



February 11, 2022



CITY OF DOVER, NH

288 Central Avenue Dover, NH 03820 603-516-6000

> City Hall hours:

Monday-Thursday: 8:30 a.m. to 5:30 p.m. Friday: 8:30 a.m. to 4 p.m.

Recycling Center hours:

Tuesday,

School Board budget vote expected Monday

The Dover School Board is expected to adopt its fiscal year 2023 operating budget at its regular monthly meeting this Monday, Feb. 14.

Before adopting the budget, School Board members will continue deliberations about what will be included in the budget they need to submit to the City Manager by Feb. 17. The School Board has met every Monday since Jan. 10 to discuss and deliberate aspects of the fiscal year 2023 budget.

Superintendent William Harbron and Business Administrator Michael Limanni have presented two budget models for the School Department: a tax cap compliant budget and a "Meeting" Obligations" budget. The tax cap compliant budget is \$70,971,158, with \$45,749,354 raised by property tax. The Meeting Obligations budget, as currently proposed, is \$72,249,311, with \$47,027,507 to be raised by property tax. As currently proposed, the amount over the estimated tax cap for the school portion of the budget would be \$1,278,153.

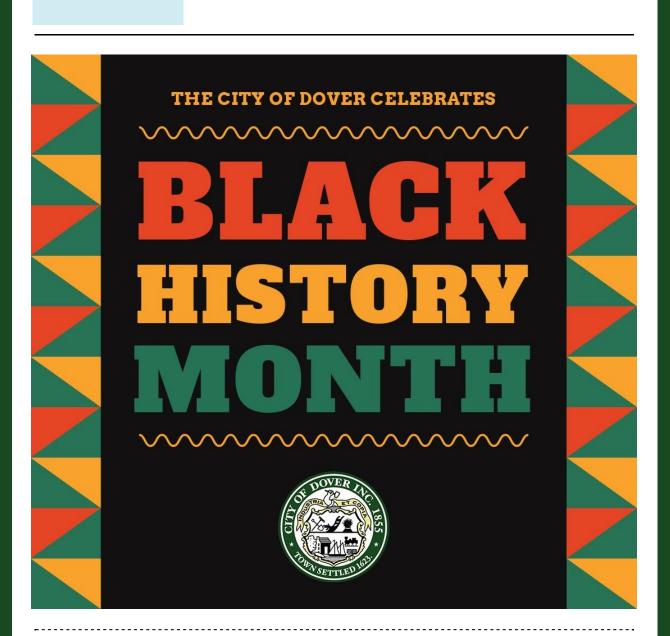
Both of these budget models are based on the detailed line-item budget document, "Admin Department Budget Request," available on the School Department's **Business Office page** and the City of Dover's **Budget Revealed page**. The line-item proposed budget is \$73,644,212, with \$48,722,408 to be raised by property tax; it is \$2,843,930 over the estimated tax cap. This model accounts for salary steps for school staff, but it does include an estimated figure for a new Dover Teachers Union contract that will expire this August.

Thursday, Saturday: 8:30 a.m. to 3:30 p.m.

Limanni and Harbron estimate that 21 full-time positions would need to be cut to reach the tax cap model, including 14 teaching positions. The Meeting Obligations model would maintain the current staffing levels but not fully support the Dover School District's Strategic Plan, Harbron and Limanni said. The Admin Department Budget Request would fund department needs but not add new positions. However, school administrators have requested multiple new positions, which are included as an addendum to the line-item Admin Department Budget. The School Board is considering adding some of these positions to the department budget.

The City of Dover's Budget Revealed webpage includes videos of all previous budget workshops and meetings and budget documents presented to the School Board. It can be found here.

The Monday, Feb. 14 meeting begins at 7 p.m. in School Board Chambers at the McConnell Center. It will broadcast live on Channel 22 and online at https://dovernh.viebit.com, where it will also be available for on-demand viewing.





Dover Mayor Robert Carrier reads a proclamation in recognition of Black History Month at the February 9 City Council meeting. Assembled around the podium are Ad Hoc Committee for Racial Equity and Inclusion members, standing, from left, Tess Beem, Ariel Hayes, Maggie Fogarty, Lina Shayo, and Cora Quisumbing-King.

City Council proclamation celebrates Black History Month

Mayor Robert Carrier proclaimed February as Black History Month through a proclamation he read at the Feb. 9 City Council meeting. Carrier called upon Dover citizens to "observe this month with appropriate programs, activities and reflections and to continue our efforts to create a world that is more just, equitable and prosperous for all."

Carrier presented the proclamation to members of the Council's Committee on Racial Equity and Inclusion.

