

DOVER DOWNLOAD



News from the City of Dover, New Hampshire



In This Issue:

Filing period for municipal election opens Sept. 9

Parking restrictions, road closures in place Sunday race

National Citizen Survey seeks opinions from Dover residents

Paving This Week

Dover Recovery Rally is Saturday

The Strand celebrates 100 years with grand opening and fundraiser

Dover Police to hold community forum on addiction

News from Dover's public schools

The Week Ahead in Dover Schools

This Week in Dover History

Walking tours of historic Dover

Check it Out! at the Dover Library

Friday, September 13, 2019



Filing period for municipal election open through Sept. 20

The filing period for the City of Dover municipal election remains open through Friday, Sept. 20.

The municipal election is Tuesday, Nov. 5, 2019.

Candidates for City Council, School Board, and all ward positions, must be a registered voter in Dover and complete the necessary filing paperwork at the City Clerk's office, located at City Hall. A valid driver's license or passport is required at the time of filing. Candidates for City Council must be a resident of Dover for at least one year.

Voters will choose candidates for City Council, Mayor, School

Dover Citizens Leadership Academy starts Oct. 10

Find it Downtown!

Coming up at the Dover Community Senior Center

Stay informed with City of Dover special announcements

City of Dover employment opportunities

Missed the meeting?

Meetings this week:

Zoning Board, Sept. 19, 7 p.m.

The Zoning Board of Adjustment will hold a regular meeting on Thursday, Sept. 19, 2019, beginning at 7 p.m., in the Council Chambers at City Hall.

To view the meeting agenda, [click here](#).

To view televised meetings online, on demand, visit www.dover.nh.gov/dntv.

For a complete list of upcoming meetings visit the [meeting calendar page](#).



**CITY OF DOVER,
NH**

288 Central Avenue
Dover, NH 03820
603-516-6000

City Hall hours:

Board, as well as moderators, ward clerks, supervisors of the checklist and selectmen, from each ward.

For more information about the filing process, including qualifications, see the video below.



Click the image above to view the video

For additional information, contact the City Clerk's Office at 516-6018 or visit the 2019 [Municipal Election page here](#).

Parking restrictions, road closures in place Sunday for Horne Street 5K

On Sunday, Sept. 15, 2019 at 9 a.m., the following street closures will be in effect for the Horne Street School 5K Run and 2 Mile Walk event, part of the Dover Race Series:

- Sixth Street, closed in the northerly direction from Chestnut Street to Whittier Street, 9 to 9:30 a.m.
- Horne Street, closed in both directions between Glenwood Avenue and Redden Street, 8:45 to 10 a.m.
- Whittier Street, closed in both directions between Sixth Street and Glenwood Avenue, 9 to 9:45 a.m.
- Glenwood Avenue, closed in the easterly direction from Sixth Street to Whittier Street, 9 to 9:45 a.m.


Motorists should expect detours or delays on Sixth Street, Whittier Street, Horne Street and on Glenwood Avenue between 9 and 10 a.m. Dover police personnel and a number of event volunteers will be on hand to help manage the flow of traffic along the race route. The start and finish point for this event is the Horne Street Elementary School.

On-street parking restrictions will be in effect on the entire length of Conifer Commons and on portions of Sixth Street and Horne Street on Sunday morning. Limited event parking is available at the school. Those attending the event are encouraged to park legally on some of the surrounding neighborhood streets.

More information about the 5K race is available at <http://www.hornestreetschoolrace.com/> and at <http://www.doverraceseries.com/>.

Monday-Thursday
8:30 a.m. to 5:30 p.m.
Friday
8:30 a.m. to 4 p.m.

Recycling Center
hours:
Tuesday, Thursday,
Saturday
8:30 a.m. to 3:30 p.m.

 Like us on Facebook

Follow us on  twitter

 Join our mailing list

Stay
social
with your City



Want the latest news and important information about your city? Check out the City of Dover's official [Facebook page](#) and [twitter feed](#) for the latest updates.

National Citizen Survey open to Dover residents through Monday

Residents in the City of Dover are encouraged to participate in the 2019 National Citizen Survey, which provides a snapshot of the community


The National Citizen Survey™

and helps Dover measure service performance and quality, and assess community needs. [The survey](#) is now available to all Dover residents online, through Monday, Sept. 16.

