

Green Tip

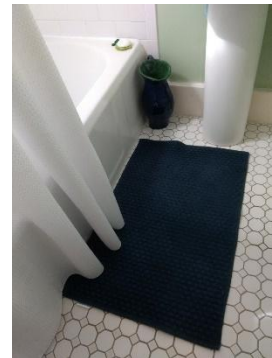
Walk the Walk – on natural fiber area rugs

Natural fiber rugs provide function and beauty. They are durable and healthy for you and others.



Why use natural fibers for your home:

- Cotton and fibers like sisal do not shed plastic and synthetic rubber particles.
- Plastic/synthetic particles become dust that you inhale.
- Tiny, nanoplastic particles irritate lungs and transport toxins into the body.
- Plastic manufacturers release harmful air pollutants & greenhouse gasses, too.



Where to find natural area rugs:

- Cotton bath rugs are in most stores, but check the label and backing to be sure.
- Natural fiber area rugs are a little less common, but look for them in big box stores or online.
- Make your own, e.g., look online for how to upcycle old sweaters or blankets into hooked rugs.