WHEREAS: The Dover City Council takes pride in recognizing February 2022 as Black History Month, celebrating the many notable contributions that people of African descent have made to our country; and

WHEREAS: We celebrate the diversity of Black people in Dover, New Hampshire, our nation and the Black diaspora, whether they self-identify as African, African-American, Afro-Latino, Afro-Caribbean, or Black; and

WHEREAS: We now celebrate Black health and wellness, including the legacy of Black scholars, midwives, nurses, doctors, and practitioners of not only Western medicine, but all the other indigenous ways of promoting health and healing throughout the Black diaspora; and

WHEREAS: We acknowledge that we have never fully lived up to the founding ideals of this country of all people being created equal; and

WHEREAS: Recent deplorable events have re-elevated the mandate of the Black struggle and underscore the need for more than raised voices to bring about the lasting institutional and societal change that is desperately needed in our country; and

WHEREAS: We acknowledge systemic racism has led to African Americans being more likely to die at an early age from all causes, more commonly misdiagnosed, and impacted by health inequities throughout the health care system that have traumatized the Black community; and

WHEREAS: We encourage all people to recognize and confront these issues by standing in the gap at every opportunity and eliminating barriers with fearlessness and determination to empower Black people to promote and protect their health and wellness.

NOW, THEREFORE, I, ROBERT CARRIER, MAYOR OF THE CITY OF DOVER, NEW HAMPSHIRE, DO HEREBY RECOGNIZE THE MONTH FEBRUARY AS:

BLACK HISTORY MONTH

AND CALL UPON THE PEOPLE OF DOVER TO OBSERVE THIS MONTH WITH APPROPRIATE PROGRAMS, ACTIVITIES AND REFLECTIONS AND TO CONTINUE OUR EFFORTS TO CREATE A WORLD THAT IS MORE JUST, EQUITABLE AND PROSPEROUS FOR ALL.

Library to host Black History Month program

The Dover Public Library will host Dennis Britton, board president of the Black Heritage Trail NH, for a virtual program in honor of Black History Month on Thursday, Feb. 24 at 6:30 p.m.

To register for the event, visit



https://webinar.ringcentral.com/webinar/register/WN gCAokt94RNebQRxmGKX53w.

For more information, contact the Dover Public Library at 603-516-6050.



Local art is on display at Dupont's Service Center in Dover, part of the Dover Arts Commission's 'Art Beat' exhibit program.

Dover Arts Commission seeks artists and businesses for new round of 'Art Beat' exhibits

The Dover Arts Commission seeks local artists and businesses for the next round of Dover Art Beat exhibits and urges the public to visit the current Art Beat installations.

The Dover Arts Commission's Art Beat program encourages local businesses to display local art, provides area artists with alternative venues to display work, and gives the public more opportunities to experience art. The program collaborates with local businesses, the Greater Dover Chamber of Commerce and Dover Main Street to connect business and visual artists.



Participating Art Beat businesses have found the exhibits to be a positive experience. Dupont's Service Center is currently exhibiting its second Art Beat installation with artist Alicia Milewski.

"Alicia's work has brightened our waiting room and given the place a new look," said Dave Dupont. "Thank you for allowing my business to participate in the Art Beat program."

How the Dover Art Beat program works:

- Artists join the Dover Art Beat roster by uploading their information to the link below.
- Businesses select an artist to partner with from the Art Beat artist roster. No space is too small for an exhibit!
- Arts Commission connects artists and businesses.
- Both parties sign contracts stipulating terms of the exhibit.
- Exhibits run for a minimum of four months.
- Any sales generated by the exhibit require a 20% commission to the business.

Artists will receive a \$100 stipend from the business for exhibiting their work.

Current exhibits include:

- Alicia Milewski's work displayed at Dupont's Service Center, 28 Sumner Dr.
- Amy Issa's work at Armour 24 Hair Salon & Spa, 33 Main St.

Exhibit going up this month:

• Heather Bartle at The Leddy Group, 114 Locust St.

Artists: To be considered for the next round of Art Beat exhibits, submit your information by March 31, 2022, to https://form.jotform.com/220248205365147.

Businesses: To participate in the next round of Art Beat exhibits, email your business name and contact information to ArtsCommission-All@dover.nh.gov by March 1, 2022.

For more information, contact the Dover Arts Commission via email at ArtsCommission- All@dover.nh.gov.



Dover artist Amy Issa's work at is on display at Armour 24 Hair Salon & Spa on Main Street as part of the 'Art Beat' exhibit program.



Coastal watershed group recognizes Dover for stormwater management innovation

In an online article published this week, New Hampshire Coastal Adaptation Workgroup (CAW) highlights some of Dover's recent innovations in managing stormwater. The article, "Innovative Approaches to Stormwater Management Improve Resiliency," is written by Ben Sweeney of the New Hampshire Department of Environmental Services Coastal Program, and Kyle Pimental of the Strafford Regional Planning Commission. Pimental, a Dover resident, is also a member of the city's Planning Board.

The article examines the city's work to implement recommendations of the Climate Adaptation chapter of the Master Plan, completed in 2018.

