

# Dover Indoor Pool Schedule

March 6 - 20, 2020



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p><b>6:30 - 8:30 am</b> 6 Lanes Lap</p> <p><b>8:30 - 9:30 am</b> 2 Lanes Lap 4 Lanes Hydrofitness</p> <p><b>9:30 - 11:00 am</b> 6 Lanes Therapy Swim</p> <p><b>11:00 - 1:00 pm</b> 6 Lanes Lap</p> <p><b>1:00 pm - 2:30 pm</b> Lessons/Rental</p> <p><b>2:30 - 4:00 pm</b> 2 Lanes Recreation 4 Lanes Lap</p> <p><b>4:00 - 7:00 pm</b> Swim Team</p> <p><b>7:00 - 9:00 pm</b> 3 Lanes Adult Lap 3 Lanes Recreation</p>	<p><b>5:30 - 6:30 am</b> 3 Lanes Lap 3 Lanes Swim Team</p> <p><b>6:30 - 9:30 am</b> 6 Lanes Lap</p> <p><b>9:30 - 11:00 am</b> 6 Lanes Therapy Swim</p> <p><b>11:00 - 1:00 pm</b> 6 Lanes Lap</p> <p><b>1:00 pm - 2:30 pm</b> Lessons/Rental</p> <p><b>2:30 - 4:00 pm</b> 2 Lanes Recreation 4 Lanes Lap</p> <p><b>4:00 - 6:30 pm</b> Swim Team</p> <p><b>6:30 - 7:45 pm</b> 6 Lanes Masters</p> <p><b>7:45 - 9:00 pm</b> 3 Lanes Adult Lap 3 Lanes Recreation</p>	<p><b>6:30 - 8:30 am</b> 6 Lanes Lap</p> <p><b>8:30 - 9:30 am</b> 2 Lanes Lap 4 Lanes Hydrofitness</p> <p><b>9:30 - 11:00 am</b> 6 Lanes Therapy Swim</p> <p><b>11:00 - 1:00 pm</b> 6 Lanes Lap</p> <p><b>1:00 pm - 2:30 pm</b> Lessons/Rental</p> <p><b>2:30 - 4:00 pm</b> 2 Lanes Recreation 4 Lanes Lap</p> <p><b>4:00 - 7:00 pm</b> Swim Team</p> <p><b>7:00 - 9:00 pm</b> 3 Lanes Adult Lap 3 Lanes Recreation</p>	<p><b>5:30 - 6:30 am</b> 3 Lanes Lap 3 Lanes Swim Team</p> <p><b>6:30 - 9:30 am</b> 6 Lanes Lap</p> <p><b>9:30 - 11:00 am</b> 6 Lanes Therapy Swim</p> <p><b>11:00 - 1:00 pm</b> 6 Lanes Lap</p> <p><b>1:00 pm - 2:30 pm</b> Lessons/Rental</p> <p><b>2:30 - 4:00 pm</b> 2 Lanes Recreation 4 Lanes Lap</p> <p><b>4:00 - 6:30 pm</b> Swim Team</p> <p><b>6:30 - 7:45 pm</b> 6 Lanes Masters</p> <p><b>7:45 - 9:00 pm</b> 3 Lanes Adult Lap 3 Lanes Recreation</p>	<p><b>6:30 - 8:30 am</b> 6 Lanes Lap</p> <p><b>8:30 - 9:30 am</b> 2 Lanes Lap 4 Lanes Hydrofitness</p> <p><b>9:30 - 11:00 am</b> 6 Lanes Therapy Swim</p> <p><b>11:00 - 1:00 pm</b> 6 Lanes Lap</p> <p><b>1:00 pm - 2:30 pm</b> Lessons/Rental</p> <p><b>2:30 - 4:00 pm</b> 2 Lanes Recreation 4 Lanes Lap</p> <p><b>4:00 - 7:00 pm</b> Swim Team</p> <p style="text-align: center;"><b>Closing at 7pm no evening rec swim on Fridays</b></p> <p style="text-align: center;"><b>March 6: only 3 lanes available 3:30-4pm</b></p>	<p><b>7:00 - 11:00 am</b> Swim Team</p> <p><b>11:00 - 1:00 pm</b> 6 Lanes Lap</p> <p><b>1:00 - 2:30 pm</b> Lessons/Rental</p> <p><b>2:30 - 4:00 pm</b> 3 Lanes Adult Lap 3 Lanes Recreation</p> <p><b>4:00 - 7:00 pm</b> Program/Rental</p> <div style="border: 1px solid black; padding: 5px;"> <p style="text-align: center; margin: 0;"><b>Rec Swim Rules</b></p> <ol style="list-style-type: none"> <li>1) Children under 45" require a parent in the water</li> <li>2) No Swimming in the well</li> <li>3) Diving board use is allowed, after passing the swim test</li> <li>4) No equipment except lifejackets</li> <li>5) Kids with lifevests must have a parent in arms reach at all times</li> <li>6) No goggles that cover the nose</li> <li>7) Parents cannot be in the well to catch children off the divingboard</li> <li>8) No child with a lifevest of any kind may use the divingboard</li> <li>9) Kids under 3 required to wear swim diaper. Can be purchased for \$2 each</li> </ol> </div>	<p><b>9:00 - 11:00 am</b> 6 Lanes Masters</p> <p><b>11:00 - 1:00 pm</b> 6 Lanes Lap</p> <p><b>1:00 - 2:30 pm</b> Lessons/Rental</p> <p><b>2:30 - 6:00 pm</b> 3 Lanes Adult Lap 3 Lanes Recreation</p>
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**NOTE: Private Lessons are taught during Recreation/Lap times. Dive Well may be closed during certain times for Lifeguard Training**

	Resident	Daily	Punch Ticket (12)	* Yearly Indoor	6 Month Indoor		
<b>Membership Fees</b>  1) Excludes Hydrofitness 2) Excludes Masters 3) Good for 1 year from date of purchase	Adult	\$5.00	50.00	\$170.00	\$100.00	<b>Rental Fees</b>  Indoor Pool: \$140.00/hour 30 people or less Add \$15/hr for more than 30 ppl	
	Senior	\$3.00	\$30.00	\$80.00	\$45.00		
	Youth	\$3.00	\$30.00	\$80.00	\$45.00		
		Non-Resident	Daily	Punch Ticket (12)	* Yearly Indoor	6 Month Indoor	Lane rentals: \$40/hour; Dive well: \$40/hour
	Adult	\$7.00	\$70.00	\$330.00	\$190.00		
	Senior	\$4.00	\$40.00	\$160.00	\$90.00		
Youth	\$4.00	\$40.00	\$160.00	\$90.00	\$90.00		