

# News from the City of Dover, New Hampshire



May 12, 2023



#### CITY OF DOVER, NH

288 Central Avenue Dover, NH 03820 603-516-6000

# City Hall hours:

Monday-Thursday: 8:30 a.m. to 5:30 p.m. Friday: 8:30 a.m. to 4 p.m.

Recycling Center hours:

# Dover Teachers' Union, School Board reach tentative agreement on three-year contract

The Dover School Board and the Dover Teachers' Union reached a tentative agreement on a three-year contract this week. The current contract expires on Aug. 31, 2023.

Details of the contract have not yet been released. The DTU's full membership is expected to meet in the coming days to ratify the contract. Once ratified, the School Board will meet to approve the contract. Once approved by both parties, it would be presented to the City Council for final adoption. The School Board's FY2023-2024 adopted budget included an estimate for the contract and any rate increases.

Dover School Superintendent William Harbron praised the negotiating process of the DTU and the School Board.

"Contract negotiations always have their challenges, but I was impressed by the way both sides worked together to solve problems, build consensus and create a fair contract for the teachers and the taxpayers," Harbron said. Tuesday, Thursday, Saturday: 8:30 a.m. to 3:30 p.m. The DTU agreement is one of three contracts the School Board is negotiating this year. At its May 8 meeting, the School Board ratified the Dover Educational Office Personnel three-year bargaining agreement to replace the current agreement that expires in June. The School Board is close to reaching an agreement with the Dover Paraeducators' Association. Their contract expires at the end of August.



# **Dover400 presents 'Voices of Dover'**

In celebration of Dover's 400th anniversary in 2023, the 400th Committee has been working with the City of Dover's Office of Media Services and former Foster's Daily Democrat vice president and general manager Wayne Chick to interview, film, and record for posterity some reminiscent stories from our present-day citizens. This new video series, "Voices of Dover," seeks to preserve local residents' recollections of Dover: its people, its schools, its businesses, and its memorable moments.

The Committee plans to release the first video in the series on May 15, 2023, and then will release one or two new videos weekly throughout 2023. Each interview will delight viewers with storytelling, humor, insight, family lore, and nostalgia for Dover days gone by.

The videos may be viewed at <u>https://dovernh.viebit.com/index.php?folder=Dover400</u> or the Dover400 website (<u>www.Dover400.org</u>). Links will also be posted on the Dover400 Facebook page.

The official mission of the Dover400 Committee is "to honor our past, celebrate our present, and inspire our future through meaningful and creative community engagement." The "Voices of Dover" video project helps fulfill that mission.

# Spring pavement markings program nearly complete

The city's Community Services Department is nearly complete with its spring pavement markings program.

Like any cold-weather community, line striping and pavement markings are an annual event in Dover due to plowing and vehicle wear and tear. Snow plow blades are highly abrasive, and winter sand acts like sandpaper, making the paint dull and harder to see after the winter seasons.

The street marking program is separated into two contracts. One is for long-line road striping,

which includes nearly one million linear feet of white fog and center yellow lines. The other is for hand markings, such as stop bars, turn arrows, railroad crossings, and crosswalks. Per industry standards, glass beads are added to the marking paint, which gives it its reflectivity.

Last year, the City Council approved an additional contract to paint certain downtown crosswalks with the Dover400 logo and colors for the city's 400th-anniversary celebration. The crosswalks were first installed last fall after Central Avenue was repaved. The contract cost included repainting the crosswalks in the spring as part of the spring road marking program.

The Dover400 logo reflects the city's resources and economic history, and the colors correspond with the icons in the logo. Green for lumber, blue for the fish/water, and pink for the bright colors of the fabric manufactured by the mills and symbolized by the spindle.

Even with the brighter street markings, the city urges pedestrians to be cautious anytime crossing the road. While legally, vehicles must yield to persons in the crosswalks; pedestrians must be wary of distracted and nonattentive drivers.

# Road closures, traffic restrictions in place Sunday for Moms on the Run 5K

Dover Police Chief William M. Breault announces the following road closures for the annual Moms on the Run Mother's Day 5K event on Sunday, May 14, one of the 2023 Dover Race Series events.

On Sunday, May 14, the following road closures will be in effect:

- Spaulding Turnpike Exit 7 southbound on and off-ramps, from 9:05 to 9:30 a.m.
- **Bellamy Road**, in the easterly direction between Durham Road and Alumni Drive, from 9:05 to 10 a.m.
- Rutland Street between Cataract Avenue and Central Avenue, from 9 to 9:20 a.m.
- Cataract Avenue, from 9 to 9:15 a.m.

Motorists should expect delays at the Central Avenue/Mill Street/Exit 7 South intersection and a lane shift along Route 108 from Rutland Street to Bellamy Road. Dover police personnel and event volunteers will help manage traffic flow along the race route. The 5K event begins and ends at the Dover High School, 25 Alumni Drive.

The event is organized by and will benefit Zebra Crossings, which provides year-round empowerment programs for children with chronic medical conditions. For more information, visit <u>http://www.momsontherun.org/</u>.

For questions about traffic, contact Dover Police Lt. Marn Speidel at 603-742-4646.