In addition to the creation of an urban street tree plan for the Central Business District and amendments to the city's streets and traffic calming guidelines, the article also examines the installation of a unique stormwater biofiltration system, dubbed the "Boulanginator," after Deputy Director of Community Services Bill Boulanger, who devised the new system. A video about the project can be seen here: https://dovernh.viebit.com/player.php? hash=UpAl1YIGMXff.

The article also looks at stormwater management funding and the work of the city's Ad Hoc Committee to Study Stormwater and Flood Resilience Funding. The committee presented its report to the City Council on February 2 during a workshop session, which can be viewed here: https://dovernh.viebit.com/player.php?hash=azIZS4IMK1IP.

The read the complete article published in CAW this week, visit https://www.nhcaw.org/innovative-approaches-to-stormwater-management-improve-resiliency/.



Dover Mayor Robert Carrier, left, reads a proclamation recognizing Dover educators at the February 9 City Council meeting. Assembled at the podium are, standing, from left, Dover Teachers Union President Lisa Dillingham, School Board Vice Chair Jessica Rozzo, School Board member Maggie Fogarty, and Superintendent of Schools William Harbron.

City Council honors Dover's public schools and educators with proclamation

Mayor Robert Carrier and City Council recognized all those working at Dover public schools, from the teachers to the custodians and bus drivers, for remaining "dedicated and committed to providing a safe and nurturing space for all students and families" throughout the COVID-19 pandemic.

Superintendent William Harbron accepted the proclamation with School Board members Jessica Rozzo and Maggie Fogarty and Dover Teachers Union President Lisa Dillingham.

"It's been a team effort from the very beginning two years ago," Harbron told Carrier after Carrier read the proclamation. "It's required everyone to work together and dedicate themselves to keep schools open and keep education going."

WHEREAS: The teachers of the Dover School District have gone above and beyond in overcoming the operational, emotional and physical challenges that the COVID-19 pandemic have created in order to provide continuous educational and emotional support for the students and families of Dover; and

WHEREAS: The paraprofessionals of the Dover School District have showed an outstanding commitment to provide exceptional support to the faculty and students within the district despite the numerous challenges created by the COVID-19 pandemic; and

WHEREAS: The building and SAU level administrators and administrative support staff of the Dover School District have worked tirelessly to adapt and adjust to the continuously changing demands created by the COVID-19 pandemic, working to best support the faculty, staff, students, and families despite the mounting challenges; and

WHEREAS: All other staff, including services such as custodial, IT, transportation and food, have challenged themselves to reinvent how they serve the faculty, staff, students, and families within the Dover School District, finding new and creative solutions to unique challenges

created by the COVID-19 pandemic; and

WHEREAS: Despite the significant staffing, substitute, and material supply shortages the Dover School District and its partners have experienced, they continue to remain dedicated and committed to providing a safe and nurturing space for all students and families within Dover Public Schools.

NOW, THEREFORE, I, ROBERT CARRIER, MAYOR OF THE CITY OF DOVER, NEW HAMPSHIRE, DO HEREBY RECOGNIZE:

DOVER PUBLIC SCHOOLS

Tri-City CTE centers to be featured on Bring Back the Trades live stream

On Tuesday, Feb. 15 at 7 p.m. Steve Turner from Bring Back the Trades will host a live stream event featuring the Career Technical Centers from the Tri-City region. Representatives from Dover, Somersworth, and Rochester will be on to explain their offerings and answer questions from the viewers. This is a great opportunity for parents, students, and the community to hear about the benefits of career tech education.

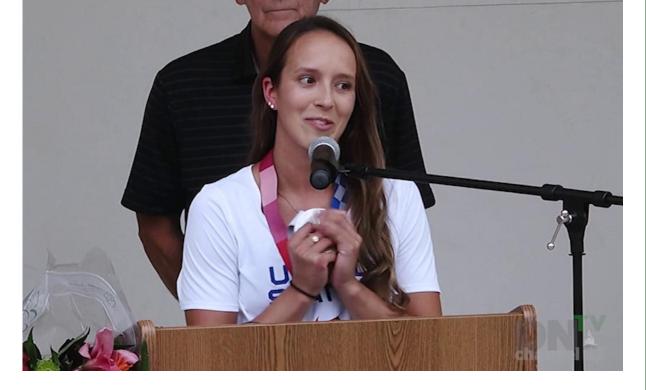
The live stream can be viewed at the following locations:

- YouTube https://youtu.be/NvSom4ONwLU
- Facebook https://www.facebook.com/bringbackthetrades1
- LinkedIn https://www.linkedin.com/posts/steve-turner-32756037 https://www.linkedin.com/posts/steve-tu

Learn more about the Bring Back the Trades mission and their monthly scholarships at www.bringbackthetrades.org.







