

## News from the City of Dover, New Hampshire



#### In This Issue:

Stay up to date on city's budget process with Budget Revealed

Downtown Dover gets its green on for Run Before You Crawl

Road closures, traffic restrictions in place for Run Before You Crawl

Town Hall meeting aims to help break chain of addiction

State of the City is April 9

DARE graduation

Open Lands Committee cancels snowshoe hike

Online survey to gauge Dover's age-friendly needs

Did You Know? Dover Community Trail

News from Dover's public schools

The Week Ahead in Dover Schools

Check it Out! at the Dover Library

Coming up at the Dover Community Senior Center Friday, March 22, 2019



# Stay up to date on city's budget process with Budget Revealed

City Manager J. Michael Joyal, Jr. will present the fiscal year 2020 proposed budget to the City Council during a regular meeting on Wednesday, March 27, 2019. The meeting begins at 7 p.m. in Council Chambers at City Hall. The meeting will be televised live on Channel 22 and online at <u>www.dover.nh.gov/dntv</u>.

The budget presentation will be followed by additional budget meetings,

workshops and public hearings, all leading up to the City Council's vote on the budget in May.



City Manager J. Michael Joyal, Jr.

In addition to public meetings and hearings, there are many

Stay informed with City of Dover special announcements

City of Dover employment opportunities

Missed the meeting?

#### Meetings this week:

## School Board, March 25, 6 p.m.

The School Board will hold a workshop session on Monday, March 25, 2019, beginning at 6 p.m., in Room 306 at the McConnell Center.

To view the meeting agenda, <u>click here</u>.

#### Planning Board, March 26, 7 p.m.

The Planning Board will hold a regular meeting on Tuesday, March 26, 2019, beginning at 7 p.m., in Council Chambers at City Hall.

To view the meeting agenda, click here.

## City Council, March 27, 7 p.m.

The City Council will hold a regular meeting on Wednesday, March 27, 2019, beginning at 7 p.m., in Council Chambers at City Hall.

To view the meeting agenda, <u>click here</u>.

To view televised meetings online, on demand, visit <u>www.dover.nh.gov/dntv</u>.

For a complete list of upcoming meetings visit the meeting calendar

ways to stay informed about the budget process. Each year, beginning shortly before the budget presentation, the city manager distributes a weekly newsletter, Budget Revealed. The newsletter provides a closer look at the City of Dover's budget process, including important information about the how the budget is prepared, how budget priorities are determined, and how the budget is funded. Each newsletter also includes more information about departmental budget presentations and a look ahead at upcoming budget meetings and workshops.

To sign up to receive Budget Revealed by email, visit the city's <u>newsletter page here</u> and select Budget Revealed.

The city also maintains an online Budget Revealed resource with additional budget information. The FY2020 proposed budget, once presented to the City Council, will be available online at Budget Revealed. Budget Revealed can be found at

https://www.dover.nh.gov/government/opengovernment/budget-revealed/.



## Downtown Dover to get its green on for Run Before You Crawl

The 2019 Dover Race Series kicks off Saturday, March 23 with Dover Main Street's sixth annual Run Before You Crawl 5k Road Race and Restaurant Crawl through downtown Dover.

The festive event with a St. Patrick's Day theme welcomes over 500 runners and crawlers each year to celebrate the holiday and Dover's downtown bars and restaurants. The morning 5k race begins at 9:30 a.m., then transitions into a restaurant crawl from 11 a.m. to 3 p.m. at 15 participating restaurants. Each establishment offers a sampling of their fare to those who've purchased a bracelet for the event (drinks are not included). Three ticket options are available, at \$40 for both the 5k and crawl, \$25 for the race only, and \$20 for the crawl only.

Both runners and crawlers will be awarded for their achievements: runners with local prizes for the top finishers in each age bracket, and crawlers with snacks at each stop and prizes for visiting at least 10 of the 15 participating <u>page</u>.



CITY OF DOVER, NH 288 Central Avenue Dover, NH 03820 603-516-6000

City Hall hours: Monday-Thursday 8:30 a.m. to 5:30 p.m. Friday 8:30 a.m. to 4 p.m.