# Permit applications available for outdoor dining on parking and sidewalks

Permit applications are available for restaurants seeking to utilize public sidewalks and parking spaces for outdoor dining this spring, summer, and fall. Outdoor dining permits are available annually from April 15 to Oct. 15, which may extend to Nov. 15 if weather permits. Alcohol service is permissible for establishments with a New Hampshire Liquor License.

Those seeking to utilize public sidewalks and parking spaces must apply through the city's <u>online permitting portal</u>. The application requires the applicant to submit a sketch of the proposed dining area that includes table layouts, entrances/exits, lighting, heating, and other features, as well as proof of liability insurance. The cost for the use of the sidewalk is the permit application fee, which is \$50.

The cost for utilizing parking spaces is \$1,500 per space or a prorated amount if used for less than three months. The cost includes the use of city safety barriers, also installed by the city. Parking space use requires the approval of the Parking Commission, which meets monthly on the third Tuesday. To be considered at its next meeting, applications must be submitted by June 15.

The City Council updated its outdoor dining ordinances at its Feb. 22 meeting to create a permanent permit process for restaurants seeking outdoor dining on public streets and sidewalks.

For more information, contact the Office of Business Development at 603-516-6045.

# Suzanne Weete to be honored as 'Champions for Children'

Co-founder of the Dover Mental Health Alliance, suicide prevention trainer, and adult/youth/teen mental health first aid instructor Suzanne Weete will be honored as the 2023 Champions of Children for her distinguished public service for the benefit of children on May 19.

The award is given annually by the New Hampshire School Administrators Association "to recognize New Hampshire citizens who have given distinguished public service to benefit children." Dover School Superintendent William Harbron nominated Weete, calling her a "true inspiration to others" for all her work for the students and the community.



Weete will be formally honored at the NHSAA event on Friday, May 19, at the Grappone Conference Center in Concord.

"Suzanne's tireless efforts have had a significant impact on the Dover School District and community, bringing the importance of mental health to the forefront and creating a movement that continues to gain momentum," Harbron wrote in his recommendation letter. "Through her leadership, the Dover Mental Health Alliance has become a model for other communities, and her dedication to promoting mental health and support has made a difference in the lives of the children and adults in our community."

Weete co-founded the Dover Mental Health Alliance (DHMA), a grassroots, community-driven coalition, in 2018 with community members who shared a common interest in eliminating the stigma of mental illness and recognizing that mental health is just as critical as physical health. She also trained hundreds of community members in Mental Health First Aid and built an active training cohort authorized to deliver NAMI NH's Connect Suicide Prevention program. She also implemented the Teen Mental Health First Aid program at Dover High School and will be working with other school districts in Strafford County to begin their own Teen Mental Health First Aid programs in the fall.

### **Dover Police Department**

# Breaking Barriers:

## Strengthening Police-Community Relationships

A monthly series fostering transparency, community, and connection.

May:

# Response to Homelessness

# WEDNESDAY MAY 17

Dover Police Department 46 Chestnut Street 6:30pm - 8:30pm

# Dover Police Department to host third 'Breaking Barriers' event

## Latest session focuses on homelessness response

The Dover Police Department invites the public to attend the third installment of their monthly series, "Breaking Barriers: Strengthening Police-Community Relationships," on Wednesday, May 17, 2023, at 6:30 p.m. at the Dover Police Department. This month's event will center on the department's response to homelessness and related quality-of-life issues in the City of Dover.

Chief William Breault and members of the Police Department will lead a discussion on the department's balanced approach to addressing homelessness. They will share information about enforcement actions taken in response to criminal activity and collaborative efforts with community partners and service providers to connect individuals with resources such as housing assistance, mental health services, and substance use treatment services.

The goal of the department's approach is to help individuals transition out of homelessness and towards stability and self-sufficiency.

"The Dover Police Department believes in empowering individuals through a 'hand up' rather than a 'hand out' strategy, promoting self-determination and a more effective support system for those experiencing homelessness," Chief Breault said.

Community members, business owners, and service providers are encouraged to attend the event and participate in the conversation. The "Breaking Barriers" series aims to build relationships, foster transparency, and work towards positive change in the community.

For more information about the event, please contact the Dover Police Department at 603-742-4646.



# City of Dover reminds residents of Pine Hill Cemetery guidelines

As the Memorial Day holiday approaches, the City of Dover would like to remind residents and visitors of the guidelines in place at Pine Hill Cemetery to preserve its beauty, serenity, and safety. By following these guidelines, the community can ensure that the cemetery remains a respectful and peaceful space for all who come to remember and honor their loved ones.

The City of Dover asks residents to adhere to the following guidelines for floral displays and personal items at Pine Hill Cemetery:

- Flowers may be placed on lots starting seven days before May 30 and must be removed no later than seven days after May 30;
- Planting flowers directly into the ground is not permitted;
- To ensure safety, glass or breakable containers is prohibited;
- Flat, ground-level foot markers should be kept free of any items;
- Lots featuring monuments with extended bases on the sides are allowed to hold flowers longer than seven days after May 30;
- Items not in accordance with these guidelines (e.g., solar lights, remembrance lights, wooden signs, shepherd hooks, personal items, etc.) will be removed and disposed of by the Cemetery Department.