Olympian and Dover native Jessica Parratto was honored in Dover last August during a ceremony at Henry Law Park. The Recreation Advisory Board is looking to recognize other Olympians from Dover who have not yet been formally honored in Dover.

Recreation panel seeks names of all Doverconnected Olympians

The Dover Recreation Advisory Board, with Dover 400, Dover Main Street, and Faces of Dover, seek public help in identifying all Olympic athletes with a Dover connection to create a Dover Olympian recognition program.

The athletes must have participated in the Olympic Games, World Games, Paralympic Games, or Special Olympics World Games to be eligible.

"Dover has played a part in the development of some fine Olympic athletes, such as Jenny Thompson, Cathy O'Brien and Jessica Parratto," said Recreation Director Gary Bannon. "As we plan for Dover's 400th anniversary, we are undertaking an effort to identify and recognize all Dover-connected Olympians since the revival of the modern Olympic games in 1896. And we want the public's help to ensure we have accounted for all of these great athletes."

The deadline to submit a name is March 15. The committee will then review submissions and decide how best to honor them, such as signs, banners, a Faces of Dover historical marker, a plaque in a prominent location in the city, or even participate in Dover 400 activities scheduled for 2022-23.

To submit a name, please provide as much of the below information as possible, and email it to olympianproject@dover.nh.gov.

- Olympian's name
- Connection to Dover
- Year(s) the athlete took part in the Olympics
- Cities of competition
- Sport(s)
- · Medals (if any)
- Photos
- Any other pertinent information
- Your name and contact info, including email and phone number

For more information, contact Recreation Director Gary Bannon at 603-516-6410 or Beth Fischer at 603-817-1843.

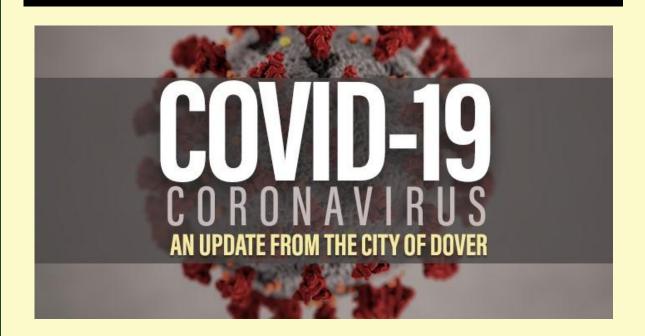
Free tax help at the Dover Public Library

Only one return can be completed per appointment. If you have additional returns to prepare, please schedule an additional appointment for each return.

When you go to your appointment, you must bring the following:

- If possible, please print and fill out the first two pages of the Intake Form.
- If married, it is preferable for both spouses be present
- Original or photocopy of social security cards for taxpayer, spouse, if married, and any dependents being claimed
- Picture ID for taxpayer and spouse (must be a Driver's License, or state issued ID Card, or other official document)
- All W-2's for all places worked in previous year
- Prior year tax return if applicable
- Routing number and bank account number for direct deposit

Free tax preparation is available to all ages and occupations.



Free weekly vaccination and booster clinics open every Wednesday at the Dover Public Library

Registration encouraged; walk-ins welcome

Dover Fire and Rescue and the Dover Public Library are partnering to host free weekly vaccination and booster clinics on Wednesdays from 2 to 6 p.m. at the library beginning Wednesday, Jan. 12. Pre-registration is encouraged to ensure all paperwork is completed before the appointment; however, walk-ins are welcome. The Pfizer-BioNTech will be the only

vaccine and booster available at the clinics.

Vaccinations are available for the following age groups:

- 5 to 11 years old: first and second vaccine doses
- 12 years and older: first and second vaccine doses and vaccine booster doses (Pfizer-BioNTech only)

To register for an appointment, visit the State of New Hampshire's online vaccine scheduling system at https://vini.nh.gov/providers/s/. (Please note you must register via this link and not vaccinations.gov.) You do not need to be a Dover resident or a New Hampshire resident to register.

Follow the instructions to set up an account; it requires a name, street address, email address and phone number. Once the account is verified, the user can create an appointment. To schedule an appointment at Dover Public Library:

- Select the "Create/Manage Appointment" icon
- Click on the green "Schedule Appointment" button
- · Select either initial vaccine series or booster
- Under "Search Location," enter 03820 in the address/zip code field
- Select: "Dover Fire-Standing Clinic," then click "See availability"
- Choose an appointment time slot

Please arrive on time for the appointment scheduled. The vaccine clinic will be in the second-floor meeting room of the Dover Public Library at 73 Locust St.

For more information, contact Fire and Rescue Division Chief Keith Irwin at k.irwin@dover.nh.gov.

