STICK 11:30a-12:50pm	18 ADULT STICK 11:30a-12:50pm	19 ADULT STICK 11:30a-12:50pm	20 ADULT STICK 11:30a-12:50pm	21 ADULT STICK 11:30a-12:50pm
23	24 ADULT STICK 11:30a-12:50pm	25 ADULT STICK 11:30a-12:50pm	26 ADULT STICK 11:30a-12:50pm	27 ADULT STICK 11:30a-12:50pm	28 ADULT STICK 11:30a-12:50pm
30	31 ADULT STICK 11:30a-12:50pm				