Recycling Center hours: Tuesday, Thursday, Saturday 8:30 a.m. to 3:30 p.m.





Want the latest news and important information about your city? Check out the City of Dover's official **Facebook page** and **twitter feed** for the latest updates. eateries by 3 p.m. Maps will be provided and Dover Main Street volunteers along the crawl route will stamp each visitor's map as they stop along the crawl. The map may be turned in at the last restaurant visited for a prize drawing that evening-participants need not be present to win.

A new location to participate in the sixth annual event is Empty Pint Brewing Company on Second Street, which has brewed a special Run Before You Crawl pale ale brewed with all local hops and malt.

For a full list of participating restaurants and their offerings, to register for the race and/or crawl, to purchase a 2019 race shirt, or to register to volunteer on the day of the event, visit <u>www.runb4ucrawl.com</u>.

Those who have registered may pick up race packets and crawl bracelets at the Dover Transportation Center on Friday between 5 and 8 p.m. or on the morning of the race, beginning at 8 a.m. Race registration is closed. Bracelets for the restaurant crawl will be available in limited supply on the day of the event at participating restaurants.

## Road closures, traffic restrictions in place for Run Before You Crawl

Dover Police Chief William Breault announces the following road closures for the sixth annual Run Before You Crawl 5K event, hosted by Dover Main Street and part of the Dover Race Series.

On Saturday, March 23, 2019 between 9:30 and 10:30 a.m., Chestnut Street will be closed to all traffic southbound, between Sixth and Third streets. Additional partial closures will be in effect during brief periods to accommodate the race on Chestnut, Washington, Whittier and Sixth streets.

The event starts and ends at the Dover Transportation Center. The course follows a clockwise loop of Chestnut, Washington, Whittier, Sixth and Chestnut streets. Dover police personnel and a number of event volunteers will be on hand to help manage the flow of traffic along the race route.

Parking restrictions will be posted and in effect on Saturday morning along Sixth Street, from Hillside Drive to Chestnut Street, and in sections of the Transportation Center parking lot.

COAST bus service and connections at the Transportation Center will be suspended between 9 and 11 a.m. COAST riders will be able to access the bus at nearby Waldron Towers on Green Street. University of New Hampshire Wildcat Transit is not in service this weekend.

Dover Police are coordinating with Pan Am Railways for the temporary suspension of freight trains at the Chestnut Street rail crossing to accommodate the event. Amtrak Downeaster passenger train service southbound at 9:17 a.m. will not be interrupted.

For questions about traffic, contact the Traffic Bureau at 603-742-4646.

### Town Hall meeting aims to help break chain of addiction

Alcohol and other drug use among our nation's youth is a significant public health and economic problem. In New Hampshire, underage alcohol use is the number one youth drug-problem and is six times more likely to kill young people than all illegal drugs combined.

In an effort to curb underage alcohol problems, over 600 communities across the country are organizing a nationwide series of town hall-style meetings. Nine of these sessions will be held in New Hampshire. Locally, the Dover Coalition for Youth and Dover Police Department will hold one in Dover.

The meeting will take place at the McConnell Center Café in Dover at 6 p.m. on April 3. Snacks and dessert will be provided before the meeting at 5:30 p.m. The event is open to participants from all sectors of the community to both attend and share ideas. Free childcare will be available for parents interested in attending that have young children.

The meeting is intended to increase understanding of the risks associated with underage drinking and youth substance abuse, as well as to encourage the community, families and individuals to address the problem in Dover and the surrounding area.

The Substance Abuse and Mental Health Services Administration (SAMHSA) is sponsoring this national initiative, with the goal that these meetings will generate energy and leverage action leading into the month of April, which is National Alcohol Awareness Month.

The Dover Coalition for Youth community organization tasked with improving the quality of life in Dover for youth and families by preventing the harm caused by substance abuse. The Coalition is the means by which we hope to bring all of the elements of the community together to take on underage drinking, marijuana and prescription drug abuse. The Coalition is supported by the Dover Police Department.



Superintendent of Schools







CATHY BEAUDOIN Public Library Director



STEVE BIRD Senior Planner

### Dover Chamber to host State of the City April 9

The Greater Dover Chamber of Commerce will host the annual state of the city on Tuesday, April 9, from 7:30 to 9:30 a.m., at the McConnell Center Cafe.