The City of Dover appreciates the community's understanding and cooperation in adhering to these guidelines. If residents have any questions or concerns, they are encouraged to contact the Pine Hill Cemetery office at 603-516-6480.



# Dover High School graduation set for Thursday, June 8 at Dunaway Field

Dover High School will host its graduation ceremony for the Class of 2023 on Thursday, June 8, at 7 p.m. at Dunaway Field at DHS. The rain date is Friday, June 9 at 7 p.m.

The ceremony will be streamed live on Channel 22, <u>dovernh.viebit.com</u> and YouTube at <u>youtube.com/@CityofDoverNH</u>.

Parking is limited, and carpooling is strongly encouraged. Attendees may park in the main lot, the Bellamy Academy lot, the tennis court lot, along Daley Drive, and at Dover Middle School. Handicap parking is available, but handicap parking passes must be requested in advance through the DHS' Main Office.

For more information, including seating and parking maps, <u>click here</u> for the Graduation Guide, or contact Dover High School at 603-516-6900.

#### **Upcoming Meetings:**

Utilities Commission, May 15, 6 p.m.

The Utilities Commission will hold a regular meeting on Monday, May 15, 2023, beginning at 6 p.m., at 271 Mast Road, Dover.

To view the meeting agenda, <u>click here</u>.

Pool Advisory Committee,

# Online parking fine payment system offline until next month

#### Fines must be paid by mail or dropped off at City Hall

The city's online payment system for parking fines is not able to process credit card payments at this time. Payments of fines must either be mailed or dropped off at City Hall until the payment system is resolved, which is anticipated to be about a month. The Parking Bureau has extended violation due dates by four days to allow for the mailing of fines.

The problem arose after the credit card processing company updated its payment portal, which was

#### May 15, 7 p.m.

The Pool Advisory Committee will hold a regular meeting on Monday, May 15, 2023, beginning at 7 p.m., at the Dover Indoor Pool Meeting Room, 6 Henry Law Ave., Dover.

To view the meeting agenda, <u>click here</u>.

#### Arena Commission, May 16, 7 p.m.

The Arena Commission will hold a regular meeting on Tuesday, May 16, 2023, beginning at 7 p.m., in the Conference Room at the Dover Arena.

To view the meeting agenda, <u>click here</u>.

#### Energy Commission, May 17, 5:30 p.m.

The Energy Commission will hold a regular meeting on Wednesday, May 17, 2023, beginning at 5:30 p.m., in the First Floor Conference Room, City Hall.

To view the meeting agenda, <u>click here</u>.

#### Planning Board Technical Review Committee, May 18, 10:30 a.m.

The Planning Technical Review Committee will hold a regular meeting on Thursday, May 18, 2023, beginning at 10:30 a.m., in the Council Conference Room, City Hall.

To view the meeting agenda, <u>click here</u>.

#### Zoning Board, May 18, 7 p.m.

The Zoning Board of Adjustment will hold a regular meeting on Thursday, May 18, 2023, incompatible with Dover's system. Parking Manager Bill Simons said the city is getting a new online system that will be compatible, expected to be installed and ready next month.

For more information, contact the Parking Bureau at 603-516-6132.



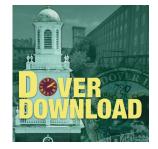
# Missed the meeting? Catch it again online

Don't forget: If you missed the live City Council, School Board or Planning Board meetings on Channels 22 and 95, you can catch them again, online and on demand.

Simply visit <u>www.dovernh.viebit.com</u> to begin watching meetings on demand. Online meetings are organized by agenda item for convenience.

## Dover Download podcast: Your guide to what's happening this week

In addition to each week's email edition of Dover Download, the City of Dover offers a weekly podcast. The podcast is hosted by Deputy City Manager Christopher Parker, who chats each week about the city's programs, services, public bodies and projects. Each episode also takes a brief detour to the past



with a look back at the week in Dover's history.

The podcast is available wherever you get your podcasts, including Spotify and Apple Podcasts, and at <u>https://anchor.fm/cityofdovernh</u>.

# Need to contact your elected representative?

The City of Dover makes reaching out to your local, state,

beginning at 7 p.m., in Council Chambers, City Hall.

To view the meeting agenda, <u>click here</u>.

For a complete list of upcoming meetings, visit <u>https://www.dover.nh.gov/go</u> <u>vernment/open-</u> <u>government/public-</u> <u>meetings/</u>. county, and federal elected officials easy by providing contact information for City Councilors, state representatives, and the New Hampshire congressional delegation.

Visit the City's online resource, <u>Find My Representative</u>, for a complete list of local, county, state, and federal elected officials, including contact information.

Want to contact your City Councilor, or wondering which councilor represents your ward? You can find out <u>more information about the City Council here</u>.

Wondering what ward you live in? Access the <u>City</u> of <u>Dover's interactive ward map</u>. The map also includes polling locations.

A list of School Board members and contact information <u>can be found here</u>.

# Memorial Day ceremony to be held at Pine Hill Cemetery on May 29

A Memorial Day ceremony will be held on Monday, May 29, 2023, beginning at 11 a.m. at Pine Hill Cemetery and hosted by Dover's Woodman Museum.