Key things to know about COVID-19 vaccines

- Everyone 5 years and older is eligible to get a free COVID-19 vaccination.
- Everyone 12 years old and older who is fully vaccinated can get a booster shot.
- COVID-19 vaccines are effective at helping protect against severe disease and death from the virus that causes COVID-19.
- The <u>benefits of COVID-19 vaccination</u> outweigh the known and potential risks, which are rare.
- People who are fully vaccinated can resume many activities they did before the pandemic. However, people should wear a mask indoors in public if they are in an area of substantial or high transmission.

Where to get the vaccine locally

Vaccines are available at most local pharmacies, including walk-in service at some. To schedule an appointment, visit <u>vaccines.nh.gov</u> and click on "Find COVID-19 Vaccines". The link will bring you to the national site where you can search for vaccines by zip code and vaccine type.

In addition to local pharmacies and providers, the State of New Hampshire is providing vaccines at several fixed sites. The closest fixed site to Dover is:

On-Site Medical Services

306 North Main Street, Rochester Monday-Friday 10 a.m. to 7 p.m.; Saturday 9 a.m. to 2 p.m.

For additional locations and options, visit vaccines.gov.

Free at-home COVID-19 tests

Every home in the United States is eligible to order 4 free at-home COVID-19 rapid antigen tests. Orders will usually ship in 7-12 days. These tests give results within 30 minutes (no lab drop-off required).

COVID-19 self-tests (also referred to as home tests or over-the-counter tests) are one of many risk-reduction measures, along with <u>vaccination</u>, <u>masking</u>, and physical distancing, <u>that protect you and others</u> by reducing the chances of spreading COVID-19.



Self-tests can be taken at home or anywhere, are easy to use, and produce rapid results. You can use self-tests, regardless of vaccination status, or whether or not you have symptoms.

Follow all the manufacturer's instructions for performing the test.

Tests can be ordered online here: Free COVID-19 test kits.

COVID symptoms or need to confirm you aren't infected? Get tested

Many health insurance plans cover COVID-19 tests without a copay, coinsurance, or deductible for persons with symptoms of COVID-19. Locations throughout the state offer COVID-19 tests, including hospitals, pharmacies, primary care offices, urgent care centers. The State of New Hampshire is also offering free at-home saliva test kits through a partner agency, Vault Medical Services, which can be ordered online at https://learn.vaulthealth.com/nh/.

Tests for active COVID-19 disease are available in locations across New Hampshire and include both the polymerase chain reaction (PCR) test and the rapid antigen test. The PCR test is for persons with or without symptoms of COVID-19. The rapid antigen test is for persons with symptoms and within a specific timeframe after onset of symptoms.

The federal government has contracted with Walgreens and Rite Aid pharmacies to offer COVID-19 tests at no additional costs for persons without insurance with symptoms of COVID-19. Visit the website of these pharmacies or contact your local Walgreens or Rite Aid pharmacy to learn more about their free testing program.

Persons who do not have insurance or have a health insurance plan that does not fully cover the cost of tests may also have testing paid for by a New Hampshire Limited COVID-19 Testing Benefit. To apply online for the Testing Benefit, please visit NH EASY at https://nheasy.nh.gov and click on "COVID-19 Testing". Additional information about other DHHS programs and benefits, including different Medicaid plans that cover more than COVID-19 testing services, are on the NH EASY website.

Dover area COVID-19 testing locations:

CVS (Ages 3 and up)
50 Sterling Way, Dover
Type of test: PCR
https://cvs.com/minuteclinic/covid-19-testing

Rite Aid (Ages 4 and up)

679 Central Avenue only, Dover
Type of test: PCR

https://riteaid.com/pharmacy/services/covid-19-testing

ConvienentMD

14 Webb Place, Dover Type of test: PCR

https://convenientmd.com/covid-19-testing/

Walgreens (ages 3 and up)

1 Glenwood Ave., Dover Type of test: PCR and Rapid

https://walgreens.com/findcare/covid19/testing?ban=covid vanity testing

Quest Diagnostics (Ages 2 and up)

311 Route 108, Somersworth (inside Goodwin Health Center)
5 Clark Way, Somersworth
Type of test: Rapid

https://patient.questdiagnostics.com/no-cost-covid-test

Wentworth-Douglass Hospital

789 Central Ave., Dover
Type of test: PCR
Scheduled through affiliated PCP only

ClearChoiceMD Urgent Care

Fox Run Mall, 50 Fox Run Road, Newington Type of test: PCR https://ccmdcenters.com/coronavirus2019

Upcoming Meetings:

School Board, February 14, 7 p.m.

The School Board will hold a regular meeting on Monday, Feb. 14, 2022, beginning at 7 p.m., in School Board Chambers, Room 306, at the McConnell Center.

To view the meeting agenda, <u>click here</u>.

Zoning Board, February 17, 7 p.m.

The Zoning Board of Adjustment will hold a regular meeting on Thursday, Feb. 17, 2022, beginning at 7 p.m., in Council Chambers at City Hall.

