

DOVER DOWNLOAD



News from the City of Dover, New Hampshire

January 28, 2022



**CITY OF
DOVER, NH**

288 Central
Avenue
Dover, NH 03820
603-516-6000

**City Hall
hours:**

Monday-Thursday:
8:30 a.m. to 5:30
p.m.

Friday:
8:30 a.m. to 4
p.m.

**Recycling
Center hours:**

**Tuesday,
Thursday,
Saturday:**
8:30 a.m. to 3:30

School Board continues budget discussions at January 31 session

The Dover School Board will continue its fiscal year 2023 budget discussions at a workshop this Monday, Jan. 31, at 6 p.m. in School Board Chambers at the McConnell Center.

The meeting will be televised on Channel 22 and online at <https://dovernh.viebit.com>, where it will also be available for on-demand viewing. All budget-related meetings, workshops and documents are added to the Fiscal 2023 Budget Revealed resource page: <https://www.dover.nh.gov/government/open-government/budget-revealed/fy2023-budget/>.

The School Board's Jan. 31 workshop focuses on building a consensus of the School Board's budget priorities and finalizing the School Department's fiscal year 2023 budget. At the Jan. 24 budget workshop, the School Board members highlighted their priorities and assigned themselves homework this week to rank the presented priorities for the Jan. 31 workshop.

Superintendent William Harbron and Business Administrator Michael Limanni have presented two budget models for the School Department: a tax cap compliant budget and a "Meeting Obligations" budget. The tax cap compliant budget is \$70,971,158, with \$45,749,354 raised by property tax. The Meeting Obligations budget, as currently proposed, is \$72,249,311, with \$47,027,507 to be raised by property tax. As currently proposed, the amount over the estimated tax cap for the school portion of the budget would be \$1,278,153.

Harbron and Limanni have discussed the challenges of creating the budget for the 2023 fiscal year at previous budget meetings,

all of which are available on the [Fiscal 2023 Budget Revealed webpage](#). The challenges include a \$2,017,611 reduction in the statewide education tax revenue, partially offset by an estimated increase of \$1,116,071 in state adequate education aid.

The School Department also sees significant increases in its obligations. Currently, Limanni and Harbron estimate an increase of \$3,614,000 in commitments, including increases in health insurance, facilities contract, transportation costs, legally required special education services, utility costs and anticipated increases in contract wages. "Considering that our largest contracts are growing by 3 to 4%, and electric rates are increasing at 46%, and health insurance rates are growing by 10%, the (tax) cap is not even coming close to addressing the inflationary concerns that the District is seeing in this market," it states in the School Department's Jan. 18 budget materials.

Harbron and Limanni estimate that 21 department positions would need to be eliminated for the School Board to present a tax cap compliant budget, including nine elementary school teachers and five middle school teachers. The Meeting Obligations budget would maintain current staffing levels but not fully support the Dover School District's Strategic Plan.

The School Board must present its budget to City Manager J. Michael Joyal, Jr., by Feb. 15, so Joyal can incorporate the budget into the city-wide budget that he will deliver to the City Council this spring.

City Council budget guidance resolution

At its [Jan. 26 meeting](#), the City Council provided budget guidance to the School Board and City Manager through a resolution. It states that any increase in budgets over the current year be "no more than the change in the Boston-Portsmouth area Consumer Price Index - Urban reported for the most recent 12-month period," which is 3.3%. If above that amount, the resolution states the City Council will only consider the budget "if accompanied by a specific data-based justification."

Tax cap and calculation for fiscal year 2023

The City Council can pass an operating budget by a simple majority vote unless the budget exceeds the tax cap, estimated to be a \$2,399,575 increase to the current total property tax levy of \$79,220,235. That breaks down to \$34,810,613 for the city portion of the property tax levy and \$44,409,622 for the local school portion.

If the amount needed to be raised by the local property tax levy to fund the budget is above the tax cap increase, the city charter requires a two-thirds affirmative vote of all elected City Council members to override the cap. The estimated tax cap analysis was calculated on Jan. 18 and presented to the School Board and City Council at a [Jan. 19 joint workshop](#). A final tax cap analysis will be calculated in April and is expected to increase slightly based on the full accounting of new construction in Dover from April 1, 2021, to March 31, 2022. [Click here](#) for the Jan. 18 tax cap analysis calculation.

The tax cap's official name, "[Limitation on Property Tax Levy Increase](#)," is Section 3.1 of Article VI Finance of the City of Dover's Charter. It states, in part:

The City Council shall adopt the annual municipal budget for city and school purposes to limit the property tax levy on taxpayers to the property tax levy from the previous tax year increased by the amount of inflation calculated from the Consumer Price Index-Boston and the net increase in new construction.

The tax cap only applies to the property tax levy and does not include enterprise funds, dedicated funds, capital reserve funds, grants and other revenue sources other than local taxes. The "amount of inflation" is defined as the 36-month for the calendar years immediately preceding the budget year, as stated in the [Consumer Price Index-Boston-Cambridge-Newton, MA-NH](#), published by the United States Department of Labor. The net amount of new construction is based on the value of building permits generated from April 1 to March 31 of the current fiscal year.