Hear city leaders discuss their vision for the future and priorities for the upcoming year. This year's speakers are City Manager J. Michael Joyal, Jr., Superintendent of Schools William Harbron, City Planner Steve Bird and Library Director Cathleen Beaudoin.

A question-and-answer session will follow the remarks.

The cost of the event is \$15 and is open to the public.

The Chamber encourages those interested in attending to register in advance at <u>http://www.dovernh.org/economy</u>. Registration is required.

The program is sponsored by Eversource.

For more information, contact the Chamber at 603-742-2218, or visit <u>www.dovernh.org</u>.



## State of the City

Tuesday, April 9, 2019 7:30 a.m. to 9:30 a.m.

McConnell Center Cafe 61 Locust Street, Dover



Registration fee is \$15.00. Event is open to the public.



Pictured, from left, are DARE instructor Dana Mitchell, DARE Essay

winner Alyson Sinkewich, DARE Program Coordinator Officer

Brynn Dunne, and DARE Essay winner Evan Weete.

# Police hold DARE graduation for fifth-graders

The annual graduation ceremony for the Dover Police Department's Dover Middle School DARE program took place on Friday, March 15, 2019 inside the Dover Middle School gymnasium. At the event, 305 fifth grade students celebrated the completion of the DARE curriculum which lasts 13 weeks.

In addition to the graduates, teachers, other school staff, and approximately 100 parents, some city and school officials were also in attendance. These included Police Chief William Breault, Superintendent of Schools Dr. William Harbron, Deputy Mayor Bob Carrier, Dover School Board Secretary Kathy Morrison, and Dover School Board member Matt Lahr. Also present were the department's three DARE instructors, Officer Brynn Dunne, Officer Chris Plummer and Dana Mitchell.

As part of the DARE program, each student is asked to write a letter to a fictitious friend who has moved away and has recently begun to use alcohol or tobacco. The goal is to see what the students would write to that friend to help them make better choices. The winning essays were written by Evan Weete and Alyson Sinkewich and they both read their award essays to the large crowd.

The graduates were then presented with their certificates. The graduates also received their Drug Free IDs which allow the students to get discounts at several participating businesses in the area.

## Open Lands Committee cancels snowshoe hike

The Dover Open Lands Committee has cancelled its fullmoon snowshoe hike scheduled for Saturday, March 23, due to the lack of snow.

For more information, visit the Dover Open Lands Committee Facebook page at <u>www.facebook.com/DoverOpenLandsCommittee</u>.



# Online survey to gauge Dover's age-friendly needs

The City of Dover was recently accepted into the AARP's Network of Age-Friendly Communities. Working in conjunction with the World Health Organization, this network targets improvements in eight domains that influence the health and quality of life in the city for every age. The first step in this important initiative is to conduct an assessment of needs.

Dover residents are asked to answer this online survey to help the city better understand expectations of Dover as an age-friendly community.

The anonymous survey will require about 15 minutes to complete.

To access the survey, visit https://conta.cc/2TT7ZTq.

For more information, contact the Office of Economic Development at (603) 516-6043.



# Recycling bins can be purchased at multiple locations

You can purchase recycling bins at the Recycling Center, the City Clerk's Office or at Community Services for \$8 per bin. Recycling must be curbside by 7 a.m. on your collection day. Please separate paper and plastic.

Accepted paper items include mixed paper/cardboard paper bags, catalogs, junk mail, magazines, phone books, paper egg cartons, newspapers, paperboard, office paper, computer paper, envelopes, carbonless paper, paperback books (hardcover books accepted but covers must be torn off & put in regular trash).

All plastic bottles and other plastic items labeled #1 through

#7 at the bottom are now accepted. No plastics larger than a milk jug will be allowed unless broken down. No plastic bags or Styrofoam.

For more information, please contact the Community Services at 516-6450.