To view the meeting agenda, <u>click here</u>.



Missed the meeting? Catch it again online

Don't forget: If you missed the live City Council, School Board or Planning Board meetings on Channels 22 and 95, you can catch them again, online and on demand.

Simply visit <u>www.dovernh.viebit.com</u> to begin watching meetings on demand. Online meetings are organized by agenda item for convenience.

For a complete list of upcoming meetings, visit https://www.dover.nh.gov/government/open-government/public-meetings/.



The following events are recorded in "Notable Events in the History of Dover, New Hampshire: From the First Settlement in 1623 to 1865," by George Wadleigh, and several other historical sources.

For more on the history of Dover, settled in 1623 and the oldest European permanent settlement in New Hampshire and seventh oldest in the country, visit the Dover Public Library, Locust Street; and the Woodman Museum, Central Avenue. The Public Library also maintains an online collection of historical information, <u>located here</u>.

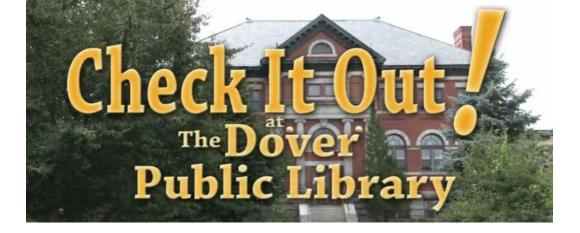
Feb. 14, 1792 — A new publication, "The Phoenix" appears in Dover, a month after the printing office of Eliphalet Ladd, burned down and caused the suspension of his former paper. His new title, "The Phoenix," begins on Feb. 14, and contains communications reflecting upon citizens for delinquency in not assisting in extinguishing the flames. His criticism continues until in the paper of Feb. 29, when the editor says: "Several pieces are received respecting the fire, but as there has been too much already published concerning that accident, we forbear troubling our readers with anymore on the subject — as it has become too personal and abusive to be admitted."

Feb. 12, 1824 — A great freshet is seen on the Cochecho, raising the water much higher than had been known for many years. The bridge on the main road to Boston (near Sawyer's) and that near Ham's mills were carried away, but the Upper bridge built by the Manufacturing Co. and the Landing bridge, although severely shaken, remained safe.

Feb. 17, 1824 — Notice was given that the Savings Bank for the County of Strafford, in Dover, was organized and ready to receive deposits.

Feb. 12, 1844 — Died, Captain William Flagg, aged 74. In early life he was an officer in the Naval service of his country, for which at the time of his death he received a pension from the Government. He was afterwards an enterprising shipmaster, and long enjoyed the respect and confidence of his fellow citizens.

Feb. 17, 1856 — Another severe snow storm occurred at this time, blocking up travel so effectually that no trains reached Dover on any railroad for four days.



Kyle Carey's 'Gaelic Americana' comes to the Dover Public Library

The Dover Public Library will present Kyle Carey in concert on Wednesday, Feb. 23 at 6:30 p.m.

Kyle Carey's unique trans-Atlantic fusion of music includes influences of the American Folk Anthology, the Appalachian poetry of Louise McNeill, and the traditional music of Ireland, Cape Breton and Scotland. The results are well described by Jeremy Searle of R2 Magazine: "Kyle Carey is, quite simply, a delight. Drawing from both the American and British folk traditions, her songs, including some very fine originals, are beautifully crafted and performed. She's assured, confident, charming and irresistible."



Kyle's debut album Monongah, produced by former Lùnasa guitarist Donogh Hennessy, rose to number eight on the folk DJ charts, landing on a number of 'Best of 2011' lists by year's end. Her original songs draw heavily from the American folk tradition, while her fluency in Scottish Gaelic makes for her own brand of 'Gaelic Americana' music. Kyle's sophomore release North Star recorded in Scotland and produced by Solas founding member Seamus Egan was released in the fall of 2014 to widespread critical acclaim, charting at #45 in the top 200 CDs of 2014—compiled by Folk DJs nationwide. Her fan-funded third album The Art of Forgetting, produced by Dirk Powell, features a cast of backing musicians which includes luminaries such as Rhiannon Giddens and John McCusker, and was released in early 2018 to wide-spread acclaim. Having toured for five years on both sides of the Atlantic, Kyle Carey is a unique and innovative artist not to be missed. More information at www.kyleannecarey.com.

The program is free and open to the public.

For more information call the Library at 603-516-6050.

The Week at the Library

February VIRTUAL Cookbook Club
Join us for a virtual exploration of Milk
Street Cookish: Throw It Together by
Christopher Kimball. Throughout the month
of February, send in pictures of your dishes
created with recipes from the book and a
small description of your cooking process,
how you felt about the recipe, and/or your
thoughts on the book. Copies of the book

us in the Library's Makerspace with their projects for an in-person crafting circle. All levels welcome.