Winter Storm Warning for Dover in effect Saturday

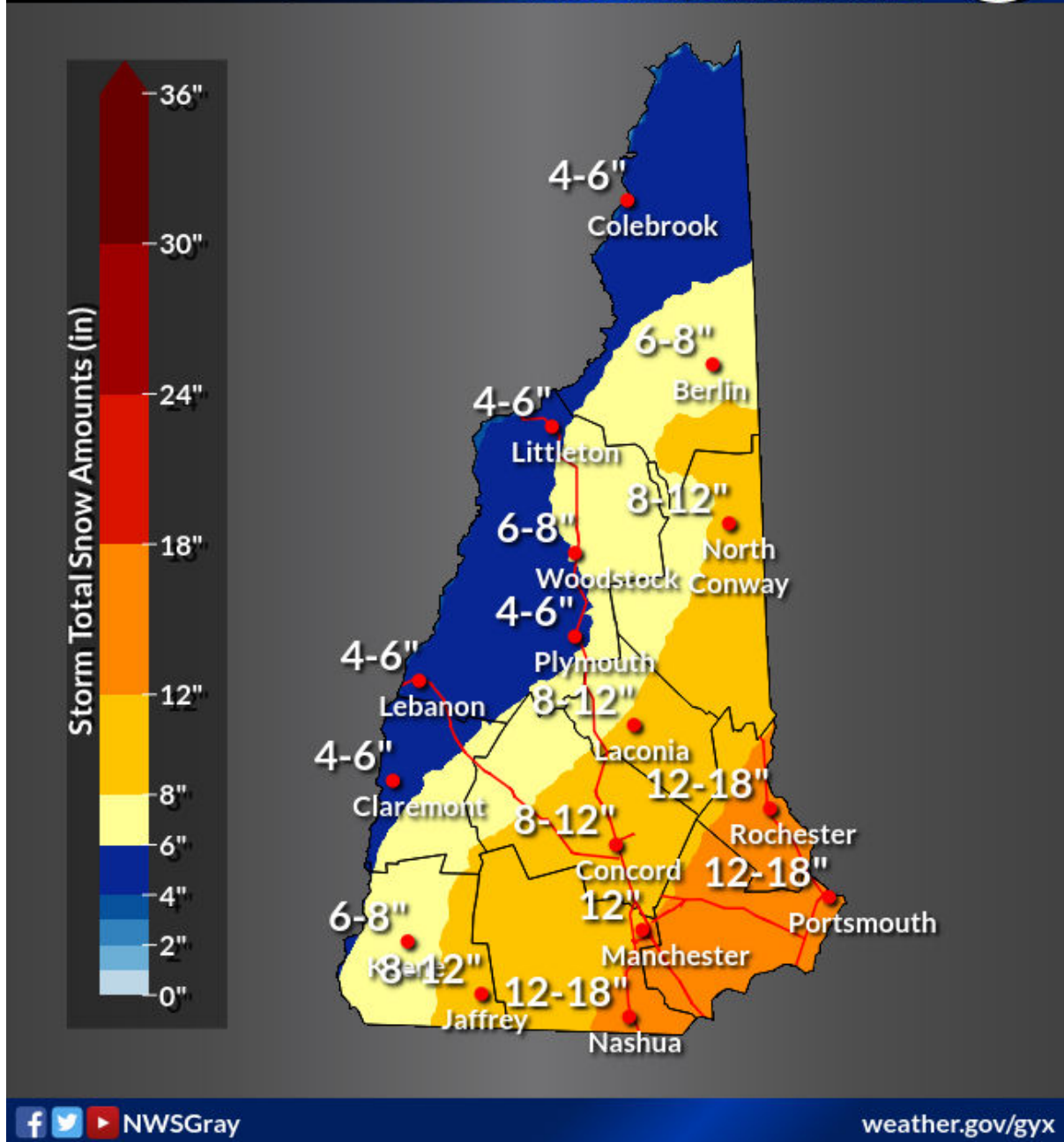
A Winter Storm Warning for Dover will begin Saturday, Jan. 29 at 7 a.m. and continue through 6 a.m. on Sunday, Jan. 30. According to the forecast, heavy snow is expected Saturday, with total snow accumulations of 7 to 13 inches, and wind gusts as high as 35 mph.

Travel could be very difficult to impossible at times on Saturday during near-blizzard conditions. Blizzard conditions are expected along the Seacoast's immediate coastline.

Because of wind gusts, power outages and tree damage is possible. If you lose power, report the outage to Eversource at 1-800-662-7764. If you see downed power lines, stay away and call 911.

The complete forecast for Dover from the National Weather Service can be viewed here: <https://go.usa.gov/xPGSn>.

The current snowfall projections from the National Weather Service are below:



Citywide parking ban in Dover begins Saturday night

Due to the anticipated heavy snow arriving on Saturday, Jan. 29, 2022, a citywide parking ban will be in effect on Saturday, beginning at 8 p.m. and concluding Sunday, Jan. 30 at 10 a.m. The ban will be in effect downtown beginning at 10 p.m. Saturday and conclude Sunday at 10 a.m.

Due to forecast for heavy snow on Saturday, the extended parking ban is necessary to facilitate snow removal operations. In addition to snow removal, the parking ban allows Community Services crews to treat the roads with salt and sand, and keep areas open for safe travel.

Due to significant snowfall expected, and to help maintain the safety of snow removal crews and emergency vehicles, vehicles in violation of the parking ban will be fined and/or towed at the owner's expense.

For more information, visit the City of Dover's parking ban page at bit.ly/doverban.