The event will begin with a ceremony to honor Dover's fallen soldiers. It will include opening remarks by Woodman Museum Executive Director Jonathan Nichols, a Memorial Day address by Dover Mayor Robert Carrier, a wreath laying, the playing of Taps, a massing of colors by Dover High School's Naval Junior ROTC, a Civil War cannon salute, and a keynote speaker.

The ceremony will be held at the Grand Army of the Republic (GAR) monument and lawn, located behind the Ricker Memorial Chapel at Pine Hill Cemetery.

Following the ceremony, trained artillery experts from the 1st NH Light Artillery will conduct a Civil War cannon firing demonstration at the lower Pine Hill Cemetery fields (south of South Watson Road).

The Woodman Museum, a local history museum currently in its 107th season, is proud to organize this year's event. The Woodman, founded in 1916, is a traditional early 20th-century style natural science, history, and art museum with exhibits for all ages. To learn more about the museum, visit <u>www.woodmanmuseum.org</u>.



The following events are from a variety of historical records, sources, and texts about the history of Dover.

For more on the history of Dover, visit the Dover Public Library, Locust Street, and the Woodman Museum on Central Avenue. The Public Library also maintains an online collection of historical information <u>located here</u>.

**May 13, 1729** — The petitioners seeking to set off the northeastern part of Dover as a parish (Somersworth) appeared before the Assembly and were heard by their counsel, resulting in the

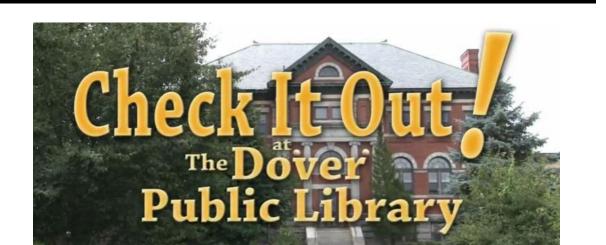
appointment of a committee "to go on the spot and view the several districts and settle a dividing line according to their best judgments and that the petitioners in the meantime be free from being rated to the minister of the old town, &c. and the major part agreeing shall be accounted sufficient to make return at the next session for confirmation." The parish was organized that same year as "Summersworth", meaning "summer town", after the ministers who preached there. "Summersworth" was set off and incorporated in 1754 by colonial Gov. Benning Wentworth, and until 1849 included Rollinsford. A clerical error during the incorporation changed the name to "Somersworth," which it has been known as since.

**May 15, 1732** — The State Assembly voted that Oyster River in Dover be a parish by the name of Durham. The legislative act was approved by Gov. Belcher on this day.

May 19, 1780 — The unusual darkness of this day, which has ever since caused it to be known as the "Dark Day," is thus described by Dr. Belknap, then a resident of Dover: "Fires had spread very extensively in the woods, and the westerly wind had driven the smoke over all the country. It was so thick near the horizon, for several preceding days, that the sun disappeared half an hour before its sitting; and in the low grounds it was almost suffocating. The morning of the 19th was cloudy, with some rain; and a black cloud appeared in the south west, from which thunder was heard. The rain water, and the surface of rivers, was covered with a sooty scum. The remains of a snow drift, which had been raked clean, the preceding day, became black. Several small birds flew into the houses, and others were found dead abroad, being suffocated. About an hour before noon, the clouds assumed a brassy appearance; after which their color became a dusky grey: at one hour after noon it was necessary to light candles. At the time of the greatest obscuration, the smoke of a chimney was observed to rise perpendicularly, and then incline to the west. A thick fog, which came in from the sea, moved along the hill tops in the same direction. A light gleam was seen in the north. The extent of this darkness was more than 200 miles, from north to south. To the westward it reached beyond Albany, and it was observed, by a vessel at sea, 15 leagues beyond Cape Ann. The darkness varied its appearance, in some places, through the afternoon; but in the maritime parts of New Hampshire, there was no cessation or interruption of it; and the evening presented a complete specimen of as total darkness as can be conceived. Before midnight the vapors dispersed, and the next morning there was no appearance of them."

**May 18, 1825** — A meeting was held at Ela's tavern to consider the expediency of constructing a canal or railway from Winnipesaukee Lake to the tidewaters of the Piscataqua River, a charter for which had been obtained at the fall session of the Legislature in 1824. The meeting was largely attended, gentlemen being present from Portsmouth and Dover, and from many of the towns bordering on the Lake, and resulted in the appointment of committees to obtain the necessary surveys and prepare plans for procuring the stock of the company to be taken up. The cost of a canal connecting the waters of the Lake with the streams running into the Cochecho at Dover, deep enough for boat navigation, was estimated at \$700,000.

**May 12, 1999** — The City Council on this day voted to change the name of the Sixth Street Connector to Indian Brook Drive, which it remains today. Prior to the vote, there had been some debate about the name, but the City Council ultimately voted 7-2 in favor of the new name. Then-Mayor Wil Boc said Indian Brook Drive paid tribute to the area's history, as well as providing a clear demarcation between Dover and Somersworth.



# Virtual talk with 'Migration's author Charlotte McConaghy

Australian author Charlotte McConaghy never meant to write novels about the environment and climate change, but her love for nature swayed her foray into adult literature in that direction.