"Participation in the survey is very important," said City Manager J. Michael Joyal, Jr. "Feedback from this survey helps guide decisions that affect our City. I encourage all Dover residents to take the survey and help us chart our community's future."

The results of the National Citizen Survey, combined with other feedback, helps the City Council, various City boards and commissions and the City administration understand and respond appropriately to the needs of the community in the upcoming years, as well as make comparisons with peer cities.

Some residents were selected at random to receive the survey at home, by mail. If you received the paper version of the survey, please complete that version and return it, rather than choosing the online survey.

The city contracted with National Research Center, Inc. to participate in The NCS, an instrument that was developed in partnership with the International City/County Management Association (ICMA) in 2001 to provide cities with a low-cost, high-quality method to conduct market research.

The survey centers on community livability and includes questions about the quality of life in the community, local policies, demographics, rating of local government services and resident use of services.

The online survey can be accessed here:
<https://bit.ly/dover2019ncs>.

Survey results will be made available after the survey concludes.

The National Citizen Survey was among the first scientific surveys developed to gather resident opinion on a range of community issues, and has been used in more than 350 jurisdictions across 46 states. The NCS is a high-quality cost-effective scientific survey of resident opinion and an important benchmarking tool that allows for comparison among communities. Communities using The NCS have reported that the tool helped improve performance, strengthen communications with community stakeholders, and identify clear priorities for use in goal and budget setting.



Road work in connection with a project to install a new city water main will affect traffic in the area of the Weeks Crossing intersection on Sunday night, Sept. 15.

Between the hours of 7 p.m. and 6 a.m. on Monday, Sept. 16, milling work in preparation for paving may occasionally block Indian Brook Drive during the evening. When this occurs, traffic detours will be in place through the adjacent intersections of Weeks Lane and Hotel Drive, where through traffic may be required to U-turn or follow a temporary detour.

Dover and New Hampshire State Police will be stationed in the area to help facilitate any required detours.

For more information, contact Community Services at 516-6450.



Paving operations on the city's north end, at the site of recent water system improvements in the area of Weeks Crossing, are planned as follows:

- **Friday, Sept. 13:** Milling and paving of all trenches, and milling at Webb Place
- **Sunday, Sept. 15:** Night work will include milling along New Rochester Road (Route 108) (see notice above)
- **Tuesday, Sept. 17 through Friday, Sept. 20:** Crews will raise covers and install loops across the work area

Final night paving of this area will follow on a date yet to be determined.

Weather permitting, the following paving operations are scheduled for paving or paving preparation (shimming, reclamation, shoulder gravel, driveway trimming, grading and milling) **the week of Sept. 16:**

- Indian Brook Drive, from Members Way to Sixth Street
- Rochester Neck Road, from Covered Bridge Lane to the city line
- Whittier Street, from Regent Drive to Tolend Road
- Arch Street, from Silver Street to Washington Street

- Rutland Street, from Silver Street to Central Avenue
- East Watson Street, from Central Avenue to Court Street
- South Watson Lane, from Stark Avenue to East Watson Street

For more information, contact Community Services at 516-6450.

Dover Recovery Rally celebrates National Recovery Month

Celebrate the 30th anniversary of National Recovery Month on Saturday, Sept. 14 at Henry Law Park in Dover. The event will run from 10:30 a.m. to 3:30 p.m.

The message of the Recovery Rally is one of hope - to let people know there is hope, to bring together people who have been affected by addiction and to celebrate recovery. The day will feature inspirational speakers, music and a variety of other family friendly activities. The rally will also feature many exhibitors who will provide information about the numerous prevention, treatment and recovery support programs in the community.

Among the guest speakers at the rally are US Sen. Maggie Hassan; State Sen. David Watters; Dover City Councilor Michelle Muffet-Lipinski, and many more.

Everyone knows the incredibly difficult and painful effects that the addiction crisis is having on families in the community. SOS Recovery Community Organization will continue to deliver a safe space and the peer-based addiction recovery supports that people in the community need to help find and live meaningful and purposeful lives in recovery.

Last year more than 750 people attended the rally. Bring the kids and the family and come see that recovery is all around us.

For more information, visit <http://www.sosrco.org>.