BE INFORMED

**Sign up for
parking ban
alerts today**

Text DoverNH to 99411 to receive parking ban alerts

Sign up for text alerts at bit.ly/dovercodered

Sign up for e-mail alerts at bit.ly/doverdownload

Current ban status: bit.ly/doverban or 516-PARK



CodeRED™



A memorial plaque dedicated to Steve "Townie" Towne was unveiled in the Butterfield Gym Wednesday night before the Over the Hill Basketball League that Towne organized started its play.

Steve Towne memorial plaque unveiled at Butterfield Gym

Community members gathered at the Butterfield Gym Wednesday for the unveiling of a memorial plaque in honor of Steve "Townie" Towne, a dedicated Dover citizen throughout his life, who died last April at the age of 69.

The unveiling came just before the 50-plus basketball league, also known as the Over the Hill Basketball League, started playing. Towne organized and ran the league for years. Friends, classmates and members of the league helped raise money for the plaque.

Engraved with his image, the plaque states:



"Steve 'Townie' Towne
1951-2021

Dover volunteer extraordinaire.

Born, raised, educated, played here.

Lived, coached, mentored, gave here.

Thank you Townie for the example you set and for all you taught us.

Your very fortunate and appreciative friends."

During the ceremony, mayor Robert Carrier, former Mayor Alex Nossiff and Recreation Director Gary Bannon spoke about Towne's impact.

Towne, a Dover High School graduate, has been active in sports, particularly youth sports, throughout his life, whether as an organizer, coach, referee, player or fan.

"If you needed something done, Steve was the guy," Bannon said. "He made it happen."



Council to receive presentation from the stormwater committee on its findings and recommendations

The City Council will have a workshop this Wednesday, Feb. 2, at 7 p.m., to receive a presentation from the Committee to Study Stormwater and Flood Resilience on its final report and recommendations regarding funding Dover's stormwater management needs.

The committee finalized its report and recommendations at its Jan. 10 meeting.

The City Council created the committee through an October 2020 resolution to “investigate, study, and identify and make recommendations to the City Council concerning various funding opportunities that may exist with respect to existing needs and future stormwater and flood resilience management planning.” The committee’s charge allowed it to review all potential funding solutions through an exploratory, fact-finding process to identify equitable funding solutions capable of providing adequate, reliable and sustainable funding for increasing stormwater and flood resilience costs.

The committee’s final report and recommendations are available on the [committee’s webpage](#) under Committee Documents.

Dover Senior Center closed from January 31 to February 2

Due to staffing issues, the Dover Senior Center will be closed Monday, Jan. 31 through Wednesday, Feb. 2.

The closure does not affect pickleball, fitness center, or fitness classes, including tai chi.

The Senior Center will return to regular business hours Thursday, Feb. 3, at 9 a.m. The Senior Center is located in the McConnell Center; its normal operating hours are Monday through Friday, from 9 a.m. to 3 p.m. For more information, contact the Senior Center at 603-516-6436.



Upcoming swim lessons and lifeguard training at Dover Indoor Pool

Dover Recreation will host an American Red Cross lifeguard training & recertification course and adult swim classes in the coming weeks.

Lifeguard training and recertification

The American Red Cross lifeguard program will be from Tuesday, Feb. 22, through Sunday, Feb. 27, with the recertification occurring Feb. 27. Participants seeking to become lifeguards must attend all training sessions and be at least 15 years old on the last day of the class. The program provides the knowledge and skills needed to prevent and respond to aquatic emergencies. It includes the latest science in first aid, CPR/AED for the professional rescuer, emergency cardiac care, and the latest lifeguarding rescue skills and safety protocols.

The course requires the following prerequisites:

- Swim 300 yards continuously.
- Tread water for two minutes.
- From the water, the participant must swim 20 yards using front crawl or breaststroke, surface dive 7 to 10 feet, retrieve a 10-pound object, return to the surface, swim 20 yards back to the starting point with the object and exit water without using a ladder or steps within 1 minute, 40 seconds.
- No refunds will be given for the failure of prerequisite requirements.

The cost of the complete course is \$300. To be re-certified, the price is \$60. Visit the Dover Indoor Pool website for more information: <https://www.dover.nh.gov/government/city-operations/recreation/aquatics/>.

Adult swim classes

Dover Recreation will host two adult swim classes: beginners and stroke clinic.

The beginner swim class will be held from 7 to 7:45 p.m. on Feb. 28, March 7, 14 and 21 – all Mondays. This class will focus on the basic safety and water skills to keep you safe in and around the water.

The stroke clinic will be held from 7 to 7:45 p.m. on March 2, 9, 16, and 23 – all Wednesdays. This class will focus on stroke development, movement analysis and strength and conditioning. Participants must be comfortable in the water to participate in this class. Starts, flip turns, and all strokes will be taught.

Registration for both courses opens Tuesday, Feb. 8, at 11:30 a.m. for Dover residents. Registration for non-Dover residents begins Tuesday, Feb. 15, at 11:30 a.m. Visit the Dover Indoor Pool website for more information: <https://www.dover.nh.gov/government/city-operations/recreation/aquatics/>.

Dover Chamber seeks award nominations

The Greater Dover Chamber of Commerce (GDCC) is now accepting nominations for its Annual Awards in the following categories: Citizen of the Year, Volunteer of the Year, Educator of the Year, Business of the Year, and Nonprofit of the Year. The GDCC also awards a \$1,000 scholarship to a local area student pursuing higher education.



