

# DOVER DOWNLOAD



News from the City of Dover, New Hampshire



## In This Issue:

Dover Main Street's annual Run Before You Crawl is March 23

Did You Know? Dover Community Trail

Open Lands Committee to host full-moon snowshoe hike

Upcoming public listening session to focus on Route 108 improvements

Art installation at City Hall aims to increase suicide awareness

2019 'Moose Plate' grant round open for cultural heritage projects

Dover Arts Commission now accepting arts grant applications

Free tax help at the Dover Public Library

Dover Chamber accepting scholarship applications, educator of year nominations

News from Dover's public schools

Check it Out! at the Dover Library

Friday, March 8, 2019



## Dover Main Street's annual Run Before You Crawl is March 23

Run, walk or crawl, but don't miss the opportunity to participate in the Dover Race Series 2019 kickoff event. Registration is now open for Dover Main Street's Run Before You Crawl 5K Race and Pub Crawl. This popular event will be held on Saturday, March 23, 2019.

The road race begins at 9:30 a.m. The Restaurant Crawl portion of the event is from 11 a.m. to 3 p.m.

The 5K road race begins and ends at the Dover Transportation Center. The Restaurant Crawl spans

More snow in the forecast for Dover this weekend

Coming up at the Dover Community Senior Center

Stay informed with City of Dover special announcements

City of Dover employment opportunities

Missed the meeting?

### **Meetings this week:**

#### **School Board, March 11, 7 p.m.**

The School Board will hold a regular meeting on Monday, March 11, 2019, in Room 306 at the McConnell Center. The meeting will begin at 7 p.m.

To view the meeting agenda, [click here](#).

#### **Planning Board, March 12, 7 p.m.**

The Planning Board will hold a regular meeting on Tuesday, March 12, 2019, in Council Chambers at City Hall. The meeting will begin at 7 p.m.

To view the meeting agenda, [click here](#).

#### **City Council, March 13, 7 p.m.**

The City Council will hold a regular meeting on Wednesday, March 13, 2019, in the Council Chambers at City Hall. The meeting will begin at 7 p.m.

To view the meeting agenda, [click here](#).

To view televised meetings online, on

several participating downtown restaurants.

Three ticket options are available (run only, crawl only, or both.)

The cost is:

- 5k and Restaurant Crawl, Adult: \$40, Children 12 and under: \$10;
- 5K Only: \$25;
- Restaurant Crawl Only: \$20

Race packets and crawl bracelets can be picked up at pre-registration on Friday night at the Dover Transportation Center from 5-8 p.m. and on the day of the race. Registration opens at 8 a.m.

For more information or to register, please visit [www.runb4ucrawl.com](http://www.runb4ucrawl.com).



## **Dover Community Trail offers public access to protected greenways**

Since the mid-1990's, the City of Dover has been actively planning and acquiring rights-of-way for the Community Trail Project. The trail follows a former railroad bed through much of the City and provides public access to protected greenways along the Cochecho and Bellamy Rivers.

This multi-use trail provides opportunities for bicycling, hiking, bird watching, and fishing. It comprises of two sections: a paved urban section stretching three-quarters of a mile from the Transportation Center to Fisher Street, and a natural section two and a half miles long following the Cochecho River from the Beckwith Ballfields to Watson Road.

The Community Trail Advisory Committee is always seeking volunteer adopters to help maintain the beauty and function of the Dover Community Trail by removing litter, trimming overgrowth, and reporting maintenance concerns to the city. Adopters may be individuals, organizations, or civic groups and will be recognized with signage along the trail.

For more information or to receive an adoption agreement, contact Donna Benton at [d.benton@dover.nh.gov](mailto:d.benton@dover.nh.gov) or visit [www.dover.nh.gov/government/city-](http://www.dover.nh.gov/government/city-)

demand, visit [www.dover.nh.gov/dntv](http://www.dover.nh.gov/dntv).

For a complete list of upcoming meetings visit the [meeting calendar page](#).

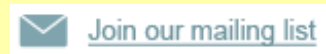
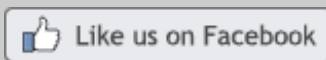


CITY OF DOVER,  
NH

288 Central Avenue  
Dover, NH 03820  
603-516-6000

City Hall hours:  
Monday-Thursday  
8:30 a.m. to 5:30 p.m.  
Friday  
8:30 a.m. to 4 p.m.