### GREEN WAVE DISPATCH News from Dover's public schools



## Coming up in Dover schools

Friday, March 22, No School Teacher Workshop Day

Monday, March 25, 6 p.m., McConnell Center School Board special session

Tuesday, April 2, 4:30 p.m., McConnell Center, Superintendent's Conference Room Dover High School Joint Building Committee Meeting

Monday, April 8, 7 p.m., McConnell Center, Room 306 School Board Meeting

Tuesday, April 9, 4:30 p.m., McConnell Center, Superintendent's Conference Room Garrison Elementary School Joint Building Committee Meeting





The following events are recorded in "Notable Events in the History of Dover, New Hampshire: From the First Settlement in 1623 to 1865," by George Wadleigh, and several other historical sources.

For more on the history of Dover, settled in 1623 and the

oldest permanent settlement in New Hampshire and seventh oldest in the country, visit the Dover Public Library, Locust Street; and the Woodman Museum, Central Avenue. The Public Library also maintains an online collection of historical information, <u>located here</u>.



**March 22, 1684** - A prodigious tide, rising some feet higher than the observation of the oldest settlers in this place, did great damage to wharves and warehouses along the Piscataqua.

**March 26, 1759** - At a public town meeting held at the old meeting house on Pine Hill, Col. John Gage, Capt. Howard Henderson and Lt. Dudley Watson were chosen a committee to petition the General Assembly for liberty to raise money by a lottery to build a bridge over the Cochecho River. It was also voted to have two schools in town, exclusive of a grammar school and the school in Madbury part. (Madbury was still a part of Dover.) Also to pay the constables at the rate of 20 shillings for every 100 pounds, for collecting the taxes, instead of their rates being given in as heretofore, provided they make up with the selectmen at the end of the year.

**March 25, 1765** - The town voted to have five schools for the term of six months, increasing the number from that required by law, which appears to have been three including Madbury, which was still a parish of Dover. Howard Henderson and Thomas W. Waldron were chosen assembly men.

 $\sim$ 

**March 23, 1793** - "Died in this town Mr. Benjamin Deane in the 31st year of his age - a useful and active citizen. During the late revolution, he was captured, while in the service of his country, and was confined in Forton prison for the space of eighteen months: during which he four times with others effected his escape from the prison, by digging beneath the walls, but unfortunately was retaken before he could get without the realms of despotism. He has left a wife and two small children to bemoan his loss.

**March 25, 1856** - First organization of the City Government - Hon. Andrew Peirce, the Mayor-elect, taking the oath of office, and Charles Clements, Esq., Chairman of the Board of Selectmen, surrendering the official seals and records of the town to his successor.



## Library discussion covers 'Medicare for all'

The Dover Public Library will host a free presentation on Wednesday, March 27 at 6:30 p.m. on Single Payer Healthcare, also commonly known as Medicare for all. Local Portsmouth physician Thomas Clairmont will be presenting. Clairmont is a member of the New Hampshire chapter of Physicians for a National Health Program (pnhp.org).



After 25 years, PNHP's plan is now being discussed by candidates for President and citizens looking for health care affordability, stability, and security in a program that saves money and leaves no one in the United States uncovered. Find out more about their plan at this presentation. There will be time for questions and answers following the short presentation.

The program is free and open to the public.

For more information call the Library at 603-516-6050.

### This Week at The Library

#### Tuesday, March 12 - April 16, All Day 17<sup>th</sup> Annual Poetry Contest

The 17th Annual Dover Public Library Poetry contest for grades K-12. Prizes will be awarded in six different categories: Grades K-2, 3 & 4, 5 & 6, 7 & 8, 9 & 10, and 11 &12. Poems will be judged on originality, style and creativity. Deadline for entry is April 16th. Students may pick up information about the contest at the Dover Public Library, any Dover school library, or at our website at <u>library.dover.nh.gov</u>. All participants are invited to attend an "Evening of Poetry" on Monday, May 20th at 6:30pm; refreshments will be served. Students are invited to read their poetry at this event, but this will be purely voluntary. For more information about the contest please contact Denise LaFrance at 516-6082.

#### <u>Saturday, March 23, 9 a.m. to 5 p.m.</u> Lego Saturday in the Children's Room

Imagine, create and build with Legos and/or Duplos. Drop-in anytime between 9 a.m. and 5 p.m. to meet old friends and make new ones as you work on building challenges.