New this year is the Community Arts Champion Award, which honors a business or individual in Dover who focuses on creativity as integral to civic engagement, community vitality, and access for everyone, everywhere in the city.

These awards provide an opportunity for GDCC member businesses to celebrate excellence in their companies and to recognize individuals and non-profits who have made a lasting impact in the Greater Dover community. All awards will be presented at the GDCC's Annual Awards Dinner, scheduled for Wednesday, May 4, at the Regatta Banquet & Conference Center in Eliot, Maine.

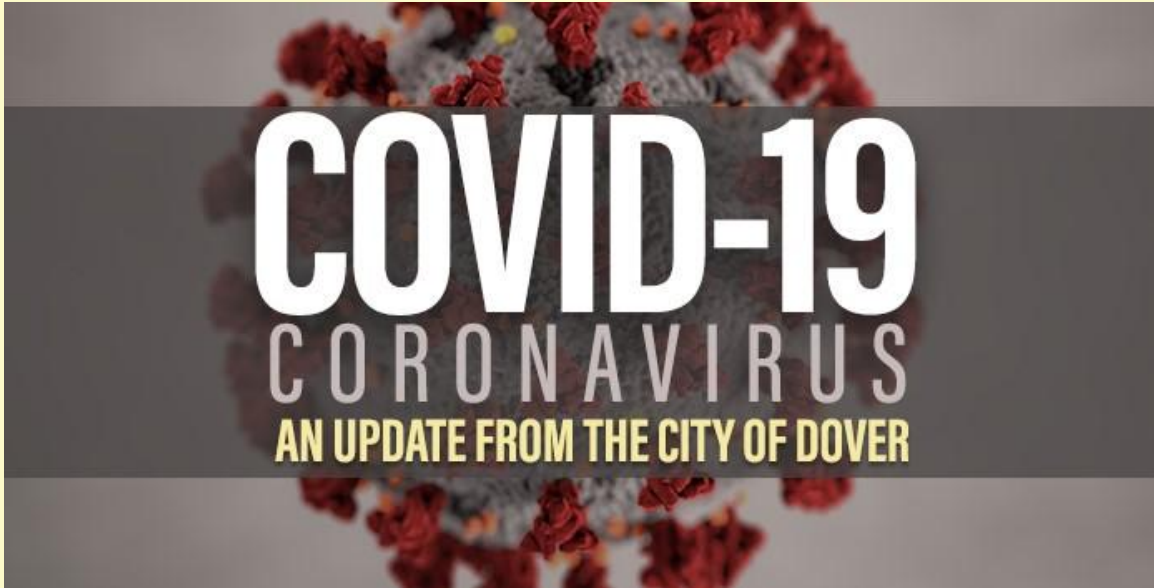
The GDCC encourages businesses and residents to reflect about individuals and organizations who have made significant contributions to the community and consider nominating them for one of the Chamber awards. To submit a nomination visit www.dovernh.org/awards. All nominations are due by March 11 at 4 p.m.

"Our volunteers, advocates, dedicated residents, and businesses are true assets of our community," says GDCC President Margaret Joyce. "If you know or have observed an

outstanding individual, business, or nonprofit organization that deserves to be honored by the Greater Dover Chamber of Commerce this year, please let us know by submitting a nomination.”

The GDCC Annual Awards Dinner serves as a marketing and sponsorship opportunity for local businesses. For information about potential sponsorship in connection with the Annual Awards Dinner, email GDCC President Margaret Joyce at margaret@dovernh.org.

The Greater Dover Chamber of Commerce is a not-for-profit association of businesses, professionals, individuals, and organizations working together to advance the economic well-being of its members and the community. For information on programs, please call the Greater Dover Chamber of Commerce at 603-742-2218, email info@dovernh.org, or visit www.dovernh.org.



Mobile Vaccine Van in Dover on Sunday

The New Hampshire Department of Health and Human Services Mobile Vaccine Van will be in Dover on Sunday, Jan. 30, from 12 to 4 p.m., at First Parish Church, 218 Central Ave. All three vaccines types will be available (Pfizer, Moderna and Johnson & Johnson). Whether you need your first, second or booster dose, no appointment is necessary. Walk-ins only.

Vaccines administered at the van are free and available to anyone 5 and older. Boosters available for anyone 12 and older. Parental consent is required for children ages 5-17.

**COME GET YOUR COVID-19
VACCINE OR BOOSTER AT:**

FIRST PARISH CHURCH

**Sunday, January 30
12pm-4pm
218 Central Street
Dover, NH**



Walk-ins only! Free vaccines for anyone 5 and up. All three vaccine types available (Pfizer, Moderna, & J&J). Boosters available for anyone 12 and older!



NH DIVISION OF
Public Health Services
Department of Health and Human Services



Free weekly vaccination and booster clinics open every Wednesday at the Dover Public Library

Registration encouraged; walk-ins welcome

Dover Fire and Rescue and the Dover Public Library are partnering to host free weekly vaccination and booster clinics on Wednesdays from 2 to 6 p.m. at the library beginning Wednesday, Jan. 12. Pre-registration is encouraged to ensure all paperwork is completed before the appointment; however, walk-ins are welcome. The Pfizer-BioNTech will be the only vaccine and booster available at the clinics.

Vaccinations are available for the following age groups:

- 5 to 11 years old: first and second vaccine doses
- 12 years and older: first and second vaccine doses and vaccine booster doses (Pfizer-BioNTech only)

To register for an appointment, visit the State of New Hampshire's online vaccine scheduling system at <https://vini.nh.gov/providers/s/>. **(Please note you must register via this link and not vaccinations.gov.)** You do not need to be a Dover resident or a New Hampshire resident to register.