Recycling Center  
hours:  
Tuesday, Thursday,  
Saturday  
8:30 a.m. to 3:30 p.m.



Stay  
social  
with your City



Want the latest news and important information about your city? Check out the City of Dover's official [Facebook page](#) and [twitter feed](#) for the latest updates.

[operations/trail/community-trail/](#)



## Open Lands Committee to host full-moon snowshoe hike

The Dover Open Lands Committee will host a full-moon snowshoe hike on Saturday, March 23. The group will gather at 7:30 p.m. at the Dover Community Trail in the Beckwith Baseball Park parking lot, located off Hillside Drive.

The hike will begin with a leisurely walk along the open fields and riverside trail, returning for hot chocolate in the parking lot. This event is free and open to the public. Families are welcome. It is preferred that pets stay home for this event.

Please dress appropriately for the weather and bring a headlamp or flashlight in the event of cloudy skies.

Please RSVP to Steve Bird at [s.bird@dover.nh.gov](mailto:s.bird@dover.nh.gov) or 603-516-6008 so that we may contact you in the event of a weather-related cancellation and properly plan for hot chocolate. Updates will be posted on the Dover Open Lands Committee Facebook page at [www.facebook.com/DoverOpenLandsCommittee](http://www.facebook.com/DoverOpenLandsCommittee).

General Directions: From downtown, head west on Sixth Street, left onto Hillside Drive and follow the road down the hill to the end.

The Dover Open Lands Committee consists of local

volunteers and city staff who work with willing landowners to conserve Dover's important natural and cultural resources. These resources include drinking water supplies, farm and forest lands, critical fish and wildlife habitat, and the preservation of our community's character for current and future generations to enjoy.

For more information, contact Dover Planning at 516-6008.

---

## Upcoming public listening session to address Route 108 improvements

The New Hampshire Department of Transportation (NHDOT) will hold a public listening session in Dover on Monday, March 18, 2019 to discuss proposed improvements to New Hampshire Route 108 in Dover, Somersworth, and Rochester. The public is invited and encouraged to attend to provide input on potential improvements.

The March 18 public listening session will be held in the Renaissance Room at the Dover Middle School, 16 Daley Drive in Dover, beginning at 7 p.m. and ending at 9 p.m. A short presentation will be followed by open discussion of ideas and dialogue between the public and the NHDOT project team.

This project involves the study of improvements to NH Route 108 from the intersection of NH Route 9/Indian Brook Drive in Dover to Innovation Drive in Rochester, a distance of approximately five miles. The objective of the project is to develop a design alternative that will improve the safety and mobility of all users by applying 'Complete Street' principles, with the central goal of achieving an appropriate balance between the needs of motorized, non-motorized, and transit users of the corridor.

Interested property owners, public officials, employers and roadway users are welcome and will be given the opportunity to provide input on the project.

Any individuals needing assistance or auxiliary communication equipment due to sensory impairment or other disability should contact the Bureau of Right-of-Way, NHDOT, PO Box 483, Concord, NH 03302-0483 or call 603-271-3222. TDD access: Relay NH 1-800-735-2964. Notification of the need for assistance must be made at the earliest convenience.

Historic properties may be impacted by the project. Section 106 of the National Historic Preservation Act offers those that possess a direct interest in historical resources, including town officials, Historical Societies, and Historical Commissions, an opportunity to become more involved in an advisory role during project development as "Consulting Parties." Those interested should contact the NHDOT.

## Art installation at City Hall aims to increase suicide awareness

A piece of art titled "Missing", by local artist Amy Issa, will be on display at Dover City Hall for 30 days outside the City Clerk's office. The exhibit is designed to raise awareness of the effects of suicide and consists of two four-foot by six-foot sections, painted in acrylic.

Issa describes her work as promoting "awareness of the effects of suicide. Not only representing the pain felt by those of us left behind, but also as an acknowledgement of the never-ending feeling of hopelessness suffered by those who either attempt or died by suicide. The simple, colorful silhouettes are used to represent the nameless, faceless people from all walks of life scarred by loss. The lasting tragic effects of losing someone to suicide are carried by the friends and loved ones left behind. Such a profound loss leaves an empty space in the hearts and souls of those living without their partner, son, daughter, mom, dad, friend... In some of the figures are holes meant to represent that space inside of us created by the loss of our loved one that can never be filled. The holes represent that piece of us they took with them when they left us behind."

