



McConnell Center Fitness Areas

Hours (Fitness Facilities):

Monday through Friday: 7am-9pm

Saturdays & Sundays: 9am-4pm

Check at our front desk for updated schedules or call (603) 516-6401!

Reminder...those that have the Senior Fit pass through the Senior Center can use the Fitness center Monday—Friday from 8am—Noon only!

We also have a **basketball court** with open gym times! Gym times change frequently throughout the year due to our basketball practices, leagues, senior classes and rentals, so please call for availability! See you on the court!

Open Gym Times (Basketball Court):

Youth Open Gym: Monday—Friday Varies Depending on Gym Availability*

Senior Adult Open Gym (50+): Mondays & Fridays - 10:30am-12pm*

Adult Open Gym: Tuesdays 6pm-8:30pm & Wednesdays 10:30am-12pm

Badminton: Fridays 5:30pm-8:30pm (Bring your own racket & birdies)

***Call to see if we have any additional times!**

Subject to change - please call 516-6401 for availability!!!

McConnell Fitness Center Rates

RESIDENT	Daily	1-month	3-month	6-month	Yearly
Youth (under 18)	\$3.00	N/A	\$30.00	\$50.00	\$80.00
Adult (18-61)	\$5.00	\$20.00	\$40.00	\$70.00	\$120.00
Senior (62+)	\$3.00	N/A	\$30.00	\$50.00	\$80.00
NON-RESIDENT	Daily	1-month	3-month	6-month	Yearly
Youth (under 18)	\$5.00	N/A	\$40.00	\$65.00	\$100.00
Adult (18-61)	\$10.00	\$25.00	\$50.00	\$80.00	\$150.00
Senior (62+)	\$5.00	N/A	\$40.00	\$65.00	\$100.00