Follow the instructions to set up an account; it requires a name, street address, email address

and phone number. Once the account is verified, the user can create an appointment. To schedule an appointment at Dover Public Library:

- Select the "Create/Manage Appointment" icon
- Click on the green "Schedule Appointment" button
- Select either initial vaccine series or booster
- Under "Search Location," enter 03820 in the address/zip code field
- Select: "Dover Fire-Standing Clinic," then click "See availability"
- Choose an appointment time slot

Please arrive on time for the appointment scheduled. The vaccine clinic will be in the second-floor meeting room of the Dover Public Library at 73 Locust St.

For more information, contact Fire and Rescue Division Chief Keith Irwin at k.irwin@dover.nh.gov.

Key things to know about COVID-19 vaccines

- Everyone 5 years and older is eligible to [get a free COVID-19 vaccination](#).
- Everyone 12 years old and older who is fully vaccinated can get a [booster shot](#).
- COVID-19 vaccines are effective at helping protect against severe disease and death from the virus that causes COVID-19.
- The [benefits of COVID-19 vaccination](#) outweigh the known and potential risks, which are rare.
- People who are fully vaccinated can resume many activities they did before the pandemic. However, people should wear a mask indoors in public if they are in an area of substantial or high transmission.

Where to get the vaccine locally

Vaccines are available at most local pharmacies, including walk-in service at some. To schedule an appointment, visit vaccines.nh.gov and click on "Find COVID-19 Vaccines". The link will bring you to the national site where you can search for vaccines by zip code and vaccine type.

In addition to local pharmacies and providers, the State of New Hampshire is providing vaccines at several fixed sites. The closest fixed site to Dover is:

On-Site Medical Services

306 North Main Street, Rochester

Monday-Friday 10 a.m. to 7 p.m.; Saturday 9 a.m. to 2 p.m.

Walk in only, no appointment necessary

Vaccines offered: Pfizer, Moderna, J&J

<https://www.on-sitemedservices.com/vaccinationlocator>

For additional locations and options, visit vaccines.gov.

Free at-home COVID-19 tests

Every home in the United States is eligible to order 4 free at-home COVID-19 rapid antigen tests. Orders will usually ship in 7-12 days. These tests give results within 30 minutes (no lab drop-off required).

COVID-19 self-tests (also referred to as home tests or over-the-counter tests) are one of many risk-reduction measures, along with [vaccination](#), [masking](#), and physical distancing, [that protect you and others](#) by reducing the chances of spreading COVID-19.

Self-tests can be taken at home or anywhere, are easy to use, and produce rapid results. You can use self-tests, regardless of vaccination status, or whether or not you have symptoms.

Follow all the manufacturer's instructions for performing the test.

Tests can be ordered online here: [Free COVID-19 test kits](#).



COVID symptoms or need to confirm you aren't infected? Get tested

Many health insurance plans cover COVID-19 tests without a copay, coinsurance, or deductible for persons with symptoms of COVID-19. Locations throughout the state offer COVID-19 tests, including hospitals, pharmacies, primary care offices, urgent care centers. The State of New Hampshire is also offering free at-home saliva test kits through a partner agency, Vault Medical Services, which can be ordered online at <https://learn.vaulthealth.com/nh/>.

Tests for active COVID-19 disease are available in locations across New Hampshire and include both the polymerase chain reaction (PCR) test and the rapid antigen test. The PCR test is for persons with or without symptoms of COVID-19. The rapid antigen test is for persons with symptoms and within a specific timeframe after onset of symptoms.

The federal government has contracted with Walgreens and Rite Aid pharmacies to offer COVID-19 tests at no additional costs for persons without insurance with symptoms of COVID-19. Visit the website of these pharmacies or contact your local Walgreens or Rite Aid pharmacy to learn more about their free testing program.

Persons who do not have insurance or have a health insurance plan that does not fully cover the cost of tests may also have testing paid for by a New Hampshire Limited COVID-19 Testing Benefit. To apply online for the Testing Benefit, please visit NH EASY at <https://nheasy.nh.gov> and click on "COVID-19 Testing". Additional information about other DHHS programs and benefits, including different Medicaid plans that cover more than COVID-19 testing services, are on the NH EASY website.

Dover area COVID-19 testing locations:

CVS (Ages 3 and up)

50 Sterling Way, Dover

Type of test: PCR

<https://cvs.com/minuteclinic/covid-19-testing>

Rite Aid (Ages 4 and up)

679 Central Avenue only, Dover

Type of test: PCR

<https://riteaid.com/pharmacy/services/covid-19-testing>

ConvenientMD

14 Webb Place, Dover

Type of test: PCR

<https://convenientmd.com/covid-19-testing/>

Walgreens (ages 3 and up)

1 Glenwood Ave., Dover
Type of test: PCR and Rapid
https://walgreens.com/findcare/covid19/testing?ban=covid_vanity_testing

Quest Diagnostics (Ages 2 and up)

311 Route 108, Somersworth (inside Goodwin Health Center)
5 Clark Way, Somersworth
Type of test: Rapid

https://patient.questdiagnostics.com/no-cost-covid-test?utm_campaign=2021-5-CIIP-CIIP-Consumers&utm_medium=Vanity&utm_source=QuestCOVID19-com&utm_term=Paid-Owned

Wentworth-Douglass Hospital

789 Central Ave., Dover
Type of test: PCR
Scheduled through affiliated PCP only

ClearChoiceMD Urgent Care

Fox Run Mall, 50 Fox Run Road, Newington
Type of test: PCR
<https://ccmdcenters.com/coronavirus2019>

Caring for someone sick at home

Learn what to do when someone has [symptoms](#) of COVID-19 or when someone has been diagnosed with the virus. For most people, symptoms last a few days, and people usually feel better after a week.

