

## Dover Indoor Pool Schedule

May 6<sup>th</sup> - June 9<sup>th</sup>



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	7:30 - 10:30am 6 Lanes Lap	7:30 - 9:30am 6 Lanes Lap	7:30 - 10:30am 6 Lanes Lap	7:30 - 9:30am 6 Lanes Lap	7:00 - 10:00 am <b>SOLO Swim Team</b>	11:00 - 12:30 pm 6 Lanes Masters
9:30 - 10:30 am <b>Hydrofitness</b>		9:30 - 10:30 am <b>Hydrofitness (Dive Well)</b>		9:30 - 10:30 am <b>Hydrofitness</b>	10:00 - 11:00 am 6 Lanes Lap	12:30 - 2:15 pm <b>Recreation Swim (NO LAP LANES)</b>
10:30 - 11:30 am Therapy Swim (water walking only)	10:30 - 11:30 am Therapy Swim (water walking only)	9:30 - 11:30 am Therapy Swim (water walking only)	10:30 - 11:30 am Therapy Swim (water walking only)	10:30 - 11:30 am Therapy Swim (water walking only)	11:00 - 12:15 pm Therapy Swim (water walking only)	2:30 - 3:30 pm <b>Mighty Seals (Last Day May 19)</b>
11:30 - 1:00 pm 6 Lanes Lap	11:30 - 1:00 pm 6 Lanes Lap	11:30 - 1:00 pm 6 Lanes Lap	11:30 - 1:00 pm 6 Lanes Lap		12:30 - 2:15 pm <b>Recreation Swim (NO LAP LANES)</b>	<b>CLOSED</b>
	2:30 - 3:30 pm <b>Recreation Swim</b>		2:30 - 3:30 pm <b>Recreation Swim</b>		<b>CLOSED</b>	<b>CLOSED</b>
3:30 - 7:00 pm <b>SOLO Swim Team</b>	4:00 - 5:30 pm <b>SOLO Swim Team</b>	3:30 - 7:00 pm <b>SOLO Swim Team</b>	4:00 - 5:30 pm <b>SOLO Swim Team</b>	3:30 - 6:00 pm <b>SOLO Swim Team</b>	<b>WEEKENDS Starting MAY 25th SEE OUTDOOR SCHEDULE</b>	<b>WEEKENDS Starting MAY 25th SEE OUTDOOR SCHEDULE</b>
	6:30 - 7:45 pm 6 Lanes Masters		6:30 - 7:45 pm 6 Lanes Masters		<b>Rec Swim Rules</b>	
<b>CLOSED</b>					1) Children under 45" require a parent in the water 2) No Swimming in the well 3) Diving board use is allowed 4) No equipment except lifejackets 5) Kids with lifevests must have a parent in arms reach at all times 6) No goggles that cover the nose 7) Parents cannot be in the well to catch children off the divingboard 8) No child with a lifevest of any kind may use the divingboard 9) Kids under 3 required to wear swim diaper. Can be purchased for \$2 each	
<b>MONDAY MAY 27th Memorial Day</b>						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday

**NOTE: Please note this schedule is subject to change without notice.**

Membership/Daily Fees	Resident	Daily	Punch Ticket (12)	* Yearly Indoor	6 Month Indoor	<b>JUNE-AUGUST LAP TIME REDUCED PASSES CANNOT BE USED AT OUTDOOR POOL</b>
1) Cash or Check ONLY	Adult	\$5.00	\$50.00	\$170.00	\$100.00	
2) Excludes Masters	Senior	\$3.00	\$30.00	\$80.00	\$45.00	
3) Memberships start from date of purchase	Youth	\$3.00	\$30.00	\$80.00	\$45.00	
4) Excludes Hydrofitness	Non-Resident	Daily	Punch Ticket (12)	* Yearly Indoor	6 Month Indoor	
	Adult	\$7.00	\$70.00	\$330.00	\$190.00	
	Senior	\$4.00	\$40.00	\$160.00	\$90.00	
	Youth	\$4.00	\$40.00	\$160.00	\$90.00	