#### Saturday, March 23, 2 to 3:30 p.m. STEM Saturday in the Lecture Hall

Catapult Challenge: Kids will be building simple catapults that are easy to assemble, but our simple catapults will help us see how energy can be stored, transferred, and converted. By using the catapult to launch lightweight objects, kids are encouraged to explore the variables that come into play and to explore the physics of projectiles while having a lot of fun-what could be better. Kids in grades K and up invited. No registration required and all materials will be provided.

#### Sunday, March 24, 2 to 4 p.m. Classic Cinema Sunday in the Lecture Hall

Sweet Smell of Success (1957): Powerful but unethical Broadway columnist J.J. Hunsecker coerces unscrupulous press agent Sidney Falco into breaking up his sister's romance with a jazz musician, starring Burt Lancast and Tony Curtis.

#### <u>Monday, March 25, 1:30 to 2:15 p.m.</u> Preschool Storytime in the Storytime Room

Children ages 3-5 are invited to attend this program which includes stories, fingerplays, songs, and puppets. Crafts and films are also offered several times each session.

#### <u>Monday, March 25, 2 to 4:15 p.m.</u>

Monday at the Movies in March in the Lecture Hall The Favourite: In early 18th-century England, the relationship between Queen Anne and her close friend, Lady Sarah, is threatened by a new servant who schemes to return to her aristocratic roots.

#### <u>Monday, March 25, 6 to 8 p.m.</u>

Organic Gardening with Vince in the Lecture Hall Free 3 week organic gardening series with Master Gardener Vince Cirasole. REGISTRATION REQUIRED.

#### <u>Tuesday, March 26, 10 to 10:45 a.m.</u> Preschool Storytime in the Storytime Room

Children ages 3-5 are invited to attend this program which includes stories, fingerplays, songs, and puppets. Crafts and films are also offered several times each session.

#### <u>Tuesday, March 26, 6:30 to 7:30 p.m.</u>

Local Author Erica Sousa in the Trustees Room Sousa will be talking about her book of poems "Thoughts, Feelings and Goofiness".

#### <u>Wednesday, March 27, 10 to 10:45 a.m.</u> Family Storytime with Special Guest Officer Mitrushi in the Lecture Hall

Kids of all ages and their caregivers are invited to join for a family storytime. Books, songs, rhymes, games and activities are all part of the fun.

#### Wednesday, March 27, 6:30 to 8:30 p.m. Intermediate Excel in the Computer Room

Take your Excel skills to the next level. Learn about conditional, text, date and numeric functions. Learn how to create charts and graphs, and how to make them look the way you want. Create formulas that refer to values on other worksheets. Learn to use filters. REGISTRATION REQUIRED.

#### <u>Wednesday, March 27, 6:30 to 8 p.m.</u> Presentation by Granite State Physicians for a National Health Program in the Lecture Hall

Thomas Clairmont MD will be presenting and answering questions at this informative presentation on single payer medical insurance. Also known as "Medicare for all," a single public or quasi-public agency organizes health care financing, but the delivery of care remains largely in private hands. Under a single-payer system, all residents of the U.S. would be covered for all medically necessary services, including doctor, hospital, preventive, long-term care, mental health, reproductive health care, dental, vision, prescription drug and medical supply costs.

#### <u>Wednesday, March 27, 6:30 to 7:30 p.m.</u> Get Lit! Adult Book Group at Sonny's Tavern

Join Dover Public Library's new book club as we discuss *The Museum of Modern Love* by Heather Rose. Enjoy a specialty cocktail courtesy of Sonny's Tavern.

#### <u>Thursday, March 28, 10 to 10:45 a.m.</u> Toddler Storytime in the Storytime Room

Toddlers and their parents or caregivers are invited to attend a 45 minute program which includes stories, fingerplays, songs, puppets, and crafts. These storytimes are intended for toddler and parent/caregiver to share oneon-one.

#### Friday, March 29, 10 to 10:30 a.m. Mother Goose on the Loose in the Lecture Hall

Parents/caregivers are invited to join with their babies for a 1/2 hour early learning program specifically designed for children from birth to 24 months. Mother Goose on the Loose uses books, rhymes, songs, musical instruments, finger plays, flannel board characters, puppets and other props to help parents/caregivers develop the child's early literacy skills in a fun and joyful environment.