Make sure the person who is sick drinks a lot of fluids and rests.

Use [CDC's self-checker tool](#) to help you make decisions about seeking appropriate medical care.

Look for [emergency warning signs](#) and if someone shows these signs, seek emergency medical care immediately.

The person who is sick should wear a [mask](#) when they are around other people. Caregivers should wear a mask and ask the sick person to put on a mask before entering the room.

Clean and disinfect your home to remove germs and reduce their spread.

Wash your hands often.

Caregivers should stay home and monitor their health for COVID-19 symptoms while caring for the person who is sick.

To learn more, visit the [CDC's online resource here](#).

Upcoming Meetings:

**School Board, January
31, 6 p.m.**

The School Board will hold a special session on Monday, Jan. 31, 2022, beginning at 6 p.m., in School Board

Chambers, room 306, at the McConnell Center.

To view the meeting agenda, [click here](#).

City Council, February 2, 7 p.m.

The City Council will hold a workshop session on Wednesday, Feb. 2, 2022, beginning at 7 p.m., in Council Chambers at City Hall.

To view the meeting agenda, [click here](#).

For a complete list of upcoming meetings, visit <https://www.dover.nh.gov/government/open-government/public-meetings/>.



Missed the meeting? Catch it again online

Don't forget: If you missed the live City Council, School Board or Planning Board meetings on Channels 22 and 95, you can catch them again, online and on demand.

Simply visit www.dovernh.viebit.com to begin watching meetings on demand. Online meetings are organized by agenda item for convenience.



The following events are recorded in "Notable Events in the History of Dover, New Hampshire: From the First Settlement in 1623 to 1865," by George Wadleigh, and several other historical sources.

For more on the history of Dover, settled in 1623 and the oldest European permanent settlement in New Hampshire and seventh oldest in the country, visit the Dover Public Library, Locust Street; and the Woodman Museum, Central Avenue. The Public Library also maintains an online collection of historical information, [located here](#).

Jan. 31, 1699 — A considerable earthquake happened about 1 o'clock this day, and another the night following, if it was not a clap of thunder.

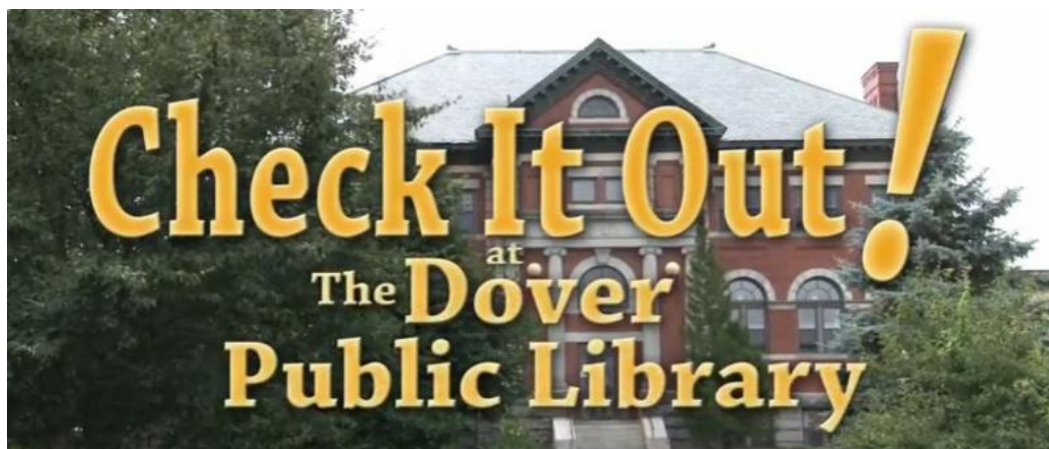
Jan. 28, 1761 — The Quakers of Dover, by Joseph Austin, Thomas Tuttle and Samuel Austin, for and on behalf of themselves and the rest of their brethren and by order of their monthly meeting held at Cochecho the 18th day of the month, 1760, petitioned the Assembly, setting forth that they were burdened with a tax to hire soldiers into the service, and praying, for reasons assigned, to be relieved therefrom. The Assembly assigned a day for a hearing thereon, and ordered them to cause the chief officer of the Regiment, and the selectmen of the town to be served with a copy of the petition and order thereon, at their own cost and charge, that they might appear and show cause, if any they had, why the prayer should not be granted.

Jan. 31, 1835 — Two boys, children of John B. Sargent and David Bickford, one 8 and the other 6 years of age, drowned near the Upper Factory in crossing the river on the ice.

Feb. 1, 1889 — The schooner Zimri S. Wallingford, built by the Dover Navigation Company in 1882, arrives in Palatka, Florida. The Z.S. Wallingford was one of five schooners constructed by the Dover Navigation Company to accommodate the growing mercantile needs of Dover's mills. The Dover Navigation Company, despite a slow start, became a great commercial success. The schooners generated significant interest among the residents of Dover, who

followed daily accounts of the schooners' location and payloads in the local newspapers. For more on the history of the Dover Navigation Company, as well as the remarkable history of Dover Landing, see "Port of Dover: Two Centuries of Shipping on the Cochecho" by Robert A. Whitehouse and Cathleen C. Beaudoin.