McConaghy is the author of the international bestseller "Migrations", a TIME Magazine Best Book of the Year and the Amazon.com Best Fiction Book of the Year for 2020, and the New York Times Bestseller "Once There Were Wolves", winner of the Indie Book Award for Fiction 2022 and a Nautilus Gold Award.

On Thursday, May 25, at 7 p.m., McConaghy will join the Dover Public Library for a virtual conversation. The talk is in partnership with Chelmsford Public Library and One Book Chelmsford, which featured "Migrations" as this year's book. The conversation will be led by Meena Jain, Director of the Ashland Public Library in Ashland, Mass. To attend the virtual program, those interested must sign up on the Dover Public Library's website to receive a link.

Attendees are also welcome to send their questions to the author in advance. Requests can be sent to Jessica FitzHanso at <u>jfitzhanso@chelmsfordlibrary.org</u>.

"Migrations" tells the story of a woman who has dedicated her life to protecting the environment. She lands in Greenland, where she convinces a fishing captain and his crew to follow the world's last flock of Arctic terns on a migration of dark revelations.

The story is being translated into over twenty languages and adapted for a film starring Claire Foy and co-produced with Benedict Cumberbatch's production company SunnyMarch.

Her latest novel, "Once There Were Wolves," is a romantic mystery about a biologist charged with reintroducing wolves to the Scottish Highlands to rewild the landscape and bring a forest back to life.

McConaghy currently lives in Sydney, Australia, with her partner and son. She has a master's degree in screenwriting from the Australian Film Television and Radio School.

This program is free and open to the public.

For more information or to sign up and receive a link, visit the library's website at <u>library.dover.nh.gov</u> or call (603) 516-6050.

# Sellers seminar at Dover Public Library

Are you looking to sell your home but don't know where to start?

Join Dover Public Library on Wednesday, May 24, at 6:30 p.m. for a free "Sellers Seminar." The event will take place in person, with an option to watch virtually from home. Those wishing to view online will need to sign up through the library's website to access a link to the program.

This seminar-styled course covers topics such as how to increase the value of your home, the best time to sell, and how value is determined. It is recommended for anyone considering selling their home or condo and wanting to get the best price for their property. Questions are encouraged.

The course is being taught by Steve Bargdill. For the last five years, Bargdill has taught at Great Bay Community College, New England College, Southern Maine Community College, and York County Community College. He graduated from the University of New Hampshire with a master's of fine arts in creative writing and the Verani School of Real Estate. He is currently an affiliate real estate person with Keller Williams Coast and Lakes and Mountains.

This program is free and open to the public.

For more information or to sign up to watch online, visit the library's website at <u>library.dover.nh.gov</u> or call (603) 516-6050.

## Give 'lift' meditation a try at the Dover Public Library

Many people have felt the stress of the last few years during the pandemic. If you want to learn how meditation can help relieve stress, join the Dover Public Library on Tuesday, May 16, at 2 p.m. for a free session led by Thomas McGrevey.

When people are stressed, they cannot reason well in the grip of anxiety's fight/flight/freeze response. By physically and naturally boosting the brain, similar to a runner's high, some are able to dissolve anxiety and bring back a thinking brain on the spot.

Thomas P. McGrevey, Jr., is a professor emeritus of business at New England College. He has taught graduate and undergraduate business classes at New England College, SNHU, the University of New Hampshire's Granite State College, and others. He co-owned and operated small businesses, including Antics Grill and Games in Manchester, and has been a management consultant specializing in information systems, strategic management, and assisting international companies with opening branches and new businesses in the United States.

Professor McGrevey is speaking for himself about the lift method of meditation. His views do not represent any of the colleges and universities he has been affiliated with. He has no training in psychology, neuroscience, or therapy. He says he is just "a cool guy who developed an amazing hack for anxiety and wants to share it with the world."

The program is free and open to the public.

For more information, call the Library at 603-516-6050.

## This Week at the Library

#### May VIRTUAL Cookbook Club

Join us for a virtual exploration of *The Weekday Vegetarians* by Jenny Rosenstrach. Throughout the month of May, send in pictures of your dishes created with recipes from the book and a small description of your cooking process, how you felt about the recipe, and/or your thoughts on the book. Copies of the book will be available to check out at the main circulation desk. We will share your creations on our social media pages. Photos can be sent to Emily at <u>e.ainaire@dover.nh.gov</u>, or tag us on Instagram @doverpubliclibrary.

#### Monday, May 15, 3 to 4 p.m. Monday Afternoon Book Group

Join in-person or virtually to discuss *Crying in H Mart* by Michelle Zauner. Copies of the book are available for borrowing at the library. *Register if you would like to attend remotely.* 

#### Monday, May 15, 6 to 8 p.m.

#### Wednesday, May 17, 9:30 to 11:30 a.m. Adult Knitting Group

Knitters and crocheters are welcome to join us with their projects for an in-person crafting circle. All levels welcome.

#### Wednesday, May 17, 10 to 10:30 a.m. Family Storytime

Children of all ages with caregivers are invited to attend this program that includes stories, fingerplays, songs, and puppets.

#### Wednesday, May 17, 10:30 to 11:45 am Caregiver Café

Dover area family caregivers are invited to join Cornerstone VNA for a morning of support, education and conversation.