The City Council approved a resolution on Feb. 13, 2019 to display the art work. The resolution was sponsored by Mayor Karen Weston, City Councilor Matt Keane and City Councilor Dennis Shanahan. Shanahan serves as the Council liaison to the Arts Commission. The Arts Commission approved the temporary installation in November.

The Dover Arts Commission was established to develop and promote programs, forums and exhibits that highlight the talent and active art related venues currently existing within the city.

For more information, visit the [Arts Commission on Facebook](#).

---

## 2019 'Moose Plate' grant round open for cultural heritage projects

The N.H. Department of Natural and Cultural Resources is now accepting letters of intent for its 2019 Conservation License Plate Grant Programs. DNCR "Moose Plate" grants support the restoration, preservation and/or conservation of publicly owned items significant to New Hampshire's cultural heritage.

Three of the DNCR's divisions support grant programs

through Moose Plate funding: the State Library, the State Council on the Arts and the Division of Historical Resources. Each division's grant program has specific requirements; applicants may only apply to one grant program in a given year.

Organizations seeking funding must submit a letter of intent, which provides a brief description of the project and confirms that the resource is publicly owned, by May 3. If a project fits program criteria, a full application must be submitted by June 14.

Each year, the DNCR receives a percentage of funds raised from the sales of Moose Plates. To help preserve the state's cultural heritage, the department designates a portion of those funds for the conservation of cultural resources in New Hampshire.

Among the 24 projects receiving more than \$200,000 in DNCR grant funding for the fiscal year 2018 grant round were the conservation of a grand drape and eight double-sided ears at Newbury's Old Town Hall, the rehabilitation of the Union Academy's windows in Canaan, and the conservation of "Drunk and Idle," a record of Strafford County Jail Inmates from 1909-1938.

More information about each division's specific grant program is available at [dn-cr.nh.gov/moose\\_plate](http://dn-cr.nh.gov/moose_plate).

Funds received by the DNCR also support its Division of Parks and Recreation's Historic Sites Bureau and its Division of Forests and Lands' Natural Heritage Bureau.

New Hampshire's Conservation License Plates help conserve our state's natural, historical and cultural heritage. Since 2001, the Moose Plate program has raised more than 20 million dollars that have directly contributed to the ongoing success of projects around New Hampshire. All funds raised through the purchase of Moose Plates are used for the promotion, protection and investment in New Hampshire's natural, cultural and historic resources.

For more information about the Moose Plate Program, including how to purchase a Moose Plate, visit [mooseplate.com](http://mooseplate.com).

The N.H. Department of Natural and Cultural Resources' five divisions are dedicated to protecting, promoting and managing a wide variety of New Hampshire's natural, recreational and cultural resources. Together, these resources help define our state and are major drivers of our economy and high quality of life. For more information, visit [dn-cr.nh.gov](http://dn-cr.nh.gov).

---

**Dover Arts Commission now  
accepting arts grant applications**

The Dover Arts Commission is pleased to announce that applications for its spring 2019 City Arts Grants are now open. City Arts Grants are available to individual artists and arts organizations to create visual art, music, dance, theatre, film, and literary projects that benefit the residents of Dover and enrich the cultural life of the city. Winning proposals will be awarded up to \$1,650. The application deadline is Friday, March 29.



To download an application, visit the Dover Arts Commission page on the [City of Dover website](http://www.cityofdover.com) or directly at [go.usa.gov/xEdnm](http://go.usa.gov/xEdnm).

For questions about the grant program or the application process, email Arts Commission Co-Chair Jane Hamor at [j.hamor@dover.nh.gov](mailto:j.hamor@dover.nh.gov).

The Dover Arts Commission is an advisory board to the Dover City Council tasked with developing and promoting programs, forums, and exhibits that highlight the artistic talent within the city. The Arts Commission works to enhance awareness of and appreciation for the arts through increased dialogue and citizen participation.

To learn more, visit [www.dover.nh.gov/government/boards-and-commissions/arts-commission](http://www.dover.nh.gov/government/boards-and-commissions/arts-commission) or follow the Dover Arts Commission on Facebook at [www.facebook.com/DoverNHArtsCommission](https://www.facebook.com/DoverNHArtsCommission).