Wednesday, Feb. 16, 10 to 10:30 a.m. Family Storytime

Kids of all ages with an adult will enjoy stories, songs, rhymes and activities.

Registration required.

will be available to check out at the main circulation desk. We will share your creations on our social media pages. Photos can be sent to Emily at e.fortin@dover.nh.gov, or tag us on Instagram @doverpubliclibrary.

Monday, February 14, 10 to 10:45 a.m. Beyond Books: Program STEM

"Beyond Books: A Preschool Discovery Program" is for children ages 3-5. Each session will focus on a different subject. Register for this Monday series to learn about STEM. We will start with books, then go beyond with hands-on activities to explore the topic further.

Monday, February 14, 4 to 4:45 p.m. Big Kids Storytime

Kids in grades K-2 are invited to join us for a storytime with more in-depth, challenging picture books. Registration required.

Tuesday, February 15, 6 to 8 p.m. Dungeons & Dragons: Adult Group

Drop in and play Dungeons & Dragons with Game Master Dave. This 18 & older group is for new and veteran role-playing gamers to join us in the library for two hours of adventure, imagination, and strategy. The group will meet every Tuesday night, though you do not need to have attended previous sessions to enjoy your first game. No experience or materials are required and all skill levels are welcome to play.

Wednesday, Feb. 16, 9:30 to 11:30 am Adult Knitting Group

Knitters and crocheters are welcome to join

Thursday, February 17, 10 to 10:45 am Beyond Books: Program Arts and Crafts

"Beyond Books: A Preschool Discovery Program" is for children ages 3-5. Each session will focus on a different subject. Register for this Thursday series to explore arts and crafts. We will start with books, then go beyond with hands-on activities to explore the topic further.

Friday, February 18, 10 to 10:30 a.m. Shake Your Rattle and Roll, Baby!

This program is for babies and toddlers-2 years (older siblings always welcome). We will dance to silly songs, sing rhymes, count to 5 with puppets and rock out with drums and instruments. Featuring a different genre or musical artist each week.

Friday, February 18, 11 a.m. to 12 p.m.

Meet-Up for Homeschooling Families

This will be an informal time for homeschool parents to meet each other and share tips and ideas, while the kids make new friends and socialize. There will be toys and activities for kids of all ages.

Saturday, February 19, 2 to 4 p.m.
STEM: Paper Ball Run Challenge
Children in grades 3-8 are invited to design and build a ball run for a ping pong ball using nothing but paper and tape. Their goal is to make the slowest ball run possible. How long can they make it take for the ball to go through their ball run? Registration is required for this program.



THE GREATER DOVER CHAMBER OF COMMERCE WELCOMES:



Greater Dover Chamber of Commerce ambassadors and staff welcome Our Place as a Chamber member during a recent ribbon cutting ceremony.

Our Place joins Dover Chamber

The Greater Dover Chamber of Commerce (GDCC) recently held a ribbon cutting ceremony to welcome Our Place NH as a valued member of the chamber.

The mission of Our Place, a 501 (c)(3) nonprofit, is to provide residential options, services and support designed to meet the needs of adults with developmental disabilities. They are dedicated to fostering growth and independence through vocational, social, and recreational opportunities.

Our Place is currently raising money with the goal of building a new facility in Dover in hopes of being near public transportation and businesses that could offer job opportunities. This home-like setting would welcome ten adults with disabilities, as well as rooms for a staff member and a visitor. Each unit will have its own kitchen and bathroom and there will be a central area for a large kitchen, dining room and living room so that tenants can socialize and eat together. Our Place will be staffed with qualified care providers who will be trained and supervised by a house manager.

The goal is to proactively address an orderly transition of care for adults with developmental disabilities from their aging parents to a stable, reliable and caring environment. Our Place provides each individual with surroundings that are conducive to long term friendships and a sense of well-being and self-worth.

To learn more about the mission of Our Place, visit www.ourplacenh.org or call 603-617-6900.

Chamber names new Community Events Manager

The Greater Dover Chamber of Commerce (GDCC) is pleased to announce that Hope Anderson of Durham has joined the chamber staff as community events manager, effective immediately.

As community events manager, Anderson will be responsible for the planning and logistics that come with executing the chamber's community-focused programs including Cochecho Arts Festival, Apple Harvest Day, Annual Awards Dinner, Sweepstakes & Auction, and Citizens Leadership Academy.

Anderson, a native of Uxbridge, Massachusetts, holds a bachelor's degree from the University of New Hampshire (UNH) in Recreation Management Policy: Program and Event Management, with a minor in Business Administration. Her background includes a full-time internship at Malloy Events, as well as supervising an after-school program and day camp for Newmarket Recreation. Anderson was a UNH Student Senate member and also served as a peer mentor and tour guide for the university.