#### <u>Saturday, March 30, 9 a.m. to 5 p.m.</u> Lego Saturday in the Children's Room

Imagine, create and build with Legos and/or Duplos. Drop-in anytime between 9 a.m. and 5 p.m. to meet old friends and make new ones as you work on building challenges.

#### <u>Saturday, March 30, 2 to 4:30 p.m.</u> Saturday Matinee in the Lecture Hall

Spider-Man: Into the Spider Verse: Teen Miles Morales becomes Spider-Man of his reality, crossing his path with five counterparts from other dimensions.

## 



## Coming up at the Dover Community Senior Center

#### <u>Tuesday, March 26, 1 p.m.</u> The Holistic Parkinson's Plan at the Dover Senior Center

Living with Parkinson's can be a challenge, but with a collaborative medical approach, it doesn't have to be a defeat. The LYF Center will share multidisciplinary methods of medical care and how they may give an advantage in addressing unique presentations of this neurodegenerative disease. These methods do not replace medical treatment. RSVP to Linda at 516-6420. This event is free and open to the public.

#### <u>Monday, April 22, 10 a.m. to 12 p.m.</u> A Garden for Pollinators & Wildlife at the Dover Senior Center

Do you want to attract butterflies, birds, bees and other wildlife to your backyard? Did you know that the landscaping in your yard could be habitat for wildlife? The Speaking for Wildlife program will provide insights on ways to attract pollinators, like butterflies, as well as songbirds, mammals, and even mysterious amphibians such as red-backed salamanders to your backyard. Discussion will include choosing plants, gardening techniques, wildlife and habitats, use of native plants, and issues such as invasive plants. Presentation includes interactive Q&A, handouts and other helpful materials. RSVP to Linda at 516-6420. This event is free and open to the public.

#### <u>Wednesday, June 26, 2019</u> Red Sox vs. White Sox (1:05 game)

Includes bus trip, driver gratuity, and 3rd base grandstand seats. The bus leaves at 10 a.m. from the Park and Ride lot next to the Jenny Thompson Outdoor Pool and returns following the game. \$110 members / \$120 not yet members. For more information or to register, call Linda at 516-6420.

#### Wednesday through Friday, Sept. 18 - 20, 2019 Bar Harbor, Maine

Join the Dover Senior Center for this 3 day, two night trip to Bar Harbor, Maine and stay at the Deluxe Acadia Inn. Trip includes a tour of Bar Harbor and Mt Desert Island, a narrated tour of Acadia National Park, Lobster Bake, four meals (2B, 1L, 1D), and a visit to the Freeport outlets. View the flyer <u>here</u>. \$390/pp double - add \$30 for not yet members. For more information, call Linda at 516-6420.

#### CITY OF DOVER 🛞 SPECIAL ANNOUNCEMENTS

## Stay informed with City of Dover special announcements, project newsletters and updates

Want up-to-date information about road work, emergencies, special projects, and other important information? <u>Sign up</u> <u>now</u> to receive special announcements via email.

In addition to Dover Download, the City of Dover offers a variety of e-mail updates, including emergency and road closure information, Police Facility and Parking Garage updates, Silver Street reconstruction news, news from the Public Library, waterfront development, and more.

To sign up for one or all of the City's updates, <u>click here</u>. An e-mail address is required to access the special announcement mailing lists.

## City of Dover employment opportunities

Want to work for the City of Dover? The City's website offers an updated list of open positions, including job descriptions and a downloadable application for employment.

The City of Dover is now seeking applications the following positions:

- City Attorney
- Clerk Typist I, Utility Billing
- Arena Working Foreman

For more information about these positions or employment opportunities with the City of Dover, <u>click here</u>.

### Missed the meeting? Catch it again online

Don't forget: If you missed the live City Council, School Board or Planning Board on Channels 22 and 95, you can catch it again, online and on demand.

Simply visit <u>www.dovernh.viebit.com</u> to begin watching meetings on demand. Online meetings are organized by agenda item for convenience.