SOS RECOVERY RALLY

RECOVERY COMMUNITY ORGANIZATION

9/14/19 from 10:30 - 3:30 @ Henry Law Park in Dover

With musical guests:

Speakers:

US Senator Margaret Hassan
 Michelle Muffett-Lipinski
 Senator David Watters
 Senator Tom Sherman
 Senator James Gray
 Jasmine Lamontagne
 Emmett Soldati
 Pam Chaffee



Celebrating Recovery Month!

Join the voices for recovery

Together we are stronger



SOSRCO.ORG



The Strand celebrates 100 years with grand opening and fundraiser

The Strand, a nonprofit, multi-arts and entertainment center,

will hold a 100th birthday celebration, grand opening and fundraiser on Sunday, Sept. 22, 2019, from 10 a.m. to 9 p.m.

The celebration will include a ribbon-cutting with Dover Mayor Karen Weston; special guests including Miss Portsmouth Outstanding Teen; Miss Isle of Shoals Outstanding Teen; Miss Lake Region Outstanding Teen; cake; face painting; tours and family activities.

Also taking the stage will be master juggler Bryson Lang, whose work can be seen in commercials, television and film, including That 70's Show, Batman, Ellen and Friends, and more; comedian Jay Grove; Vaudeville theater; and the history of the Strand with Dan Demers, also known as Mr. Strand.

The evening will conclude with a screening of the 1919 silent film, "Daddy Long Legs," the first film shown at the Strand. The film will be screened with live music by Jeff Rapsis, a New Hampshire-based silent film accompanist who specializes in live music for silent film presentations around the nation.

The Strand, formerly The Strand Theater, is a nonprofit, multi-arts and entertainment center. The Strand can host dance lessons and dances, ballet group recitals, comedians, burlesque shows, live theater, student music recitals, bands with original music and cover bands.

The 'Strand family' is composed of and operated by friends, family members, military veterans and community members.

For more information, visit thestrandoover.com.

Dover Police to hold community forum on addiction

The Dover Police Department will host a community forum on the addiction epidemic on Saturday, Sept. 28, from 9 to 11 a.m., at the Police Department, 46 Chestnut St.

During the forum, Dover's police and fire chiefs will lead a presentation and discussion about the addiction epidemic and the City of Dover's response and progress.

In addition, several community partner organizations and social service agencies working with the city to address substance misuse, mental health and homelessness, will be in attendance.

Light refreshments will be provided.

For more information, contact Vicki Hebert at v.hebert@dover.nh.gov or by calling 603-516-3279.



GREEN WAVE DISPATCH

News from Dover's public schools



Coming up in Dover schools

Sunday, Sept. 15, 9 a.m., Horne Street School
5k and Fran's Fitness Walk

Monday, Sept. 16, 6:30 p.m., Horne Street School
Parent Open House

Thursday, Sept. 19, 4 to 5 p.m., Dover High School
Solar Ribbon Cutting: Dover High School and Career
Technical Center

Tuesday, Sept. 24, 6 to 7:30 p.m., Dover Middle School
Parent Open House for 5th and 6th Grade

**Wednesday, Sept. 25, 6 to 7:30 p.m., Dover Middle
School**
Parent Open House for 7th and 8th Grade

Thursday, Sept. 26, 6 p.m., Garrison Elementary School
Ribbon Cutting Ceremony followed by Parent Open House at
6:30 p.m.

Monday, Oct. 7, 7 p.m., McConnell Center, Room 306
School Board Meeting


Monday, October 14, No School
Columbus Day

**Wednesday, Oct. 23, 6:30 to 8:30 p.m., Horne Street
School**

Cell Phone Safety Presentation: Most bullying occurs online; it is important that we educate our children on the proper use of the technology and monitor how they are using it. Garrison, Horne Street and Woodman Park Elementary Schools are hosting a parent/guardian information meeting pertaining to cell phone safety.



This week in DOVER HISTORY



The following events are recorded in "Notable Events in the History of Dover, New Hampshire: From the First Settlement in 1623 to 1865," by George Wadleigh, and several other historical sources.

For more on the history of Dover, settled in 1623 and the oldest permanent settlement in New Hampshire and seventh oldest in the country, visit the Dover Public Library, Locust Street; and the Woodman Museum, Central Avenue. The Public Library also maintains an online collection of historical information, [located here](#).