"We are delighted that Hope has joined our team," says GDCC President Margaret Joyce. "Her background and experience make her a great fit and we look forward to the passion and fresh perspective that she will bring to the community events manager position."

The Greater Dover Chamber of Commerce is a not-for-profit association of businesses, professionals, individuals, and organizations working together to advance the economic well-being of its members and the community. For information on other programs, call the Greater Dover Chamber of Commerce at 603-742-2218, email info@dovernh.org, or visit www.dovernh.org.

Dover Chamber seeks award nominations

The Greater Dover Chamber of Commerce (GDCC) is now accepting nominations for its Annual Awards in the following categories: Citizen of the Year, Volunteer of the Year, Educator of the Year, Business of the Year, and Nonprofit of the Year. The GDCC also awards a \$1,000 scholarship to a local area student pursuing higher education.



New this year is the Community Arts Champion Award, which honors a business or individual in Dover who focuses on creativity as integral to civic engagement, community vitality, and access for everyone, everywhere in the city.

These awards provide an opportunity for GDCC member businesses to celebrate excellence in their companies and to recognize individuals and non-profits who have made a lasting impact in the Greater Dover community. All awards will be presented at the GDCC's Annual Awards Dinner, scheduled for Wednesday, May 4, at the Regatta Banquet & Conference Center in Eliot, Maine.

The GDCC encourages businesses and residents to reflect about individuals and organizations who have made significant contributions to the community and consider nominating them for one of the Chamber awards. To submit a nomination visit www.dovernh.org/awards. All nominations are due by March 11 at 4 p.m.

"Our volunteers, advocates, dedicated residents, and businesses are true assets of our community," says GDCC President Margaret Joyce. "If you know or have observed an outstanding individual, business, or nonprofit organization that deserves to be honored by the Greater Dover Chamber of Commerce this year, please let us know by submitting a nomination."

The GDCC Annual Awards Dinner serves as a marketing and sponsorship opportunity for local businesses. For information about potential sponsorship in connection with the Annual Awards

Dinner, email GDCC President Margaret Joyce at margaret@dovernh.org.

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Dover Mental Health Alliance hosting free monthly suicide prevention classes

The Dover Mental Health Alliance, in partnership with the Dover School District, is offering monthly evening suicide prevention classes to community members through June 2. Participants







are welcome to register for any of the free training courses.

Trainers will utilize the NAMI-New Hampshire Connect Suicide Prevention program, designed as a public health approach to suicide prevention. NAMI New Hampshire is the state chapter of the National Alliance on Mental Illness (NAMI). Participants will learn how to recognize the signs of someone in emotional distress, suicide risk factors, and ways to help.

"It is our community's responsibility to play a part in suicide prevention," said Suzanne Weete of the Dover Mental Health Alliance. "You don't need to be a therapist to help someone if you can recognize the signs of distress and know how to respond appropriately."

This training is appropriate for parents and community members or anyone in contact with individuals at risk, whether in a professional, personal, or informal capacity as a gatekeeper. A gatekeeper's role is to be aware of persons in their community, recognize any risk factors or warning signs, connect with that individual, and get the necessary help to provide safety and support for the person at risk.

The training is free, but registration is required. A minimum of 10 people must register/attend for the class to be held. Participants must be 18 or older; the course is not suitable for students. The three-hour classes are held on the first Thursday of each month from 5 to 8 p.m. at the Dover High School library at 25 Alumni Drive in Dover. The remaining training date options are March 3, April 7, May 5 and June 2. Participants only need to attend one training.

To register, complete the Google Doc form at https://bit.ly/3JE96NX.

Region 6 Integrated Delivery Network provided a grant to the Dover Mental Health Alliance to help cover training costs with additional funding from the Dover School District. The Dover Mental Health Alliance is the community engagement arm of Community Partners, Strafford County's local, non-profit community mental health center. For more information about the Dover Mental Health Alliance and upcoming classes, visit www.facebook.com/DoverMHA, or email Suzanne Weete at suzanneweete@communitypartnersnh.org.

If you or someone you know is experiencing a mental health crisis, call National Suicide Prevention Lifeline anytime at 1-800-273-TALK (8255) or text the Crisis Text Line at 741741. These lines are staffed 24/7 by trained mental health professionals.

City of Dover employment opportunities

Want to work for the City of Dover? The City's website offers an updated list of open positions, including job descriptions and a downloadable application for employment. The City of Dover is now seeking applications the following positions:

City Planner

- Outreach Coordinator
- City Engineer
- Wastewater Treatment Plant Electrical Technician
- Police Officer
- Public Safety Dispatcher
- Gym attendant
- Laborer I
- Wastewater Treatment Plant Lab Technician.
- Camera operator
- Welfare assistant/technician

For more information about these positions or employment opportunities with the City of Dover, <u>click here</u>.

CITY OF DOVER, NEW HAMPSHIRE | www.dover.nh.gov