#### Wednesday, May 17, 11 a.m. to 1 p.m. All Abilities Club: Wednesday Morning Movie

Come for a showing of The three Musketeers. The hot-headed young D'Artagnan along with three former legendary but now down-on-their-luck

#### **Dungeons & Dragons: Adults**

Drop in and play Dungeons & Dragons with Game Master Brandon. This 18 & older group is for new and veteran role-playing gamers to join us in the library for adventure, imagination, and strategy. The group will meet every other Monday night, though you do not need to have attended previous sessions to enjoy your first game. No experience or materials are required and all skill levels are welcome to play.

#### Monday, May 15, 6:30 to 7:30 p.m. Monday Evening Book Group

Join in-person or virtually to discuss *Crying in H Mart* by Michelle Zauner. Copies of the book are available for borrowing at the library. *Register if you would like to attend remotely.* 

#### Tuesday, May 16, 10 to 10:30 a.m. Mother Goose on the Loose

For babies through 2 years and parent/caregiver, Mother Goose on the Loose is a 30 minute program with nursery rhymes, songs, puppets, other props and short stories. A joyful and fun gathering that promotes early literacy skills.

#### Tuesday, May 16, 2 to 3 p.m. Lift Meditation Workshop with Thomas McGrevey

Lift Method Meditation is an enhancement to traditional mindfulness meditation that can soothe anxiety and ease the flight/fight/freeze response on the spot. Wear comfortable clothing.

#### Tuesday, May 16, 3:30 to 4:15 p.m. Series of the Month Book Club 2nd and 3rd Graders

Are you a fan of the Magic Tree House series by Mary Pope Osborne? If you are in 2nd or 3rd grade and have read one or more books in the Magic Treehouse series come meet with other fans to talk about these popular books. You will also make a craft related to the series. *Registration required.* 

#### Tuesday, May 16, 6 to 8 p.m. Dungeons & Dragons: Adult Group

Drop in and play Dungeons & Dragons with Game Master Dave. This 18 & older group is for new and veteran role-playing gamers to join us in the library for adventure, imagination, and strategy. The group will meet every Tuesday night, though you do not need to have attended previous sessions to enjoy your first game. No experience or materials are required, and all skill levels are welcome to play. Musketeers must unite and defeat a beautiful double agent and her villainous employer from seizing the French throne and engulfing Europe in war.

#### Wednesday, May 17, 3 to 4 p.m. Summer Fun STEM

A fun 'science -y' program with flowers and soil, ice cream and bubbles and all things summer! Kids aged 3 and up will best enjoy this event with their caregivers. No registration required.

#### Wednesday, May 17, 6 to 8 p.m. Family Game Night

Join the library on the third Wednesday of every month to play a fun selection of card and board games, and meet other board game enthusiasts in the community! All ages welcome!

#### Thursday, May 18, 10 to 10:45 a.m. Arts and Crafts Storytime

Arts and Crafts Storytime is for children ages 3-6. Each session will focus on a different theme. Books, songs, rhymes, and an art activity will all be part of the fun. *Registration required.* 

#### Thursday, May 18, 6:30 to 8 p.m. A Historic tour of Dover

Cathy Beaudoin and Andy Galt share fascinating facts about Dover through former Heritage Walk Brochures compiled in Dover from 1979 to 2002, including new updated research. *Register if you would like to attend remotely.* 

Friday, May 19, 10 to 10:30 a.m. Shake Your Rattle and Roll, Baby! This program is for babies and toddlers-2 years. Dance to silly songs, sing rhymes, count to 5 with puppets and rock out with drums and instruments. Featuring a different genre or musical artist each week.

#### Friday, May 19, 10 to 10:45 a.m. Sensory Storytime

This storytime is for children, ages 3-6, with autism, sensory challenges, developmental delays, and their caregivers. This fun, interactive program will engage the senses through books, flannel boards, puppets, songs, rhymes and movements, as well as tactile and sensory activities. *Registration required.* 

#### Saturday, May 20, 2 to 3:30 p.m. Lego Club

Come build at Lego Club! There will be a specific "Challenge-of-the-day" to work on or you can build their own creations. This is a family event for people age 5-99. All LEGO creations stay at the library.

CAUTION: Legos are a choking hazard to children under the age of 3.

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# New Hampshire marks end of COVID-19 public health emergency

The federal COVID-19 Public Health Emergency (PHE) ended this week on Thursday, May 11. Over the past three years, more than 380,000 New Hampshire residents tested positive for COVID-19. We continue to extend our sympathies to the friends and families of the 3,055 Granite Staters who have died from COVID-19.

As the Federal PHE officially ends, some of the expected changes are:



- COVID-19 vaccines and boosters will remain available at no cost while supplies last. Most commercial insurance companies and Medicaid will continue to provide support.
- Free antigen tests remain widely available in communities while supplies last.
- Doctors and healthcare providers no longer need to report information about positive COVID-19 cases to the DHHS Division of Public Health Services.
- Recommendations for who should receive updated boosters will continue to evolve. The CDC has published new Interim Clinical Considerations for Use of COVID-19 Vaccines. People who have questions or concerns about how to protect themselves from COVID-19 should talk with their primary care providers, especially individuals who are at higher risk for severe COVID-19, such as older adults and people with compromised immune systems.
- New Hampshire's <u>COVID-19 Dashboard</u> will change over time. DHHS is developing a new, streamlined dashboard.