Sept. 18, 1679 - The union of New Hampshire with Massachusetts was dissolved at this time by royal proclamation. John Cutt was appointed President of the Province with a council of six of the principal inhabitants, of whom Richard Waldron of Dover was one. Agreeably to the royal direction they chose three other gentlemen into the council, of whom Job Clements of Dover was one. The President nominated Major Waldron to be his deputy or vice-president and John Roberts, marshal.



Sept. 14, 1837 - A ship of about 600 tons was launched from the shipyard of Robert Rogers near the Gulf this day.



Sept. 17, 1857 - In digging the cellar for a house on Nelson street, the foundations of a chimney and part of a cellar wall were disinterred, which are supposed to be the remains of the garrison house of the son of Peter Coffin, or of that of the first tavern opened in Dover, which it is known stood in that vicinity. Within the abutment were also found human bones judged to be those of a female, and a spoon differing entirely from anything that had been in use for more than 150 years. (Dover Enquirer)

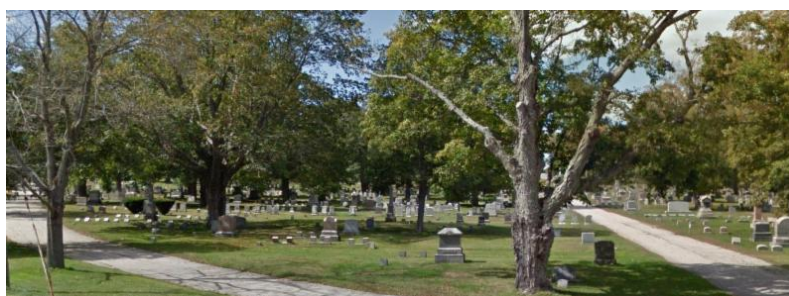


Sept. 13, 1860 - A man named Alfred Varney attempts to jump from the cars at the train depot and is fatally injured. He dies five days after.



Sept. 15, 1864 - The quota of Dover (149) was reported to be more than full, the number furnished being 160 - 60 of whom had enlisted in the Navy, 32 in the Heavy Artillery, 20 in the 18th Regiment and 48 furnished by enrolled men with the excess from the last call.





Walking tours of historic Dover

The Greater Dover Chamber of Commerce is again hosting walking tours of historic Dover through September.

The Saturday morning walking tours begin at 10:30 a.m. Three different, 90-minute walking tours will be offered throughout the summer, and take place from one of three Dover locations as specified on the tour schedule.

The next tour is Sept. 14. The tour departs from the Pine Hill Cemetery chapel and includes a history of Dover's burial grounds, and anecdotal stories as you visit the graves of people who were part of Dover's history.

Reservations are recommended, and can be made by calling 603-742-2218 or email info@dovernh.org. Walking Tours cost \$10 per person with \$25 limit for families.

More information can be found at www.dovernh.org/tours.



Documentary film exploring characters of Mount Washington to

be shown at the Library

Stories from Mount Washington, a 40-minute documentary film by Bill Millios, based on journalist Dan Szczeny's 2018 book "The White Mountain," will be shown at the Dover Public Library on Monday, Sept. 23 at 6:30 p.m. After the screening, the filmmaker, Bill Millios and the author, Dan Szczeny will discuss the film with the audience.

The film narrated by Szczeny, includes various video footage, interviews and photos compiled during the book's research period. Interviews include rare footage of legendary AMC Hut Girl Barbara Hill Richardson and George Etzweiler, a 97-year-old ultra-runner. In addition, Stories from Mount Washington features music by composer Jeff Rapsis as well as poetry by Mike Morin, Skyler Jaye Rutkowski and Rob Greene.

Over the course of one calendar year, journalist Dan Szczeny explored the history and mystique of New England's tallest mountain. From dressing as Walt Whitman and reading poetry up the mountain to spending a week in winter cooking for the scientists at the observatory, the mountain became Szczeny's muse. In "The White Mountain," Szczeny turned a veteran journalist's eye toward exploring 6,288-foot Mount Washington's place in the collective consciousness of the country and how this rugged landscape has reflected back a timeless history of our obsession and passion for exploration and discovery. Millios' film is a back-stage look at the characters and personalities that have contributed to the mountain's history and mystery.

