

# **BELLAMY PARK DISC GOLF COURSE**

## **RULES RELATED TO COVID-19 PROTOCOLS**

### **DO NOT PLAY IF ANY OF YOU:**

- 1 Are exhibiting ANY symptoms of the coronavirus: mild to severe respiratory illness with fever, cough and difficulty breathing or other symptoms identified by the CDC**
- 2 Have been in contact with someone with COVID-19 in the last 14 days**
- 3 Are a vulnerable individual (or lives or cares for a vulnerable individual) with serious underlying health conditions, including high blood pressure, chronic lung disease, diabetes, obesity, asthma, or whose immune system is compromised such as by chemotherapy for cancer or other conditions requiring such therapy.**

### **BEFORE PLAY:**

- 1. Wash your hands with soap and water and bring personal use hand sanitizer with you**
- 2. Clean and wipe down your Disc Golf Equipment**
- 3. Bring a personal use water bottle**
- 4. Consider wearing a face covering, gloves and avoid touching baskets and tee markers**
- 5. If you need to sneeze or cough, do so into a tissue or upper sleeve**
- 6. Do not congregate in the parking lot or while waiting to tee off and use social distancing of 6 feet between players.**
- 7. Arrange to play with members of your household or with individuals who are considered to be low risk.**

### **WHEN PLAYING:**

- 1. Limit of 4 players per group and maintain a 6 foot social distance throughout play**
- 2. Use the 10 foot circle rule: if your disc lands within 10 feet of the basket pick it up and count that as your final stroke to limit the number of discs in the basket and getting in close proximity to other players.**
- 3. Do not touch any other players discs or equipment**

### **AFTER PLAY:**

- 1. Leave the course as soon as possible**
- 2. Wash your hands thoroughly or use hand sanitizer after leaving the course**
- 3. Thoroughly wash your discs and any equipment brought on the course**

**FAILURE TO ABIDE BY THESE RULES INDIVIDUALLY OR AS A GROUP  
MAY RESULT IN LOSS OF PRIVILEGES OR CLOSURE OF THE COURSE**

**ALL USE IS AT YOUR OWN RISK**