What will continue:

- Access to COVID-19 vaccinations and certain treatments, such as Paxlovid, will generally not be affected. Vaccines will be available at health care providers and at retail pharmacies. The Mobile Van will continue to have free vaccine available until May 31, 2023.
- In most cases, access to telehealth to identify and treat COVID-19 will not change. Healthcare providers and patients may continue to utilize telehealth services for this purpose. New Hampshire's partnership with On-Site Medical Services for free telehealth services for treatment of COVID-19 will continue until August 31, 2023.
- New Hampshire will continue to partner with select communities to monitor wastewater for the presence of COVID-19 and data will continue to be published on the New Hampshire COVID-19 Dashboard.

"As the federal public health emergency ends, we want to thank everyone for the steps they took to protect themselves and their neighbors from the health impacts of COVID-19," said Lori Weaver, Interim Commissioner, NH Department of Health and Human Services. "The people of New Hampshire showed resiliency throughout the pandemic. Thank you to the countless healthcare providers, public health networks and volunteers, National Guard members, retail pharmacies, and others that pitched in to keep their communities healthy. We owe a debt of gratitude to those that helped us stay strong during the pandemic."

As the State's response to COVID-19 is changing, COVID-19 is still very much with us. The

virus can still threaten the health and well-being of individuals, especially older adults and people with chronic health conditions and compromised immune systems, so everyone is urged to continue to take simple steps to stay healthy: Wash your hands, test when you are feeling sick, and stay up to date with all recommended vaccines.



# Open Lands Committee event on May 20 to show how your yard can support biodiversity

Do you dream of a low-maintenance, habitat-rich yard with plenty of space to play?

Join the Opens Lands Committee and the Pollinator Pathways New Hampshire for "Revisioning your landscape to support biodiversity" with natural resource stewards Leslie Wiedmann Herd and Ken Herd. The free event will be held on Saturday, May 20, from 9 to 11 a.m. at the Riverside Gardens, 201 Tolend Road in Dover.

Email kristenmurf@gmail.com to register.



#### HILTON'S POINT-1623

The first settlement at Dover was made here at the southernmost point of Dover Neck and was called Hilton's Point after Edward and William Hilton. They were fishmongers from London who, in 1623, established their fishing industry at this scenic site.



## Dover400 announces Hilton descendants reunion June 24

As many know, the founders of Dover were brothers Edward and William Hilton, joined by their sister Rebecca and her husband Thomas Roberts. They settled at Dover Point in 1623 and established the first permanent colonial settlement in New Hampshire at the junction of three rivers. Over the following four centuries, their progeny resulted in many generations of Hilton and Roberts families, many still residing in the New England area.

On Saturday, June 24, 2023, there will be a gathering of Hilton descendants at Hilton Park in Dover at 11 a.m. The area is now a New Hampshire State Park and the site of the original settlement. The park is accessible via the Spaulding Turnpike. From Portsmouth/Newington, cross the bridge over the Piscataqua River then take Exit 6 towards US-4 Durham. Turn left,

cross the overpass over the turnpike, then at the rotary, take the third exit to Boston Harbor Road. Go approximately a half-mile to Hilton Park, which has plenty of free parking, a boat ramp, picnic tables, swings, and a historic marker. Please come and meet your Hilton and Roberts cousins and bring a picnic lunch.

The mission of the Dover400 Committee is to honor our past, celebrate our present, and inspire our future through meaningful and creative community engagement. Dover400 invites everyone to join this Hilton celebration.

# Strafford County master gardeners hold annual plant sale

The Strafford County Master Gardeners Association will hold its annual plant sale on Sunday, May 21, 9 a.m. to 1 p.m., rain or shine, in the Durham Town Hall parking lot. Durham Town Hall is located at 8 Newmarket Road in Durham.

The sale supports community projects throughout Strafford County, including school grants. In Dover, some locations and projects benefitting from the Strafford County Master Gardeners Association volunteers include the Hyder Family Hospice House, Joe B. Parks Riverwalk Public Gardens, and Woodman Museum Medicinal and Industrial Garden. Strafford County Master Gardeners Association was recently approved for grant funding to manage a pumpkin project at Dover High School.

The Strafford County Master Gardeners Association is part of the University of New Hampshire Cooperative Extension and serves residents of Strafford County with home and garden questions.

For more information, visit https://scmga.wordpress.com.

# City to hold informational workshop on stormwater and flood resiliency utility

The City of Dover will host a public workshop on Tuesday, May 23, at 5:30 p.m. to discuss the creation of a stormwater and flood resiliency utility for the city. The workshop, to be held in Room 305 of the McConnell Center, will include a presentation about the benefits followed by a breakout session to solicit public feedback on how best to implement it.

At the direction of the City Council, city staff, working with the Ordinance Committee, Utility Commission, and a consultant, are drafting an ordinance that authorizes a stormwater and flood resiliency utility that will be brought to City Council in the future for adoption. On Feb. 2, 2022, the City Council accepted the recommendation of the ad hoc Committee to Study Stormwater and Flood Resilience Funding and declared its intent to form a stormwater and flood resiliency utility by ordinance. The stormwater committee, created by City Council 2020, was to investigate, study, identify, and make recommendations to the Council concerning potential funding opportunities for current and future stormwater and flood resiliency management planning. Its membership included a diverse group of stakeholders that met for over a year before making their recommendation to the City Council.