Bill Millios has written and directed the feature-length films, Old Man Dogs (1997) and Dangerous Crosswinds (2005). His company, Back Lot Films, produces corporate videos. Millios has taught digital video production and film history at Southern NH University and is also co-author of the book, "The Digital Filmmaking Workshops: Producing, Marketing, and Screening Your Independent Feature-Length Film." Learn more about Bill's work at www.backlotfilms.com.

Dan Szczeny is a long-time author and journalist living in the New Hampshire. His books include travelogues on Nepal, Alaska, and the White Mountains. He is a Hemingway Foundation finalist for short fiction and has also written collections of short stories and poetry. He has traveled widely throughout the country speaking about adventure travel and the importance of getting kids into the outdoors. He currently calls Manchester his base camp, where he lives with his wife and daughter. Learn more about Dan's work at www.Danszczeny.com.

The program is free and open to the public.

For more information call the Library at 603-516-6050.

Death Café to be held at the

Dover Public Library

Death: It's no conversation killer.

Hospice Help Foundation offers another of its popular Death Cafes at the Dover Public Library on Saturday, Sept. 28 from 9:30-11:30 a.m. Death cafes are where community members can meet in a supportive environment to discuss thoughts, feelings, and experiences with death.

Pre-registration is required. Register at the library's event page at library.dover.nh.gov/events.

Light refreshments will be provided.

The program is free and open to the public.

For more information call the Library at 603-516-6050.

This Week at the Library

Saturday, Sept. 14, 9 a.m. to 5 p.m.

Lego Saturday *SPECIAL BUILD AND TAKE DAY* in the Children's Room

Imagine, create and build with Legos and/or Duplos. Drop-in anytime between 9 a.m. and 5 p.m. to meet old friends and make new ones as you work on building challenges. There will be a special set of Legos to build with and anything you make, you can take!

Saturday, Sept. 14, 2 to 4:30 p.m.

Saturday Matinee in the Lecture Hall

Secret Life of Pets 2: Explores the bonds between pets and the families that love them, and answers the question: What are your pets doing when you're not at home? Rated PG.

Sunday, Sept. 15, 2 to 4 p.m.

Classic Cinema Sunday in the Lecture Hall

Goodbye Mr. Chips (1939): An aged teacher and former headmaster of a boarding school recalls his career and his personal life over the decades starring Robert Donat and Greer Garson.

Monday, Sept. 16, 10 to 11 a.m.

Family Place Workshop in the Lecture Hall

Spend time together, play, make friends and talk one-on-one with specialists on child development during this enjoyable five-week workshop series. For caregivers and children one to four years old. Topics include early literacy, child development, speech, hearing and language, nutrition, and music, play and health. REGISTRATION REQUIRED.

Monday, Sept. 16, 1:30 to 2:15 p.m.

Preschool Storytime in the Storytime Room

Children ages 3-5 are invited to attend this program which includes stories, fingerplays, songs, and puppets. Crafts and films are also offered several times each session.

Monday, Sept. 16, 3 to 4 p.m.

Afternoon Book Group in the Trustees Room

Join the book group to discuss "Kookooland: a memoir" by Gloria Norris. Copies of the book are available at the Library.

Monday, Sept. 16, 6:30 to 7:30 p.m.

Evening Book Group in the Trustees Room

Join the book group to discuss "Kookooland: a memoir" by Gloria Norris. Copies of the book are available at the Library.

Tuesday, Sept. 17, 10 to 11:45 a.m.

Preschool Storytime in the Storytime Room

Children ages 3-5 are invited to attend this program which includes stories, fingerplays, songs, and puppets. Crafts and films are also offered several times each session.

Wednesday, Sept. 18, 10 to 10:45 a.m.

Family Storytime in the Lecture Hall

Kids of all ages and their caregivers are invited to join for a family storytime. Books, songs, rhymes, games and activities are all part of the fun.

Wednesday, Sept. 18, 11 to 11:30 a.m.

Family Yoga in the Lecture Hall

Adults with toddlers are invited to try out this fun introductory yoga class. Learn some basic poses to share with your child. No experience necessary.

Wednesday, Sept. 18, 6 to 8 p.m.

Monthly Game Night in the Lecture Hall

Join us for monthly game night every Third Wednesday of the month. We provide the games and snacks; you bring the fun, yourselves!

Thursday, Sept. 19, 10 a.m. to 12 p.m.

