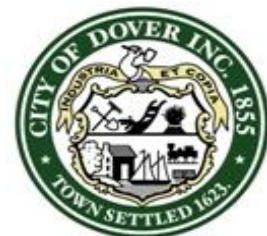


Dover Indoor Pool Schedule-REVISED						
September 18-November 12 2023						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	<div>7:30 - 8:30am 6 Lanes Lap</div> <div>8:30 - 9:00am Lessons</div>	<div>7:30 - 9:30am 6 Lanes Lap</div>	<div>7:30 - 8:30am 6 Lanes Lap</div> <div>8:30 - 9:00am Lessons</div>	<div>8:30 - 9:30am Homeschool Lessons</div>	<div>7:00 - 9:00 am SOLO Swim Team</div> <div>9:00 - 10:00 am 3 Lanes Swim Team 3 Lanes Lessons</div> <div>10:00 - 11:00 pm Lessons</div> <div>11:00 - 12:15 pm 6 Lanes Lap</div> <div>12:30 - 2:30 pm Recreation Swim (NO LAP LANES)</div>	<div>11:00 - 12:30 pm 6 Lanes Masters</div> <div>12:30 - 2:30 pm Recreation Swim (NO LAP LANES)</div>
<div>9:30 - 10:30 am Hydrofitness</div> <div>10:30 - 11:30 am Therapy Swim (water walking only)</div> <div>11:30 - 12:30 pm 6 Lanes Lap</div>	<div>9:00 - 10:30 am 6 Lanes Lap</div> <div>10:30 - 11:30 am Therapy Swim (water walking only)</div> <div>11:30 - 12:30 pm 6 Lanes Lap</div> <div>2:30 - 3:30 pm Recreation Swim</div>	<div>9:30 - 10:30 am Hydrofitness-Dive well</div> <div>9:30 - 11:30 am Therapy Swim-Main Pool (water walking only)</div> <div>11:30 - 12:30 pm 6 Lanes Lap</div>	<div>9:00 - 10:30 am 6 Lanes Lap</div> <div>10:30 - 11:30 am Therapy Swim (water walking only)</div> <div>11:30 - 12:30 pm 6 Lanes Lap</div> <div>2:30 - 3:30 pm Recreation Swim</div>	<div>9:30 - 10:30 am Hydrofitness</div> <div>10:30 - 11:30 am Therapy Swim (water walking only)</div> <div>11:30 - 12:30 pm 6 Lanes Lap</div>	<div>CLOSED Saturday October 7 Apple Harvest Day</div> <div>Schedule Change September 24th Lifeguard course 2 lanes+well closed during lap/rec</div>	
<div>4:00 - 7:00 pm SOLO Swim Team</div> <div>7:00-7:45 pm 3 Lanes Lap 3 Lanes Adult Lessons</div>	<div>4:00-5:30pm SOLO Swim Team 4 lanes @5pm</div> <div>5:00 - 6:30 pm Lessons</div> <div>6:30 - 7:45 pm 6 Lanes Masters</div>	<div>4:00-7:00pm SOLO Swim Team</div> <div>7:00-7:45 pm 3 Lanes Lap 3 Lanes Adult Lessons</div> <div>Portsmouth Scuba 9/6, 10/4, 10/18 7pm dive well</div>	<div>4:00-5:30pm SOLO Swim Team</div> <div>5:30-6:30pm 3 Lanes Swim Team Prep</div> <div>6:30 - 7:45 pm 6 Lanes Masters</div>	<div>4:00 - 6:00 pm SOLO Swim Team (3 lanes at 5:30)</div> <div>5:30 - 6:30 pm Swim Team Prep 3 lanes @ 5:30</div>		
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday



NOTE: Please note this schedule is subject to change without notice.

Membership Fees	Resident	Daily	Punch Ticket (12)	* Yearly Indoor	6 Month Indoor
1) Excludes Hydrofitness	Adult	\$5.00	\$50.00	\$170.00	\$100.00
2) Excludes Masters	Senior	\$3.00	\$30.00	\$80.00	\$45.00
3) Memberships start from date of purchase	Youth	\$3.00	\$30.00	\$80.00	\$45.00
4)Cash or Check ONLY	Non-Resident	Daily	Punch Ticket (12)	* Yearly Indoor	6 Month Indoor
June-August lap time reduced	Adult	\$7.00	\$70.00	\$330.00	\$190.00
Outdoor Pool separate fee	Senior	\$4.00	\$40.00	\$160.00	\$90.00
	Youth	\$4.00	\$40.00	\$160.00	\$90.00