---

## Free tax help at the Dover Public Library

The AARP Foundation is offering free tax preparation assistance at the Dover Public Library through April 18, 2019. AARP volunteers will be at the library Tuesday, Thursday and Saturday mornings from 9 a.m. to 12 p.m. Walk-ins are welcome and it suggested that you arrive at 9 a.m.

Since 1968, this volunteer-based program has helped nearly 50 million low- to moderate-income taxpayers file their taxes. You do not need to be an AARP member or a senior.

Please bring your Social Security Card, a picture ID, your last year's tax return and your other tax documents. Find a [complete list of documents to bring here](#).

Please fill out the [Intake Form](#) before you come.

For more information, contact then Library at 603-516-6050.

---

## Dover Chamber accepting scholarship applications, educator

## of year nominations

The Greater Dover Chamber of Commerce is now accepting applications for its Student Scholarship program which will award one area student \$1,000 to be used towards post-secondary education costs. The Chamber is also collecting nominations for their annual Educator of the Year award which includes \$1,000 to be used towards classroom expenses. Both programs are organized by the Chamber's Business & Education Partnership and sponsored by Measured Progress, Inc.

The Student Scholarship is awarded to a local student either entering or continuing a post-secondary education who demonstrates a commitment to their community through volunteerism while maintaining a good academic record. All applications must be submitted to the Chamber no later than 5 p.m. on April 26.

The Educator of the Year award recognizes a local education professional who employs innovative education strategies, demonstrates on-going leadership and cooperation and makes a lasting impact on their community and students. Educator of the Year nominations can be submitted by students, parents, colleagues or community members and must be received by the Chamber prior to 5 p.m. on May 10.

Scholarship applications and Educator of the Year nomination forms can be picked up at the Greater Dover Chamber of Commerce, 550 Central Ave., or found online at [www.dovernh.org/scholarship](http://www.dovernh.org/scholarship).



### GREEN WAVE DISPATCH

News from Dover's public schools

---

*"Why fit in when you  
were born to stand out?"*





Courtesy photo

In honor of Dr. Seuss' birthday earlier this month, members of the Dover Teachers' Union recently presented Wentworth-Douglass Hospital with a variety of books by the children's author to be handed out to the families of babies born in and around the author's birthday. Pictured are, from left, Emily Moore of Wentworth-Douglass Hospital, Debra Hackett of the Dover Teachers' Union, Alison Zirpolo of Wentworth-Douglass Hospital, Michelle Zitta of the Dover Teachers' Union, Jillian Brickley of the Dover Teachers' Union, Lisa Dillingham of the Dover Teachers' Union, and Maura Power of Wentworth-Douglass Hospital.



## Coming up in Dover schools

**Sunday, March 10, 9 a.m. to 5 p.m., at Dover High School**

New England Scholastic Band Association Winter Guard/Percussion Show

**Monday, March 11, 7 p.m., McConnell Center, Room 306**

School Board Meeting

**Tuesday, March 12, 4:30 p.m., McConnell Center, Superintendent's Conference Room**

Garrison Elementary School Joint Building Committee Meeting

**Friday, March 15, 12 to 1 p.m. at Dover Middle School**  
Drug Abuse Resistance Education (D.A.R.E.) Graduation

**Tuesday, March 19, 4:30 p.m., McConnell Center, Superintendent's Conference Room**

**Tuesday, March 19, 7 to 8 p.m., Dover High School  
Auditorium**

DMS 6th-8th Grade Choral Concert

**Wednesday, March 20, 7 to 8 p.m., Dover High School  
Auditorium**

DMS 6th-8th Grade Instrumental Concert

**Friday, March 22, No School**

Teacher Workshop Day



The following events are recorded in "Notable Events in the History of Dover, New Hampshire: From the First Settlement in 1623 to 1865," by George Wadleigh, and several other historical sources.

For more on the history of Dover, settled in 1623 and the oldest permanent settlement in New Hampshire and seventh oldest in the country, visit the Dover Public Library, Locust Street; and the Woodman Museum, Central Avenue. The Public Library also maintains an online collection of historical information, [located here](#).



**March 12, 1630** - Edward Hilton, having obtained a grant of the patent in his own name (March 12, 1630), acted as his own agent until he disposed of a portion of his interest to others, when Captain Thomas Wiggin was appointed, Mr. Hilton being made one of the commissioners for the affairs of New England by the Lords of the Council, and as such was attorney for the delivery of possession of Saco and Biddeford to Richard Vines. This grant from the Council conveyed to Edward Hilton and his associates all that part of the river Piscataqua called by the natives Wecanacohunt, and by the settlers Hilton's point, with the south side of said river up to the falls of Squamscot, and three miles into the main land for breadth. This grant now contains within its limits Dover, Durham, Stratham, and parts of Newington and Greenland.