Adult Knitting Group in the Trustees Room

This Knitting Group is open to anyone who has a love for knitting and crocheting. All levels are welcome! Bring your precious works-in-progress and any finished objects you would like to show off to the group.

Thursday, Sept. 19, 10 to 10:45 a.m.

Toddler Storytime in the Storytime Room

Toddlers and their parents or caregivers are invited to attend a 45 minute program which includes stories, fingerplays, songs, puppets, and crafts. These storytimes are intended for toddler and parent/caregiver to share one-on-one.

Thursday, Sept. 19, 3 to 5 p.m.

DIY Duct Tape Wallet in the Children's Room

Kids in grades 1 and up are invited to drop in to the Children's Room anytime between 3:00-5:00 p.m. to make their own duct tape wallet (while supplies last).

Friday, Sept. 20, 10 to 10:30 a.m.

Mother Goose on the Loose in the Lecture Hall

Parents/caregivers are invited to join with their babies for a 1/2 hour early learning program specifically designed for children from birth to 24 months. Mother Goose on the Loose uses books, rhymes, songs, musical instruments, finger

plays, flannel board characters, puppets and other props to help parents/caregivers develop the child's early literacy skills in a fun and joyful environment.

Saturday, Sept. 21, 9 a.m. to 5 p.m.

Lego Saturday in the Children's Room

Imagine, create and build with Legos and/or Duplos. Drop-in anytime between 9 a.m. and 5 p.m. to meet old friends and make new ones as you work on building challenges.

Saturday, Sept. 21, 10 to 11 a.m.

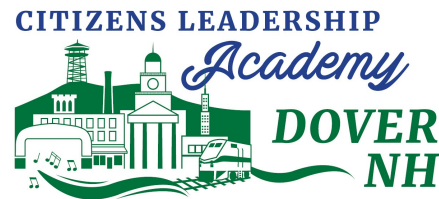
Paws for Reading in the Children's Room

Murphy, a certified therapy dog, and her handler, Karen, will be in the children's room. Drop in and read her your favorite story. She is a great listener which is very encouraging for young readers.



Dover Citizens Leadership Academy starts Oct. 10

The Greater Dover of Chamber of Commerce will once again produce the 2019 Eastern Bank Citizens Leadership Academy in partnership with the City of Dover this



October. The free program offers Garrison City residents a firsthand look at local government and municipal operations and provides attendees a role in shaping the future of the city. Citizens Leadership Academy will meet on the evenings of Oct. 10, 17, 24, 31 and Nov. 7, as well as a morning session on Saturday, Oct. 26.

This year's Citizens Leadership Academy will include presentations by City Manager J. Michael Joyal, Jr., Assistant City Manager/Director of Planning and Strategic Initiatives Christopher G. Parker, Economic Development Director Daniel Barufaldi, Library Director Cathy Beaudoin, Superintendent of Schools Dr. William Harbron, Fire Chief Paul Haas, Police Chief Bill Breault and Recreation Director Gary Bannon. The program will also include a visit to the North End Fire Station, Police Station, and a bus tour of the City's Community Services facilities led by Director of Community Services John Storer.

Participants are not required to make every meeting, but regular attendance is strongly encouraged. This program is free-of-charge, and open to Dover residents. For more information or to register, call Greater Dover Chamber of Commerce Community Events Manager Morgan Faustino at (603) 742-2218 or email him at events@dovernh.org.

The Greater Dover Chamber of Commerce is a not-for-profit association of businesses, professionals, individuals, and organizations working together to advance the economic well-being of its members and the community. For information on Dover Chamber membership and programs or for a schedule of activities, call (603) 742-2218 or visit www.dovernh.org.



Surplus city property available for sale online

The City of Dover's surplus property is available to view and for bid at Govdeals, <https://www.govdeals.com/index.cfm>. To view the City of Dover's available surplus property, search Dover NH 03820.

Bids should be submitted in accordance with the specifications, timelines, terms and conditions of Govdeals. Prospective bidders are advised to read the information over carefully prior to submitting a bid.

Items for sale include, but are not limited to, bicycles, jewelry, silverware, tools, electronic games, air conditioners, a wheelchair, and zodiac boat and trailer.

Items may be viewed by appointment by contacting a.legere@dover.nh.gov, between 7 a.m. to 3 p.m., Monday through Friday.