Jan. 29, 1999 — Portsmouth Christian Academy takes ownership of the former Seaborne Hospital in Dover for a new, permanent campus, moving from a temporary location in Portsmouth. Earlier that week, the Dover Planning Board gave conditional approval to the school's plans for the building. PCA, an independent Christian school for students from preschool to 12th grade, has remained at the site ever since. Last year, in 2021, the school celebrated its 20th anniversary.



Anders Morley, New Hampshire author of “This Land of Snow” to present virtually

Join the Dover Public Library virtually to hear a presentation by New Hampshire author Anders Morley about his book "This Land of Snow : A Journey Across the North in Winter" on Monday, Feb. 7 at 6:30 p.m. A passionate skier since he was a child, Anders Morley dreamed of going on a significant adventure, something bold and of his own design. And so one year in his early 30s, he decided to strap on cross-country skis to travel across Canada in the winter alone.

"This Land of Snow" is about that journey and a man who must come to terms with what he has left behind, as well as how he wants to continue living after his trip is over. It is an honest, thoughtful, and humorous reckoning of an adventure filled with adrenaline and exuberance, as well as mistakes and danger. Along the way readers gain insight, both charming and fascinating, into Northern outdoor culture and modern-day wilderness living, the history of northern exploration and Nordic skiing, the right to roam movement, winter ecology, and more.



Throughout, Morley's clear, subtle, and self-deprecating voice speaks to a backwoods-genteel aesthetic that explores the dichotomy between wildness and refinement, language and personal story, journey and home.

Registration is required to view this virtual program. Please register on the library's website

under the events tab or use this link: <https://ringcentr.al/3r1tf9m>.

After registering, you will receive a confirmation email containing information about joining the webinar.

The program is free and open to the public.

For more information call the Library at 603-516-6050.

The Week at the Library

January VIRTUAL Cookbook Club

Join us for a virtual exploration of *Martha Stewart's Slow Cooker*. Throughout the month of January, send in pictures of your dishes created with recipes from the book and a small description of your cooking process, how you felt about the recipe, and/or your thoughts on the book. Copies of the book will be available to check out at the main circulation desk. We will share your creations on our social media pages. Photos can be sent to Emily at e.fortin@dover.nh.gov, or tag us on Instagram @doverpubliclibrary.

Monday, January 31, 10 to 10:45 a.m.

Beyond Books: Program STEM

"Beyond Books: A Preschool Discovery Program" is for children ages 3-5. Each session will focus on a different subject. Register for this Monday series to learn about STEM. We will start with books, then go beyond with hands-on activities to explore the topic further.

Monday, January 31, 4 to 4:45 p.m.

Big Kids Storytime

Kids in grades K-2 are invited to join us for a storytime with more in-depth, challenging picture books. Registration required.

February VIRTUAL Cookbook Club

Join us for a virtual exploration of *Milk Street Cookish: Throw It Together* by Christopher Kimball. Throughout the month of February, send in pictures of your dishes created with recipes from the book and a small description of your cooking process, how you felt about the recipe, and/or your thoughts on the book. Copies of the book will be available to check out at the main circulation desk. We will share your creations on our social media pages. Photos can be sent to Emily at e.fortin@dover.nh.gov, or tag us on Instagram @doverpubliclibrary.

Tuesday, February 1, 6 to 8 p.m.

Dungeons & Dragons: Adult Group

Drop in and play Dungeons & Dragons with Game Master Dave. This 18 & older group

sessions to enjoy your first game. No experience or materials are required and all skill levels are welcome to play.

Wednesday, February 2, 9:30 to 11:30 am

Adult Knitting Group

Knitters and crocheters are welcome to join us in the Library's Makerspace with their projects for an in-person crafting circle. All levels welcome.

Wednesday, February 2, 10 to 10:30 a.m.

Family Storytime

Kids of all ages with an adult will enjoy stories, songs, rhymes and activities. Registration required.

Thursday, February 3, 10 to 11 a.m.

Cover 2 Cover Book Group

Join us on the first Thursday of every month to discuss a book. February's selection is *Station Eleven* by Emily St. John Mandel. Copies of the book can be borrowed at the Adult Circulation Desk. New members are always welcome.

Thursday, February 3, 10 to 10:45 am

Beyond Books: Program Arts and Crafts

"Beyond Books: A Preschool Discovery Program" is for children ages 3-5. Each session will focus on a different subject. Register for this Thursday series to explore arts and crafts. We will start with books, then go beyond with hands-on activities to explore the topic further.

Friday, February 4, 10 to 10:30 a.m.

Shake Your Rattle and Roll, Baby!

This program is for babies and toddlers-2 years (older siblings always welcome). We will dance to silly songs, sing rhymes, count to 5 with puppets and rock out with drums and instruments. Featuring a different genre or musical artist each week.