**March 10, 1643** - It appearing to the Court that the Commissioners appointed to lay out the bounds between Dover and Strawberry Banke did not consider Strawberry Banke as a Town, nor so exactly viewed the land on that side of the river as was needful and thereupon laid out certain lands to Dover which is most convenient for Strawberry Banke, and certain lands to Strawberry Banke which is most convenient for Dover, it was ordered that all

the marsh and meadow ground lying against the Great Bay on Strawberry Banke side should belong to Dover, together with four hundred achres of upland ground adjoining and lying as may be most convenient for the imprisoning and fencing in of the said meadow, the remainder of the said ground to belong to Strawberry Banke, reserving the due right to every one that hath property in the same.



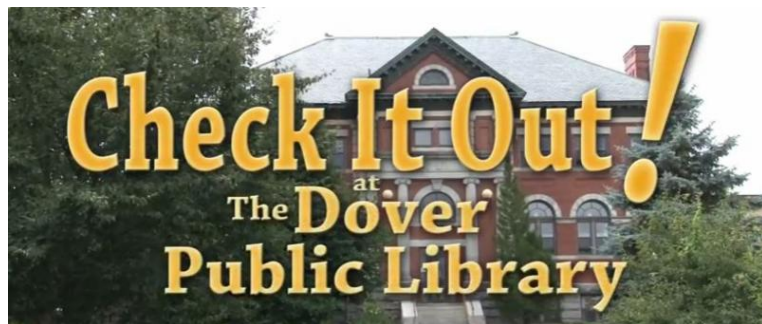
**March 8, 1830** - A portion of Piscataqua Bridge, extending from the arch about 400 feet south, was carried away by the force of the waters and a great pressure of ice, of about three acres in extent.



**March 9, 1830** - The political contest of this year was noted for its acrimonious character. The Jackson party having nominated Matthew Harvey for Governor, the opposition, which retained the name of Republicans, brought out Gen. Timothy Upham.



**March 11, 1834** - Voters approve a market house at an expense not exceeding \$5,000. The selectmen were authorized to employ a surveyor to make a plan of the town, provided he will furnish a lithographic map of the same - expense not to exceed \$50. Representatives instructed to procure the passage of an act authorizing the town to appropriate a portion of its school money for the support of a High School.



Celtic band "Penhallow" at Dover

# Public Library March 19

The Friends of the Dover Public Library are delighted to host Portsmouth-based Celtic band "Penhallow" in the Lecture Hall at the Dover Public Library on Tuesday evening, March 19 at 7 p.m.

Musicians Bill Zecker, Tyler Buck, Joe Fuller, Lloyd Allen, and Jeff Murdock will play a medley of Irish instrumental and vocal music during this traditional Irish sessions performance. Everyone is Irish in March.

Come and join us for this toe-tapping show. Admission is free.

For more information, call the Dover Public Library 603-516-6050.

---



## Dover Public Library's annual Poetry Contest kicks off March 13

The Dover Public Library is pleased to announce the 17th Annual Dover Public Library Poetry Contest for grades K-12. Prizes will be awarded in six different categories: Grades K-2, 3 and 4, 5 and 6, 7 and 8, 9 and 10, and 11 and 12. Poems will be judged on originality, style and creativity. Deadline for entry is April 16.

Students may pick up information about the contest at the Dover Public Library, any Dover school library, or at the library's website <http://library.dovernh.gov> beginning on March 13.

All participants are invited to attend an "Evening of Poetry" on Monday, May 20 at 6:30 p.m.; refreshments will be served.

Students are invited to read their poetry at this event, but this will be purely voluntary.

For more information about the contest, please contact Denise LaFrance at 516-6082.

---

Free organic gardening course at

# the Library

The Dover Public Library is pleased to offer a free, comprehensive three-part organic gardening course on consecutive Monday nights, March 18, March 25 and April 1, from 6-8 p.m. in the Library's Lecture Hall. The course, totaling six hours over the three nights, will include practical tips on how to create a new garden, soil preparation, seed starting, planting techniques, container gardening, cultural techniques during the growing season (such as watering, fertilizing, and pest and weed control), how plants and soil interact, succession planting, planting multiple crops in the same space at the same time, how to compost, crop rotation, cover cropping, and mycorrhizobials.