Items are sold, "as is" and with no warranty. There are no refunds. Items must be removed by successful bidders no later than 10 days after payment. Pick up of items is required. When picking up items, the buyer must present the signed copy of the bill of sale and a photo ID.

For more information, contact the City of Dover Purchasing Office at 516-6030.



Find It Downtown!

Whether you're looking for a one-of-a-kind gift, something a bit exotic or handmade, new decor, or even a new wardrobe, you'll find what you need in downtown Dover. Visit downtown's many unique shops and boutiques for that gift you just can't find anywhere else, explore a museum or two, and then enjoy a meal and a cocktail at one of downtown Dover's top-rated restaurants.

As the fastest-growing city in New Hampshire, Dover is bustling. With so much to see and do in downtown Dover, look for public parking throughout the downtown and begin exploring today.

In addition to the City's public parking garage on Orchard Street, which provides ample parking for visitors, there are several other public parking lots throughout the downtown, as well as on-street parking.

For a list of public parking lots, including an interactive parking map, visit drivingdover.com and select public parking.



Coming up at the Dover Community Senior Center

Wednesday, Sept. 18, 11: 15 a.m.

ServiceLink Medicare Info Session at the Dover Senior Center

Get answers to all your questions about Medicare open enrollment (October 15-December 7). RSVP to Linda 516-6420. This event is free and open to the public.

Wednesdays, Sept. 18-Nov. 20, 10 a.m. to 1: 15 p.m.

UNH Occupational Therapy Group at the Dover Senior Center

Learn all kinds of new things and meet some new people! Topics include Stress Management, Fitness, Creativity, Games, Nutrition and more. This program is free with your senior center membership. Space is limited. To register or join the Dover Senior Center, call Linda at 516-6420.

Thursday, Sept. 19, 1 p.m.

Shoulder Pain Seminar with Dr. Dan at the Dover Senior Center

If you have pain reaching the top shelf, getting dressed, sleeping, or reaching to the back seat of the car then this workshop is for you. At the workshop Dr. Dan will discuss how shoulder pain can be caused from a number of things including your neck, the shoulder blade or the muscles of

your rotator cuff. Shoulder pain can be very debilitating but often healed without medication, injections or surgery. RSVP to Linda at 516-6420. This event is free and open to the public.

Tuesday through Thursday, April 14 - 23, 2020
Portugual Trip

Join the Dover Senior Center on a trip to Portugal. Tour highlights include Portuguese Riviera, Lisbon, Alentejo, and Algarve. Book now and save \$100 per person. To learn more, visit: <http://ow.ly/AxLC50urqEm>. RSVP to Linda at 516-6420.

Monday through Monday, Sept. 14-21, 2020
Pacific Northwest and California Trip

Join the Dover Senior Center on a trip to the Pacific Northwest featuring Washington, Oregon and California. There will be a travel presentation on Thursday, August 29th at 2 p.m. RSVP to Linda at 516-6420. To learn more, visit: <https://gateway.gocollette.com/link/964441>

CITY OF DOVER  SPECIAL ANNOUNCEMENTS

**Stay informed with City of Dover
special announcements, project
newsletters and updates**

Want up-to-date information about road work, emergencies, special projects, and other important information? [Sign up now](#) to receive special announcements via email.

In addition to Dover Download, the City of Dover offers a variety of e-mail updates, including emergency and road closure information, development and construction project updates, news from the Public Library, waterfront development, and more.

To sign up for one or all of the City's updates, [click here](#). An e-mail address is required to access the special announcement mailing lists.

**City of Dover employment
opportunities**

Want to work for the City of Dover? The City's website offers an updated list of open positions, including job descriptions and a downloadable application for employment.

The City of Dover is now seeking applications the following positions:

- **Truck driver, Streets**
- **Camera operator**
- **Maintenance mechanic, Utilities**

- **Arena Maintenance/Ice Resurfacers**
- **Lifeguard**
- **Swim instructor**
- **Gym attendant**

For more information about these positions or employment opportunities with the City of Dover, [click here](#).

Missed the meeting? Catch it again online

Don't forget: If you missed the live City Council, School Board or Planning Board on Channels 22 and 95, you can catch it again, online and on demand.

Simply visit www.dovernh.viebit.com to begin watching meetings on demand. Online meetings are organized by agenda item for convenience.