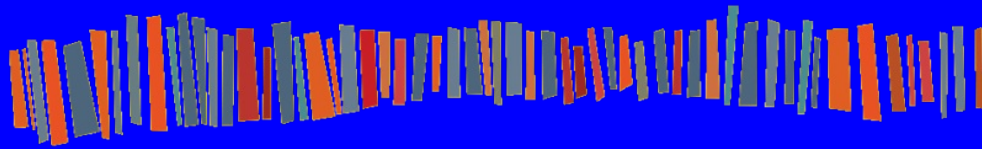
Saturday, February 5, All Day

Take Your Child to the Library Day

Families are invited to the Children's Room for the international event "Take Your Child to the Library Day". Come and discover - or rediscover - all the library has to offer.

is for new and veteran role-playing gamers to join us in the library for two hours of adventure, imagination, and strategy. The group will meet every Tuesday night, though you do not need to have attended previous

Children ages five and up are eligible to get their own library card. Any child who registers that day will be entered in a raffle for the chance to win a special prize.



Science Fridays Every Friday at CMNH

Science fun included in museum admission. Sponsored by the state of New Hampshire on Behalf of the UNIQUE College Investing Plan.

10 a.m. during Morning Play Session (9 a.m. to noon) or 2 p.m. during Afternoon Play Session (1-4 p.m.)

Reservations required: <https://childrens-museum.org/visit/info>

Wacky Art Wednesdays, Every Wednesday at CMNH

New art projects every Wednesday, included with museum admission.

10 a.m. during Morning Play Session (9 a.m. to noon) or 2 p.m. during Afternoon Play Session (1-4 p.m.)

Reservations required: <https://childrens-museum.org/things-to-do/programs/art-making>

Tickets on Sale Now!

Dinosaur Valentine's Day Party

Sunday, Feb. 13, 1 to 4 p.m.

Celebrate your love of dinosaurs this Valentine's Day with a little pre-historic fun at the Children's Museum of New Hampshire! This special ticketed event will include playtime in the museum's exhibits, including the Dinosaur Detective exhibit, make special Valentine's Day and

Dinosaur themed crafts, listen to dinosaur stories and meet a friendly costumed dinosaur to take pictures, and then top it off with a sweet treat to enjoy on your way home. Space is limited to maintain the museum's reduced capacity. Masks are required for all visitors over the age of 24 months, regardless of vaccination status.

Members: \$10/person

Non-Members: \$16/person

Kids under the age of 1: Free

<https://childrens-museum.org/things-to-do/events/alice-in-wonderland-tea-party>

Exploring Our Way: Sensory Friendly Playtime

Tuesday, Feb. 1, 1 to 4 p.m.

Exclusive for families of children with special needs. Regular admission and discounts apply.

Reservations required. Masks are optional for children with sensory issues visiting during Sensory Friendly Playtime, but are required for the remainder of the party (over the age of 24 months) regardless of vaccination status.

<https://childrens-museum.org/things-to-do/programs/autism>

Dover Mental Alliance hosting free monthly suicide prevention classes

The Dover Mental Health Alliance, in partnership with the Dover School District, is offering monthly evening suicide prevention classes to community members through June 2. Participants are welcome to register for any of the free training courses.



Trainers will utilize the NAMI-New Hampshire Connect Suicide Prevention program, designed as a public health approach to suicide prevention. NAMI New Hampshire is the state chapter of the National Alliance on Mental Illness (NAMI). Participants will learn how to recognize the signs of someone in emotional distress, suicide risk factors, and ways to help.

"It is our community's responsibility to play a part in suicide prevention," said Suzanne Weete of the Dover Mental Health Alliance. "You don't need to be a therapist to help someone if you can recognize the signs of distress and know how to respond appropriately."

This training is appropriate for parents and community members or anyone in contact with individuals at risk, whether in a professional, personal, or informal capacity as a gatekeeper. A gatekeeper's role is to be aware of persons in their community, recognize any risk factors or warning signs, connect with that individual, and get the necessary help to provide safety and support for the person at risk.

The training is free, but registration is required. A minimum of 10 people must register/attend for the class to be held. Participants must be 18 or older; the course is not suitable for students. The three-hour classes are held on the first Thursday of each month from 5 to 8 p.m. at the Dover High School library at 25 Alumni Drive in Dover. The remaining training date options are February 3, March 3, April 7, May 5 and June 2. Participants only need to attend one training.

To register, complete the Google Doc form at <https://bit.ly/3JE96NX>.

Region 6 Integrated Delivery Network provided a grant to the Dover Mental Health Alliance to help cover training costs with additional funding from the Dover School District. The Dover Mental Health Alliance is the community engagement arm of Community Partners, Strafford County's local, non-profit community mental health center. For more information about the Dover Mental Health Alliance and upcoming classes, visit www.facebook.com/DoverMHA, or email Suzanne Weete at suzanneweete@communitypartnersnh.org.

If you or someone you know is experiencing a mental health crisis, call National Suicide Prevention Lifeline anytime at 1-800-273-TALK (8255) or text the Crisis Text Line at 741741. These lines are staffed 24/7 by trained mental health professionals.

City of Dover employment opportunities

Want to work for the City of Dover? The City's website offers an updated list of open positions, including job descriptions and a downloadable application for employment.

The City of Dover is now seeking applications the following positions:

- **City Planner**
- **Outreach Coordinator**
- **Wastewater Treatment Plant Electrical Technician**
- **Police Officer**
- **Public Safety Dispatcher**
- **Gym attendant**
- **Laborer I**

For more information about these positions or employment opportunities with the City of Dover, [click here](#).

CITY OF DOVER, NEW HAMPSHIRE | www.dover.nh.gov