The sessions will also include discussions about our existing industrial food production system, including pesticides, genetically modified seeds, seed labeling and supplier concentration, globalization and famine, organic certification, and regulatory capture.

The instructor is Vincent Cirasole from Rochester. He has taught physical education and organic gardening in New York before relocating to the Granite State in 2013. He is also a Master Gardener, a commercial vegetable grower, and organic growing enthusiast. Over a period of years, Cirasole developed this tri-part course, which has proven to be fascinating and popular with students. Reference material and sources of additional information will be distributed to all participants at no charge, but pre-registration is required. Interested gardeners may call the Dover Public Library at 603-516-6050 to sign up for Mr. Cirasole's course, or you may register online at <http://www.dover.nh.gov/government/city-operations/library/events/index.html>.

The program is free and open to the public.

For more information call the Library at 603-516-6050.

---

## This Week at The Library

**Saturday, March 9, 9 a.m. to 5 p.m.**

### **Lego Saturday in the Children's Room**

Imagine, create and build with Legos and/or Duplos. Drop-in anytime between 9 a.m. and 5 p.m. to meet old friends and make new ones as you work on building challenges.

**Saturday, March 9, 2 to 4:30 p.m.**

### **Saturday Matinee in the Lecture Hall**

The Ladybug: Ruby the ladybug embarks on a journey to the Golden Canyon, an absolutely perfect place for insects! It's just a matter of getting there. Rated PG.

**Saturday, March 9, 3 to 3:30 p.m.**

### **Adult Read Aloud session in the Learning Center**

Join Dover resident David Croft who will be offering adult read aloud sessions every Saturday at 3 p.m.

during the month of March. David will be reading from short stories by Ernest Hemingway and Mark Twain. On March 16, he will read poems by Irish Poet William Butler Yeats in honor of St. Patrick's Day.

**Sunday, March 10, 2 to 4 p.m.**

**Classic Cinema Sunday in the Lecture Hall**

Black Narcissus (1947): After opening a convent in the Himalayas, five nuns encounter conflict and tension - both with the natives and also within their own group - as they attempt to adapt to their remote, exotic surroundings, starring Deborah Kerr and David Farrar.

**Monday, March 11, 1:30 to 2:15 p.m.**

**Preschool Storytime in the Storytime Room**

Children ages 3-5 are invited to attend this program which includes stories, fingerplays, songs, and puppets. Crafts and films are also offered several times each session.

**Monday, March 11, 2 to 4:15 p.m.**

**Monday at the Movies in March in the Lecture Hall**

**Bohemian Rhapsody:** A celebration of Queen, their music and their extraordinary lead singer Freddie Mercury.

**Monday, March 11, 6 to 8 p.m.**

**Adult Knitting Group in the Trustees Room**

This Knitting Group is open to anyone who has a love for knitting and crocheting. All levels are welcome! Bring your precious works-in-progress and any finished objects you would like to show off to the group.

**Monday, March 11, 6 to 7 p.m.**

**Teen Advisory Board in the Learning Center**

Volunteers in grades 7 -12 who are interested in shaping the library's programs and services aimed at middle and high-school students.

**Tuesday, March 12, 10 to 10:45 a.m.**

**Preschool Storytime in the Storytime Room**

Children ages 3-5 are invited to attend this program which includes stories, fingerplays, songs, and puppets. Crafts and films are also offered several times each session.

**Tuesday, March 12, 6:30 to 7:30 p.m.**

**Friends of the Library Meeting in the Trustees Room**

The Friends of the Library are ordinary people who care about libraries and are interested in promoting and enhancing library resources.

**Tuesday, March 12, 7 to 7:30 p.m.**

**Adult Read Aloud session in the Learning Center**

Join Dover resident David Croft who will be offering adult read aloud sessions every Tuesday at 7 p.m. during the month of March. David will be reading from short stories by Ernest Hemingway and Mark Twain. On March 16, he will read poems by Irish Poet William Butler Yeats in honor of St. Patrick's Day.

**Wednesday, March 13, 10 to 10:45 a.m.**

### **Family Storytime in the Lecture Hall**

Kids of all ages and their caregivers are invited to join for a family storytime. Books, songs, rhymes, games and activities are all part of the fun.