Stormwater runoff flows across impervious surfaces and does not soak into the ground, collecting surface pollutants such as oil, bacteria, and sediment as it flows, often deposited into our local waterways untreated. During heavy rain events, the city's stormwater drainage system is overwhelmed, causing flooding and significant financial damage to roads and property. Therefore, reducing stormwater runoff makes financial and environmental sense but requires ongoing investments. The City has accumulated at least \$5 million in deferred stormwater and flood resiliency projects due to insufficient funding, with rising costs projected from increasing federal and state regulatory requirements.

Currently, stormwater funding is primarily through the City's General Fund, much of which is

generated through property taxes. The City Council's ad hoc Committee to Study Stormwater and Flood Resilience Funding found that its neither sustainable nor a fair way to fund stormwater runoff infrastructure, as 55% of the stormwater infrastructure is funded by residential property owners, even though they account for only 25% of the city's impervious area. Stormwater affects all City parcels, but not all parcels pay into the General Fund, such as tax-exempt properties.

The city will provide regular updates about the ongoing development of the utility. To sign-up for project-specific emails, visit <u>https://bit.ly/dovernewsletters</u> and add "Project Updates: Stormwater and Flood Resiliency Utility" to your current email subscription list.



# **ANXIOUS NATION**

# FREE SOREEMING THURSDAY, MAY 18TH

Refreshments: 5:30 PM Screening: 6:00 PM

Join us for a screening of the feature documentary Anxious Nation, which explores anxiety and our kids. Following the film will be a panel discussion with industry experts that work with youth and families.

# SCAN TO REGISTER



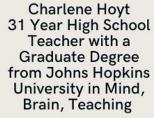
https://forms.gle/AdhtTYZrnhQCwEcD8

Dover High School Auditorium 25 Alumni Drive Dover, NH 03820

# MIEET THE PANELISTS







Peter Naitove Dover High School Psychologist and trained Therapeutic Breathworker







New Hampshire



# Storm debris cleanup continues

City public works crews continue to remove woody debris left from the January winter storm.

The work is expected to take several more weeks to finish, as weather conditions and work priorities allow. Crews are not accepting new work orders for debris pickup.

Residents are encouraged to bring woody debris to the Recycling Center for free disposal. It is open Tuesdays, Thursdays, and Saturdays from 8:30 a.m. to 3:30 p.m.

For more information, contact Community Services at 603-516-6450.

# Volunteer boards help keep Dover vibrant

The City of Dover is a vibrant community due in large part to the significant energy and talent of citizen participation on the city's many boards, committees, and commissions. Input from these boards, committees, and commissions helps guide Dover's policy decisions.

Want to get involved? There are currently committees seeking members to fill regular and alternate member vacancies, including the:

- Zoning Board of Adjustment
- Heritage Commission
- Pool Advisory Committee
- Committee for Racial Equity and Inclusion
- Recreation Advisory Board
- Arts Commission
- Arena Commission
- Open Lands Committee
- Utilities Commission

The complete list of boards and committees can be found at <a href="http://www.dover.nh.gov/government/boards-and-commissions/">www.dover.nh.gov/government/boards-and-commissions/</a>

To apply, complete an application, <u>available here</u> and at the City Clerk's Office, and either drop it off at the Clerk's Office or email it to City Clerk Susan Mistretta at <u>s.mistretta@dover.nh.gov</u>. Applicants are welcome to apply to any board or commission. Applications are kept on file for one year.

The City Council appoints citizens to boards and commissions from recommendations of its Appointments Committee, which meets regularly to review applications.

# **City of Dover employment opportunities**

Want to work for the City of Dover? The City's website offers an updated list of open positions, including job descriptions and a downloadable application for employment. The City of Dover is now seeking applications for the following positions:

- Public Safety Dispatcher
- Police Officer
- Lifeguard
- Swim Instructor I
- City Planner
- Heavy Equipment Mechanic/Automotive Technician
- Parking Maintenance Specialist
- Summer Camp Counselor
- Police Systems IT Technician

- Truck Driver -- Streets
- Heavy Equipment Operator -- Utilities
- Laborer -- Public Works, Streets, and Stormwater
- Seasonal Maintenance Worker -- Summer intern
- Seasonal Maintenance Worker -- Facilities and Grounds
- Water and Sewer Pump Station Operator

For more information about these positions or employment opportunities with the City of Dover, <u>click here</u>.

**Dover School District employment opportunities** 

Want to work for the Dover School District? The District's website offers an updated list of open positions, including job descriptions and online applications. The District is now seeking applications for the following positions:

- Speech and Language Pathologist Long Term Substitute
- Special Education Paraprofessional
- DALC Teacher-Spanish Literacy and HiSET Prep in corrections facility
- Auditorium House Manager and Technician
- Special Education Teacher/Case Manager Custodian
- Noon Aide/Recess Monitor
- Substitute Teacher
- Substitute Nurse

For more information about these positions, <u>click here</u>.

CITY OF DOVER, NEW HAMPSHIRE | www.dover.nh.gov