#### **Wednesday, March 13, 6 to 7 p.m.**

##### **Teen Book Group: Pizza and Pages in the Learning Center**

This month the group will be discussing *Lightning Thief* by Rick Riordan and copies of the book are currently available for borrowing at the adult circulation desk. Kids in grades 7 and up are encouraged to attend. The group is very informal with pizza and refreshments being served. Hang out with friends and maybe meet new ones.

#### **Wednesday, March 13, 6:30 to 8:30 p.m.**

##### **Second Wednesday Movie in the Lecture Hall**

Mary Queen of Scots: Explores the turbulent life of the charismatic Mary Stuart. Rated PG-13.

#### **Wednesday, March 13, 6:30 to 7:30 p.m.**

##### **Creativity Corner in the Computer Room**

What are you making? Come share your creations with others. Talk about why you create. Talk about your process. Share ideas. Get help with challenges you are facing. Be inspired and inspiring.

#### **Thursday, March 14, 10 to 10:45 a.m.**

##### **Toddler Storytime in the Storytime Room**

Toddlers and their parents or caregivers are invited to attend a 45 minute program which includes stories, fingerplays, songs, puppets, and crafts. These storytimes are intended for toddler and parent/caregiver to share one-on-one.

#### **Friday, March 15, 10 to 10:30 a.m.**

##### **Mother Goose on the Loose in the Lecture Hall**

Parents/caregivers are invited to join with their babies for a 1/2 hour early learning program specifically designed for children from birth to 24 months. Mother Goose on the Loose uses books, rhymes, songs, musical instruments, finger plays, flannel board characters, puppets and other props to help parents/caregivers develop the child's early literacy skills in a fun and joyful environment.

#### **Saturday, March 16, 9 a.m. to 5 p.m.**

##### **Lego Saturday in the Children's Room**

Imagine, create and build with Legos and/or Duplos. Drop-in anytime between 9 a.m. and 5 p.m. to meet old friends and make new ones as you work on building challenges.

#### **Saturday, March 16, 9 to 11 a.m.**

##### **Pancakes in Pajamas in the Storytime Room**

Spend a leisurely Saturday morning at the library. Stay in your pajamas and bring the family to celebrate National Pancake Day. Meet up with friends, eat some delicious pancakes, and enjoy all the library has to offer!

#### **Saturday, March 16, 10 to 11 a.m.**

##### **Paws for Reading in the Children's Room**

Murphy, a certified therapy dog, and her handler, Karen, will be in the children's room. Drop in and read her your favorite story. She is a great listener which is very encouraging for young readers.

**Saturday, March 16, 2 to 4:30 p.m.**

**Saturday Matinee in the Lecture Hall**

Fantastic Beasts: The Crimes of Grindelwald: The second installment of the "Fantastic Beasts" series featuring the adventures of Magizoologist Newt Scamander. Rated PG-13.

**Saturday, March 16, 3 to 3:30 p.m.**

**Adult Read Aloud session in the Learning Center**

Join Dover resident David Croft who will be offering adult read aloud sessions every Saturday at 3 p.m. during the month of March. David will be reading from short stories by Ernest Hemingway and Mark Twain. On March 16, he will read poems by Irish Poet William Butler Yeats in honor of St. Patrick's Day.



---

## Stay informed about parking bans

Winter isn't over yet, so be sure to stay up to date on the city's parking bans.

Parking bans are determined on a storm-by-storm basis, or when needed for additional snow removal. There are a number of ways for residents to stay informed about parking bans when declared:

Tune into **Channel 22**, where winter parking ban notifications will appear.

Sign up for **text alerts** via the city's emergency notification system, CodeRed. Select "Parking Ban Notifications." You can access the sign-up page here:

<https://public.coderedweb.com/CNE/en-US/BF3E3900491F>. Please note that to sign up for text alerts, you must create a managed account. Once created, you'll see the option to select parking ban notifications.

This video explains in detail how to sign up:





### How to sign up for City of Dover Parking Ban text alerts

Sign up for **email alerts** at [bit.ly/doverdownload](http://bit.ly/doverdownload). Select Parking Ban Alerts.

Call **603-516-PARK (7275)** for the current parking ban status.

The current parking ban status will be **posted online** at [drivingdover.com](http://drivingdover.com) and the city's winter parking ban page at [www.dover.nh.gov/government/city-operations/police/parking-bureau/parking-bans.html](http://www.dover.nh.gov/government/city-operations/police/parking-bureau/parking-bans.html).

Follow the city's **social media** accounts on Facebook and Twitter for parking ban updates and status.

Parking ban declarations will also be sent to local media, including newspaper, radio and television outlets.

For more information about winter parking bans, visit the parking ban page here: [go.usa.gov/xPVk5](http://go.usa.gov/xPVk5).



## Coming up at the Dover Community Senior Center

**Thursday, March 14, 1 p.m.**

**Bernadette Donnelly, M.S., Author of The Ten Commandments of Coumadin at Dover Senior Center**

When you take Coumadin, or any form of Warfarin, you must eat regularly and consistently. In this class, Bernadette will talk about Coumadin (Warfarin), your diet, and Vitamin K. You will learn the importance of including

foods high in Vitamin K in your diet, how to balance foods high in Vitamin K with foods that slow blood clotting, and why you should never fast while taking Coumadin unless you are under your doctor's supervision. She will also discuss why eating a varied, but consistent diet is so important to your long term health. Price includes bus transportation from the Dover Arena Park and Ride.

**Thursday, March 21, 1 p.m.**  
**Shoulder and Rotator Cuff Workshop with Dr. Dan Lombardi at Dover Senior Center**

If you have pain reaching the top shelf, getting dressed, sleeping, or reaching to the back seat of the car then this workshop is for you. At the workshop Dr. Dan will discuss how shoulder pain can be caused from a number of things including your neck, the shoulder blade or the muscles of your rotator cuff. Shoulder pain can be very debilitating but often healed without medication, injections or surgery. RSVP to Linda at 516-6420. This event is free and open to the public.

**Tuesday, March 26, 1 p.m.**  
**The Holistic Parkinson's Plan at the Dover Senior Center**

Living with Parkinson's can be a challenge, but with a collaborative medical approach, it doesn't have to be a defeat. The LYF Center will share multidisciplinary methods of medical care and how they may give an advantage in addressing unique presentations of this neurodegenerative disease. These methods do not replace medical treatment. RSVP to Linda at 516-6420. This event is free and open to the public.

**Wednesday, June 26, 2019**  
**Red Sox vs. White Sox (1:05 game)**

Includes bus trip, driver gratuity, and 3rd base grandstand seats. The bus leaves at 10 a.m. from the Park and Ride lot next to the Jenny Thompson Outdoor Pool and returns following the game. \$110 members / \$120 not yet members. For more information or to register, call Linda at 516-6420.

**Wednesday through Friday, Sept. 18 - 20, 2019**  
**Bar Harbor, Maine**

Join the Dover Senior Center for this 3 day, two night trip to Bar Harbor, Maine and stay at the Deluxe Acadia Inn. Trip includes a tour of Bar Harbor and Mt Desert Island, a narrated tour of Acadia National Park, Lobster Bake, four meals (2B, 1L, 1D), and a visit to the Freeport outlets. View the flyer [here](#). \$390/pp double - add \$30 for not yet members. For more information, call Linda at 516-6420.

## Stay informed with City of Dover special announcements, project newsletters and updates

Want up-to-date information about road work, emergencies, special projects, and other important information? [Sign up now](#) to receive special announcements via email.

In addition to Dover Download, the City of Dover offers a variety of e-mail updates, including emergency and road closure information, Police Facility and Parking Garage updates, Silver Street reconstruction news, news from the Public Library, waterfront development, and more.

To sign up for one or all of the City's updates, [click here](#). An e-mail address is required to access the special announcement mailing lists.

---

## City of Dover employment opportunities

Want to work for the City of Dover? The City's website offers an updated list of open positions, including job descriptions and a downloadable application for employment.

The City of Dover is now seeking applications the following positions:

- **City Attorney**
- **Parking Enforcement Officer**
- **Library Custodian**
- **Gym attendant**

For more information about these positions or employment opportunities with the City of Dover, [click here](#).

---

## Missed the meeting? Catch it again online

Don't forget: If you missed the live City Council, School Board or Planning Board on Channels 22 and 95, you can catch it again, online and on demand.

Simply visit [www.dovernh.viebit.com](http://www.dovernh.viebit.com) to begin watching meetings on demand. Online meetings are organized by agenda item for convenience.

---